

As the cold weather retreats in preparation for spring, the month of March makes itself known with the blooming of flowers and the budding of leaves. You might even come across a four-leaf clover - reminding you that Saint Patrick's Day is just around the corner. If you're already green with excitement and looking for ways to get involved in the Irish holiday, here are some Life Enrichment programs we offer that are sure to get you in the spirit.

Get Inspired with Inspirations!

When it first began in the 17th century, Saint Patrick's Day was a time for Irish-Christian families to celebrate the arrival of Christianity in Ireland. Today, the holiday has

branched out all across the globe; encouraging everyone to partake in a day of embracing Irish culture. If you're someone who is interested in the spiritual side of Saint Patrick's Day, you'll love our *Inspirations* programs. Offered on a weekly basis, we encourage our community to attend worship services, Bible studies, meditations, tranquility programs, sing hymns, share life stories, and more. Much like Saint Patrick's Day, regardless of your religious background, there's something here for everyone to enjoy.

Celebrate with a Happy Hour!

If you've ever been to a Saint Paddy's Day parade, you know that people come for the party as much as they do the floats. At our campus, you can celebrate the holiday in style during our *Happy Hour*! Every Friday afternoon between 3:00 and 5:00 p.m., you can sip on your favorite beverage, enjoy snacks, and mingle with friends. It's the perfect way to celebrate Saint Patrick's Day, and an even better way to end a week.

Get crafting!

Create pieces of art to match the beauty of Ireland with our *Artisans* program! We'll provide all the supplies you'll need to craft anything from popsicle stick leprechaun magnets to crepe paper shamrocks. The only thing you'll need to bring is a creative mind!

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Happy Birthday!

Health Campus

Marie R.	03/01
Virginia L.	03/05
Geraldin M.	03/20
Perry M.	03/ 21
Paul J.	03/24
Bessie R.	03/26
Lavern E.	03/31

Assisted Living/Legacy

_	_	•	
			03/01
			03/02
			03/13
			03/27

Volunteer News

The Life Enrichment Department is always looking for volunteers. We are always in need of help at our weekly Happy Hour. Monthly Sunday Brunch, quarterly Themed Dinners and Family Nights and more! Please contact a team member if interested.

Live a Dream

Please let the life Enrichment
Department know if there is a
resident with a Live a Dream.
We would love to help make a
dream of one of our residents come
true. If you have any questions
regarding the live a dream please
contact the Life Enrichment
Department. They would be
more than happy to answer any
questions you have regarding the
Live a Dream program.

Executive Director Corner

Greetings! March promises to be another month full of exciting opportunities for our residents, and we can't wait for them to see what we have in store. I'd like to personally invite you to any of our Friday Happy Hours, or to simply unwind by participating with your loved one in any of our other Life Enrichment programs. We do our best to make sure that no two days are ever quite the same, and each one is more special than the last.

Of course, none of this would be possible without our dedicated team. Our staff is second to none, and we want to make sure that we give them the recognition they deserve. Kicking off this month is Employee Appreciation Day, and we couldn't have more to be thankful for.

This past winter, our team went the extra mile to make our facility a home fit for the holidays. Whether it was one of our chefs preparing a warm, home-cooked meal, or a CNA helping a resident put the star on top of their Christmas tree, every member of our staff spent the giving season by giving their best effort. But this doesn't stop just because the weather gets warmer - their attention to detail and compassionate spirit is something you can count on year round.

I hope March is as wonderful to you as our team has been to us! Yours in Service.

Frederick Massell
Executive Director

Spring Begins!

A picture from our garden, from last summer.



Employee Spotlight: Lily Gottshalk

Thank you Lily for all your hard work.

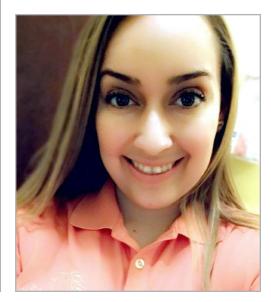


PHOTO HIGHLIGHTS



Marie and Adele enjoying their time together



Pet Therapy Room Visits

Punny Spring

Spring is the perfect time to turn over a new leaf.

Q: How do you tell someone winter is over?

A: You spring it on them!

Q: What did the florist say when it was springtime?

A: Business is blooming!

What is Lucky in March?

Birthstone: Aquamarine Lucky Numbers: 3 & 7 Lucky Letters: M & C Lucky Plant: Shamrock Lucky Colors: Green & Yellow Lucky Days: Monday & Friday

Special Days

March 05 - Mardi Gras

March 06 - Ash Wednesday

March 10 - Daylight Saving

Time Begins

March 17 - St. Patricks Day

March 20 - Spring Begins in the

Northern Hemisphere

March 21 - Purim

Happy Hour Entertainment

Health Center (3:00-4:00pm)

March 01 - Jonathan Dunn

March 08 - Billy McAlister

March 15 - Mo Hyatt

March 22 - Mighty Medacine

March 29 - Jonathan Star

Legacy (2:00-3:00pm)

March 01 - Jim Herman

March 08 - Billy McAlister

March 15 - Lee Piper

March 22 - Craig Masden

March 29 - Jonathan Star



A Trilogy Senior Living Community

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Cheryl Workman

Business Office Manager Janelle Pilus Life Enrichment Director

Amanda Buhl Legacy Neighborhood Director Brenda Ruddy

Social Service Director

Ryan Fillingham

Director of Food Services

James Davis

James Davis Director of Plant Operations

Stay in the Loop 💆 f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.
Our Department Leaders are here to solve any concerns you may have.
In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

Newsletter Production by PorterOneDesign.com

'St. Paddy's Day'

These are just a few ways you can get ready for Saint Patrick's Day, but the options are limitless. Dress up as a leprechaun and join your friends for a party. Play a themed version of bingo or have your grandkids search for gold with a scavenger hunt. If you have a special way you would like to celebrate the holiday, let us know, and we'll do our best to make it happen. When you chose to live with us, you chose a lifestyle of fun and fulfillment - and we couldn't be luckier to have you!



Word Gearch

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ARTISANS	GREEN	IRISH	SAINT
CLOVER	HAPPY HOUR	LEPRECHAUN	SEVENTEEN
CRAFTS	INSPIRATIONS	LUCKY	SHAMROCK
GOLD	IRELAND	MARCH	STORIES