

Senior Living at Forest Ridge
Life Enrichment Calendar

March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div>A</div> - Artisans</div> <div><div>CC</div> - Community Connections</div> <div><div>CC</div> - Creative Cooking</div> <div><div>GF</div> - Gathering of Friends</div> <div><div>GF</div> - Gathering of Friends</div> <div><div>I</div> - Inspirations</div> <div><div>K</div> - Keeping it Sharp/Reminisce</div> <div><div>L</div> - Lifelong Learning</div> <div><div>M</div> - Music to My Ears</div> <div><div>O</div> - Out & About</div> <div><div>S</div> - Signature Events</div>	DEPARTMENT LEADERS: LauraLisa Stamper, ED Debbie Godfrey, BOM Norma Kriner, LED Stacey Bonwell, DFS Vickie Taylor, DES Charles Riley, DPO	RESIDENT BIRTHDAYS: Nancy B! 3/2 Rosemary N! 3/8 EMPLOYEE BIRTHDAYS:	Don't forget Free Ice Cream Cone Day at Dairy Queen on Wednesday, March 20.		<div>1</div> <div><div>O</div> 9:30 Outing: Wal-Mart Trip</div> <div><div>S</div> 1:00 Campus Chat (2)</div> <div><div>K</div> 2:30 Zumba Excercise for Residents & Employees (2)</div> <div><div>K</div> 3:00 This and That Game with September (2)</div> <div><div>M</div> 4:00 Social Hour with Larry</div>	<div>2</div> <div><div>I</div> 10:00 Gospel Videos (2)</div> <div><div>K</div> 1:00 Phase 10 Card Game (2)</div> <div><div>K</div> 2:00 Hearts Card Game (2)</div> <div><div>K</div> 3:30 Spinner Domino Game (2)</div>
<div>3</div> <div><div>K</div> 1:00 Euchre Card Game (2)</div> <div><div>K</div> 1:00 Resident's Choice Card Game (2)</div> <div><div>M</div> 3:00 Sunday Devotions with Good News Ministry from Muncie (2)</div> <div><div>K</div> 3:30 Skip Bo Card Game (2)</div>	<div>4</div> <div><div>V</div> 10:30 Morning Stretch (2)</div> <div><div>I</div> 11:00 Reflections (2)</div> <div><div>K</div> 1:00 Penny Pokeno (2)</div> <div><div>S</div> 2:00 Inspired Living Committee (Activity Circle) (2)</div> <div><div>V</div> 2:30 Zumba Gold for Residents and Employees (2)</div> <div><div>K</div> 3:30 Bell Choir (2)</div>	<div>5</div> <div>Mardi Gras</div> <div><div>V</div> 10:30 Morning Stretch (2)</div> <div><div>I</div> 11:00 Reflections (2)</div> <div><div>K</div> 1:00 313 Card Game (2)</div> <div><div>L</div> 3:30 Discover What Your Name Means Day (3)</div> <div><div>A</div> 6:00 Knitting Club (3)</div>	<div>6</div> <div><div>O</div> 9:00 Outing: Euchre Senior Center</div> <div><div>V</div> 10:30 Morning Stretch (2)</div> <div><div>I</div> 11:00 Reflections (2)</div> <div><div>S</div> 1:00 Triathlon Winter Games: Spelling Bee (2)</div> <div><div>CC</div> 1:00 Cooking Demostration (DR)</div>	<div>7</div> <div><div>V</div> 10:30 Morning Stretch (2)</div> <div><div>I</div> 11:00 Reflections (2)</div> <div><div>O</div> 11:30 Outing: Olive Garden/Muncie</div> <div><div>K</div> 1:00 Hand and Foot Card Game (2)</div> <div><div>S</div> 3:00 Triathlon Winter Games: Walking Laps (2)</div>	<div>8</div> <div><div>O</div> 9:30 Outing: Wal-Mart Trip</div> <div><div>S</div> 12:00 Triathlon Winter Ceremony (DR)</div> <div><div>CC</div> 1:00 Chef's Circle (DR)</div> <div><div>K</div> 2:30 Zumba Excercise for Residents & Employees (2)</div> <div><div>K</div> 3:00 This and That Game with</div>	<div>9</div> <div><div>I</div> 10:00 Gospel Videos (2)</div> <div><div>M</div> 11:00 "N" 1 Accord Gospei Group</div> <div><div>K</div> 1:00 Phase 10 Card Game (2)</div> <div><div>K</div> 2:00 Hearts Card Game (2)</div> <div><div>K</div> 3:30 Spinner Domino Game (2)</div>
<div>10</div> <div>Daylight Savings Begins</div> <div><div>K</div> 1:00 Euchre Card Game (2)</div> <div><div>K</div> 1:00 Resident's Choice Card Game (2)</div> <div><div>M</div> 3:00 Sunday Devotions with Ralph Franklin & Associates (2)</div> <div><div>K</div> 3:30 Skip Bo Card Game (2)</div>	<div>11</div> <div><div>V</div> 10:30 Morning Stretch (2)</div> <div><div>I</div> 11:00 Reflections (2)</div> <div><div>K</div> 1:00 Penny Pokeno (2)</div> <div><div>V</div> 2:30 Zumba Gold for Residents and Employees (2)</div> <div><div>K</div> 3:30 Bell Choir (2)</div>	<div>12</div> <div><div>CC</div> 10:00 Social Society (DR)</div> <div><div>V</div> 10:30 Morning Stretch (2)</div> <div><div>I</div> 11:00 Reflections (2)</div> <div><div>K</div> 1:00 313 Card Game (2)</div> <div><div>L</div> 3:00 Allen's Science Chat</div> <div><div>GF</div> 4:00 Easter Wreaths (3)</div> <div><div>A</div> 6:00 Evening Bingo (2)</div> <div><div>A</div> 6:00 Knitting Club (3)</div>	<div>13</div> <div><div>O</div> 9:00 Outing: Euchre Senior Center</div> <div><div>V</div> 10:30 Morning Stretch (2)</div> <div><div>I</div> 11:00 Reflections (2)</div> <div><div>K</div> 1:00 Reminiscing with Sheila on St. Patrick's Day (2)</div> <div><div>V</div> 2:00 Zumba Excercise for Residents & Employees</div>	<div>14</div> <div><div>V</div> 10:30 Morning Stretch (2)</div> <div><div>I</div> 11:00 Reflections (2)</div> <div><div>O</div> 11:30 Outing: Cholcolate Moose Restaurant/Farmland</div> <div><div>K</div> 1:00 Hand and Foot Card Game (2)</div> <div><div>A</div> 3:00 Easter Painting (3)</div>	<div>15</div> <div><div>O</div> 9:30 Outing: Wal-Mart Trip</div> <div><div>M</div> 1:00 St. Patrick's Day Bash Featuring Cornfield Cloggers (DR)</div> <div><div>K</div> 2:30 Zumba Excercise for Residents & Employees (2)</div> <div><div>K</div> 3:00 This and That Game with</div>	<div>16</div> <div><div>I</div> 10:00 Gospel Videos (2)</div> <div><div>K</div> 1:00 Phase 10 Card Game (2)</div> <div><div>K</div> 2:00 Hearts Card Game (2)</div> <div><div>K</div> 3:30 Spinner Domino Game (2)</div>
<div>17</div> <div>St. Patrick's Day</div> <div><div>K</div> 1:00 Euchre Card Game (2)</div> <div><div>K</div> 1:00 Resident's Choice Card Game (2)</div> <div><div>M</div> 3:00 Sunday Devotions with Pastor Phil Brown & Associates (2)</div> <div><div>K</div> 3:30 Skip Bo Card Game (2)</div>	<div>18</div> <div><div>V</div> 10:30 Morning Stretch (2)</div> <div><div>I</div> 11:00 Reflections (2)</div> <div><div>K</div> 1:00 Penny Pokeno (2)</div> <div><div>V</div> 2:30 Zumba Gold for Residents and Employees (2)</div> <div><div>K</div> 3:30 Bell Choir (2)</div>	<div>19</div> <div><div>V</div> 10:30 Morning Stretch (2)</div> <div><div>I</div> 11:00 Reflections (2)</div> <div><div>K</div> 1:00 313 Card Game (2)</div> <div><div>A</div> 4:00 Easter Wreaths (3)</div> <div><div>A</div> 6:00 Knitting Club (3)</div>	<div>20</div> <div>Spring Begins</div> <div><div>O</div> 9:00 Outing: Euchre Senior Center</div> <div><div>V</div> 10:30 Morning Stretch (2)</div> <div><div>I</div> 11:00 Reflections (2)</div> <div><div>L</div> 1:00 Poetry Writing Week (2)</div> <div><div>O</div> 1:30 Outing: Free Ice Cream Cone Day/Dairy Queen</div> <div><div>V</div> 2:00 Zumba Excercise (2)</div>	<div>21</div> <div><div>V</div> 10:30 Morning Stretch (2)</div> <div><div>I</div> 11:00 Reflections (2)</div> <div><div>O</div> 11:30 Outing: Ms. Wick's Pie Restaurant/Winchester</div> <div><div>K</div> 1:00 Hand and Foot Card Game (2)</div> <div><div>A</div> 3:00 International Coloring Day (3)</div>	<div>22</div> <div><div>O</div> 9:30 Outing: Wal-Mart Trip</div> <div><div>O</div> 11:30 Outing: New Castle Bank Trip</div> <div><div>L</div> 1:00 Creative Poetry Contest (2)</div> <div><div>K</div> 2:30 Zumba Excercise for Residents & Employees (2)</div>	<div>23</div> <div><div>I</div> 10:00 Gospel Videos (2)</div> <div><div>K</div> 1:00 Phase 10 Card Game (2)</div> <div><div>K</div> 2:00 Hearts Card Game (2)</div> <div><div>K</div> 3:30 Spinner Domino Game (2)</div>
<div>24</div> <div><div>S</div> 11:00 Family Brunch (DR) 11AM - 1PM</div> <div><div>K</div> 1:00 Euchre Card Game (2)</div> <div><div>K</div> 1:00 Resident's Choice Card Game (2)</div> <div><div>M</div> 3:00 Sunday Devotions with Danny Shelton & Associates (2)</div>	<div>25</div> <div><div>V</div> 10:30 Morning Stretch (2)</div> <div><div>I</div> 11:00 Reflections (2)</div> <div><div>K</div> 1:00 Penny Pokeno (2)</div> <div><div>V</div> 2:30 Zumba Gold for Residents and Employees (2)</div> <div><div>K</div> 3:30 Bell Choir (2)</div>	<div>26</div> <div><div>V</div> 10:30 Morning Stretch (2)</div> <div><div>I</div> 11:00 Reflections (2)</div> <div><div>K</div> 1:00 313 Card Game (2)</div> <div><div>L</div> 3:00 Allen's Science Chat (3)</div> <div><div>A</div> 4:00 Easter Centerpiece (3)</div> <div><div>A</div> 6:00 Knitting Club (3)</div>	<div>27</div> <div><div>O</div> 9:00 Outing: Euchre Senior Center</div> <div><div>V</div> 10:30 Morning Stretch (2)</div> <div><div>I</div> 11:00 Reflections (2)</div> <div><div>K</div> 1:00 Reminiscing with Sheila on Spring Memories (2)</div> <div><div>V</div> 2:00 Zumba Excercise for Residents & Employees</div>	<div>28</div> <div><div>V</div> 10:30 Morning Stretch (2)</div> <div><div>I</div> 11:00 Reflections (2)</div> <div><div>K</div> 1:00 Hand and Foot Card Game (2)</div> <div><div>A</div> 3:00 Easter Painting (3)</div> <div><div>O</div> 4:00 Outing: Hoosier Park's Casino/Anderson</div>	<div>29</div> <div><div>O</div> 9:30 Outing: Wal-Mart Trip</div> <div><div>K</div> 2:30 Zumba Excercise for Residents & Employees (2)</div> <div><div>K</div> 3:00 This and That Game with September (2)</div> <div><div>M</div> 4:00 Happy Hour with Andrea Hughes (2)</div>	<div>30</div> <div><div>I</div> 10:00 Gospel Videos (2)</div> <div><div>K</div> 1:00 Phase 10 Card Game (2)</div> <div><div>K</div> 2:00 Hearts Card Game (2)</div> <div><div>K</div> 3:30 Spinner Domino Game (2)</div>
<div>31</div> <div><div>K</div> 1:00 Euchre Card Game (2)</div> <div><div>K</div> 1:00 Resident's Choice Card Game (2)</div> <div><div>I</div> 3:00 Sunday Devotions with Pastor Jean Crider (2)</div> <div><div>K</div> 3:30 Skip Bo Card Game (2)</div>		"What does your last name mean?" Come and discovery your heritage on Tuesday, March 5. The activity will be located on the 3rd floor at 3:30PM. We hope to see you there!	March's Triathlon Winter Games will be held on Wednesday, Mar. 6 and Thursday, Mar. 7. We encourage everyone to join in the fun and compete! The Triathlon's Winners Ceremony will be held on Friday, Mar. 8 at 12PM.	March is Poetry Month and we would like you to explore your writer's side. On Wednesday, March 20, we offer a poetry class and on Friday, March 22, we will have our Creative Poetry contest!		Volunteers wanted! Seeking family members who are enthusiastic about enriching residents lives. If interested, please contact Norma Kriner or Sheila McCubbins. Thank you for your time!