



THE SPRINGS
OF LIMA

A Trilogy Senior Living Community

News

March 2019



Planning Your St. Paddy's Day

As the cold weather retreats in preparation for spring, the month of March makes itself known with the blooming of flowers and the budding of leaves. You might even come across a four-leaf clover - reminding you that Saint Patrick's Day is just around the corner. If you're already green with excitement and looking for ways to get involved in the Irish holiday, here are some Life Enrichment programs we offer that are sure to get you in the spirit.

Get Inspired with Inspirations!

When it first began in the 17th century, Saint Patrick's Day was a time for Irish-Christian families to celebrate the arrival of Christianity in Ireland. Today, the holiday has

branched out all across the globe; encouraging everyone to partake in a day of embracing Irish culture. If you're someone who is interested in the spiritual side of Saint Patrick's Day, you'll love our *Inspirations* programs. Offered on a weekly basis, we encourage our community to attend worship services, Bible studies, meditations, tranquility programs, sing hymns, share life stories, and more. Much like Saint Patrick's Day, regardless of your religious background, there's something here for everyone to enjoy.

Celebrate with a Happy Hour!

If you've ever been to a Saint Paddy's Day parade, you know that people come for the party as much as they do

the floats. At our campus, you can celebrate the holiday in style during our *Happy Hour!* Every Friday afternoon between 3:00 and 5:00 p.m., you can sip on your favorite beverage, enjoy snacks, and mingle with friends. It's the perfect way to celebrate Saint Patrick's Day, and an even better way to end a week.

Get crafting!

Create pieces of art to match the beauty of Ireland with our *Artisans* program! We'll provide all the supplies you'll need to craft anything from popsicle stick leprechaun magnets to crepe paper shamrocks. The only thing you'll need to bring is a creative mind!

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Happy Birthday!

Residents

Norman C. (AL)	3/01
Etta S. (HC)	3/06
Rosemary S. (LL)	3/11
Mildred P. (HC)	3/26
Virginia B. (HC)	3/27
Tony F. (HC)	3/31

Staff

Rob Edgington	3/01
Sharnae Robertson	3/02
Kionna Gunn	3/03
Corey Rigdon	3/07
Jessica Trinko	3/08
Kelly Gross	3/09
Candice Benjamin	3/10
Manny Bracero-Sanchez	3/11
Brian Rayer	3/16
Mariah Matthews	3/17
Michele Bowman	3/20
Michi'L Thompson	3/24
Elizabeth Baker	3/26
LaTonda Forrest	3/26
Lenka Kaiser	3/30

Smile of the Month

Smile of the month belongs to Sally R. for her lovely smile and a raise of the glass in a toast to good health during one of the Assisted Living Happy Hours. Please join us on Fridays from 3:30-4:30 in the activity centers for Happy Hour.



Executive Director Corner

Greetings from The Springs of Lima! March promises

to be another month full of exciting opportunities for our residents, and we can't wait for them to see what we have in store. In honor of St. Patrick's Day, I'd like to personally invite you to any of our Friday Happy Hours, or to simply unwind by participating with your loved one in any of our other Life Enrichment programs. Here at The Springs of Lima, we do our best to make sure that no two days are ever quite the same, and each one is more special than the last.

Of course, none of this would be possible without our dedicated team. Our staff is second to none, and we want to make sure that we give them the recognition they

deserve. Kicking off this month is Employee Appreciation Day, and we couldn't have more to be thankful for.

This past winter, our team went the extra mile to make our facility a home fit for the holidays. Whether it was one of our chefs preparing a warm, home-cooked meal, or a CNA helping a resident put the star on top of their Christmas tree, every member of our staff spent the giving season by giving their best effort. But this doesn't stop just because the weather gets warmer – their attention to detail and compassionate spirit is something you can count on year round.

I hope March is as wonderful to you as our team has been to us!

Yours in Service,

Jessica Trinko
Executive Director

Living Arts

Residents have been having a great time making a variety of crafts lately. During the bad weather we even took time to make bird feeders for our feathered neighbors to help them through the "arctic blasts". It's fun to see their creativity and individuality shine through as they put their own spin on each project. We even tried our hand at making homemade butter one day and everyone got to take turns shaking the cream for our final, very tasty, end results of delicious butter on our homemade bread!



The Legacy Lane residents working on making bird feeders

More from Living Arts



Maxine W. and Cele G. working with the other Legacy Lane residents on the bird feeders out of oranges



Georgia C. with her bird feeder



Rosemary S. and Marilyn P. working on the orange bird feeders



Evelyn V. displaying her Valentine craft



Tony F. showing his Valentine craft



Ed S. shaking the butter



Maxine W. taking her turn at shaking the cream

Featured Resident

Recently Bob G., one of our Assisted Living residents, received a beautiful plaque in the mail, along with a letter from the National Association of Letter Carriers thanking him for his years of service as a letter carrier. Bob has been a loyal member of the association for 50 years.



Did You Know...?

March 13th is Taste of the Town featuring Lock Sixteen. Served in all dining rooms at lunch.

March 22nd CSS Casino Family Night 3:00-5:00pm AL Activity Center. Come join us for the fun!!

Senior Executive Club is scheduled for March 28th at 1:30pm in the AL Dining Room. Please RSVP 419-221-6051.

That your family member can sign up for The Lima Public Library and have books delivered to the facility every month? Contact Leslie Jenkins, LED for details.

That Happy Hour is every Friday night at 3:30 - 4:30pm in the Assisted Living Activity Center. Hot appetizers are served and family members are welcome to join us!

You can keep up to date with the happenings at The Springs by connections with us on Facebook and through Twitter.


Sunday Brunch

Sunday Brunch is the second Sunday of each month 11:00-12:30pm. The resident and two guests are free. Additional tickets can be purchased at Guest Relations for \$7.00 each. Please RSVP 419-221-6051. Sunday Brunch is March 10, 2019.



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**370 N. Eastown Rd
Lima, OH 45807
419-221-6051
springsoflima.com |  **

*Jessica Trinko
Executive Director*

*Danielle Brinkman
Director of Health Services*

*Brandi Wireman
Business Office Manager*

*Leslie Jenkins
Life Enrichment Director*

*Ellen Diemer
Director of Social Services*

*Pam Taylor
Assistant Director of Social Services*

*Bill Erickson
Director of Plant Operations*

*Terri Williamson
Environmental Services Supervisor*

*Justin Daley
Director of Food Services*

*Julia Desenberg
MDS Coordinator*

*Stephanie Baxter
Medical Records & Scheduling*

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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'St. Paddy's Day'

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These are just a few ways you can
get ready for Saint Patrick's Day,
but the options are limitless.

Dress up as a leprechaun and
join your friends for a party.

Play a themed version of bingo

or have your grandkids search

for gold with a scavenger hunt.

If you have a special way you

would like to celebrate the

holiday, let us know, and we'll

do our best to make it happen.

When you chose to live with us,

you chose a lifestyle of fun and

fulfillment - and we couldn't

be luckier to have you!



Word Search

P	Q	L	L	W	N	K	M	C	C	L	O	V	E	R	X	A	Y	O
Q	F	G	S	N	F	U	I	R	R	F	O	A	P	Y	J	H	B	W
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ARTISANS
CLOVER
CRAFTS
GOLD

GREEN
HAPPY HOUR
INSPIRATIONS
IRELAND

IRISH
LEPRECHAUN
LUCKY
MARCH

SAINT
SEVENTEEN
SHAMROCK
STORIES