



THE WILLOWS
AT HARRODSBURG
A Trilogy Senior Living Community

Monthly

March 2019



Planning Your St. Paddy's Day

As the cold weather retreats in preparation for spring, the month of March makes itself known with the blooming of flowers and the budding of leaves. You might even come across a four-leaf clover - reminding you that Saint Patrick's Day is just around the corner. If you're already green with excitement and looking for ways to get involved in the Irish holiday, here are some Life Enrichment programs we offer that are sure to get you in the spirit.

Get Inspired with Inspirations!

When it first began in the 17th century, Saint Patrick's Day was a time for Irish-Christian families to celebrate the arrival of Christianity in Ireland. Today, the holiday has

branched out all across the globe; encouraging everyone to partake in a day of embracing Irish culture. If you're someone who is interested in the spiritual side of Saint Patrick's Day, you'll love our *Inspirations* programs. Offered on a weekly basis, we encourage our community to attend worship services, Bible studies, meditations, tranquility programs, sing hymns, share life stories, and more. Much like Saint Patrick's Day, regardless of your religious background, there's something here for everyone to enjoy.

Celebrate with a Happy Hour!

If you've ever been to a Saint Paddy's Day parade, you know that people come for the party as much as they do

the floats. At our campus, you can celebrate the holiday in style during our *Happy Hour!* Every Friday afternoon between 3:00 and 5:00 p.m., you can sip on your favorite beverage, enjoy snacks, and mingle with friends. It's the perfect way to celebrate Saint Patrick's Day, and an even better way to end a week.

Get crafting!

Create pieces of art to match the beauty of Ireland with our *Artisans* program! We'll provide all the supplies you'll need to craft anything from popsicle stick leprechaun magnets to crepe paper shamrocks. The only thing you'll need to bring is a creative mind!

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Happy Birthday!

Residents

Helen L. 3/01

Brenda D. 3/07

Staff

Katie K. 3/01

Tabbecca V. 3/02

Carla W. 3/04

Ayries M. 3/11

Beth H. 3/16

Whitey W. 3/18

Kaimen D. 3/25

Brittany S. 3/28

Servant's Heart Award

Congratulations to our Servant's Heart Award winner for the month of January, Cher W.! Thank you for all the hard work you do for our residents!



Executive Director Corner

Greetings from The Willows at Harrodsburg! March

promises to be another month full of exciting opportunities for our residents, and we can't wait for them to see what we have in store. In honor of St. Patrick's Day, I'd like to personally invite you to any of our Friday Happy Hours, or to simply unwind by participating with your loved one in any of our other Life Enrichment programs. Here at The Willow at Harrodsburg, we do our best to make sure that no two days are ever quite the same, and each one is more special than the last.

Of course, none of this would be possible without our dedicated team. Our staff is second to none, and we want to make sure that we give them the recognition they

deserve. Kicking off this month is Employee Appreciation Day, and we couldn't have more to be thankful for.

This past winter, our team went the extra mile to make our facility a home fit for the holidays. Whether it was one of our chefs preparing a warm, home-cooked meal, or a CNA helping a resident put the star on top of their Christmas tree, every member of our staff spent the giving season by giving their best effort. But this doesn't stop just because the weather gets warmer – their attention to detail and compassionate spirit is something you can count on year round.

I hope March is as wonderful to you as our team has been to us!

Yours in Service,

Rachel Dadisman

Executive Director

Thankful Thursday

At our facility, we like to do something we call "Thankful Thursday" in which we show our employees just how much we appreciate them! We added a little twist! Our department leaders took a load off and covered the employees' positions in order to give them an extra break... and a snack or two!



LIVING ARTS



Our residents overcame the frigid temps by painting beautiful snowy art!



We had an absolute blast decorating potpourri bags! After decorating the outside of the bags, our residents handpicked their own personal favorite scent!



We tried our hands at a little different style of painting! Our residents experimented with the art form known as "scrape painting" to form various color patterns and shapes!

Did You Know...?

That you can read the monthly newsletter on-line. Please follow the campus link:
www.willowsatharrodsburg.com

Like us on Facebook at The Willows at Harrodsburg and Follow us on Twitter at @W_Harrodsburg

The Private Dining Room can be reserved for various events like Birthdays!

Happy Hour is Fridays at 3pm!



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**180 Lucky Man Way
Harrodsburg, KY 40330
859-734-2953**

willowsatharrodsburg.com |

*Rachel Dadisman
Executive Director*

*Kelly Workman
Director of Health Services*

*Laura Montgomery
Community Services Representative*

*Lorie Davis
Business Office Manager*

*Kayla Papka
Life Enrichment Director*

*Racheal Parsons
Director of Social Services*

*Matt Yeager
Director of Environmental Services*

*Chris Worthington
Director of Plant Services*

*Kris Fultz
Director of Food Services*

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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'St. Paddy's Day'

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These are just a few ways you can
get ready for Saint Patrick's Day,
but the options are limitless.

Dress up as a leprechaun and
join your friends for a party.

Play a themed version of bingo
or have your grandkids search
for gold with a scavenger hunt.

If you have a special way you
would like to celebrate the
holiday, let us know, and we'll
do our best to make it happen.
When you chose to live with us,
you chose a lifestyle of fun and
fulfillment - and we couldn't
be luckier to have you!



Word Search

P	Q	L	L	W	N	K	M	C	C	L	O	V	E	R	X	A	Y	O
Q	F	G	S	N	F	U	I	R	R	F	O	A	P	Y	J	H	B	W
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ARTISANS
CLOVER
CRAFTS
GOLD

GREEN
HAPPY HOUR
INSPIRATIONS
IRELAND

IRISH
LEPRECHAUN
LUCKY
MARCH

SAINT
SEVENTEEN
SHAMROCK
STORIES