

The Willows at East Lansing
Inspired Assisted Living

March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div>A</div> - Artisans</div> <div><div>CC</div> - Community Connections</div> <div><div>CC</div> - Creative Cooking</div> <div><div>GF</div> - Gathering of Friends</div> <div><div>GF</div> - Gathering of Friends</div> <div><div>GG</div> - Group Games</div> <div><div>I</div> - Inspirations</div> <div><div>K</div> - Keeping it Sharp/Reminisce</div> <div><div>L</div> - Lifelong Learning</div> <div><div>M</div> - Music to My Ears</div> <div><div>O</div> - Out & About</div>	The Life Enrichment Department is always looking for volunteers. We are always in need of help at our weekly Happy Hour, monthly Sunday Brunch, quarterly Themed Dinners and Family Nights and more! Please contact a team member if interested.	HCAR- Health Center Activity Room ALAR- Assisted Living Activity Room PDR- Private Dining Room VC- Village Center (Dining Room) \$- Requires Money	Join our new wellness group "Trilogyfit" on Monday, Wednesday and Friday mornings.		<div>1</div> <div><div>V</div> 9:30 Balloon Battles (HCAR)</div> <div><div>CC</div> 11:00 Creative Cooking: (HCAR)</div> <div><div>L</div> 1:00 Travel Time : New Orleans (HCAR)</div> <div><div>S</div> 3:00 Happy Hour (HCDR)</div>	<div>2</div> <div><div>V</div> 9:30 Morning Exercise (HCAR)</div> <div><div>A</div> 11:00 Saturday Craft Hour (HCAR)</div> <div><div>K</div> 1:30 BINGO (HCAR)</div> <div><div>M</div> 3:00 Sing Fit (HCAR)</div>
<div>3</div> <div><div>V</div> 9:30 Balloon Battles (HCAR)</div> <div><div>I</div> 3:00 Devotions (HCAR)</div> <div><div>K</div> 3:30 Cards:Skip Bo (ALAR)</div>	<div>4</div> <div><div>V</div> 9:30 Morning Exercise (HCAR)</div> <div><div>I</div> 10:15 Monday Morning Service (HCAR)</div> <div><div>I</div> 11:00 Catholic Service (PDR)</div> <div><div>S</div> 2:30 Chef's Circle (ALAR)</div> <div><div>K</div> 3:00 Monday Trivia (HCAR)</div>	<div>5</div> <div>Mardi Gras</div> <div><div>GF</div> 10:30 Fat Tuesday: Coffee & Paczki</div> <div><div>O</div> 1:15 Outing: Dollar Tree (O)</div> <div><div>V</div> 3:00 Table Tennis (HCAR)</div> <div><div>K</div> 6:00 Bingo with Evelyn (HCAR)</div>	<div>6</div> <div><div>CC</div> 9:30 Hospitality Cart (HC)</div> <div><div>I</div> 11:00 Ash Wednesday (PDR)</div> <div><div>M</div> 1:00 March Craft Hour (HCAR)</div> <div><div>K</div> 2:00 Music Group (HCAR)</div> <div><div>K</div> 3:00 Keeping it Sharp with Keno (HCAR)</div>	<div>7</div> <div><div>GF</div> 10:00 Ladies Club: St Patrick's Day Smoothie (HCAR)</div> <div><div>S</div> 11:00 Inspired Living Committee (HCAR)</div> <div><div>O</div> 1:15 Outing: MSU Dairy Store (O)</div> <div><div>S</div> 2:00 Resident Council (AL)</div>	<div>8</div> <div><div>V</div> 9:30 Balloon Battles (HCAR)</div> <div><div>CC</div> 11:00 Creative Cooking: (HCAR)</div> <div><div>L</div> 1:00 Travel Time: Grand Canyon (HCAR)</div> <div><div>S</div> 3:00 Happy Hour (HCDR)</div>	<div>9</div> <div><div>V</div> 9:30 Morning Exercise (HCAR)</div> <div><div>A</div> 11:00 Saturday Craft Hour (HCAR)</div> <div><div>K</div> 1:30 BINGO (HCAR)</div> <div><div>M</div> 3:00 Sing Fit (HCAR)</div>
<div>10</div> <div>Daylight Savings Begins</div> <div><div>V</div> 9:30 Balloon Battles (HCAR)</div> <div><div>I</div> 3:00 Devotions (HCAR)</div> <div><div>K</div> 3:30 Cards : Euchre (ALAR)</div>	<div>11</div> <div><div>V</div> 9:30 Morning Exercise (HCAR)</div> <div><div>I</div> 10:15 Monday Morning Service (HCAR)</div> <div><div>I</div> 11:00 Catholic Service (PDR)</div> <div><div>S</div> 2:30 Chef's Circle (ALAR)</div> <div><div>K</div> 3:00 Monday Board Games (HCAR)</div>	<div>12</div> <div><div>V</div> 10:30 Morning Exercise (HCAR)</div> <div><div>S</div> 12:00 Lunch: Men's Group: (HCAR)</div> <div><div>O</div> 1:15 Outing: Meijer (O)</div> <div><div>K</div> 3:00 Making Jewelry (HCAR)</div> <div><div>K</div> 6:00 Bingo with Evelyn (HCAR)</div>	<div>13</div> <div><div>CC</div> 1:30 March Make and Take (HCAR)</div> <div><div>K</div> 3:00 Keeping it Sharp with Keno (HCAR)</div>	<div>14</div> <div><div>M</div> 10:30 Drum Circle with Ian (HCAR)</div> <div><div>O</div> 11:30 Lunch outing: Chens (O)</div> <div><div>L</div> 3:00 March Spelling Bee (HCAR)</div>	<div>15</div> <div><div>V</div> 9:30 Balloon Battles (HCAR)</div> <div><div>CC</div> 11:00 Creative Cooking: Shamrocked Shooter (HCAR)</div> <div><div>L</div> 1:00 Travel Time to Ireland (HCAR)</div> <div><div>S</div> 3:00 St. Patrick's Day:Happy Hour (HCDR)</div>	<div>16</div> <div><div>V</div> 9:30 Morning Exercise (HCAR)</div> <div><div>A</div> 11:00 Craft Hour (HCAR)</div> <div><div>K</div> 1:30 BINGO (HCAR)</div> <div><div>L</div> 3:00 Hot Topics from Purple Primer (ALAR)</div>
<div>17</div> <div>St. Patrick's Day</div> <div><div>S</div> 11:00 St Patrick's Day Sunday Brunch</div> <div><div>I</div> 3:00 Devotions (HCAR)</div> <div><div>K</div> 3:30 Cards: Kings Corner (ALAR)</div>	<div>18</div> <div><div>V</div> 9:30 Morning Exercise (HCAR)</div> <div><div>I</div> 10:15 Monday Morning Service (HCAR)</div> <div><div>I</div> 11:00 Catholic Service (PDR)</div> <div><div>S</div> 2:30 Chef's Circle (ALAR)</div> <div><div>K</div> 3:00 Monday Card Hour (HCAR)</div>	<div>19</div> <div><div>V</div> 10:00 Morning Stretching (HCAR)</div> <div><div>O</div> 12:45 Protege Academy (O)</div> <div><div>M</div> 3:00 Music Group (HCAR)</div> <div><div>K</div> 6:00 Bingo with Evelyn (HCAR)</div>	<div>20</div> <div>Spring Begins</div> <div><div>CC</div> 9:30 Hospitality Cart (HC)</div> <div><div>GG</div> 1:00 March Craft Hour (HCAR)</div> <div><div>GG</div> 2:00 Afternoon Movie (AL)</div> <div><div>K</div> 3:00 Keeping it Sharp with Keno (HCAR)</div>	<div>21</div> <div><div>GF</div> 10:00 Ladies Club: Bloody Mary Hour (HCAR)</div> <div><div>S</div> 11:00 Resident Council (HCAR)</div> <div><div>O</div> 1:15 Outing: Michigan History Museum (O)</div> <div><div>M</div> 7:00 The New Horizon Band (HCDR)</div>	<div>22</div> <div><div>V</div> 9:30 Balloon Battles (HCAR)</div> <div><div>CC</div> 11:00 Creative Cooking: (HCAR)</div> <div><div>L</div> 1:00 Travel Time: Brazil (HCAR)</div> <div><div>S</div> 3:00 Happy Hour (HCDR)</div>	<div>23</div> <div><div>V</div> 9:30 Morning Exercise (HCAR)</div> <div><div>A</div> 11:00 Saturday Craft Hour (HCAR)</div> <div><div>K</div> 1:30 BINGO (HCAR)</div> <div><div>L</div> 3:00 Hot Topics from the Purple Primer (ALAR)</div>
<div>24</div> <div><div>V</div> 9:30 Balloon Battles (HCAR)</div> <div><div>I</div> 3:00 Devotions (HCAR)</div> <div><div>K</div> 3:30 Yahtzee Game (ALAR)</div>	<div>25</div> <div><div>V</div> 9:30 Morning Exercise (HCAR)</div> <div><div>I</div> 10:15 Monday Morning Service (HCAR)</div> <div><div>I</div> 11:00 Catholic Service (PDR)</div> <div><div>S</div> 2:30 Chef's Circle (ALAR)</div> <div><div>K</div> 3:00 Monday Book Club (HCAR)</div>	<div>26</div> <div><div>V</div> 10:00 Chair Yoga (HCAR)</div> <div><div>O</div> 1:15 Fudge & Frosting Shop: Cookie and Cake Demonstration (O)</div> <div><div>M</div> 2:00 Music Club (HCAR)</div> <div><div>K</div> 6:00 Bingo with Evelyn (HCAR)</div>	<div>27</div> <div><div>CC</div> 9:30 Hospitality Cart (HC)</div> <div><div>GG</div> 1:00 March Craft Hour (HCAR)</div> <div><div>GG</div> 2:00 Afternoon Movie (AL)</div> <div><div>K</div> 3:00 Keeping it Sharp with Keno (HCAR)</div>	<div>28</div> <div><div>V</div> 10:30 Trilogy Fit Exercise (HCAR)</div> <div><div>O</div> 1:15 Outing: Meijer (O)</div> <div><div>S</div> 2:00 Men's Group (HCAR)</div> <div><div>S</div> 6:00 Bible Study (HCAR)</div>	<div>29</div> <div><div>V</div> 9:30 Balloon Battles (HCAR)</div> <div><div>CC</div> 11:00 Creative Cooking: (HCAR)</div> <div><div>L</div> 1:00 Travel Time: Paris (HCAR)</div> <div><div>S</div> 3:00 Happy Hour (HCDR)</div>	<div>30</div> <div><div>V</div> 9:30 Morning Exercise (HCAR)</div> <div><div>A</div> 11:00 Saturday Craft Hour (HCAR)</div> <div><div>K</div> 1:30 BINGO (HCAR)</div> <div><div>M</div> 3:00 Sing Fit (HCAR)</div>
<div>31</div> <div><div>V</div> 9:30 Balloon Battles (HCAR)</div> <div><div>I</div> 3:00 Devotions (HCAR)</div> <div><div>K</div> 3:30 Cards: Spoons (ALAR)</div>						

Health Campus Inspired Living
The Willow Champions

March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div>A</div> - Artisans</div> <div><div>CC</div> - Community Connections</div> <div><div>CC</div> - Creative Cooking</div> <div><div>GF</div> - Gathering of Friends</div> <div><div>GF</div> - Gathering of Friends</div> <div><div>GG</div> - Group Games</div> <div><div>I</div> - Inspirations</div> <div><div>K</div> - Keeping it Sharp/Reminisce</div> <div><div>L</div> - Lifelong Learning</div> <div><div>MM</div> - Mindful Moments</div> <div><div>MM</div> - Music to My Ears</div>	The Life Enrichment Department is always looking for volunteers. We are always in need of help at our weekly Happy Hour, monthly Sunday Brunch, quarterly Themed Dinners and Family Nights and more! Please contact a team member if interested.	PRD- Private Dining Room VC- Village Center (Dining Room) \$- Requires Money o- Outing	HCAR- Health Center Activity Room ALAR- Assisted Living Activity Room RV- Room Visits HCDR- Health Center Dining Room ALDR- Assisted Living Dining Room		<div><div>1</div></div> <div><div>V</div> 9:30 Balloon Battles (HCAR)</div> <div><div>MM</div> 10:30 Mindful Moments: Brain Teasers (HCAR)</div> <div><div>CC</div> 11:00 Creative Cooking: (HCAR)</div> <div><div>L</div> 1:00 Travel Time : New Orleans (HCAR)</div> <div><div>S</div> 3:00 Happy Hour (HCDR)</div>	<div><div>2</div></div> <div><div>V</div> 9:30 Morning Exercise (HCAR)</div> <div><div>A</div> 11:00 Saturday Craft Hour (HCAR)</div> <div><div>MM</div> 11:30 Mindful Moments: Brain Teasers (HCAR)</div> <div><div>K</div> 1:30 BINGO (HCAR)</div> <div><div>M</div> 3:00 Sing Fit (HCAR)</div>
<div><div>3</div></div> <div><div>V</div> 9:30 Balloon Battles (HCAR)</div> <div><div>MM</div> 11:30 Mindful Moments: Brain Teasers (HCAR)</div> <div><div>GG</div> 2:00 Hospitality Cart (RV)</div> <div><div>I</div> 3:00 Devotions (HCAR)</div> <div><div>K</div> 3:30 Cards:Skip Bo (ALAR)</div>	<div><div>4</div></div> <div><div>CC</div> 9:00 Hospitality Cart (RV)</div> <div><div>V</div> 9:30 Morning Exercise (HCAR)</div> <div><div>I</div> 10:15 Monday Morning Service (HCAR)</div> <div><div>I</div> 11:00 Catholic Service (PDR)</div> <div><div>MM</div> 11:30 Mindful Moments: Brain Fitness (HCAR)</div> <div><div>S</div> 2:00 Chef's Circle (HCAR)</div>	<div><div>5</div> Mardi Gras</div> <div><div>GF</div> 10:30 Fat Tuesday: Coffee & Paczki</div> <div><div>MM</div> 11:30 Mindful Moments: Brain Teasers (HCAR)</div> <div><div>O</div> 1:15 Outing: Dollar Tree (O)</div> <div><div>V</div> 3:00 Table Tennis (HCAR)</div> <div><div>K</div> 6:00 Bingo with Evelyn (HCAR)</div>	<div><div>6</div></div> <div><div>I</div> 11:00 Ash Wednesday (PDR)</div> <div><div>MM</div> 11:00 Mindful Moments: Brain Teasers (HCAR)</div> <div><div>M</div> 1:00 March Craft Hour (HCAR)</div> <div><div>K</div> 2:00 Music Group (HCAR)</div> <div><div>K</div> 3:00 Keeping it Sharp with Keno (HCAR)</div>	<div><div>7</div></div> <div><div>CC</div> 9:00 Hospitality Cart (RV)</div> <div><div>GF</div> 10:00 Ladies Club: St Patrick's Day Smoothie (HCAR)</div> <div><div>S</div> 11:00 Inspired Living Committee (HCAR)</div> <div><div>O</div> 1:15 Outing: MSU Dairy Store (O)</div> <div><div>MM</div> 6:00 Mindful Moments:</div>	<div><div>8</div></div> <div><div>V</div> 9:30 Balloon Battles (HCAR)</div> <div><div>CC</div> 11:00 Creative Cooking: (HCAR)</div> <div><div>MM</div> 11:30 Mindful Moments: Brain Teasers (HCAR)</div> <div><div>L</div> 1:00 Travel Time: Grand Canyon (HCAR)</div> <div><div>S</div> 3:00 Happy Hour (HCDR)</div>	<div><div>9</div></div> <div><div>V</div> 9:30 Morning Exercise (HCAR)</div> <div><div>A</div> 11:00 Saturday Craft Hour (HCAR)</div> <div><div>MM</div> 11:00 Mindful Moments: Brain Teasers (HCAR)</div> <div><div>K</div> 1:30 BINGO (HCAR)</div> <div><div>M</div> 3:00 Sing Fit (HCAR)</div>
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<div><div>17</div> St. Patrick's Day</div> <div><div>MM</div> 9:30 Mindful Moments: Fun Trivia (HCAR)</div> <div><div>S</div> 11:00 St Patrick's Day Sunday Brunch</div> <div><div>GG</div> 2:00 Hospitality Cart (RV)</div> <div><div>I</div> 3:00 Devotions (HCAR)</div>	<div><div>18</div></div> <div><div>CC</div> 9:00 Hospitality Cart (RV)</div> <div><div>V</div> 9:30 Morning Exercise (HCAR)</div> <div><div>I</div> 10:15 Monday Morning Service (HCAR)</div> <div><div>I</div> 11:00 Catholic Service (PDR)</div> <div><div>MM</div> 11:30 Mindful Moments: Brain Teasers (HCAR)</div> <div><div>S</div> 2:00 Chef's Circle (HCAR)</div>	<div><div>19</div></div> <div><div>V</div> 10:00 Morning Stretching (HCAR)</div> <div><div>MM</div> 11:30 Mindful Moments: Brain Teasers (HCAR)</div> <div><div>O</div> 12:45 Protege Academy (O)</div> <div><div>M</div> 3:00 Music Group (HCAR)</div> <div><div>K</div> 6:00 Bingo with Evelyn (HCAR)</div>	<div><div>20</div> Spring Begins</div> <div><div>MM</div> 11:00 Mindful Moments: Brain Teasers (HCAR)</div> <div><div>M</div> 1:00 March Craft Hour (HCAR)</div> <div><div>K</div> 3:00 Keeping it Sharp with Keno (HCAR)</div>	<div><div>21</div></div> <div><div>CC</div> 9:00 Hospitality Cart (RV)</div> <div><div>GF</div> 10:00 Ladies Club: Bloody Mary Hour (HCAR)</div> <div><div>S</div> 11:00 Resident Council (HCAR)</div> <div><div>O</div> 1:15 Outing: Michigan History Museum (O)</div> <div><div>MM</div> 2:00 Mindful Moments: (HCAR)</div> <div><div>M</div> 7:00 The New Horizon Band</div>	<div><div>22</div></div> <div><div>V</div> 9:30 Balloon Battles (HCAR)</div> <div><div>CC</div> 11:00 Creative Cooking: (HCAR)</div> <div><div>MM</div> 11:30 Mindful Moments: Brain Teasers (HCAR)</div> <div><div>L</div> 1:00 Travel Time: Brazil (HCAR)</div> <div><div>S</div> 3:00 Happy Hour (HCDR)</div>	<div><div>23</div></div> <div><div>V</div> 9:30 Morning Exercise (HCAR)</div> <div><div>A</div> 11:00 Saturday Craft Hour (HCAR)</div> <div><div>MM</div> 11:30 Mindful Moments: Brain Teasers (HCAR)</div> <div><div>K</div> 1:30 BINGO (HCAR)</div>
<div><div>24</div></div> <div><div>V</div> 9:30 Balloon Battles (HCAR)</div> <div><div>MM</div> 11:30 Mindful Moments: Brain Teasers (HCAR)</div> <div><div>GG</div> 2:00 Hospitality Cart (RV)</div> <div><div>I</div> 3:00 Devotions (HCAR)</div>	<div><div>25</div></div> <div><div>V</div> 9:00 Hospitality Cart (RV)</div> <div><div>V</div> 9:30 Morning Exercise (HCAR)</div> <div><div>I</div> 10:15 Monday Morning Service (HCAR)</div> <div><div>I</div> 11:00 Catholic Service (PDR)</div> <div><div>MM</div> 11:30 Mindful Moments: Brain Teasers (HCAR)</div> <div><div>S</div> 2:00 Chef's Circle (HCAR)</div>	<div><div>26</div></div> <div><div>V</div> 10:00 Chair Yoga (HCAR)</div> <div><div>MM</div> 11:30 Mindful Moments: Brain Teasers (HCAR)</div> <div><div>O</div> 1:15 Fudge & Frosting Shop: Cookie and Cake Demonstration (O)</div> <div><div>M</div> 2:00 Music Club (HCAR)</div> <div><div>K</div> 6:00 Bingo with Evelyn (HCAR)</div>	<div><div>27</div></div> <div><div>MM</div> 11:00 Mindful Moments: Brain Teasers (HCAR)</div> <div><div>M</div> 1:00 March Craft Hour (HCAR)</div> <div><div>K</div> 3:00 Keeping it Sharp with Keno (HCAR)</div>	<div><div>28</div></div> <div><div>CC</div> 9:00 Hospitality Cart (RV)</div> <div><div>V</div> 10:30 Trilogy Fit Exercise (HCAR)</div> <div><div>O</div> 1:15 Outing: Meijer (O)</div> <div><div>S</div> 2:00 Men's Group (HCAR)</div> <div><div>MM</div> 3:00 Mindful Moments: Brain Teasers (HCAR)</div> <div><div>MM</div> 6:00 Bible Study (HCAR)</div>	<div><div>29</div></div> <div><div>V</div> 9:30 Balloon Battles (HCAR)</div> <div><div>CC</div> 11:00 Creative Cooking: (HCAR)</div> <div><div>MM</div> 11:30 Mindful Moments: Brain Teasers (HCAR)</div> <div><div>L</div> 1:00 Travel Time: Paris (HCAR)</div> <div><div>S</div> 3:00 Happy Hour (HCDR)</div>	<div><div>30</div></div> <div><div>V</div> 9:30 Morning Exercise (HCAR)</div> <div><div>A</div> 11:00 Saturday Craft Hour (HCAR)</div> <div><div>MM</div> 11:30 Mindful Moments: Brain Teasers (HCAR)</div> <div><div>K</div> 1:30 BINGO (HCAR)</div> <div><div>M</div> 3:00 Sing Fit (HCAR)</div>
<div><div>31</div></div> <div><div>V</div> 9:30 Balloon Battles (HCAR)</div> <div><div>MM</div> 11:30 Mindful Moments: Brain Teasers (HCAR)</div> <div><div>GG</div> 2:00 Hospitality Cart (RV)</div> <div><div>I</div> 3:00 Devotions (HCAR)</div>						

The Willows at East Lansing
Life Enrichment-Daily Rhythms

March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div>A</div> - Artisans</div> <div><div>CC</div> - Community Connections</div> <div><div>CC</div> - Creative Cooking</div> <div><div>GF</div> - Gathering of Friends</div> <div><div>GF</div> - Gathering of Friends</div> <div><div>GG</div> - Group Games</div> <div><div>I</div> - Inspirations</div> <div><div>K</div> - Keeping it Sharp/Reminisce</div> <div><div>M</div> - Music to My Ears</div> <div><div>O</div> - Out & About</div> <div><div>S</div> - Signature Events</div>	EVERY MORNING (approx times) 9:00 Get up and go 9:30 Brain Ticklers 11:00 Creative Cooking	EVERY AFTERNOON 1:00 Reminiscence 1:30 Creative Hands 2:30 Musical Celebration 3:00 Group Games 3:30 Afternoon Pick me up	EVERY EVENING 6:00 Gathering of Friends \$- Requires Money for outing		<div>1</div> <div><div>V</div> Noodle Hockey</div> <div><div>K</div> Card Suit Showdown</div> <div><div>CC</div> Oatmeal Bread</div> <div>Relax & Recharge</div> <div><div>A</div> Clay Exploration</div> <div><div>CC</div> Happy Hour</div> <div><div>M</div> Mardi Gras Happy Hour</div> <div><div>GG</div> Animal Bingo</div>	<div>2</div> <div><div>V</div> Snowball Fight</div> <div><div>K</div> Superlatives!</div> <div><div>CC</div> Bean Dip</div> <div>Relax & Recharge</div> <div><div>A</div> Tissue Art</div> <div><div>M</div> Saturday Night Fever</div> <div><div>M</div> SingFit</div> <div><div>GG</div> Price is Right</div>
<div>3</div> <div><div>V</div> Breathing In Life</div> <div><div>K</div> Spell It!</div> <div><div>CC</div> Peanut Butter Cookies</div> <div>Relax & Recharge</div> <div><div>A</div> Spring Coloring</div> <div><div>M</div> Songs of Faith</div> <div><div>GG</div> Clover All Over</div> <div>Healthy Hands</div>	<div>4</div> <div><div>V</div> Whole Body Fitness</div> <div><div>K</div> Story Words</div> <div><div>M</div> Drum Circle</div> <div><div>CC</div> Apple Pie Dessert</div> <div>Relax & Recharge</div> <div><div>A</div> Mardi Gras Beads</div> <div><div>M</div> Marching Monday</div> <div><div>GG</div> All About "Birds"</div>	<div>5</div> <div>Mardi Gras</div> <div><div>V</div> Pancake Day Race</div> <div><div>K</div> Categories</div> <div><div>CC</div> Banana Wheat Bread</div> <div>Relax & Recharge</div> <div><div>A</div> Abstract Tape Paint</div> <div><div>M</div> The Spoon Man</div> <div><div>M</div> On the Road Again</div> <div><div>M</div> SingFit</div>	<div>6</div> <div><div>V</div> Wednesday Wellness Walk</div> <div><div>K</div> Unpack a Winter Bag</div> <div><div>CC</div> Butterscotch Apple Crisp</div> <div>Relax & Recharge</div> <div><div>O</div> Preuss Pets</div> <div><div>A</div> Vegetable Flowers</div> <div><div>M</div> Goin' to the Chapel</div> <div><div>GG</div> Color Wheel</div>	<div>7</div> <div><div>V</div> Ping Pong</div> <div><div>K</div> Double the Fun</div> <div><div>CC</div> Chicken Bean Soup</div> <div>Relax & Recharge</div> <div><div>A</div> Fly Swatter Painting</div> <div><div>M</div> A Bicycle Built for Two</div> <div><div>M</div> SingFit</div> <div><div>GG</div> Fly Swatter Volleyball</div>	<div>8</div> <div><div>V</div> Noodle Hockey</div> <div><div>K</div> Card Suit Showdown</div> <div><div>CC</div> Chocolate Chip Bars</div> <div>Relax & Recharge</div> <div><div>A</div> Rainy Day Painting</div> <div><div>CC</div> Happy Hour</div> <div><div>M</div> Beatlemania! Happy Hour</div> <div><div>GG</div> Animal Bingo</div>	<div>9</div> <div><div>V</div> Snowball Fight</div> <div><div>K</div> Superlatives!</div> <div><div>CC</div> Pepperoni Dip</div> <div>Relax & Recharge</div> <div><div>A</div> Alphabet Collage</div> <div><div>M</div> Saturday Night Fever</div> <div><div>M</div> SingFit</div> <div><div>GG</div> Price is Right</div>
<div>10</div> <div>Daylight Savings Begins</div> <div><div>V</div> Breathing In Life</div> <div><div>K</div> Spell It!</div> <div><div>CC</div> Oatmeal Kiss Cookies</div> <div>Relax & Recharge</div> <div><div>A</div> Oil Pastel Collage</div> <div><div>M</div> Songs of Faith</div> <div><div>GG</div> Clover All Over</div> <div>Healthy Hands</div>	<div>11</div> <div><div>V</div> Whole Body Fitness</div> <div><div>K</div> Story Words</div> <div><div>CC</div> Sunrise Coffee Cake</div> <div>Relax & Recharge</div> <div><div>A</div> Thematic Door Wreath</div> <div><div>M</div> Marching Monday</div> <div><div>GG</div> All About "Birds"</div> <div>Healthy Hands</div>	<div>12</div> <div><div>V</div> 80s Flashback</div> <div><div>K</div> Categories</div> <div><div>CC</div> Lemon Bread</div> <div>Relax & Recharge</div> <div><div>A</div> Watercolor Weaving</div> <div><div>CC</div> Pet Therapy</div> <div><div>M</div> On the Road Again</div> <div><div>M</div> SingFit</div>	<div>13</div> <div><div>V</div> Wednesday Wellness Walk</div> <div><div>K</div> Unpack a Winter Bag</div> <div><div>CC</div> Blueberry Muffins</div> <div><div>O</div> Lunch outing @ Cracker Barrel \$</div> <div>Relax & Recharge</div> <div><div>A</div> Watercolor Weaving</div> <div><div>M</div> Music with Wendy</div> <div><div>M</div> Goin' to the Chapel</div>	<div>14</div> <div><div>V</div> Ping Pong</div> <div><div>K</div> Double the Fun</div> <div><div>CC</div> Slow Cooked Chili</div> <div><div>CC</div> Men's Group</div> <div>Relax & Recharge</div> <div><div>A</div> Rockin' Dominoes</div> <div><div>M</div> Sugar Pie, Honey Bunch</div> <div><div>M</div> SingFit</div>	<div>15</div> <div><div>V</div> Noodle Hockey</div> <div><div>K</div> Card Suit Showdown</div> <div><div>CC</div> Golden Wheat Bread</div> <div>Relax & Recharge</div> <div><div>A</div> Flying Spring Birds</div> <div><div>CC</div> Happy Hour</div> <div><div>M</div> Sham-Rockin' Happy Hour</div> <div><div>GG</div> Animal Bingo</div>	<div>16</div> <div><div>V</div> Snowball Fight</div> <div><div>K</div> Superlatives!</div> <div><div>CC</div> Reuben Spread</div> <div>Relax & Recharge</div> <div><div>A</div> Celtic Eternity Knot Charm</div> <div><div>M</div> Saturday Night Fever</div> <div><div>M</div> SingFit</div> <div><div>GG</div> Price is Right</div>
<div>17</div> <div>St. Patrick's Day</div> <div><div>V</div> Breathing In Life</div> <div><div>K</div> The Gold Game</div> <div><div>CC</div> Irish Brown Bread</div> <div><div>S</div> Sunday Brunch</div> <div>Relax & Recharge</div> <div><div>A</div> Ribbon Shamrock Pin</div> <div><div>M</div> Name that Irish Tune</div> <div><div>GG</div> Clover All Over</div>	<div>18</div> <div><div>V</div> Whole Body Fitness</div> <div><div>K</div> Story Words</div> <div><div>CC</div> Peanut Butter Brownies</div> <div>Relax & Recharge</div> <div><div>A</div> Crafty St. Paddy's Day Puzzle</div> <div><div>M</div> Marching Monday</div> <div><div>GG</div> All About "Birds"</div> <div>Healthy Hands</div>	<div>19</div> <div><div>V</div> 80s Flashback</div> <div><div>K</div> Categories</div> <div><div>I</div> Morning church service</div> <div><div>CC</div> Cherry Pear Buckle</div> <div>Relax & Recharge</div> <div><div>A</div> Scalloped Coffee Filter Bowl</div> <div><div>M</div> On the Road Again</div> <div><div>M</div> SingFit</div>	<div>20</div> <div>Spring Begins</div> <div><div>V</div> Wednesday Wellness Walk</div> <div><div>K</div> Unpack a Winter Bag</div> <div><div>CC</div> Chocolate Chip Muffins</div> <div><div>S</div> Taste of the Town</div> <div>Relax & Recharge</div> <div><div>O</div> NCG Cinema \$</div> <div><div>A</div> Purim Paper Jewelry</div> <div><div>M</div> Goin' to the Chapel</div>	<div>21</div> <div><div>V</div> Ping Pong</div> <div><div>K</div> Double the Fun</div> <div><div>CC</div> Choc. Chip Oatmeal Bars</div> <div>Relax & Recharge</div> <div><div>A</div> Soft and Bright Edelweiss Ornament</div> <div><div>M</div> A Bicycle Built for Two</div> <div><div>M</div> SingFit</div> <div><div>GG</div> Fly Swatter Volleyball</div>	<div>22</div> <div><div>V</div> Noodle Hockey</div> <div><div>K</div> Card Suit Showdown</div> <div><div>CC</div> Frosted Peanut Cookies</div> <div>Relax & Recharge</div> <div><div>A</div> Creative Storytelling</div> <div><div>CC</div> Happy Hour</div> <div><div>M</div> Beatlemania! Happy Hour</div> <div><div>GG</div> Animal Bingo</div>	<div>23</div> <div><div>V</div> Snowball Fight</div> <div><div>K</div> Superlatives!</div> <div><div>CC</div> Peanut Butter Dip</div> <div>Relax & Recharge</div> <div><div>A</div> Foil Relief Art</div> <div><div>M</div> Saturday Night Fever</div> <div><div>M</div> SingFit</div> <div><div>GG</div> Price is Right</div>
<div>24</div> <div><div>V</div> Breathing In Life</div> <div><div>K</div> Spell It!</div> <div><div>CC</div> Cinnamon Oatmeal Cookies</div> <div>Relax & Recharge</div> <div><div>A</div> Foil Relief Art</div> <div><div>M</div> Songs of Faith</div> <div><div>GG</div> Clover All Over</div> <div>Healthy Hands</div>	<div>25</div> <div><div>V</div> Whole Body Fitness</div> <div><div>K</div> Story Words</div> <div><div>CC</div> Doughnut Muffins</div> <div>Relax & Recharge</div> <div><div>A</div> Essential Oils Diffuser Necklace</div> <div><div>M</div> Marching Monday</div> <div><div>GG</div> All About "Birds"</div> <div>Healthy Hands</div>	<div>26</div> <div><div>V</div> 80s Flashback</div> <div><div>K</div> Categories</div> <div><div>CC</div> Peanut Butter Cup Cupcakes</div> <div>Relax & Recharge</div> <div><div>A</div> Abstract Expressionism</div> <div><div>M</div> On the Road Again</div> <div><div>M</div> SingFit</div> <div><div>GG</div> Basketball</div>	<div>27</div> <div><div>V</div> Wednesday Wellness Walk</div> <div><div>K</div> Unpack a Winter Bag</div> <div><div>CC</div> Apple Pudding Cake</div> <div>Relax & Recharge</div> <div><div>O</div> Impression 5</div> <div><div>A</div> Ink Blot Art</div> <div><div>M</div> Goin' to the Chapel</div> <div><div>GG</div> Color Wheel</div>	<div>28</div> <div><div>V</div> Ping Pong</div> <div><div>K</div> Double the Fun</div> <div><div>CC</div> Ham and Bean Soup</div> <div>Relax & Recharge</div> <div><div>A</div> Painting with Scissors</div> <div><div>M</div> A Bicycle Built for Two</div> <div><div>M</div> SingFit</div> <div><div>GG</div> Fly Swatter Volleyball</div>	<div>29</div> <div><div>V</div> Noodle Hockey</div> <div><div>K</div> Card Suit Showdown</div> <div><div>CC</div> Amish Sugar Cookies</div> <div>Relax & Recharge</div> <div><div>A</div> Sensory Spice Painting</div> <div><div>CC</div> Happy Hour</div> <div><div>M</div> Beatlemania! Happy Hour</div> <div><div>GG</div> Animal Bingo</div>	<div>30</div> <div><div>V</div> Snowball Fight</div> <div><div>K</div> Superlatives!</div> <div><div>CC</div> Cherry Cheesecake Dip</div> <div>Relax & Recharge</div> <div><div>A</div> Salt and Watercolor Spring Scenes</div> <div><div>M</div> Saturday Night Fever</div> <div><div>M</div> SingFit</div> <div><div>GG</div> Price is Right</div>
<div>31</div> <div><div>V</div> Breathing In Life</div> <div><div>K</div> Spell It!</div> <div><div>CC</div> Hot Cross Buns</div> <div>Relax & Recharge</div> <div><div>A</div> Creative Storytelling</div> <div><div>M</div> Songs of Faith</div> <div><div>GG</div> Clover All Over</div> <div>Healthy Hands</div>						