

Hampton Oaks Health Center
Assisted Living

March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears S - Out & About	Any changes made to the Calendar will be posted on the life share monitors Books, papers, and Magazines are available in the Activity room. Please see Regan, Cheri, Daisy or Marie if you need any assistance.	Key Code AR= Activity Room HC DR= Health Campus Dining Room C= Court Yard	Music by Noel she is a 14 year old piano player. She normally preforms twice monthly. Dates and times to be announced. Please see the Life Enrichment team for more details.		1 K 9:00 Baking Club Ramekin Lemon Cake (AR) V 10:30 Trilogy Fit AL AR L 2:00 Brain Fit AR K 3:00 Puzzles AL AR M 3:00 Happy Hour with Wilma and Sue Carol HC DR	2 I 8:45 Morning Chronicles HC AR M 10:00 Sing Fit K 2:00 Bingo AL AR GF 4:00 Puzzles AR
3 A 10:00 Colorful Colors AL AR I 1:30 Hour of Worship (HC DR) CC 2:00 Reading Cart L 4:00 Chair Travels AL AR	4 GG 9:45 Bible Study (HC/AR) M 10:00 Sing Fit V 10:30 Trilogy Fit GG 1:30 Chef's Corner AL AR K 2:00 Bingo (AL AR) K 4:00 Noodle Ball HC AR	5 Mardi Gras I 10:00 Coffee & Donuts AL AR V 10:30 Trilogy Fit AL AR O 11:00 Huddle House M 1:30 Hymn Sing (HC/DR) A 3:00 Craft Corner Scalloped Coffee Filter Bowl's AL AR K 4:00 Afternoon Games S 5:00 Mardi Gras	6 M 10:00 Sing Fit V 10:30 Trilogy Fun N Fit AL AR GG 1:30 Inspired Committee Meeting (AL AR) K 2:00 Bingo (AL AR) GG 3:30 Penny Pitch AR A 6:00 Evening Painting Class	7 M 10:00 Name that Tune HC AR V 10:30 Fun N Fit AR GG 1:30 Mens Card Club GG 2:30 Roll and Rhyme AL AR CC 3:00 Lucky Floats AR GG 4:00 Jack Pot AR	8 K 9:00 Baking Club Cream Cheese Oreo Bars (AR) I 9:45 Morning Coffee AR V 10:30 Trilogy Fit AL AR O 1:30 Country Drive K 2:00 Puzzles AR L 2:00 Brain Fit AR M 3:00 Music by Tari Martin	9 I 8:45 Morning Chronicles HC AR M 10:00 Sing Fit K 2:00 Bingo AL AR GF 4:00 Puzzles AR
10 Daylight Savings Begins A 10:00 Colorful Colors AL AR I 1:30 Hour of Worship HC DR CC 2:00 Reading Cart L 4:00 Chair Travels AL AR	11 GG 9:45 Bible Study (HC/AR) M 10:00 Sing Fit V 10:30 Trilogy Fit GG 1:30 Chef's Corner AL AR K 2:00 Bingo (AL AR) K 3:30 UNO AL AR	12 I 9:30 Coffee & Muffins AL AR V 10:30 Trilogy Fit AL AR M 1:30 Hymn Sing (HC/DR) O 2:30 Walmart A 3:00 Craft Corner Mason Jar Rim Suncatchers AL AR K 4:00 Afternoon Games S 5:00 March Madness Family	13 M 10:00 Sing Fit V 10:30 Trilogy Fun N Fit AL AR K 2:00 Bingo (AL AR) GG 3:00 Dice game AR GG 6:00 Jack Pot HC DR	14 M 10:00 Name that Tune HC AR V 10:30 Fun N Fit AR CC 12:00 Happy Pi Day GF 2:00 Movie- Hidden Figures AR GG 4:00 Puzzles AR GG 6:30 Gospel Music HC DR	15 K 9:00 Baking Club Leprechaun Fluff (AR) I 9:30 Donut and Coffee V 10:30 Trilogy Fit AL AR O 11:00 Lunch at Mexican Resteraunt L 2:00 Brain Fit AR M 3:00 Happy Hour with Music	16 I 8:45 Morning Chronicles HC AR M 10:00 Sing Fit K 2:00 Bingo AL AR GF 4:00 Puzzles AR
17 St. Patrick's Day A 10:00 Colorful Colors AL AR S 11:00 St. Patrick Day Sunday Brunch till 1 pm I 1:30 Hour of Worship HC DR CC 2:00 Reading Cart L 4:00 Chair Travels AL AR	18 GG 9:45 Bible Study (HC/AR) M 10:00 Sing Fit V 10:30 Trilogy Fit GG 1:30 Chef's Corner AL AR K 2:00 Bingo (AL AR) GG 3:00 Resident Council AL AR GG 4:00 Jack Pot AL AR	19 CC 6:00 Eveing Movie AR I 9:30 Coffee & Sweets AL AR V 10:30 Trilogy Fit AL AR S 12:00 Taste of Town Long John Silvers M 1:30 Hymn Sing (HC/DR) O 2:30 Country Drive A 3:00 Craft Corner Pailint Chip	20 Spring Begins M 10:00 Sing Fit V 10:30 Trilogy Fun N Fit AL AR K 2:00 Bingo (AL AR) A 3:30 Bowling AL AR A 6:00 Painting Class	21 M 10:00 Name that Tune HC AR V 10:30 Fun N Fit AR GG 2:30 Test your Memory AL AR GF 3:30 Poetry Reading	22 K 9:00 Baking Club (AR) A 9:30 Time Less Treasures V 10:30 Trilogy Fit AL AR O 1:30 Outing to Dollar Store K 1:30 Jack Pot AL AR L 2:00 Brain Fit AR S 3:00 Happy Hour with Sussie The Balloon Lady	23 I 8:45 Morning Chronicles HC AR M 10:00 Sing Fit K 2:00 Bingo AL AR GF 4:00 Puzzles AR
24 A 10:00 Colorful Colors AL AR I 1:30 Hour of worship with Steve Harold HC DR CC 2:00 Reading Cart L 4:00 Chair Travels AL AR	25 GG 9:45 Bible Study (HC/AR) M 10:00 Sing Fit V 10:30 Trilogy Fit GG 1:30 Chef's Corner AL AR K 2:00 Bingo (AL AR) GG 3:00 Rummy AL AR	26 I 9:30 Coffee & Muffins AL AR V 10:30 Trilogy Fit AL AR M 1:30 Hymn Sing (HC/DR) O 2:30 Outing to Dollar General A 3:00 Craft CornerCrafty Skis and Poles Pin AL AR K 4:00 Afternoon Games GG 6:00 Jack Pot HC DR	27 M 10:00 Sing Fit V 10:30 Trilogy Fun N Fit AL AR K 2:00 Bingo (AL AR) GG 3:30 Horse Shoes GG 6:00 Movie and Popcorn	28 M 10:00 Name that Tune HC AR V 10:30 Fun N Fit AR CC 3:00 Making a Dump Cake	29 K 9:00 Baking Club Cinnamon Crinkles (AR) V 10:30 Trilogy Fit AL AR O 11:00 Outing to Cracker Barrell L 2:00 Brain Fit AR	30 I 8:45 Morning Chronicles HC AR M 10:00 Sing Fit K 2:00 Bingo AL AR GF 4:00 Puzzles AR
31 A 10:00 Colorful Colors AL AR I 1:30 Hour of Worship CC 2:00 Reading Cart L 4:00 Chair Travels AL AR						

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Health Campus

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A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GF - Gathering of Friends GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments	Changes made to the Calendar will be posted on the Life Share monitors. Music by Noel she is a 14 year old piano player. She normally preforms twice monthly. Dates and times to be announced. Please see the Life Enrichment	Books, Magazines, puzzles, Cards, and Movies are available in the activity rooms. Please see Regan, Cheri, Daisy or Marie if you would like something brought to your room.	Key Code AR= Activity Room HC DR= Health Campus dining room C= Court Yard		1 MM 8:45 Animal visits HC LR K 9:30 March IQ CC 11:45 Pre Meal Games RDR O 1:30 Outing to Dollar Tree L 2:00 Brain Fit AR M 3:00 Happy Hour with Wilma and Sue Carol HC DR	2 I 8:45 Morning Chronicles HC AR GF 9:00 Morning Coffee/ Sock Monkey History MM 9:30 Soothing Hands CC 11:45 Pre Meal Games RDR M 1:00 Sing Fit K 3:00 Bingo HC AR GF 4:00 Puzzles AR
3 A 9:00 Colorful Colors HC AR CC 11:45 Pre Meal Games RDR I 1:30 Hour of Worship (HC DR) MM 2:30 Exploring our Sences L 3:30 Chair Travels HC AR	4 MM 9:00 I hear memories HC AR GG 9:45 Bible Study (HC/AR) CC 11:45 Pre Meal Games RDR M 1:00 Sing Fit K 2:00 World Tennis Day K 3:00 Bingo (HC DR) K 4:00 Noodle Ball HC AR	5 Mardi Gras MM 8:45 Reading Club HC LR I 9:30 Coffee & Donuts HC AR V 10:30 Trilogy Fit AL AR CC 11:45 Pre Meal Games RDR M 1:30 Hymn Sing (HC/DR) A 3:30 Craft Corner Scalloped Coffee Filter Bowl's HC AR S 5:00 Mardi Gras	6 MM 8:45 Soothing Sounds HC LR K 9:00 Baking Club Cheese Ball (HC AR) V 10:30 Trilogy Fun N Fit AL AR CC 11:45 Pre Meal Games RDR M 1:00 Sing Fit K 3:00 Bingo (HC DR) GG 4:00 Inspired Committee	7 MM 9:00 Musical Balloons HC LR M 10:00 Name that Tune HC AR CC 11:45 Pre Meal Games RDR GG 1:30 Mens Card Club CC 3:00 Lucky Floats AR GG 3:30 Roll and Ryhme HC AR S 3:30 Roll And Rhyme AR S 5:00 March Madness Family	8 MM 8:45 Animal visits HC LR I 9:45 Morning Coffee AR CC 11:45 Pre Meal Games RDR O 1:30 Country Drive V 1:30 Bowling HC AR K 2:00 Puzzles AR L 2:00 Brain Fit AR M 3:00 Music by Tari Martin	9 I 8:45 Morning Chronicles HC AR GF 9:00 Morning Coffee MM 9:30 Soothing Hands CC 11:45 Pre Meal Games RDR M 1:00 Sing Fit K 3:00 Bingo HC AR GF 4:00 Puzzles AR
10 Daylight Savings Begins A 9:00 Colorful Colors HC AR CC 11:45 Pre Meal Games RDR I 1:30 Hour of Worship HC DR MM 2:30 Exploring our Sences L 3:30 Chair Travels HC AR	11 MM 9:00 I hear memories HC AR GG 9:45 Bible Study (HC/AR) CC 11:45 Pre Meal Games RDR M 1:00 Sing Fit K 3:00 Bingo (HC DR)	12 MM 8:45 Reading Club HC LR I 9:30 Coffee & Muffins HC AR V 10:30 Trilogy Fit AL AR CC 11:45 Pre Meal Games RDR M 1:30 Hymn Sing (HC/DR) A 3:30 Craft Corner Mason Jar Suncatchers HC AR S 6:00 Evening Movie AR	13 MM 8:45 Soothing Sounds HC LR K 9:00 Baking Club Leprechaun Fluff (HC AR) V 10:30 Trilogy Fun N Fit AL AR CC 11:45 Pre Meal Games RDR M 1:00 Sing Fit K 3:00 Bingo (HC DR) GG 4:00 Dice Game HC AR	14 MM 9:00 Musical Balloons HC LR M 10:00 Name that Tune HC AR CC 11:45 Pre Meal Games RDR CC 12:00 Happy Pi Day GF 2:00 Movie- Hidden Figures AR GG 4:00 Puzzles AR GG 6:30 Gospel Music HC DR	15 MM 8:45 Animal visits HC LR I 9:30 Donut and Coffee O 11:00 Lunch at Mexican Resteraunt CC 11:45 Pre Meal Games RDR L 2:00 Brain Fit AR M 3:00 Happy Hour with Music	16 I 8:45 Morning Chronicles HC AR GF 9:00 Morning Coffee MM 9:30 Soothing Hands CC 11:45 Pre Meal Games RDR M 1:00 Sing Fit K 3:00 Bingo HC AR GF 4:00 Puzzles AR
17 St. Patrick's Day A 9:00 Colorful Colors HC AR S 11:00 St. Patrick Day Sunday Brunch till 1 pm CC 11:45 Pre Meal Games RDR I 1:30 Hour of Worship HC DR MM 2:30 Remebering the Luck of the Irish L 3:30 Chair Travels HC AR	18 MM 9:00 I hear memories HC AR GG 9:45 Bible Study (HC/AR) CC 11:45 Pre Meal Games RDR M 1:00 Sing Fit K 3:00 Bingo (HC DR)	19 CC 6:00 Eveing Movie AR MM 8:45 Reading Club HC LR I 9:30 Coffee & Sweets HC AR V 10:30 Trilogy Fit AL AR CC 11:45 Pre Meal Games RDR S 12:00 Taste of Town Long John Silvers M 1:30 Hymn Sing (HC/DR)	20 Spring Begins MM 8:45 Soothing Sounds HC LR K 9:00 Baking Club Peanut Butter Fudge (HC AR) V 10:30 Trilogy Fun N Fit AL AR CC 11:45 Pre Meal Games RDR M 1:00 Sing Fit K 3:00 Bingo (HC DR) A 6:00 Painting Class	21 MM 9:00 Musical Balloons HC LR M 10:00 Name that Tune HC AR CC 11:45 Pre Meal Games RDR GG 1:30 Test your Memory HC AR I 4:00 Poetry Reading	22 MM 8:45 Animal visits HC LR A 9:30 Time Less Treasures CC 11:45 Pre Meal Games RDR O 1:30 Outing to Dollar Store K 2:00 Jack Pot HC AR L 2:00 Brain Fit AR S 3:00 Happy Hour with Sussie The Balloon Lady	23 I 8:45 Morning Chronicles HC AR GF 9:00 Morning Coffee MM 9:30 Soothing Hands CC 11:45 Pre Meal Games RDR M 1:00 Sing Fit K 3:00 Bingo HC AR GF 4:00 Puzzles AR
24 A 9:00 Colorful Colors HC AR CC 11:45 Pre Meal Games RDR I 1:30 Hour of worship with Steve Harold HC DR MM 2:30 Exploring our Sences L 3:30 Chair Travels HC AR	25 MM 9:00 I hear memories HC AR GG 9:45 Bible Study (HC/AR) CC 11:45 Pre Meal Games RDR M 1:00 Sing Fit CC 2:30 Chef Corner K 3:00 Bingo (HC DR) GG 4:00 Rummy HC AR	26 MM 8:45 Reading Club HC LR I 9:00 Coffee & Muffins HC AR V 10:30 Trilogy Fit AL AR CC 11:45 Pre Meal Games RDR M 1:30 Hymn Sing (HC/DR) A 3:30 Craft Corner Crafty Skis and Poles Pin HC AR GG 6:00 Jack Pot HC DR	27 MM 8:45 Soothing Sounds HC LR K 9:00 Baking Club Oreo Cream Cheese Bars (HC AR) V 10:30 Trilogy Fun N Fit AL AR CC 11:45 Pre Meal Games RDR M 1:00 Sing Fit GG 2:30 Horse Shoes AR K 3:00 Bingo (HC DR)	28 MM 9:00 Musical Balloons HC LR M 10:00 Name that Tune HC AR CC 11:45 Pre Meal Games RDR JG 1:30 Baseball Trivia GG 4:00 Bean Bag Toss HC AR	29 MM 8:45 Animal visits HC LR O 11:00 Outing to Cracker Barrel CC 11:45 Pre Meal Games RDR L 2:00 Brain Fit AR	30 I 8:45 Morning Chronicles HC AR GF 9:00 Morning Coffee MM 9:30 Soothing Hands CC 11:45 Pre Meal Games RDR M 1:00 Sing Fit K 3:00 Bingo HC AR GF 4:00 Puzzles AR
31 A 9:00 Colorful Colors HC AR CC 11:45 Pre Meal Games RDR I 1:30 Hour of Worship MM 2:30 Exploring our Sences L 3:30 Chair Travels HC AR						