

As the cold weather retreats in preparation for spring, the month of March makes itself known with the blooming of flowers and the budding of leaves. You might even come across a four-leaf clover - reminding you that Saint Patrick's Day is just around the corner. If you're already green with excitement and looking for ways to get involved in the Irish holiday, here are some Life Enrichment programs we offer that are sure to get you in the spirit.

#### Get Inspired with Inspirations!

When it first began in the 17th century, Saint Patrick's Day was a time for Irish-Christian families to celebrate the arrival of Christianity in Ireland. Today, the holiday has

branched out all across the globe; encouraging everyone to partake in a day of embracing Irish culture. If you're someone who is interested in the spiritual side of Saint Patrick's Day, you'll love our *Inspirations* programs. Offered on a weekly basis, we encourage our community to attend worship services, Bible studies, meditations, tranquility programs, sing hymns, share life stories, and more. Much like Saint Patrick's Day, regardless of your religious background, there's something here for everyone to enjoy.

### Celebrate with a Happy Hour!

If you've ever been to a Saint Paddy's Day parade, you know that people come for the party as much as they do

the floats. At our campus, you can celebrate the holiday in style during our *Happy Hour*! Every Friday afternoon between 3:00 and 5:00 p.m., you can sip on your favorite beverage, enjoy snacks, and mingle with friends. It's the perfect way to celebrate Saint Patrick's Day, and an even better way to end a week.

### Get crafting!

Create pieces of art to match the beauty of Ireland with our *Artisans* program! We'll provide all the supplies you'll need to craft anything from popsicle stick leprechaun magnets to crepe paper shamrocks. The only thing you'll need to bring is a creative mind!

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## Happy Birthday!

"The March wind roars like a lion in the sky, And makes us shiver as he passes by. When winds are soft and the days are warm and clear, Just like a gentle lamb, then spring is here." ~ Unknown

#### Residents

Helen H.	3/03
Mary Ann D.	3/07
Barbara V.	3/09
June L.	3/13
Jessie F.	3/13
Thomas W.	3/13
Jim T.	3/14
Linda J.	3/25
Staff	
Amber V.	3/01
Brooklyn S.	3/06
Kayla B.	3/06
Patricia C.	3/07
IIa Faye S.	3/10
April B.	3/13
Kelly D.	3/16
Kaylle W.	3/18
Michelle C.	3/21
Christy L.	3/21
Keisha A.	3/21



# Executive Director Corner

Greetings from The Springs! March promises to be another

month full of exciting opportunities for our residents, and we can't wait for them to see what we have in store. In honor of St. Patrick's Day, I'd like to personally invite you to any of our Friday Happy Hours, or to simply unwind by participating with your loved one in any of our other Life Enrichment programs. Here at The Springs, we do our best to make sure that no two days are ever quite the same, and each one is more special than the last.

Of course, none of this would be possible without our dedicated team. Our staff is second to none, and we want to make sure that we give them the recognition they deserve. Kicking off this month is Employee Appreciation Day, and we couldn't have more to be thankful for.

This past winter, our team went the extra mile to make our facility a home fit for the holidays. Whether it was one of our chefs preparing a warm, home-cooked meal, or a CNA helping a resident put the star on top of their Christmas tree, every member of our staff spent the giving season by giving their best effort. But this doesn't stop just because the weather gets warmer - their attention to deal and compassionate spirit is something you can count on year round.

I hope March is as wonderful to you as our team has been to us!

Yours in Service,

Keshia (Atwood

**Executive Director** 

### **Community Fish Fry**

Friday, March 15, 2019 from 4:00-6:00pm at The Spring of Richmond Meals can be purchased for \$7.00. Fish & Chips with a side of cole slaw. Call us today for more information!

## Sunday Brunch

Sunday, March 10, 2019 from 11:00am to 1:00pm

Residents are welcome to invite as many guests as they wish! Each resident will receive 2 free meal tickets for Sunday Brunch. Any guests after two, may purchase a meal ticket for \$7.00 each. Meal tickets may be purchased in the Business Office Monday thru Friday 8:00am to 5:00pm.

Guests Please R.S.V.P. by Wednesday, March 6, 2019 at 3:00pm



## CUSTOMER SERVICE MOMENT: KAYLEE W.

Kaylee received The Servant's Heart Award for December! We are very thankful to have Kaylee on our team at the Springs of Richmond! She is one of the reasons we are different!

## **Upcoming Events in March**

March 5: Theme Week: Mardi Gras Party at 2:00pm in the pub!

March 8: International Women's Day

March 10: Daylight Savings Time Begins

March 10: Sunday Brunch from 11:00am to 1:00pm

March 14: National Pi Day

March 15: Magic Show with Chad from 3:00 to 4:00pm in the Pub

March 15: Community Fish Fry from 4:00 to 6:00pm

March 17: St. Patrick's Day

March 20: Spring Begins

March 22: Taste of the Town (Fazoli's)

## Smile of the Month: Lynda B.



Hello everyone, I am Lynda! Born in Dayton, Ohio and lived there until 1967 when I moved to Indiana. I also have lived in South Carolina, Illinois and Florida! I met my husband John Sr. through friends and traveled with him during his time in the Air Force. We raised two wonderful boys who have given us grandchildren and great grandchildren to love! I was also a florist, which I totally loved! I have traveled to Bermuda, Mexico, Washington State and Vegas! I smile everyday, grateful for the life I have

lived thus far. One of my most memorable moments was marrying my husband and having my children. Now I enjoy spending time with my family, doing crafts and watching Hallmark movies even while I'm here at The Springs!

I would like to say that I love the staff at The Springs of Richmond! It has such a family-like atmosphere, good food, activities to keeps us busy and housekeeping does a wonderful job with keeping the campus beautiful! Nursing – wow they do such a great job! You can tell the difference in the care while you are here and when you go home to no care. Management helps other departments to make sure it is a wonderful place for staff and residents! If you need to smile just come to The Springs!

### Out and About

March 5: Morrison Reeves Library Outing

March 7: Model T Musuem
Outing at 11am

March 12: Walmart Shopping Trip at 1pm

March 14: Tim Horton's Coffee and Treat Outing at 1:30pm

March 19: Tolly's Gastropub Lunch Outing at 10:30am

March 21: Amish Store Outing at 1:30pm

March 26: Meijer Shopping Outing at 10am

March 28: Breakfast Outing at Stacks Pancake House at 7:30am

### Taste of Town

Will be on Friday, March 22 at 5pm. We will be having Fazoli's!

### Did You Know...?

Worship Service is every
Wednesday at 3:45pm in the
MPR and Church Service is
offered Sunday, March 10 at
2:30pm, Sunday, March 24 at
2:30pm and Sunday, March 31st
at 2:30pm in the Lobby!

Happy Hour is weekly every Friday from 3pm to 4pm in the Pub! One of our most attended activities and events in the campus; we would like to see everyone show up for this good time every Friday! Live entertainment will have your feet stomping, hands clapping and your head bopping! Enjoy snacks at the Pub and a glass of wine if that is your flavor! Hope to see you there!



A Trilogy Senior Living Community

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springsofrichmond.com | ♥ f

Keshia Atwood Executive Director Gina Robinson

Director of Health Services

Christina Falcone Assistant Director of Health Services

> Jessica Reneau Business Office Maager Deana Hatfield Life Enrichment Director

> > Brenda Duke Medical Director

Amberley Vanwinkle Director of Environmental Services

> Tabbatha Woolwine Director of Socail Services

Nicole Byers
Director of Food Services

Jeremiah Mitchell Director of Plant Ops

Melissa Bryant MDS Coordinator

> Jamie Martin AP/Payroll

### Stay in the Loop **y** f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.
Our Department Leaders are here to solve any concerns you may have.
In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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# 'St. Paddy's Day'

These are just a few ways you can get ready for Saint Patrick's Day, but the options are limitless. Dress up as a leprechaun and join your friends for a party. Play a themed version of bingo or have your grandkids search for gold with a scavenger hunt. If you have a special way you would like to celebrate the holiday, let us know, and we'll do our best to make it happen. When you chose to live with us, you chose a lifestyle of fun and fulfillment - and we couldn't be luckier to have you!



## Word Gearch

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ARTISANS	GREEN	IRISH	SAINT
CLOVER	HAPPY HOUR	LEPRECHAUN	SEVENTEEN
CRAFTS	INSPIRATIONS	LUCKY	SHAMROCK
GOLD	IRELAND	MARCH	STORIES