

A Trilogy Senior Living Community



March 2019



Planning Your St. Paddy's Day

As the cold weather retreats in preparation for spring, the month of March makes itself known with the blooming of flowers and the budding of leaves. You might even come across a four-leaf clover - reminding you that Saint Patrick's Day is just around the corner. If you're already green with excitement and looking for ways to get involved in the Irish holiday, here are some Life Enrichment programs we offer that are sure to get you in the spirit.

Get Inspired with Inspirations!

When it first began in the 17th century, Saint Patrick's Day was a time for Irish-Christian families to celebrate the arrival of Christianity in Ireland. Today, the holiday has branched out all across the globe; encouraging everyone to partake in a day of embracing Irish culture. If you're someone who is interested in the spiritual side of Saint Patrick's Day, you'll love our *Inspirations* programs. Offered on a weekly basis, we encourage our community to attend worship services, Bible studies, meditations, tranquility programs, sing hymns, share life stories, and more. Much like Saint Patrick's Day, regardless of your religious background, there's something here for everyone to enjoy.

Celebrate with a Happy Hour!

If you've ever been to a Saint Paddy's Day parade, you know that people come for the party as much as they do the floats. At our campus, you can celebrate the holiday in style during our *Happy Hour*! Every Friday afternoon between 3:00 and 5:00 p.m., you can sip on your favorite beverage, enjoy snacks, and mingle with friends. It's the perfect way to celebrate Saint Patrick's Day, and an even better way to end a week.

Get crafting!

Create pieces of art to match the beauty of Ireland with our *Artisans* program! We'll provide all the supplies you'll need to craft anything from popsicle stick leprechaun magnets to crepe paper shamrocks. The only thing you'll need to bring is a creative mind!

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Happy Birthday!

Residents

March 02	Karen L.
March 08	Virginia R.
March 14	Esther F.
March 16	Genevieve K.
March 18	Genevieve G.
March 21	Mary K.
March 24	Patricia Z.
March 31	James M.

Welcome Residents and Family Members

The Orchard Grove Health Campus Team would like to welcome all our new residents and their families to our campus and a place to call home. We are looking forward to serving your loved one in their daily needs and making new memories each day. We take pride in our services and hope we can meet each resident's needs. Please let us know how we are doing, so we can make a difference in our resident's lives!

Volunteer News

Orchard Grove Health Campus is looking for volunteers! We would love to have volunteers come and spend some quality time with our residents. We have many programs that volunteers can help with and these include Bingo, Cooking, Happy Hour, Tea Time, Ice Cream Social, Table Games and Crafts. We also have residents that would enjoy a 1:1 visit with a new friend. Please come and join us as a volunteer! Also, if you see a volunteer on campus, please thanks them for all they do! Contact our Life Enrichment Department on the many ways you can become volunteer. Dkujawa@orchardgrovehc.com



Greetings from Orchard Grove Health Campus! March

promises to be another month full of exciting opportunities for our residents, and we can't wait for them to see what we have in store. In honor of St. Patrick's Day, I'd like to personally invite you to any of our Friday Happy Hours, or to simply unwind by participating with your loved one in any of our other Life Enrichment programs. Here at Orchard Grove, we do our best to make sure that no two days are ever quite the same, and each one is more special than the last.

Of course, none of this would be possible without our dedicated team. Our staff is second to none, and we want to make sure that we give them the recognition they

Executive Director Corner

deserve. Kicking off this month rd is Employee Appreciation Day, ch and we couldn't have more to be thankful for.

> This past winter, our team went the extra mile to make our facility a home fit for the holidays. Whether it was one of our chefs preparing a warm, home-cooked meal, or a CNA helping a resident put the star on top of their Christmas tree, every member of our staff spent the giving season by giving their best effort. But this doesn't stop just because the weather gets warmer - their attention to deal and compassionate spirit is something you can count on year round.

I hope March is as wonderful to you as our team has been to us!

Yours in Service,

Nirmal K. Kesavan

Executive Director

Crafts at the Orchards

Our residents have been busy keeping busy during these cold days.







Community Connection

Twice a month, our residents get together with Stephanie from our Environmental Services, who is a member of a local sewing group called "Loose Threads". During her lunchtime, she helps the residents give back to the community by working on community projects like Cards and Christmas stockings for veterans, and soldiers, dog toys and treats for local animal shelters, and wrapping beanies for "Project Night Night", a shelter for women and children. Thanks Stephanie for helping our residents give back to their local community.



TASTE OF TOWN

The staff at Orchard Grove Health Campus is looking forward to bringing in the taste and spirit of many local dining venues in Romeo to our residents. Taste of the Town is a monthly standard where the campus and residents chose a local restaurant and staff will arrange for a favorite meal and decorations to be brought to the campus for the residents to enjoy. If you are a local restaurant or know of a local restaurant owner, please reach out to our director of dining services.

Live a Dream

Our Live a Dream program demonstrates our commitment to exceeding the expectations of our residents and their families. All of our staff is empowered to identify and grant the wishes of our residents on a regular basis. We've had residents soar through the clouds in planes and hot air balloons, zip line through the forest, renew their wedding vows, and take special trips to visit family and friends. These dreams and many more are all possible at Trilogy! Let us know if you know of a dream for one of our great residents!

Family Night

This quarterly event allows families to visit and get to know our residents and staff in a fun and relaxed setting. Family nights feature a variety of activities, entertainment and refreshments for families and residents to enjoy. Please join us for a funfilled night! Our next Family Night will be Tuesday, March 12, 2019 from 6:30pm-8:00pm.

Sunday Brunch

Our Sunday brunch, offered one Sunday a month, is a favorite with families and residents alike. This lovely brunch is prepared by members of our dining services team and features a wide selection of items, including some of our residents' favorite items. Join us on Sunday, March 17, 2019 for this scrumptious event! Please call ahead to make your reservations!

Did You Know...?

Our Private Dinning Rooms can be reserved for those special family events! Reserve one today for a birthday celebration, a holiday gathering or just to spend a special meal with your loved ones!

*Ask one of are friendly staff for more information.



A Trilogy Senior Living Community

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> Nirmal Kesavan Executive Director

Theresa Luczak Director of Health Services

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Anne Ferrari Director of Social Work

William Farnum Director of Food Service

Steve Smith Legacy Neighborhood Director

Michelle Lamar Director of Environmental Services

> Lisa Castile Director of Therapy

Kelly Kuczewski Business Office Manager

Caity Marsh Community Service Representative

Stay in the Loop 🕑 f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents. Our Department Leaders are here to solve any concerns you may have. In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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'St. Paddy's Day'

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These are just a few ways you can get ready for Saint Patrick's Day, but the options are limitless. Dress up as a leprechaun and join your friends for a party. Play a themed version of bingo or have your grandkids search for gold with a scavenger hunt. If you have a special way you would like to celebrate the holiday, let us know, and we'll do our best to make it happen. When you chose to live with us, you chose a lifestyle of fun and fulfillment - and we couldn't be luckier to have you!



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