



## Planning Your St. Paddy's Day

As the cold weather retreats in preparation for spring, the month of March makes itself known with the blooming of flowers and the budding of leaves. You might even come across a four-leaf clover - reminding you that Saint Patrick's Day is just around the corner. If you're already green with excitement and looking for ways to get involved in the Irish holiday, here are some Life Enrichment programs we offer that are sure to get you in the spirit.

### **Get Inspired with Inspirations!**

When it first began in the 17th century, Saint Patrick's Day was a time for Irish-Christian families to celebrate the arrival of Christianity in Ireland. Today, the holiday has

branched out all across the globe; encouraging everyone to partake in a day of embracing Irish culture. If you're someone who is interested in the spiritual side of Saint Patrick's Day, you'll love our *Inspirations* programs. Offered on a weekly basis, we encourage our community to attend worship services, Bible studies, meditations, tranquility programs, sing hymns, share life stories, and more. Much like Saint Patrick's Day, regardless of your religious background, there's something here for everyone to enjoy.

### **Celebrate with a Happy Hour!**

If you've ever been to a Saint Paddy's Day parade, you know that people come for the party as much as they do

the floats. At our campus, you can celebrate the holiday in style during our *Happy Hour!* Every Friday afternoon between 3:00 and 5:00 p.m., you can sip on your favorite beverage, enjoy snacks, and mingle with friends. It's the perfect way to celebrate Saint Patrick's Day, and an even better way to end a week.

### **Get crafting!**

Create pieces of art to match the beauty of Ireland with our *Artisans* program! We'll provide all the supplies you'll need to craft anything from popsicle stick leprechaun magnets to crepe paper shamrocks. The only thing you'll need to bring is a creative mind!

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# Happy Birthday!

## Residents

Mary R.	3/02
Lela T.	3/04
Zane B.	3/09
Mary B.	3/12
Evelyn W.	3/14
Max B.	3/17
Dorothy L.	3/19
Virginia S.	3/26
Audrey B.	3/27
Mary Mac.	3/31.

## Staff

Chris C.	3/02
Treasa J.	3/13
Norene G. & Laura W.	3/15
Jamie G.	3/17
Adell G.	3/19
Luishia S.	3/25
Cathy C.	3/27
Rita D.	3/30

## Executive Director Corner

Greetings from Forest Park Health Campus! March promises to be another month full of exciting opportunities for our residents, and we can't wait for them to see what we have in store. In honor of St. Patrick's Day, I'd like to personally invite you to any of our Friday Happy Hours, or to simply unwind by participating with your loved one in any of our other Life Enrichment programs. Here at Forest Park, we do our best to make sure that no two days are ever quite the same, and each one is more special than the last. Of course, none of this would be possible without our dedicated team. Our staff is second to none, and we want to make sure that we give them the recognition they deserve. Kicking off this month

is Employee Appreciation Day, and we couldn't have more to be thankful for.

This past winter, our team went the extra mile to make our facility a home fit for the holidays. Whether it was one of our chefs preparing a warm, home-cooked meal, or a CNA helping a resident put the star on top of their Christmas tree, every member of our staff spent the giving season by giving their best effort. But this doesn't stop just because the weather gets warmer – their attention to detail and compassionate spirit is something you can count on year round.

I hope March is as wonderful to you as our team has been to us!  
Yours in Service,

*Gary Griffin*  
Executive Director

## Out & About

A Friendly Reminder! During the winter months, we may have to cancel our outings due to below 20-degree temperatures or bad road conditions. Our Residents were able to enjoy an outing to the Richmond's Meltdown/Ice Festival.

## Live a Dream

We are looking forward to granting so many more Live a Dream's this year or the next! If you have a suggestion for a Live a Dream for one of our residents, please share it with the Life Enrichment Director, Heidi Rhodus.

## Living Arts

Our Residents have enjoyed making a few winter themed crafts. Look at these cute penguins.





# PHOTO HIGHLIGHTS



## Family Night

Our Residents and Families engaged in a Winterfest Ball.



## Smile of the Month

Smile of the Month comes from Barbara A. Barb enjoys socializing with the employees while they walk to dine. If you see Barb walking to the dining room, please say hello to her and let her know how awesome it is to see her walking.



## Sunday Brunch

**IMPORTANT MESSAGE:** We look forward to seeing you on Sunday, March 17, 2019 from 11:00 AM to 1:00 PM.

It is important to make Reservations with us by Friday, March 15, 2019. We allow 2 guest to eat FREE and all other guests with be charged \$7.00 per guest.

## Taste of Town

Our Next Taste of Town is from Texas Roadhouse, YUM YUM!

## Did You Know...?

The Private Dining Room can be reserved for your Family Occasions, just call Heidi Rhodus, LED to make your plans.

Happy Hour is EVERY FRIDAY at 3:00 PM.





# FOREST PARK

## HEALTH CAMPUS

*A Trilogy Senior Living Community*

**2401 South L Street**

**Richmond, IN 47374**

**765-966-5705**

**forestparkhc.com |  **

*Gary Griffin*  
**Executive Director**

*Becky Smith*  
**Director of Health Services**

*Norene Groth*  
**Customer Service Representative**

*Christine Cela*  
**Business Office Manager**

*Heidi Rhodus*  
**Life Enrichment Director**

*Kendra Lester*  
**Director of Social Services**

*Chuck Berry*  
**Director of Food Services**

*Nikki Kemp*  
**Therapy Program Director**

*Judy Hobbs, RN*  
**MDS Coordinator**

*Jean Varner, LPN*  
**Medical Records**

### Stay in the Loop

Keep up with latest campus news  
and happenings by following  
us on your favorite social networks!

*We strive to provide the best customer  
service and quality care for our residents.*

*Our Department Leaders are here  
to solve any concerns you may have.*

*In the event that you need further  
assistance with any unresolved concerns,  
we encourage you to call or email  
our Compliance Hotline: 800-908-8618,  
ext. 2800; or [comply@trilogyhs.com](mailto:comply@trilogyhs.com)*

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# 'St. Paddy's Day'

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These are just a few ways you can  
get ready for Saint Patrick's Day,  
but the options are limitless.

Dress up as a leprechaun and  
join your friends for a party.

Play a themed version of bingo  
or have your grandkids search  
for gold with a scavenger hunt.

If you have a special way you  
would like to celebrate the  
holiday, let us know, and we'll  
do our best to make it happen.

When you chose to live with us,  
you chose a lifestyle of fun and  
fulfillment - and we couldn't  
be luckier to have you!



## Word Search

P	Q	L	L	W	N	K	M	C	C	L	O	V	E	R	X	A	Y	O
Q	F	G	S	N	F	U	I	R	R	F	O	A	P	Y	J	H	B	W
E	Z	X	Z	H	O	E	R	A	V	Q	Z	F	Y	A	W	C	D	W
S	S	A	R	C	Z	T	I	F	J	P	G	S	V	B	Y	A	J	L
M	Z	P	N	T	F	R	S	T	Z	E	C	D	I	S	P	D	E	W
W	X	X	V	J	C	B	H	S	X	J	S	H	A	M	R	O	C	K
U	M	T	J	E	J	G	C	D	K	N	A	H	A	A	U	R	G	N
G	X	N	W	I	R	E	L	A	N	D	L	C	Q	S	W	L	H	J
N	L	J	W	Y	A	R	T	I	S	A	N	S	E	S	Z	U	U	N
A	G	E	I	N	S	P	I	R	A	T	I	O	N	S	E	C	Z	K
Y	H	A	P	P	Y	H	O	U	R	L	N	E	S	R	C	K	J	G
S	Y	C	Q	R	G	M	F	F	E	N	E	Q	D	M	P	Y	U	O
I	C	B	R	C	E	M	O	L	S	T	R	R	D	U	X	W	G	Z
B	Z	E	F	W	C	C	Z	A	N	P	W	O	W	S	F	D	O	K
M	K	X	M	A	R	C	H	E	X	P	U	E	D	A	J	G	L	T
Y	W	W	R	R	J	F	V	A	U	K	A	C	M	I	Y	G	D	Q
N	X	T	T	P	E	E	K	U	U	C	G	B	S	N	M	O	P	G
G	J	X	H	C	S	G	R	E	E	N	Y	K	U	T	W	S	I	X
I	F	Y	W	O	S	U	Y	F	M	L	P	S	T	O	R	I	E	S

ARTISANS  
CLOVER  
CRAFTS  
GOLD

GREEN  
HAPPY HOUR  
INSPIRATIONS  
IRELAND

IRISH  
LEPRECHAUN  
LUCKY  
MARCH

SAINT  
SEVENTEEN  
SHAMROCK  
STORIES