

AT HISTORIC SILVERCREST A Trilogy Senior Living Community



March 2019



Planning Your St. Paddy's Day

As the cold weather retreats in preparation for spring, the month of March makes itself known with the blooming of flowers and the budding of leaves. You might even come across a four-leaf clover - reminding you that Saint Patrick's Day is just around the corner. If you're already green with excitement and looking for ways to get involved in the Irish holiday, here are some Life Enrichment programs we offer that are sure to get you in the spirit.

Get Inspired with Inspirations!

When it first began in the 17th century, Saint Patrick's Day was a time for Irish-Christian families to celebrate the arrival of Christianity in Ireland. Today, the holiday has branched out all across the globe; encouraging everyone to partake in a day of embracing Irish culture. If you're someone who is interested in the spiritual side of Saint Patrick's Day, you'll love our *Inspirations* programs. Offered on a weekly basis, we encourage our community to attend worship services, Bible studies, meditations, tranquility programs, sing hymns, share life stories, and more. Much like Saint Patrick's Day, regardless of your religious background, there's something here for everyone to enjoy.

Celebrate with a Happy Hour!

If you've ever been to a Saint Paddy's Day parade, you know that people come for the party as much as they do the floats. At our campus, you can celebrate the holiday in style during our *Happy Hour*! Every Friday afternoon between 3:00 and 5:00 p.m., you can sip on your favorite beverage, enjoy snacks, and mingle with friends. It's the perfect way to celebrate Saint Patrick's Day, and an even better way to end a week.

Get crafting!

Create pieces of art to match the beauty of Ireland with our *Artisans* program! We'll provide all the supplies you'll need to craft anything from popsicle stick leprechaun magnets to crepe paper shamrocks. The only thing you'll need to bring is a creative mind!

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Happy Birthday!

Residents

Opal H.	3/01
Bonnie W.	3/02
Geneva L.	3/04
Margie S.	3/09
Raymond K.	3/09
Katherine M.	3/10
Anne McC.	3/11
Masako S.	3/13
Romona C.	3/14
Judith F.	3/18
Martin W.	3/19
Mary P.	3/20
Robert O.	3/21
Edward S.	3/21
Paul D.	3/23

Smile of the Month





Greetings! March promises to be another month full of

exciting opportunities for our residents, and we can't wait for them to see what we have in store. I'd like to personally invite you to any of our Friday Happy Hours, or to simply unwind by participating with your loved one in any of our other Life Enrichment programs. We do our best to make sure that no two days are ever quite the same, and each one is more special than the last.

Of course, none of this would be possible without our dedicated team. Our staff is second to none, and we want to make sure that we give them the recognition they deserve. Kicking off this month is Employee

Executive Director Corner

Appreciation Day, and we couldn't have more to be thankful for.

This past winter, our team went the extra mile to make our facility a home fit for the holidays. Whether it was one of our chefs preparing a warm, home-cooked meal, or a CNA helping a resident put the star on top of their Christmas tree, every member of our staff spent the giving season by giving their best effort. But this doesn't stop just because the weather gets warmer - their attention to detail and compassionate spirit is something you can count on year round.

I hope March is as wonderful to you as our team has been to us!

Yours in Service,

Carla Gieckert **Executive Director**

Creative Cooking





CHINESE NEW YEAR







PHOTO HIGHLIGHTS













Out and About

Residents have the choice of shopping outings and eating out.

Monthy Inspired Living Meetings is where residents schedule places to go. Family volunteers welcome to go with resident.

Live a Dream

Please talk to Life Enrichment about a dream your loved one has. We may be able to make it come true.

Family Night

March 19th- MARCH MADNESS THEME! Contest for family that shows the most spirit for their favorite team.

Sunday Brunch

March 3 First Seating 11am Second Seating 12pm

*Please make reservations at front desk by the Wednesday prior to Brunch.

Themed Dinner May

Did YouKnow...?

The Private Dining Room can be reserved for...Family Gatherings, Birthdays, or other events. Please call us for information.

Happy Hour is weekly at 3pm on Friday



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> Carla Sieckert Executive Director

Rebecca Bowling Director of Health Services

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Community Services Representative

Donna Poole Life Enrichment Director

Elisabeth Voelker Villa Lifestyle Director

Brad Houchins Dining Services Director

Therese Casper Social Services Director

Megan Riedling Therapy Program Director

Jenny Brown Customer Service Specialist

Stay in the Loop 🕑 f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents. Our Department Leaders are here to solve any concerns you may have. In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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'St. Paddy's Day'

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These are just a few ways you can get ready for Saint Patrick's Day, but the options are limitless. Dress up as a leprechaun and join your friends for a party. Play a themed version of bingo or have your grandkids search for gold with a scavenger hunt. If you have a special way you would like to celebrate the holiday, let us know, and we'll do our best to make it happen. When you chose to live with us, you chose a lifestyle of fun and fulfillment - and we couldn't be luckier to have you!



Word Gearch

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ARTISANS CLOVER CRAFTS GOLD			GREEN HAPPY HOUR INSPIRATIONS IRELAND			IRISH LEPRECHAUN LUCKY MARCH						SAINT SEVENTEEN SHAMROCK STORIES						