



Planning Your St. Paddy's Day

As the cold weather retreats in preparation for spring, the month of March makes itself known with the blooming of flowers and the budding of leaves. You might even come across a four-leaf clover - reminding you that Saint Patrick's Day is just around the corner. If you're already green with excitement and looking for ways to get involved in the Irish holiday, here are some Life Enrichment programs we offer that are sure to get you in the spirit.

Get Inspired with Inspirations!

When it first began in the 17th century, Saint Patrick's Day was a time for Irish-Christian families to celebrate the arrival of Christianity in Ireland. Today, the holiday has

branched out all across the globe; encouraging everyone to partake in a day of embracing Irish culture. If you're someone who is interested in the spiritual side of Saint Patrick's Day, you'll love our *Inspirations* programs. Offered on a weekly basis, we encourage our community to attend worship services, Bible studies, meditations, tranquility programs, sing hymns, share life stories, and more. Much like Saint Patrick's Day, regardless of your religious background, there's something here for everyone to enjoy.

Celebrate with a Happy Hour!

If you've ever been to a Saint Paddy's Day parade, you know that people come for the party as much as they do

the floats. At our campus, you can celebrate the holiday in style during our *Happy Hour!* Every Friday afternoon between 3:00 and 5:00 p.m., you can sip on your favorite beverage, enjoy snacks, and mingle with friends. It's the perfect way to celebrate Saint Patrick's Day, and an even better way to end a week.

Get crafting!

Create pieces of art to match the beauty of Ireland with our *Artisans* program! We'll provide all the supplies you'll need to craft anything from popsicle stick leprechaun magnets to crepe paper shamrocks. The only thing you'll need to bring is a creative mind!

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Happy Birthday!

Residents

| | |
|----------|------------|
| March 4 | Janet H. |
| March 4 | Aileen T. |
| March 23 | Marcena F. |

Staff

| | |
|----------|------------|
| March 4 | Jessica P. |
| March 7 | Gwen R. |
| March 8 | Betty S. |
| March 14 | Anita M. |
| March 15 | Iva M. |
| March 22 | Ashlee O. |
| March 23 | Paige W. |
| March 24 | Kim D. |
| March 26 | Rylee B. |
| March 26 | Allison T. |
| March 28 | Dawn C. |
| March 28 | Alex P. |
| March 31 | Cory T. |



Executive Director Corner

Greetings
from
Ridgewood
Health
Campus!

March promises to be another month full of exciting opportunities for our residents, and we can't wait for them to see what we have in store. In honor of St. Patrick's Day, I'd like to personally invite you to any of our Friday Happy Hours, or to simply unwind by participating with your loved one in any of our other Life Enrichment programs. Here at Ridgewood Health Campus, we do our best to make sure that no two days are ever quite the same, and each one is more special than the last.

Of course, none of this would be possible without our dedicated team. Our staff is second to none, and we want to make sure that we give

them the recognition they deserve. Kicking off this month is Employee Appreciation Day, and we couldn't have more to be thankful for.

This past winter, our team went the extra mile to make our facility a home fit for the holidays. Whether it was one of our chefs preparing a warm, home-cooked meal, or a CNA helping a resident put the star on top of their Christmas tree, every member of our staff spent the giving season by giving their best effort. But this doesn't stop just because the weather gets warmer – their attention to detail and compassionate spirit is something you can count on year round.

I hope March is as wonderful to you as our team has been to us!

Yours in Service,

Gwen Reverman
Executive Director

Walking Club

Assisted Living started a new Walking Club in February. We can't wait for the warmer weather and sunshine to get outside and walk!



Sunday Brunch

March 17 from 11:00-1:00

Customer Satisfaction Survey

When you receive your CSS survey in the mail, please take a few minutes to fill it out. You can either mail it in or drop it off at our campus. Your feedback is invaluable to us! Thank you!

A Note From Chef Abby

Spring begins in March and I'm looking forward to seeing the sunshine and the flowers blooming. This month we are moving brunch to March 17th to celebrate St. Patrick's Day as well as having all of the family come in to join in some Customer Satisfaction Survey Fun! We are looking forward to seeing lots of 10's for our CSS at the end of the rainbow this season. Come enjoy some of Chef Abby's Fried Chicken and enjoy an Irish Theme Brunch Menu that the Dietary Staff has planned for you. On the Fifteenth of March we will be enjoying McDonald's for the Taste of Town. A Trilogy tradition that has been going on for years now is where all the Food Directors

in our Division get together and compete against one another for the Culinary Olympics Title. The logic is to prepare food courses and serve to judges to score on the most creativity, best taste, resident's choice, and overall great presentation. This year that event will be hosted in Madison on March 28th. The winner will then get to advance to the Finals and prepare a Chopped Style Meal with each of the other Division Winners in April. I will be hosting a trial run and tasting for all of you to judge my presentation on March 15th during Happy Hour! If you have any questions or concerns please reach out to myself, or the Dietary Staff and we will be glad to help!

National Wear Red Day

We recently celebrated National Wear Red Day to support The *Go Red for Women* campaign.



Smile of the Month



Karen H. truly has a heart as big as the one she is holding!

Legacy Spotlight



Dee L. works on a festive holiday bracelet.



John H. and Jim F. enjoyed afternoon entertainment.



Joyce H. enjoys popcorn and a movie.

Artisans

Carol F. recently made a homemade Sun Catcher in Artisans.



Did You Know...?

Certified Massage Therapist
Appointments available each Monday. Available to residents and their family members. Contact Ashlee Owens for more details.

Taste of Town - Featuring McDonalds on March 15

Happy Hour is weekly on Friday at 3:00 p.m.

Live A Dream - We would love to grant a Live A Dream to you! See Life Enrichment Department for details.

Activity Room - There are many games and puzzles available in the activity room to use at your pleasure day or night.

Family Forum - The last Wednesday of each month at 6:00 p.m. Contact our Legacy Director, Kellee Couch for more details.



RIDGEWOOD

HEALTH CAMPUS

A Trilogy Senior Living Community

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Lawrenceburg, IN 47025
812-537-5700
ridgewoodhs.com |  

Gwen Reverman
Executive Director

Bonnie Burnham
Director of Health Services

Rhonda McCrory
Assistant Director of Health Services

Tonda Denton
Customer Service Representative

Ashlee Owens
Business Office Manager

Lori Schwipps
Life Enrichment Director

Kellee Couch
Legacy Neighborhood Director

Amie Lowe
Social Services Director

Abby Siebert
Director of Food Services

Adam Clark
Director of Plant Operations

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

Newsletter Production by PorterOneDesign.com

'St. Paddy's Day'

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These are just a few ways you can
get ready for Saint Patrick's Day,
but the options are limitless.

Dress up as a leprechaun and
join your friends for a party.

Play a themed version of bingo
or have your grandkids search
for gold with a scavenger hunt.

If you have a special way you
would like to celebrate the
holiday, let us know, and we'll
do our best to make it happen.

When you chose to live with us,
you chose a lifestyle of fun and
fulfillment - and we couldn't
be luckier to have you!



Word Search

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ARTISANS
CLOVER
CRAFTS
GOLD

GREEN
HAPPY HOUR
INSPIRATIONS
IRELAND

IRISH
LEPRECHAUN
LUCKY
MARCH

SAINT
SEVENTEEN
SHAMROCK
STORIES