



Wellsprings Assisted Living

24	25	26	27	28	Mar 1	2
					Blackened Chicken Rice Coleslaw Baked Roll Dump Cake	Shepherd's Pie Green Salad Baked Roll Chocolate Sugar Cookies
3	4	5	6	7	8	9
Beef Roast/Gravy Fresh Mashed Potatoes/Gravy Roasted Carrots Baked Roll Yogurt Jello Salad	Chicken/Mushroom Gravy Rice Pilaf Broccoli Baked Roll Swirled Apple Sour Cream Cake	Turkey Piccata Boiled Potatoes Corn Cornbread Ice Cream	Salisbury Steak Cheesy Scalloped Potatoes Garden Green Salad Baked Roll Mounds Bar	Jeweled Pork Roast Baked Macaroni Cheese Mixed Vegetables Whole Grain Bread Blueberry Cream Angel Dessert	Meat and Potato Casserole Sauteed Red Cabbage Cornbread Texas Sheet Cake	Herb Roasted Turkey Fresh Mashed Potatoes/Gravy Vegetable Medley Caramel Apple Dessert
10	11	12	13	14	15	16
Scalloped Ham/Potatoes Baked Lima Beans Whole Grain Bread Cherry Pie	Garlic Ranch Chicken Angel Hair Pasta Corn O'Brien Whole Grain Bread Coconut Cake	Swedish Meatballs Best Noodles Scandinavian Veg Baked Roll Chocolate Chip Cake	Herb Crusted Pork Roast Parmesan Roasted Potatoes Seasoned Cauliflower Whole Grain Bread Pumpkin Squares	Hamburger Steak/Onions Sour Cream Potatoes Capri Blend Baked Roll Maple Bread Pudding	Cheddar Crumb Cod Classic Macaroni Salad Creamy Coleslaw Raspberry Sherbet Dessert	Cranberry Glazed Turkey Roast Cornbread Dressing Roasted Parmesan Brussels Sprouts Baked Roll Pineapple Cake
17	18	19	20	21	22	23
Shepherd's Pie Baby Carrots Baked Roll Peach Pie	Marinated Drum Sticks Ranch Roasted Potatoes Vegetable Medley Cranberry Apple Crisp	Grilled Pork Chop/Applesauce Baked Yams Herbed Corn Baked Roll Glazed Pumpkin Cake	Spaghetti/Meat Marinara Sauce Green Salad Baked Roll Chocolate Chip Cookie	Rosemary Lemon Chicken Fresh Mashed Potatoes/Gravy Capri Blend Baked Roll Pear Cobbler	Red Potatoes and Ham Coleslaw Baked Roll Ice Cream	Turkey with Pan Gravy Fresh Mashed Potatoes/Gravy Peas and Onions Whole Grain Bread Gingerbread Bar
24	25	26	27	28	29	30
Tender Beef Roast Fresh Mashed Potatoes/Gravy Oven Roasted Broccoli Baked Roll Apple Pie	Oven Roasted Pork Hash Brown Bake California Normandy Blend Whole Grain Bread M&M Cookie	Classic Lasagna Green Salad Garlic Bread Peanut Butter Brownie	Sliced Turkey Breast Fresh Mashed Potatoes/Gravy Roasted Squash Cornbread Blueberry Cobbler	Ham Roast Cream and Cheese Potatoes Seasoned Cauliflower Baked Roll Cranberry Cake	Cod AuGratin Rice Seasoned Pea Pods Fruit Yogurt Parfait	Cranberry Chicken Steamed Red Potatoes Garlic Carrots Baked Roll Caramel Apple Crisp
31	Apr 1	2	3	4	5	6
Hamburger Steak/Gravy Fresh Mashed Potatoes California Normandy Blend Baked Roll Lime Jello With Pears						