



Planning Your St. Paddy's Day

As the cold weather retreats in preparation for spring, the month of March makes itself known with the blooming of flowers and the budding of leaves. You might even come across a four-leaf clover - reminding you that Saint Patrick's Day is just around the corner. If you're already green with excitement and looking for ways to get involved in the Irish holiday, here are some Life Enrichment programs we offer that are sure to get you in the spirit.

Get Inspired with Inspirations!

When it first began in the 17th century, Saint Patrick's Day was a time for Irish-Christian families to celebrate the arrival of Christianity in Ireland. Today, the holiday has

branched out all across the globe; encouraging everyone to partake in a day of embracing Irish culture. If you're someone who is interested in the spiritual side of Saint Patrick's Day, you'll love our *Inspirations* programs. Offered on a weekly basis, we encourage our community to attend worship services, Bible studies, meditations, tranquility programs, sing hymns, share life stories, and more. Much like Saint Patrick's Day, regardless of your religious background, there's something here for everyone to enjoy.

Celebrate with a Happy Hour!

If you've ever been to a Saint Paddy's Day parade, you know that people come for the party as much as they do

the floats. At our campus, you can celebrate the holiday in style during our *Happy Hour!* Every Friday afternoon between 3:00 and 5:00 p.m., you can sip on your favorite beverage, enjoy snacks, and mingle with friends. It's the perfect way to celebrate Saint Patrick's Day, and an even better way to end a week.

Get crafting!

Create pieces of art to match the beauty of Ireland with our *Artisans* program! We'll provide all the supplies you'll need to craft anything from popsicle stick leprechaun magnets to crepe paper shamrocks. The only thing you'll need to bring is a creative mind!

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Happy Birthday!

Residents

Frances H.	3/3
Phillip G.	3/8
Bridget G.	3/14
Norma L.	3/18
Maurice L.	3/19
Kathie R.	3/23
John N.	3/23
Linda S.	3/26
Virginia R.	3/29

Staff

AJ J.	3/11
Genevieve L	3/28

Out and About

Mar. 1 –Happy Hour
w/Dennis 3pm

Mar. 3 – Nail Salon – Outing 1pm

Mar. 7 – Cascarelli's: Pizza –
Outing 11:30am

Mar. 10 – Brunch : 11am-1pm

Mar. 12 – Golden Girl's –
Outing 11:30am

Mar. 14 – Family Night: Pi Day
Game Night – 6pm

Mar. 17 – St. Patrick's Day
Happy Hour 2:30pm

Mar. 19 – Shopping: Dollar
Tree – Outing 1pm

Mar. 21 – ROMEO Club: West
Point – Outing 11:30pm

Mar. 28 – Tim Horton's: Donuts
and Coffee – Outing 1pm

Executive Director Corner

Greetings! March promises to be another month full of exciting opportunities for our residents, and we can't wait for them to see what we have in store. I'd like to personally invite you to any of our Friday Happy Hours, or to simply unwind by participating with your loved one in any of our other Life Enrichment programs. We do our best to make sure that no two days are ever quite the same, and each one is more special than the last.

Of course, none of this would be possible without our dedicated team. Our staff is second to none, and we want to make sure that we give them the recognition they deserve. Kicking off this month is Employee Appreciation Day, and we couldn't have

more to be thankful for.

This past winter, our team went the extra mile to make our facility a home fit for the holidays. Whether it was one of our chefs preparing a warm, home-cooked meal, or a CNA helping a resident put the star on top of their Christmas tree, every member of our staff spent the giving season by giving their best effort. But this doesn't stop just because the weather gets warmer – their attention to detail and compassionate spirit is something you can count on year round.

I hope March is as wonderful to you as our team has been to us!

Yours in Service,

Brian Loos

Executive Director

Smiles of the Month

Our Annual Chili Cook-off was a great event again this year. The residents, staff and family members tasted a variety of chilis supplied by the contestants. The 1st place winner was Patty K., LEA and 2nd place winner was Brittany N., BOM. We look forward to the challenge again next year!





Legacy Lane Spotlight

The blanket-tying project lets many hands be involved and the teamwork gets the job done!

Living Arts

The Civic Artist Association of Jackson have placed an Art Display in our hallway for everyone to view. The artwork will be changed every two months and be here throughout the rest of the year. Be sure to take a stroll in the building to see their wonderful pieces of art.



Homemade Ice Cream



Family Night

Our family night will be a "Pi Day" celebration on Thursday, March 14 beginning at 6pm. It will include math challenges, games and Pies for tasting. Hope to see you there!

Sunday Brunch

Join us for Brunch on Sunday, March 10 from 11am – 1pm. Make your reservation today!

Happy Hour

Happy Hour is weekly at 3pm on Friday.



RIDGECREST

HEALTH CAMPUS

A Trilogy Senior Living Community

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ridgecresths.com |  

Brian Loos

Executive Director

Andrew Russell

Director of Health Services

Jamie Austin

Community Service Rep/Mkt.

Brittany Nacy

Business Office Manager

Lori Lowder

Life Enrichment Director

Stephen Hickman

Director of Food Services

Ashley Howland

Guest Relations

Justice Wozny

Therapy Program Director

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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'St. Paddy's Day'

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These are just a few ways you can
get ready for Saint Patrick's Day,
but the options are limitless.

Dress up as a leprechaun and
join your friends for a party.

Play a themed version of bingo
or have your grandkids search
for gold with a scavenger hunt.

If you have a special way you
would like to celebrate the
holiday, let us know, and we'll
do our best to make it happen.
When you chose to live with us,
you chose a lifestyle of fun and
fulfillment - and we couldn't
be luckier to have you!



Word Search

P	Q	L	L	W	N	K	M	C	C	L	O	V	E	R	X	A	Y	O
Q	F	G	S	N	F	U	I	R	R	F	O	A	P	Y	J	H	B	W
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ARTISANS
CLOVER
CRAFTS
GOLD

GREEN
HAPPY HOUR
INSPIRATIONS
IRELAND

IRISH
LEPRECHAUN
LUCKY
MARCH

SAINT
SEVENTEEN
SHAMROCK
STORIES