



ST. ELIZABETH  
HEALTHCARE CAMPUS

*A Trilogy Senior Living Community*

# Elizabethian

March 2019



## Planning Your St. Paddy's Day

As the cold weather retreats in preparation for spring, the month of March makes itself known with the blooming of flowers and the budding of leaves. You might even come across a four-leaf clover - reminding you that Saint Patrick's Day is just around the corner. If you're already green with excitement and looking for ways to get involved in the Irish holiday, here are some Life Enrichment programs we offer that are sure to get you in the spirit.

### **Get Inspired with Inspirations!**

When it first began in the 17th century, Saint Patrick's Day was a time for Irish-Christian families to celebrate the arrival of Christianity in Ireland. Today, the holiday has

branched out all across the globe; encouraging everyone to partake in a day of embracing Irish culture. If you're someone who is interested in the spiritual side of Saint Patrick's Day, you'll love our *Inspirations* programs. Offered on a weekly basis, we encourage our community to attend worship services, Bible studies, meditations, tranquility programs, sing hymns, share life stories, and more. Much like Saint Patrick's Day, regardless of your religious background, there's something here for everyone to enjoy.

### **Celebrate with a Happy Hour!**

If you've ever been to a Saint Paddy's Day parade, you know that people come for the party as much as they do

the floats. At our campus, you can celebrate the holiday in style during our *Happy Hour!* Every Friday afternoon between 3:00 and 5:00 p.m., you can sip on your favorite beverage, enjoy snacks, and mingle with friends. It's the perfect way to celebrate Saint Patrick's Day, and an even better way to end a week.

### **Get crafting!**

Create pieces of art to match the beauty of Ireland with our *Artisans* program! We'll provide all the supplies you'll need to craft anything from popsicle stick leprechaun magnets to crepe paper shamrocks. The only thing you'll need to bring is a creative mind!

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# Happy Birthday!

## Residents

Carolyn F. 3/01

## Staff

Shannon S. 3/10

Lileigh B. 3/13

Debra B. 3/14

Deb B. 3/17

Bonny M. 3/18

Whitley E. 3/22

Erinn C. 3/24

Jakob B. 3/26

Abbee F. 3/30

Baylee S. 3/31

## Sunday Brunch

Our next Sunday Brunch will be held on Sunday, March 17. Come enjoy time with your loved one while enjoying delicious food prepared by our wonderful dietary department.

## Out and About

Residents were happy to get out and about in January when the weather allowed. Residents enjoyed going on our scenic and afternoon drives. Everyone enjoyed going to the Stone House for lunch, shopping at Walmart, our church lunches and bingo and a fun trip to White Oaks.

## Customer Satisfaction Surveys

Customer Satisfaction Surveys will be coming soon! We look forward to hearing from you! If you would, please take a little time out of your day and let us know how we are doing. A 10 is considered an A, a 9 is considered a B, and so on. If you think we are meeting your expectations, please give us a 10! Thank you!



## Executive Director Corner

Greetings from St. Elizabeth Healthcare Center! March

promises to be another month full of exciting opportunities for our residents, and we can't wait for them to see what we have in store. In honor of St. Patrick's Day, I'd like to personally invite you to any of our Friday Happy Hours, or to simply unwind by participating with your loved one in any of our other Life Enrichment programs. Here at St. E., we do our best to make sure that no two days are ever quite the same, and each one is more special than the last.

Of course, none of this would be possible without our dedicated team. Our staff is second to none, and we want to make sure that we give them the recognition they

deserve. Kicking off this month is Employee Appreciation Day, and we couldn't have more to be thankful for.

This past winter, our team went the extra mile to make our facility a home fit for the holidays. Whether it was one of our chefs preparing a warm, home-cooked meal, or a CNA helping a resident put the star on top of their Christmas tree, every member of our staff spent the giving season by giving their best effort. But this doesn't stop just because the weather gets warmer – their attention to deal and compassionate spirit is something you can count on year round.

I hope March is as wonderful to you as our team has been to us!

Yours in Service,

*Shelly Dyrek*  
Executive Director

## January Highlights

Residents enjoyed the fun activities that were scheduled throughout the month of January. Some of the highlights were our exercise program, out different types of bingo, art class, zoo visit, cooking classes, games and trivia, manicures, Lockport Church, our mindful moment's program, Taste of the Town, staff and Resident led programs. We enjoyed our first Brain Fit program and the men enjoyed a men's lunch with pizza! Residents enjoyed entertainment this month as well, Happy Hour with Chad C., Sam P. and Ashley M. as well as piano with Shirley and James and the Cutler Band.

## Volunteer News

At St. Elizabeth Healthcare Center, we have several volunteer opportunities. If you love to have fun and would be interested in providing meaningful activities to our Residents please feel free to stop by our campus and speak with Amber Lantz or you can contact her by email at [Amber.Lantz@stelizabethhc.com](mailto:Amber.Lantz@stelizabethhc.com) or by phone at 765-564-6380. Currently we are looking for volunteers to help on our outings. We look forward to working with you!



# January Photo Highlights



*We love BINGO!*



*Brain Fit Week 1 Education*



*Brain Fit Week 2 Nutrition*



*Brain Fit Week 3 Sleep*



*Brain Fit Week 4 Exercise*



*Chef Circle with Franklin*



*Cooking Class*



*Dominoes and  
UNO Fun*



*Game Time*



*A little magic show  
during Happy Hour*



*Enjoying lunch at  
the Stone House*



*Men's Lunch*



*Noodle Fun after Exercise Class*



*Pollie enjoying our  
Taste of the Town*



*Elsie enjoying the  
Mindful Moments  
program*



*Parachute Fun after Exercise Class*



*Crafty Fun*



*Alice and Judy  
shopping at Walmart*



*Marlene had  
fun shopping*



*Shopping at Walmart*



*Columbian Park Zoo Visit*

## LifeShare

If you or your loved one would like to know more about LifeShare, please contact our Life Enrichment Department today. LifeShare offers many things, such as, viewing the daily dining menu, activity schedule, weather and notifications. You can also stay in touch with your loved one through email and send pictures that will be put into a slideshow. There is also a variety of games that you can play, such as, chess, Sudoku, math monsters and much more. You can also listen to music and faith programs; keep up with the news, just to name a few.

## Senior Executive Club

March is a month full of excitement and life. Whether it's the March Madness of college basketball, the thought of St. Patrick's Day or the beginnings of spring; March promises lots of fun and excitement. Speaking of fun and excitement, we here at St. Elizabeth Healthcare Center are bringing the fun this month as well. As always, we are holding our Senior Executive Club on Wednesday, March 20 at 1:30pm in our Harvest Café. This event is for seniors 55 years young and up and who are looking for an afternoon of food, fun and education. Stay tuned for more information on this fun springtime event. If you have any questions please feel free to contact me and be sure to make your reservation by March 15.

Thank you,

*Amber Beatty*

Customer Service Representative





## ST. ELIZABETH

HEALTHCARE CAMPUS

*A Trilogy Senior Living Community*

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**Delphi, IN 46923**

**765-564-6380**

**stelizabethhc.com |  **

*Shelly Dyrek*

*Executive Director*

*Cheryl Wise*

*Director of Health Services*

*Katelyn Allen*

*Assistant Director of Health Services*

*Amber Beatty*

*Customer Services Rep.*

*Tammy Krpan*

*Business Office Manager*

*Amber Lantz*

*Life Enrichment Director*

*Dr. Li, MD*

*Medical Director*

*Kelly Best*

*Director of Social Services*

*Cindy Fisher, RN, BSN*

*MDS Coordinator*

### Stay in the Loop

Keep up with latest campus news  
and happenings by following  
us on your favorite social networks!

*We strive to provide the best customer  
service and quality care for our residents.*

*Our Department Leaders are here  
to solve any concerns you may have.*

*In the event that you need further  
assistance with any unresolved concerns,  
we encourage you to call or email  
our Compliance Hotline: 800-908-8618,  
ext. 2800; or [comply@trilogyhs.com](mailto:comply@trilogyhs.com)*

*Newsletter Production by PorterOneDesign.com*

# 'St. Paddy's Day'

*...continued from cover*

These are just a few ways you can  
get ready for Saint Patrick's Day,  
but the options are limitless.

Dress up as a leprechaun and  
join your friends for a party.

Play a themed version of bingo  
or have your grandkids search  
for gold with a scavenger hunt.

If you have a special way you  
would like to celebrate the  
holiday, let us know, and we'll  
do our best to make it happen.  
When you chose to live with us,  
you chose a lifestyle of fun and  
fulfillment - and we couldn't  
be luckier to have you!



## Word Search

P	Q	L	L	W	N	K	M	C	C	L	O	V	E	R	X	A	Y	O
Q	F	G	S	N	F	U	I	R	R	F	O	A	P	Y	J	H	B	W
E	Z	X	Z	H	O	E	R	A	V	Q	Z	F	Y	A	W	C	D	W
S	S	A	R	C	Z	T	I	F	J	P	G	S	V	B	Y	A	J	L
M	Z	P	N	T	F	R	S	T	Z	E	C	D	I	S	P	D	E	W
W	X	X	V	J	C	B	H	S	X	J	S	H	A	M	R	O	C	K
U	M	T	J	E	J	G	C	D	K	N	A	H	A	A	U	R	G	N
G	X	N	W	I	R	E	L	A	N	D	L	C	Q	S	W	L	H	J
N	L	J	W	Y	A	R	T	I	S	A	N	S	E	S	Z	U	U	N
A	G	E	I	N	S	P	I	R	A	T	I	O	N	S	E	C	Z	K
Y	H	A	P	P	Y	H	O	U	R	L	N	E	S	R	C	K	J	G
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I	F	Y	W	O	S	U	Y	F	M	L	P	S	T	O	R	I	E	S

ARTISANS  
CLOVER  
CRAFTS  
GOLD

GREEN  
HAPPY HOUR  
INSPIRATIONS  
IRELAND

IRISH  
LEPRECHAUN  
LUCKY  
MARCH

SAINT  
SEVENTEEN  
SHAMROCK  
STORIES