



SENIOR LIVING AT
FOREST RIDGE

A Trilogy Senior Living Community

Leaflet

March 2019



Planning Your St. Paddy's Day

As the cold weather retreats in preparation for spring, the month of March makes itself known with the blooming of flowers and the budding of leaves. You might even come across a four-leaf clover - reminding you that Saint Patrick's Day is just around the corner. If you're already green with excitement and looking for ways to get involved in the Irish holiday, here are some Life Enrichment programs we offer that are sure to get you in the spirit.

Get Inspired with Inspirations!

When it first began in the 17th century, Saint Patrick's Day was a time for Irish-Christian families to celebrate the arrival of Christianity in Ireland. Today, the holiday has

branched out all across the globe; encouraging everyone to partake in a day of embracing Irish culture. If you're someone who is interested in the spiritual side of Saint Patrick's Day, you'll love our *Inspirations* programs. Offered on a weekly basis, we encourage our community to attend worship services, Bible studies, meditations, tranquility programs, sing hymns, share life stories, and more. Much like Saint Patrick's Day, regardless of your religious background, there's something here for everyone to enjoy.

Celebrate with a Happy Hour!

If you've ever been to a Saint Paddy's Day parade, you know that people come for the party as much as they do

the floats. At our campus, you can celebrate the holiday in style during our *Happy Hour!* Every Friday afternoon between 3:00 and 5:00 p.m., you can sip on your favorite beverage, enjoy snacks, and mingle with friends. It's the perfect way to celebrate Saint Patrick's Day, and an even better way to end a week.

Get crafting!

Create pieces of art to match the beauty of Ireland with our *Artisans* program! We'll provide all the supplies you'll need to craft anything from popsicle stick leprechaun magnets to crepe paper shamrocks. The only thing you'll need to bring is a creative mind!

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Happy Birthday!

Residents

Nancy B.	3/2
Helen W.	3/3
Rosemary N.	3/8

Welcome New Resident

Peggy H.

Welcome to Senior Living at Forest Ridge! The staff and Residents would like to extend our warmest welcome - And thank you for choosing us!



Executive Director Corner

Greetings from Senior Living at Forest Ridge! March

promises to be another month full of exciting opportunities for our residents, and we cannot wait for them to see what we have in store. In honor of St. Patrick's Day, I would like to invite you to come to any of our Friday Social Hours, or to come and simply unwind by participating with your loved one in any of our other wonderful programs. Here at Senior Living at Forest Ridge, we do our best to make sure that no two days are ever quite the same, and each one is more special than the last.

Of course, none of this would be possible without our dedicated team. Our staff is the best, and we want to make sure that we give them the recognition they deserve.

Kicking off this month is Employee Appreciation Day, and we could not have more to be thankful for our fabulous employees.

This past winter, our team went the extra mile to make our community a home, fit for the holidays. Whether it was one of our chefs preparing a warm, home-cooked meal, or an RCA helping a resident put the star on top of their Christmas tree, every member of our staff spent the giving season by giving their best effort. This does not stop just because the weather gets warmer – their attention to detail and their compassionate spirit is something you can count on year round.

I hope March is as wonderful to you as our team has been to us!

Yours in Service,

Laura Lisa Stamper
Executive Director

Out and About

Our residents took time off from the cold weather to eat at the Ming's Garden Chinese Restaurant and the Café Royal in New Castle. As the month progressed, our residents ventured to the Top Hat Pizza Parlor and Mancino's Restaurant for lunch. Everyone's food was delicious and we hope to travel further out, as the weather gets progressively warmer.



Residents are enjoying their afternoon at New Castle's Mancino's Restaurant



Having lunch at Top Hat's Pizza Parlor

We Are Having a Heat Wave!

To warm up the winter season, Senior Living hosted a theme lunch entitled, "We Are Having a Heat Wave." The atmosphere of the dining room was set with Polynesian styled decorations and during the lunch, residents were giving leis, sunglasses, and Pina Coladas to drink. To heighten the resident's experience, our management team Hula Danced to Hawaiian Music. We had a fun and lively experience in January and we hope to continue the tradition.



Jim S. is enjoying a Pina Colada

More from We Are Having a Heat Wave!



Monte G. is looking cool in his shades



Enjoying the "Heat Wave" themed dinner is Jeanine M. and Dick S.



Directors Hula Danced for the themed lunch.



Allen K. and his friend Tom, are experiencing the "Heat Wave" themed lunch.

Living Arts

Over the winter season, residents have been exploring the artesian world. We started by making fleece blankets which are very warm and useful, during this time of year. In addition, we created winter scenes in mason jars and painted snowmen on canvas. Currently, the residents have started to make Valentine wreaths and displays, for the season of love.



Jean C. is creating her Winter scene.



Connie C. created a beautiful Winter scene in a Mason Jar.

Did You Know...?

You can read the monthly newsletter online rather than receiving it in the mail? Please follow the campus link www.seniorlivingatforestridge.com and let Norma know if you would like to discontinue the newsletter by mail.

Social Hour is weekly at 4:00pm. Come enjoy live entertainment, drinks, and appetizers!

Join us on the 4th Sunday of every month for our Family Brunch at 11:00am-1pm. Please call our business office at 765-521-4740 and let us know that you will be joining us!



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A Trilogy Senior Living Community

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New Castle, IN 47362

765-521-4740

seniorlivingatforestridge.com



LauraLisa Stamper
Executive Director

Debbie Godfrey
Business Office Manager

Norma Kriner
Resident Activity Director

Stacey Bonwell
Director of Food Services

Vickie Taylor
Director of Environmental Services

Herbert Taylor
Director of Plant Operations

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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'St. Paddy's Day'

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These are just a few ways you can
get ready for Saint Patrick's Day,
but the options are limitless.

Dress up as a leprechaun and
join your friends for a party.

Play a themed version of bingo
or have your grandkids search
for gold with a scavenger hunt.

If you have a special way you
would like to celebrate the
holiday, let us know, and we'll
do our best to make it happen.
When you chose to live with us,
you chose a lifestyle of fun and
fulfillment - and we couldn't
be luckier to have you!



Word Search

P	Q	L	L	W	N	K	M	C	C	L	O	V	E	R	X	A	Y	O
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ARTISANS
CLOVER
CRAFTS
GOLD

GREEN
HAPPY HOUR
INSPIRATIONS
IRELAND

IRISH
LEPRECHAUN
LUCKY
MARCH

SAINT
SEVENTEEN
SHAMROCK
STORIES