

As the cold weather retreats in preparation for spring, the month of March makes itself known with the blooming of flowers and the budding of leaves. You might even come across a four-leaf clover - reminding you that Saint Patrick's Day is just around the corner. If you're already green with excitement and looking for ways to get involved in the Irish holiday, here are some Life Enrichment programs we offer that are sure to get you in the spirit.

#### Get Inspired with Inspirations!

When it first began in the 17th century, Saint Patrick's Day was a time for Irish-Christian families to celebrate the arrival of Christianity in Ireland. Today, the holiday has

branched out all across the globe; encouraging everyone to partake in a day of embracing Irish culture. If you're someone who is interested in the spiritual side of Saint Patrick's Day, you'll love our *Inspirations* programs. Offered on a weekly basis, we encourage our community to attend worship services, Bible studies, meditations, tranquility programs, sing hymns, share life stories, and more. Much like Saint Patrick's Day, regardless of your religious background, there's something here for everyone to enjoy.

#### Celebrate with a Happy Hour!

If you've ever been to a Saint Paddy's Day parade, you know that people come for the party as much as they do the floats. At our campus, you can celebrate the holiday in style during our *Happy Hour*! Every Friday afternoon between 3:00 and 5:00 p.m., you can sip on your favorite beverage, enjoy snacks, and mingle with friends. It's the perfect way to celebrate Saint Patrick's Day, and an even better way to end a week.

#### Get crafting!

Create pieces of art to match the beauty of Ireland with our *Artisans* program! We'll provide all the supplies you'll need to craft anything from popsicle stick leprechaun magnets to crepe paper shamrocks. The only thing you'll need to bring is a creative mind!

...continued on back page

## Happy Birthday!

#### Residents Gail W. 3/01 Verneda M. 3/06 Terry E. 3/08 Edward B. 3/10 Isabelle B. 3/10 Roberta R. 3/12 Dale B. 3/21 Ieanne C. 3/21 Linda S. 3/29 Staff Shawntee Jane S. 3/06 Malitta L J. 3/12 Jasmine Latricia B. 3/18 Sara Dawn G. 3/22 Julie C. 3/29 Justin Ike C. 3/29



# Executive Director Corner

Greetings from Cypress Pointe! March promises to be

another month full of exciting opportunities for our residents, and we can't wait for them to see what we have in store. I'd like to personally invite you to any of our Friday Happy Hours, or to simply unwind by participating with your loved one in any of our other Life Enrichment programs. Here at Cypress Pointe, we do our best to make sure that no two days are ever quite the same, and each one is more special than the last.

Of course, none of this would be possible without our dedicated team. Our staff is second to none, and we want to make sure that we give them the recognition they deserve. Kicking off this month is Employee Appreciation Day, and we couldn't have more to be thankful for.

This past winter, our team went the extra mile to make our facility a home fit for the holidays. Whether it was one of our chefs preparing a warm, home-cooked meal, or a CNA helping a resident put the star on top of their Christmas tree, every member of our staff spent the giving season by giving their best effort. But this doesn't stop just because the weather gets warmer - their attention to detail and compassionate spirit is something you can count on year round.

I hope March is as wonderful to you as our team has been to us! Yours in Service.

Tony Walentine, LNHA Executive Director

## Happy Hour

3/31

Every Friday at 2:30pm

3/01 Larry Eaton

Amy I.

3/08 Edie Osbourn

3/15 Dave Millikin

3/22 Thomas Mac

3/29 Simple Harmony

### Taste of Town

March 06 - will represent the well known "Maid Rite". So chew that gum and be ready to "stick it on the wall".

### SMILES OF THE MONTH





### PHOTO HIGHLIGHTS

















## Family Night

We are extending an invitation to you to join us for our March Family Night 3/14 at 6:00 PM. This event is the first of the 2019 Trifecta Events. The feature will be "Taste of Trilogy". Come enjoy a great evening.

#### Family Brunch

Sunday March 10, 11:30 AM – 1:00 PM. Reervations are requested. Residents receive two complimentary tickets for guests. Additional tickets may be purchased in the business office prior to the Brunch for \$10.00 each.

#### Volunteer News

Our volunteers have mastered the Mobileserve tablet that electronically calculates their service hours. We are so appreciative for the commitment and dedication our volunteers provide our residents. If you would like to join our wonderful group of volunteers, please call and speak to one of the Life Enrichment staff members.



**HEALTH CAMPUS** 

A Trilogy Senior Living Community

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> Tony Valentine, LNHA Executive Director

Tara Witt, RN Director of Health Services

Megan Lautar Assistant Director of Health Services

> Saundra Mendenhall Social Services Assistant

> Amy Ireton Business Office Manager

Linda Hoefler Life Enrichment Director

Jennifer Keefe Director of Resident Services

Mark Risser Director of Plant Operations

Joseph Hammel
Director of Food Services

Sherie Kearns Therapy Program Director

Trisha Moore Environmental Services Director

Julie Shirk Legacy Neighborhood Director

#### Stay in the Loop **y f**

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.

Our Department Leaders are here to solve any concerns you may have.

In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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# 'St. Paddy's Day'

These are just a few ways you can get ready for Saint Patrick's Day, but the options are limitless. Dress up as a leprechaun and join your friends for a party. Play a themed version of bingo or have your grandkids search for gold with a scavenger hunt. If you have a special way you would like to celebrate the holiday, let us know, and we'll do our best to make it happen. When you chose to live with us, you chose a lifestyle of fun and fulfillment - and we couldn't be luckier to have you!



## Word Gearch

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ARTISANS	GREEN	IRISH	SAINT
CLOVER	HAPPY HOUR	LEPRECHAUN	SEVENTEEN
CRAFTS	INSPIRATIONS	LUCKY	SHAMROCK
GOLD	IRELAND	MARCH	STORIES