

As the cold weather retreats in preparation for spring, the month of March makes itself known with the blooming of flowers and the budding of leaves. You might even come across a four-leaf clover - reminding you that Saint Patrick's Day is just around the corner. If you're already green with excitement and looking for ways to get involved in the Irish holiday, here are some Life Enrichment programs we offer that are sure to get you in the spirit.

Get Inspired with Inspirations!

When it first began in the 17th century, Saint Patrick's Day was a time for Irish-Christian families to celebrate the arrival of Christianity in Ireland. Today, the holiday has

branched out all across the globe; encouraging everyone to partake in a day of embracing Irish culture. If you're someone who is interested in the spiritual side of Saint Patrick's Day, you'll love our *Inspirations* programs. Offered on a weekly basis, we encourage our community to attend worship services, Bible studies, meditations, tranquility programs, sing hymns, share life stories, and more. Much like Saint Patrick's Day, regardless of your religious background, there's something here for everyone to enjoy.

Celebrate with a Happy Hour!

If you've ever been to a Saint Paddy's Day parade, you know that people come for the party as much as they do

the floats. At our campus, you can celebrate the holiday in style during our *Happy Hour*! Every Friday afternoon between 3:00 and 5:00 p.m., you can sip on your favorite beverage, enjoy snacks, and mingle with friends. It's the perfect way to celebrate Saint Patrick's Day, and an even better way to end a week.

Get crafting!

Create pieces of art to match the beauty of Ireland with our *Artisans* program! We'll provide all the supplies you'll need to craft anything from popsicle stick leprechaun magnets to crepe paper shamrocks. The only thing you'll need to bring is a creative mind!

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Happy Birthday!

Residents	
Sharon S.	3/02
Narges F.	3/24
Beverly J.	3/28
Viola I.	3/29
Staff	
Allison S.	3/10
Brittany D.	3/12
Jordan H.	3/12
Jordan H.	3/12
Candace H.	3/13
Kellie R.	3/16
Kelsey W.	3/16

Monthly Events

March 1st

Happy Hour with Don B.

March 8th

Happy Hour with David R.

March 10th

Sunday Brunch-Music with Ben

March 14th

Toledo Public Library Bookmobile

March 15th

Happy Hour with John P.

March 19th

Family Night-Music with Ben

March 22nd

Happy Hour with Bob W.

March 29th

Happy Hour with Gene Z.



Executive Director Corner

Dear Family & Friends of The Lakes of Sylvania, As you read this letter, we

are flying toward Spring Time! It is amazing to realize how quickly time goes by, and our residents can attest to that as we care for many over the age of 90 who are still active! This year Life Enrichment promoted "themes" for activities or thematic programming, as this type of programming creates fresh new ideas. The staff and our residents were able to enjoy the events and our liv entertainment. Our giving continued as "Hope for the Holidays" provided over \$3000 for our local charity as families, staff and residents generously contributed. Residents demonstrated you are never too old to give back! Thank you to the many family members that donated as well, it really helps. **Customer Satisfaction Surveys** We ask that even though we can never replace their home, that you consider our efforts a 10 in our upcoming Customer Satisfaction Survey in March. A 10 for our community means that we have met your expectations and are considered the provider of choice in this community. Please add your comments for they are invaluable to us, as these will help us to improve in specific areas and better serve the residents and the families who love them. These surveys are very important to the growth of the campus. They also serve as a way to rank each campus in the Trilogy fleet based on the overall average scores. In essence, this is also

a contest and at The Lakes of Sylvania, we pride ourselves on achieving high marks. Our last survey The Lakes of Sylvania finished ranked 17th out of 110 with an overall score of 9.62 out of 10. Let's make The Lakes of Sylvania Top 5, with a "10" this time around!

The campus will also host a "Customer Satisfaction Survey Family Night" on March 19 at 5:00 pm. If you bring your survey to the Family Night filled out, we will mail it from the campus and place your name in our drawings. We also have entertainment and wonderful Chef prepared food for that evening along with a great theme, so please join us! Life Enrichment. Please know that we are aware that some of our residents are unable to actively participate or choose not to participate in our group activity offerings. It is still our privilege and responsibility to meet their psychosocial needs. We do this by providing one-on-one visits or groups adapted to their cognitive level. If you want to inquire about these opportunities, please contact any member of our Life **Enrichment team.**

It is truly an honor to create meaningful opportunities that will enhance the quality and purpose of your loved one's days. If you have any suggestions or questions for us, please give call or stop by to discuss personally. We remain Compassionately Committed to Excellence in our service to your loved one.

Warmly,

Jeff Barrer, LNHA

PHOTO HIGHLIGHTS



Showing off the polar beat craft



Warming up on a cold morning with Tai Chi



Nancy having fun blowing bubbles



Throwing hot water in the air in -10 weather



A Trilogy Senior Living Community

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Jeff Barror Executive Director Lindsay Wenland Director of Health Services

Kate Diem Assistant Director of Health Services

Madison Dunlevy Customer Service Representative

Cori Lane Business Office Manager Ashley Bell Life Enrichment Director

Morgan Murphy Social Services Director Brian Grime

Director of Plant Operations

Chris Rajner Director of Food Services

Nolan White Environmental Services Director

Stay in the Loop 💆 f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.
Our Department Leaders are here to solve any concerns you may have.
In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

Newsletter Production by PorterOneDesign.com

'St. Paddy's Day'

These are just a few ways you can get ready for Saint Patrick's Day, but the options are limitless. Dress up as a leprechaun and join your friends for a party. Play a themed version of bingo or have your grandkids search for gold with a scavenger hunt. If you have a special way you would like to celebrate the holiday, let us know, and we'll do our best to make it happen. When you chose to live with us, you chose a lifestyle of fun and fulfillment - and we couldn't be luckier to have you!



Word Gearch

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ARTISANS	GREEN	IRISH	SAINT
CLOVER	HAPPY HOUR	LEPRECHAUN	SEVENTEEN
CRAFTS	INSPIRATIONS	LUCKY	SHAMROCK
GOLD	IRELAND	MARCH	STORIES