



STONEBRIDGE

HEALTH CAMPUS

*A Trilogy Senior Living Community*

# On Campus

March 2019



## Planning Your St. Paddy's Day

As the cold weather retreats in preparation for spring, the month of March makes itself known with the blooming of flowers and the budding of leaves. You might even come across a four-leaf clover - reminding you that Saint Patrick's Day is just around the corner. If you're already green with excitement and looking for ways to get involved in the Irish holiday, here are some Life Enrichment programs we offer that are sure to get you in the spirit.

### **Get Inspired with Inspirations!**

When it first began in the 17th century, Saint Patrick's Day was a time for Irish-Christian families to celebrate the arrival of Christianity in Ireland. Today, the holiday has

branched out all across the globe; encouraging everyone to partake in a day of embracing Irish culture. If you're someone who is interested in the spiritual side of Saint Patrick's Day, you'll love our *Inspirations* programs. Offered on a weekly basis, we encourage our community to attend worship services, Bible studies, meditations, tranquility programs, sing hymns, share life stories, and more. Much like Saint Patrick's Day, regardless of your religious background, there's something here for everyone to enjoy.

### **Celebrate with a Happy Hour!**

If you've ever been to a Saint Paddy's Day parade, you know that people come for the party as much as they do

the floats. At our campus, you can celebrate the holiday in style during our *Happy Hour!* Every Friday afternoon between 3:00 and 5:00 p.m., you can sip on your favorite beverage, enjoy snacks, and mingle with friends. It's the perfect way to celebrate Saint Patrick's Day, and an even better way to end a week.

### **Get crafting!**

Create pieces of art to match the beauty of Ireland with our *Artisans* program! We'll provide all the supplies you'll need to craft anything from popsicle stick leprechaun magnets to crepe paper shamrocks. The only thing you'll need to bring is a creative mind!

*...continued on back page*

# Happy Birthday!

## Residents

Lena W.	March 04
Faye B.	March 05
Don L.	March 08
Bonnie C.	March 14
Sue E.	March 14
Doyle C.	March 15
Patrick J.	March 17
David L.	March 17
Doris F.	March 19
Jewell S.	March 22
Nellie P.	March 25

## Sunday Brunch

Sunday Brunch will be held on Sunday, March 10 11:00am until 1:00pm. In continuing our effort to better serve our residents and families, please RSVP by Thursday, February 7 to assure seating. Each resident will have 4 complimentary guest meals. Each meal after will be \$7.00. If you have any questions, please contact the campus. We look forward to seeing everyone!

## Themed Dinner

We kicked off our year of "Party in the USA" celebration with one of the most exciting parties of the year – Mardi Gras in New Orleans! We brought the enthusiasm of Bourbon Street to our very own campus! We prepared for an exciting week of theme-related activities and events, including an incredible dinner. Photos to follow next month.

## Did You Know...?

That you can read the monthly newsletter on-line. Please follow the campus link [stonebridgehs.com](http://stonebridgehs.com)

The Activity Room can be reserved for Resident birthdays or special occasions.



## Executive Director Corner

Greetings from StoneBridge Health Campus!

March promises to be another month full of exciting opportunities for our residents, and we can't wait for them to see what we have in store. In honor of St. Patrick's Day, I'd like to personally invite you to any of our Friday Happy Hours, or to simply unwind by participating with your loved one in any of our other Life Enrichment programs. Here at StoneBridge, we do our best to make sure that no two days are ever quite the same, and each one is more special than the last.

Of course, none of this would be possible without our dedicated team. Our staff is second to none, and we want to make sure that we give them the recognition they

deserve. Kicking off this month is Employee Appreciation Day, and we couldn't have more to be thankful for.

This past winter, our team went the extra mile to make our facility a home fit for the holidays. Whether it was one of our chefs preparing a warm, home-cooked meal, or a CNA helping a resident put the star on top of their Christmas tree, every member of our staff spent the giving season by giving their best effort. But this doesn't stop just because the weather gets warmer – their attention to detail and compassionate spirit is something you can count on year round.

I hope March is as wonderful to you as our team has been to us!

Yours in Service,

*Sara Kelley*  
Executive Director

## Employee of the Month

Last month Alex K. was awarded Employee of The Month! Alex brings joy to the residents with his positive attitude and infectious smile while always going above and beyond!





# LIVE A DREAM

Please help us discover what dreams your loved one has. What is something special that your loved one would love to do again, has always wanted to do, or thought it would be impossible to do?

Your Life Enrichment Department is only a phone call away and they are waiting to make some 2019 dreams come true. Our Live a Dream program demonstrates our commitment to exceeding the expectations of our residents and their families. All of our staff is empowered to identify and grant the wishes of our residents on a regular basis.



*Janet V.*



*Alex K. with a few animals!*



*Wearing red for National Wear Red Day*



*Susie G. providing great entertainment during Happy Hour*



*Florence C., Doris F, Bonnie C., and Jean E.*

## Family Night

Come join us for Family Night on Thursday, March 14 from 5:00-7:00pm as we celebrate "Luck of the Irish".



*Corinne P., Joann T., and Laurie N.*



*Ladonna M.*

## Out and About

Regular outings are part of Trilogy living at StoneBridge. Some of our outings require the resident to bring their own money. We offer an opportunity to open up a trust fund for your loved one to have easy access to their money for such outings. Please see the Business Office Manager, Anita if you have any questions.





# STONEBRIDGE

HEALTH CAMPUS

*A Trilogy Senior Living Community*

**3100 Shawnee Drive South**

**Bedford, IN 47421**

**812-278-8195**

**stonebridgehs.com |  **

*Sara Kelley  
Executive Director*

*Katie Kleber  
Director of Health Services*

*Sonya Miller  
Assistant Director of Health Services*

*Tammy Bailly  
Community Service Representative*

*Laurie Neel  
Director of Life Enrichment*

*Amy Stewart  
Director of Assisted Living/  
Legacy Lane*

*Cindy Carver, LPN  
Director of Resident Services*

*Amanda Happel  
Director of Dietary Services*

*Tessa Holland  
Therapy Program Director*

*Amy Stewart  
Legacy Lane Unit Manager*

*Donna Burgess  
Environmental Services Supervisor*

## Stay in the Loop

Keep up with latest campus news  
and happenings by following  
us on your favorite social networks!

*We strive to provide the best customer  
service and quality care for our residents.*

*Our Department Leaders are here  
to solve any concerns you may have.*

*In the event that you need further  
assistance with any unresolved concerns,  
we encourage you to call or email  
our Compliance Hotline: 800-908-8618,  
ext. 2800; or [comply@trilogyhs.com](mailto:comply@trilogyhs.com)*

*Newsletter Production by PorterOneDesign.com*

# 'St. Paddy's Day'

*...continued from cover*

These are just a few ways you can  
get ready for Saint Patrick's Day,  
but the options are limitless.

Dress up as a leprechaun and  
join your friends for a party.

Play a themed version of bingo  
or have your grandkids search  
for gold with a scavenger hunt.

If you have a special way you  
would like to celebrate the  
holiday, let us know, and we'll  
do our best to make it happen.  
When you chose to live with us,  
you chose a lifestyle of fun and  
fulfillment - and we couldn't  
be luckier to have you!



## Word Search

P	Q	L	L	W	N	K	M	C	C	L	O	V	E	R	X	A	Y	O
Q	F	G	S	N	F	U	I	R	R	F	O	A	P	Y	J	H	B	W
E	Z	X	Z	H	O	E	R	A	V	Q	Z	F	Y	A	W	C	D	W
S	S	A	R	C	Z	T	I	F	J	P	G	S	V	B	Y	A	J	L
M	Z	P	N	T	F	R	S	T	Z	E	C	D	I	S	P	D	E	W
W	X	X	V	J	C	B	H	S	X	J	S	H	A	M	R	O	C	K
U	M	T	J	E	J	G	C	D	K	N	A	H	A	A	U	R	G	N
G	X	N	W	I	R	E	L	A	N	D	L	C	Q	S	W	L	H	J
N	L	J	W	Y	A	R	T	I	S	A	N	S	E	S	Z	U	U	N
A	G	E	I	N	S	P	I	R	A	T	I	O	N	S	E	C	Z	K
Y	H	A	P	P	Y	H	O	U	R	L	N	E	S	R	C	K	J	G
S	Y	C	Q	R	G	M	F	F	E	N	E	Q	D	M	P	Y	U	O
I	C	B	R	C	E	M	O	L	S	T	R	R	D	U	X	W	G	Z
B	Z	E	F	W	C	C	Z	A	N	P	W	O	W	S	F	D	O	K
M	K	X	M	A	R	C	H	E	X	P	U	E	D	A	J	G	L	T
Y	W	W	R	R	J	F	V	A	U	K	A	C	M	I	Y	G	D	Q
N	X	T	T	P	E	E	K	U	U	C	G	B	S	N	M	O	P	G
G	J	X	H	C	S	G	R	E	E	N	Y	K	U	T	W	S	I	X
I	F	Y	W	O	S	U	Y	F	M	L	P	S	T	O	R	I	E	S

ARTISANS  
CLOVER  
CRAFTS  
GOLD

GREEN  
HAPPY HOUR  
INSPIRATIONS  
IRELAND

IRISH  
LEPRECHAUN  
LUCKY  
MARCH

SAINT  
SEVENTEEN  
SHAMROCK  
STORIES