



THE SPRINGS
AT LAFAYETTE

A Trilogy Senior Living Community

News

March 2019



Planning Your St. Paddy's Day

As the cold weather retreats in preparation for spring, the month of March makes itself known with the blooming of flowers and the budding of leaves. You might even come across a four-leaf clover - reminding you that Saint Patrick's Day is just around the corner. If you're already green with excitement and looking for ways to get involved in the Irish holiday, here are some Life Enrichment programs we offer that are sure to get you in the spirit.

Get Inspired with Inspirations!

When it first began in the 17th century, Saint Patrick's Day was a time for Irish-Christian families to celebrate the arrival of Christianity in Ireland. Today, the holiday has

branched out all across the globe; encouraging everyone to partake in a day of embracing Irish culture. If you're someone who is interested in the spiritual side of Saint Patrick's Day, you'll love our *Inspirations* programs. Offered on a weekly basis, we encourage our community to attend worship services, Bible studies, meditations, tranquility programs, sing hymns, share life stories, and more. Much like Saint Patrick's Day, regardless of your religious background, there's something here for everyone to enjoy.

Celebrate with a Happy Hour!

If you've ever been to a Saint Paddy's Day parade, you know that people come for the party as much as they do

the floats. At our campus, you can celebrate the holiday in style during our *Happy Hour*! Every Friday afternoon between 3:00 and 5:00 p.m., you can sip on your favorite beverage, enjoy snacks, and mingle with friends. It's the perfect way to celebrate Saint Patrick's Day, and an even better way to end a week.

Get crafting!

Create pieces of art to match the beauty of Ireland with our *Artisans* program! We'll provide all the supplies you'll need to craft anything from popsicle stick leprechaun magnets to crepe paper shamrocks. The only thing you'll need to bring is a creative mind!

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Volunteer News

Volunteers give the gift of time. Over 3,000 people presently serve as volunteers within Trilogy campuses. Families make great volunteers and so do our residents!!!!

As a volunteer, you are part of the Trilogy team. So why volunteer? Here are just a few benefits:

Personal satisfaction
Community involvement

New, meaningful friendships

Developing new skills

Utilizing your skills to teach others

Suggested ways to volunteer include but are not limited to

Calling bingo

Visiting with Residents

Leading an activity or teaching a skill, such as knitting or crocheting

Reading to residents

Helping residents get to and from activities and meals

Photography for special events



Executive Director Corner

Greetings from The Springs at Lafayette! March

promises to be another month full of exciting opportunities for our residents, and we can't wait for them to see what we have in store. In honor of St. Patrick's Day, I'd like to personally invite you to any of our Friday Happy Hours, or to simply unwind by participating with your loved one in any of our other Life Enrichment programs. Here at The Springs, we do our best to make sure that no two days are ever quite the same, and each one is more special than the last.

Of course, none of this would be possible without our dedicated team. Our staff is second to none, and we want to make sure that we give them the recognition they

deserve. Kicking off this month is Employee Appreciation Day, and we couldn't have more to be thankful for.

This past winter, our team went the extra mile to make our facility a home fit for the holidays. Whether it was one of our chefs preparing a warm, home-cooked meal, or a CNA helping a resident put the star on top of their Christmas tree, every member of our staff spent the giving season by giving their best effort. But this doesn't stop just because the weather gets warmer – their attention to detail and compassionate spirit is something you can count on year round.

I hope March is as wonderful to you as our team has been to us!

Yours in Service,

Michael Meadows

Executive Director

Taste of Town

We loved enjoying Long John Silvers!





WELCOME OUR NEW LED: AMBER M.

Hello I am Amber McCall! I am excited to be your new LED! I started my career as an LEA in July of 2017 at Creasy Spirngs in Lafayette I grew up in the small town of Monicello, Indiana and graduated from Twin Lakes High School in 2006. I made the move to Lafayette, Indiana in 2013. I have two childrdren, oneboy who is eight and a daughter who just turned one in December. We also have a very loveable cat named Meeska. I cannot wait to meet and get to know all of you! I feel so blessed for this opportunity.

With Love,
Amber McCall

Smile of the Month

Mmm...S'mores! Makes us
reminisce of warmer days!





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springsatlafayette.com |  

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Executive Director*

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Director of Health Services*

*TBD
Assistant Director of Health Services*

*Lisa Botka
Business Office*

*Amber McCall
Life Enrichment Director*

*Hannah Napier
Director of Social Services*

*Jina Harris
Director of Food Service*

*Tom Kennedy
Director of Plant Operations*

*Barb Chumley
Director of Environmental Services*

*Brooke Ekola
Community Services Manager*

*Diana Stetler
MDS Coordinator*

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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'St. Paddy's Day'

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These are just a few ways you can
get ready for Saint Patrick's Day,
but the options are limitless.

Dress up as a leprechaun and

join your friends for a party.

Play a themed version of bingo

or have your grandkids search

for gold with a scavenger hunt.

If you have a special way you

would like to celebrate the

holiday, let us know, and we'll

do our best to make it happen.

When you chose to live with us,

you chose a lifestyle of fun and

fulfillment - and we couldn't

be luckier to have you!



Word Search

P	Q	L	L	W	N	K	M	C	C	L	O	V	E	R	X	A	Y	O
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ARTISANS
CLOVER
CRAFTS
GOLD

GREEN
HAPPY HOUR
INSPIRATIONS
IRELAND

IRISH
LEPRECHAUN
LUCKY
MARCH

SAINT
SEVENTEEN
SHAMROCK
STORIES