



THE WILLOWS
AT EAST LANSING
A Trilogy Senior Living Community

Monthly

March 2019



Planning Your St. Paddy's Day

As the cold weather retreats in preparation for spring, the month of March makes itself known with the blooming of flowers and the budding of leaves. You might even come across a four-leaf clover - reminding you that Saint Patrick's Day is just around the corner. If you're already green with excitement and looking for ways to get involved in the Irish holiday, here are some Life Enrichment programs we offer that are sure to get you in the spirit.

Get Inspired with Inspirations!

When it first began in the 17th century, Saint Patrick's Day was a time for Irish-Christian families to celebrate the arrival of Christianity in Ireland. Today, the holiday has

branched out all across the globe; encouraging everyone to partake in a day of embracing Irish culture. If you're someone who is interested in the spiritual side of Saint Patrick's Day, you'll love our *Inspirations* programs. Offered on a weekly basis, we encourage our community to attend worship services, Bible studies, meditations, tranquility programs, sing hymns, share life stories, and more. Much like Saint Patrick's Day, regardless of your religious background, there's something here for everyone to enjoy.

Celebrate with a Happy Hour!

If you've ever been to a Saint Paddy's Day parade, you know that people come for the party as much as they do

the floats. At our campus, you can celebrate the holiday in style during our *Happy Hour!* Every Friday afternoon between 3:00 and 5:00 p.m., you can sip on your favorite beverage, enjoy snacks, and mingle with friends. It's the perfect way to celebrate Saint Patrick's Day, and an even better way to end a week.

Get crafting!

Create pieces of art to match the beauty of Ireland with our *Artisans* program! We'll provide all the supplies you'll need to craft anything from popsicle stick leprechaun magnets to crepe paper shamrocks. The only thing you'll need to bring is a creative mind!

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Happy Birthday!

Health Campus

| | |
|--------------|--------|
| Marie R. | 03/01 |
| Virginia L. | 03/05 |
| Geraldine M. | 03/20 |
| Perry M. | 03/ 21 |
| Paul J. | 03/24 |
| Bessie R. | 03/26 |
| Lavern E. | 03/31 |

Assisted Living/Legacy

| | |
|---------------|-------|
| Susan Jane K. | 03/01 |
| Nancy M. | 03/02 |
| Marvel A. | 03/13 |
| Audrey K. | 03/27 |

Volunteer News

The Life Enrichment Department is always looking for volunteers. We are always in need of help at our weekly Happy Hour. Monthly Sunday Brunch, quarterly Themed Dinners and Family Nights and more! Please contact a team member if interested.

Live a Dream

Please let the life Enrichment Department know if there is a resident with a Live a Dream. We would love to help make a dream of one of our residents come true. If you have any questions regarding the live a dream please contact the Life Enrichment Department. They would be more than happy to answer any questions you have regarding the Live a Dream program.

Executive Director Corner

Greetings! March promises to be another month full of exciting opportunities for our residents, and we can't wait for them to see what we have in store. I'd like to personally invite you to any of our Friday Happy Hours, or to simply unwind by participating with your loved one in any of our other Life Enrichment programs. We do our best to make sure that no two days are ever quite the same, and each one is more special than the last.

Of course, none of this would be possible without our dedicated team. Our staff is second to none, and we want to make sure that we give them the recognition they deserve. Kicking off this month is Employee Appreciation Day, and we couldn't have more to

be thankful for.

This past winter, our team went the extra mile to make our facility a home fit for the holidays. Whether it was one of our chefs preparing a warm, home-cooked meal, or a CNA helping a resident put the star on top of their Christmas tree, every member of our staff spent the giving season by giving their best effort. But this doesn't stop just because the weather gets warmer – their attention to detail and compassionate spirit is something you can count on year round.

I hope March is as wonderful to you as our team has been to us!

Yours in Service,

Frederick Massoll

Executive Director

Spring Begins!

A picture from our garden, from last summer.



Employee Spotlight: Lily Gottshalk

Thank you Lily for all your hard work.



PHOTO HIGHLIGHTS



Marie and Adele enjoying their time together



Pet Therapy Room Visits

Punny Spring

Spring is the perfect time to turn over a new leaf.

Q: How do you tell someone winter is over?

A: You spring it on them!

Q: What did the florist say when it was springtime?

A: Business is blooming!

What is Lucky in March?

Birthstone: Aquamarine

Lucky Numbers: 3 & 7

Lucky Letters: M & C

Lucky Plant: Shamrock

Lucky Colors: Green & Yellow

Lucky Days: Monday & Friday

Special Days

March 05 - Mardi Gras

March 06 - Ash Wednesday

March 10 - Daylight Saving Time Begins

March 17 - St. Patrick's Day

March 20 - Spring Begins in the Northern Hemisphere

March 21 - Purim

Happy Hour Entertainment

Health Center (3:00-4:00pm)

March 01 - Jonathan Dunn

March 08 - Billy McAlister

March 15 - Mo Hyatt

March 22 - Mighty Medacine

March 29 - Jonathan Star

Legacy (2:00-3:00pm)

March 01 - Jim Herman

March 08 - Billy McAlister

March 15 - Lee Piper

March 22 - Craig Masden

March 29 - Jonathan Star



THE WILLOWS

AT EAST LANSING

A Trilogy Senior Living Community

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East Lansing, MI 48823

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willowsateastlansing.com |  

Frederick Massoll
Executive Director

Brandi Miller
Director of Health Services

Staci Fillingham
Community Service Representative

Cheryl Workman
Business Office Manager

Janelle Pilus
Life Enrichment Director

Amanda Buhl
Legacy Neighborhood Director

Brenda Ruddy
Social Service Director

Ryan Fillingham
Director of Food Services

James Davis
Director of Plant Operations

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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'St. Paddy's Day'

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These are just a few ways you can
get ready for Saint Patrick's Day,
but the options are limitless.

Dress up as a leprechaun and
join your friends for a party.

Play a themed version of bingo
or have your grandkids search
for gold with a scavenger hunt.

If you have a special way you
would like to celebrate the
holiday, let us know, and we'll
do our best to make it happen.
When you chose to live with us,
you chose a lifestyle of fun and
fulfillment - and we couldn't
be luckier to have you!



Word Search

| | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| P | Q | L | L | W | N | K | M | C | C | L | O | V | E | R | X | A | Y | O |
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| M | Z | P | N | T | F | R | S | T | Z | E | C | D | I | S | P | D | E | W |
| W | X | X | V | J | C | B | H | S | X | J | S | H | A | M | R | O | C | K |
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| I | F | Y | W | O | S | U | Y | F | M | L | P | S | T | O | R | I | E | S |

ARTISANS
CLOVER
CRAFTS
GOLD

GREEN
HAPPY HOUR
INSPIRATIONS
IRELAND

IRISH
LEPRECHAUN
LUCKY
MARCH

SAINT
SEVENTEEN
SHAMROCK
STORIES