

As the cold weather retreats in preparation for spring, the month of March makes itself known with the blooming of flowers and the budding of leaves. You might even come across a four-leaf clover - reminding you that Saint Patrick's Day is just around the corner. If you're already green with excitement and looking for ways to get involved in the Irish holiday, here are some Life Enrichment programs we offer that are sure to get you in the spirit.

Get Inspired with Inspirations!

When it first began in the 17th century, Saint Patrick's Day was a time for Irish-Christian families to celebrate the arrival of Christianity in Ireland. Today, the holiday has

branched out all across the globe; encouraging everyone to partake in a day of embracing Irish culture. If you're someone who is interested in the spiritual side of Saint Patrick's Day, you'll love our *Inspirations* programs. Offered on a weekly basis, we encourage our community to attend worship services, Bible studies, meditations, tranquility programs, sing hymns, share life stories, and more. Much like Saint Patrick's Day, regardless of your religious background, there's something here for everyone to enjoy.

Celebrate with a Happy Hour!

If you've ever been to a Saint Paddy's

Day parade, you know that people

come for the party as much as they do

the floats. At our campus, you can celebrate the holiday in style during our *Happy Hour*! Every Friday afternoon between 3:00 and 5:00 p.m., you can sip on your favorite beverage, enjoy snacks, and mingle with friends. It's the perfect way to celebrate Saint Patrick's Day, and an even better way to end a week.

Get crafting!

Create pieces of art to match the beauty of Ireland with our *Artisans* program! We'll provide all the supplies you'll need to craft anything from popsicle stick leprechaun magnets to crepe paper shamrocks. The only thing you'll need to bring is a creative mind!

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Happy Birthday!

Residents Eva L. 3/07 Bruce F. 3/12 Sarah H. 3/25 Staff Hailey M. 3/01 Carra D. 3/05 Vanessa M. 3/05 Lucy G. 3/07 Emily L. 3/09 Kady B. 3/11 Lindsey S. 3/14 Olivia H. 3/27 Charlotte M. 3/28

Customer Satisfaction Survey

Show us your 10s! It is time again for our Customer Satisfaction Survey! Please be sure to fill out and submit your survey in order to be entered for our campus drawing. Your completed survey provides us with the opportunity to reward our hardworking staff while continuing to improve our customer service. The surveys can be mailed, dropped off to the Business Office or brought with you to our March 14th Survey Return Family Night! Be on the lookout for your yellow envelope!



Executive Director Corner

Greetings from North River Health Campus! March

promises to be another month full of exciting opportunities for our residents, and we can't wait for them to see what we have in store. In honor of St. Patrick's Day, I'd like to personally invite you to any of our Friday Happy Hours, or to simply unwind by participating with your loved one in any of our other Life **Enrichment programs. Here** at North River, we do our best to make sure that no two days are ever quite the same, and each one is more special than the last. Of course, none of this would be possible without our dedicated team. Our staff is second to none, and we want to make sure that we give them the recognition they deserve. Kicking off this month is Employee Appreciation Day, and we couldn't have more to

be thankful for. This past winter, our team went the extra mile to make our facility a home fit for the holidays. Whether it was one of our chefs preparing a warm, home-cooked meal, our activity team member playing the guitar for a sing-along or a CNA helping a resident put the star on top of their Christmas tree, every member of our staff spent the giving season by giving their best effort. But this doesn't stop just because the weather gets warmer - their attention to deal and compassionate spirit is something you can count on year round.

I hope March will bring an entirely new host of rememberances you can share with me about you and your loved ones experiences at North River!

Yours in Service.

Wicky Harpenan, HFA Executive Director

TASTE OF THE TOWN

North River warmed up a cold winter's day with Los Tres Caminos during Taste of the Town! Residents dined on beef and chicken tacos, pico de gallo, homemade taco soup and churros. Our staff even got in on the fun by donning their sombreros to serve!



MORE FROM...TASTE OF THE TOWN











Living Arts

Our Environmental Services assistant Avery, taught North River residents during a canvas painting artisan class. Residents painted a winter scene complete with snow, mountains and evergreens. Thank you for sharing your talents with our residents!



A Trilogy Senior Living Community

811 East Baseline Rd. Evansville, IN 47725 812-867-7256 nriverhc.com | ♥ f

Vicky Harpenau
Executive Director
Angela Wilhite
Director of Health Services
Delores Ellis
Assistant Director of Health Services
Julie Vandeveer
Community Service Representative
Lisa Whitten

Katelin Bradley Life Enrichment Director Mike Peak

Customer Service Specialist

Director of Plant Operations
Brooke Williams

Director of Food Services Troy Anderson Environmental Services Director

> Megan Miller Social Services Director Nikki Collins Staff Development Jennifer Reeb Villa Lifestyle Director

Stay in the Loop **y f**

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.

Our Department Leaders are here to solve any concerns you may have.

In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

Newsletter Production by PorterOneDesign.com

'St. Paddy's Day'

These are just a few ways you can get ready for Saint Patrick's Day, but the options are limitless. Dress up as a leprechaun and join your friends for a party. Play a themed version of bingo or have your grandkids search for gold with a scavenger hunt. If you have a special way you would like to celebrate the holiday, let us know, and we'll do our best to make it happen. When you chose to live with us, you chose a lifestyle of fun and fulfillment - and we couldn't be luckier to have you!



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ARTISANS	GREEN	IRISH	SAINT
CLOVER	HAPPY HOUR	LEPRECHAUN	SEVENTEEN
CRAFTS	INSPIRATIONS	LUCKY	SHAMROCK
GOLD	IRELAND	MARCH	STORIES