



THE WILLOWS  
AT CITATION

*A Trilogy Senior Living Community*

# Monthly

March 2019



## Planning Your St. Paddy's Day

As the cold weather retreats in preparation for spring, the month of March makes itself known with the blooming of flowers and the budding of leaves. You might even come across a four-leaf clover - reminding you that Saint Patrick's Day is just around the corner. If you're already green with excitement and looking for ways to get involved in the Irish holiday, here are some Life Enrichment programs we offer that are sure to get you in the spirit.

### **Get Inspired with Inspirations!**

When it first began in the 17th century, Saint Patrick's Day was a time for Irish-Christian families to celebrate the arrival of Christianity in Ireland. Today, the holiday has

branched out all across the globe; encouraging everyone to partake in a day of embracing Irish culture. If you're someone who is interested in the spiritual side of Saint Patrick's Day, you'll love our *Inspirations* programs. Offered on a weekly basis, we encourage our community to attend worship services, Bible studies, meditations, tranquility programs, sing hymns, share life stories, and more. Much like Saint Patrick's Day, regardless of your religious background, there's something here for everyone to enjoy.

### **Celebrate with a Happy Hour!**

If you've ever been to a Saint Paddy's Day parade, you know that people come for the party as much as they do

the floats. At our campus, you can celebrate the holiday in style during our *Happy Hour!* Every Friday afternoon between 3:00 and 5:00 p.m., you can sip on your favorite beverage, enjoy snacks, and mingle with friends. It's the perfect way to celebrate Saint Patrick's Day, and an even better way to end a week.

### **Get crafting!**

Create pieces of art to match the beauty of Ireland with our *Artisans* program! We'll provide all the supplies you'll need to craft anything from popsicle stick leprechaun magnets to crepe paper shamrocks. The only thing you'll need to bring is a creative mind!

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# Happy Birthday!

## Residents

Lillian H.	March 04
Betty H.	March 06
Elsie N.	March 11
Sallye B.	March 13
Sophia B.	March 15
Helen H.	March 16
James T.	March 27
Marion K.	March 30

## Executive Director Corner

Greetings from Willows at Citation! March promises to be another month full of exciting opportunities for our residents, and we can't wait for them to see what we have in store. In honor of St. Patrick's Day, I'd like to personally invite you to any of our Friday Happy Hours, or to simply unwind by participating with your loved one in any of our other Life Enrichment programs. Here at Willows at Citation, we do our best to make sure that no two days are ever quite the same, and each one is more special than the last.

Of course, none of this would be possible without our dedicated team. Our staff is second to none, and we want to make sure that we give them the recognition they deserve. Kicking off this month

is Employee Appreciation Day, and we couldn't have more to be thankful for.

This past winter, our team went the extra mile to make our facility a home fit for the holidays. Whether it was one of our chefs preparing a warm, home-cooked meal, or a CRCA helping a resident put the star on top of their Christmas tree, every member of our staff spent the giving season by giving their best effort. But this doesn't stop just because the weather gets warmer – their attention to detail and compassionate spirit is something you can count on year round.

I hope March is as wonderful to you as our team has been to us!

Yours in Service,

*Brittany Faucher*  
Executive Director

## Upcoming Events for March

*National Social Work Month*

3/01 Employee Appreciation Day

3/10-3/17 Administrators Week

3/12 Family Forum Virtual  
Dementia Tour (Public) 1:00p

3/14 CSS Family Night  
"Taste of Spring" 5-7p

3/14 Pi Day

## Upcoming Events for April

*Volunteer Appreciation Month*

*National Occupational  
Therapy Month*

4/03 National Walking Day

4/10 Rehab Reunion

4/14 Sunday Brunch

4/24 Administrative  
Professionals Day

Smile  
of the  
Month:  
*Sarah  
and her  
beautiful  
smile*





# ACTIVITY HIGHLIGHTS



*Art with Mildred*



*Art Class*



*Burton Morris Pop Art*

## Volunteer News

Willows at Citation recognizes that volunteers are a vital component to enriching the lives of our residents. In this spirit, we would like to invite family members, friends and members of the community to volunteer their time and talents to lead activities, pet therapy, visit with residents or assist with special events.

## Sunday Brunch

Please join us on Sunday, March 14th from 12:00-1:30 for our Sunday Brunch. We always look forward to mingling with our residents and their families and friends. Each resident can invite up to 2 guests free of charge. Additional tickets may be purchased for \$10 from the business office.

*If you anticipate bringing a large group, reservations are accepted up to three days in advance.*

## Did You Know...?

That you can read the monthly newsletter on-line. Please follow the campus link at [willowsatcitation.com](http://willowsatcitation.com) and you can also see our monthly calendar.

Please follow us on Facebook and Twitter! You will see a lot of fun and exciting things we do here at our campus!

Don't forget to ask about how to get hooked up to Lifeshare. Ask our staff to get started.

Join us for Happy Hour every Friday at 3:00; we will be having music, appetizers and beverages.



# THE WILLOWS AT CITATION

*A Trilogy Senior Living Community*

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**Lexington, KY 40511**

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**willowsatcitation.com |  **

*Brittany Faucher  
Executive Director*

*Rhonda Johnston  
Director of Health Services*

*Angie Fields  
Asst. Director of Health Services*

*Heather Hall  
Community Support Representative*

*Eavan Kelly  
Business Office Manager*

*Trish Hall  
Life Enrichment Director*

*Adam Bailey  
Community Support Specialist*

*Kathy Ramsey  
Social Services Director*

*Erica Felty-Marler  
Rehab Director*

*Ray Giron  
Director of Dining Services*

*Mary Ritchie  
Environmental Services Director*

*Zane Hilton  
Director of Plant Ops.*

## Stay in the Loop

Keep up with latest campus news  
and happenings by following  
us on your favorite social networks!

*We strive to provide the best customer  
service and quality care for our residents.*

*Our Department Leaders are here  
to solve any concerns you may have.*

*In the event that you need further  
assistance with any unresolved concerns,  
we encourage you to call or email  
our Compliance Hotline: 800-908-8618,  
ext. 2800; or [comply@trilogyhs.com](mailto:comply@trilogyhs.com)*

*Newsletter Production by PorterOneDesign.com*

# 'St. Paddy's Day'

*...continued from cover*

These are just a few ways you can  
get ready for Saint Patrick's Day,  
but the options are limitless.

Dress up as a leprechaun and

join your friends for a party.

Play a themed version of bingo

or have your grandkids search

for gold with a scavenger hunt.

If you have a special way you

would like to celebrate the

holiday, let us know, and we'll

do our best to make it happen.

When you chose to live with us,

you chose a lifestyle of fun and

fulfillment - and we couldn't

be luckier to have you!



## Word Search

P	Q	L	L	W	N	K	M	C	C	L	O	V	E	R	X	A	Y	O
Q	F	G	S	N	F	U	I	R	R	F	O	A	P	Y	J	H	B	W
E	Z	X	Z	H	O	E	R	A	V	Q	Z	F	Y	A	W	C	D	W
S	S	A	R	C	Z	T	I	F	J	P	G	S	V	B	Y	A	J	L
M	Z	P	N	T	F	R	S	T	Z	E	C	D	I	S	P	D	E	W
W	X	X	V	J	C	B	H	S	X	J	S	H	A	M	R	O	C	K
U	M	T	J	E	J	G	C	D	K	N	A	H	A	A	U	R	G	N
G	X	N	W	I	R	E	L	A	N	D	L	C	Q	S	W	L	H	J
N	L	J	W	Y	A	R	T	I	S	A	N	S	E	S	Z	U	U	N
A	G	E	I	N	S	P	I	R	A	T	I	O	N	S	E	C	Z	K
Y	H	A	P	P	Y	H	O	U	R	L	N	E	S	R	C	K	J	G
S	Y	C	Q	R	G	M	F	F	E	N	E	Q	D	M	P	Y	U	O
I	C	B	R	C	E	M	O	L	S	T	R	R	D	U	X	W	G	Z
B	Z	E	F	W	C	C	Z	A	N	P	W	O	W	S	F	D	O	K
M	K	X	M	A	R	C	H	E	X	P	U	E	D	A	J	G	L	T
Y	W	W	R	R	J	F	V	A	U	K	A	C	M	I	Y	G	D	Q
N	X	T	T	P	E	E	K	U	U	C	G	B	S	N	M	O	P	G
G	J	X	H	C	S	G	R	E	E	N	Y	K	U	T	W	S	I	X
I	F	Y	W	O	S	U	Y	F	M	L	P	S	T	O	R	I	E	S

ARTISANS  
CLOVER  
CRAFTS  
GOLD

GREEN  
HAPPY HOUR  
INSPIRATIONS  
IRELAND

IRISH  
LEPRECHAUN  
LUCKY  
MARCH

SAINT  
SEVENTEEN  
SHAMROCK  
STORIES