



CLEARVISTA LAKE

HEALTH CAMPUS

A Trilogy Senior Living Community

Connection

March 2019



Planning Your St. Paddy's Day

As the cold weather retreats in preparation for spring, the month of March makes itself known with the blooming of flowers and the budding of leaves. You might even come across a four-leaf clover - reminding you that Saint Patrick's Day is just around the corner. If you're already green with excitement and looking for ways to get involved in the Irish holiday, here are some Life Enrichment programs we offer that are sure to get you in the spirit.

Get Inspired with Inspirations!

When it first began in the 17th century, Saint Patrick's Day was a time for Irish-Christian families to celebrate the arrival of Christianity in Ireland. Today, the holiday has

branched out all across the globe; encouraging everyone to partake in a day of embracing Irish culture. If you're someone who is interested in the spiritual side of Saint Patrick's Day, you'll love our *Inspirations* programs. Offered on a weekly basis, we encourage our community to attend worship services, Bible studies, meditations, tranquility programs, sing hymns, share life stories, and more. Much like Saint Patrick's Day, regardless of your religious background, there's something here for everyone to enjoy.

Celebrate with a Happy Hour!

If you've ever been to a Saint Paddy's Day parade, you know that people come for the party as much as they do

the floats. At our campus, you can celebrate the holiday in style during our *Happy Hour!* Every Friday afternoon between 3:00 and 5:00 p.m., you can sip on your favorite beverage, enjoy snacks, and mingle with friends. It's the perfect way to celebrate Saint Patrick's Day, and an even better way to end a week.

Get crafting!

Create pieces of art to match the beauty of Ireland with our *Artisans* program! We'll provide all the supplies you'll need to craft anything from popsicle stick leprechaun magnets to crepe paper shamrocks. The only thing you'll need to bring is a creative mind!

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Happy Birthday!

Residents

Kathy W.	March 02
Carmen F.	March 10
Arthur V.	March 10
Margret P.	March 15
William (Bill) K.	March 16
June H.	March 19
Massaline M.	March 21
Fredrick F.	March 31

“2019 Trilogy Triathlon” Winter Games

Competition: Mind, Body & Spirit. Awards & Recognition Ceremony on Friday, March 22nd from 3p-4p.

Volunteer News

Looking for volunteers to help with the winter games for our Trilogy Triathlon. Our theme is “Survivor”. Please see Life Enrichment on how you can help.

Out and About

As most of you are aware, our Life Enrichment Department provides 2 van trips per week for our residents. Tuesday off the bus & Thursday drive around. Please talk to Kenneth & the Life Enrichment to set up a trust account.

Themed Dinner

Mardi Gras happy hour on Friday, March 1st. from 3p-4p. Sit back & enjoy some Jazz & ragtime music. Followed by appetizers & alcohol.



Executive Director Corner

Greetings from Clearvista Lake! March promises

to be another month full of exciting opportunities for our residents, and we can't wait for them to see what we have in store. In honor of St. Patrick's Day, I'd like to personally invite you to any of our Friday Happy Hours, or to simply unwind by participating with your loved one in any of our other Life Enrichment programs. Here at Clearvista Lake, we do our best to make sure that no two days are ever quite the same, and each one is more special than the last.

Of course, none of this would be possible without our dedicated team. Our staff is second to none, and we want to make sure that we give them the recognition they

deserve. Kicking off this month is Employee Appreciation Day, and we couldn't have more to be thankful for.

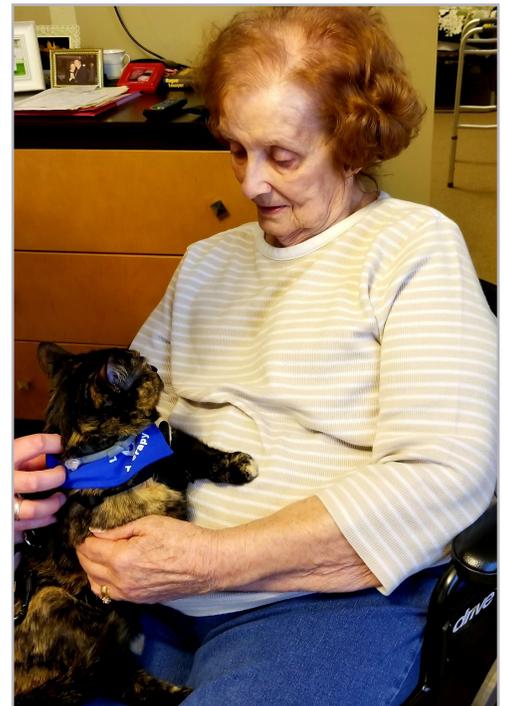
This past winter, our team went the extra mile to make our facility a home fit for the holidays. Whether it was one of our chefs preparing a warm, home-cooked meal, or a CNA helping a resident put the star on top of their Christmas tree, every member of our staff spent the giving season by giving their best effort. But this doesn't stop just because the weather gets warmer – their attention to deal and compassionate spirit is something you can count on year round.

I hope March is as wonderful to you as our team has been to us!

Yours in Service,

Justin Vogt
Executive Director

Photo Highlights



More Photo Highlights



CSS

We are hosting our Irish Themed CSS on Tuesday, March 12th from 5:30p – 7p. Followed with appetizers, entertainment & games.

Sunday Brunch

March 17, 2019

Featured Resident

Once a month we are featuring a resident & their recipe.

Customer Service Moment

Did you know we have a ballet box at the Guest Services desk. If you notice an employee going above & beyond. Fill out a ballet & place in the box. This will go toward our Employee of the Month.



Did You Know...?

We also strive to provide supplies and encouragement for those residents who prefer self directed activities. If you would like to discuss the specific needs of your loved one, please contact Nadine Graham at 317-578-7500 or contact at Nadine.Graham@clearvistalakehc.com

As always, thank you for your support of our Activity Program.



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Justin Vogt
Executive Director

Christopher Manning
Director of Health Services

Nadine Graham
Life Enrichment Director

Tyler Andrzejewski
Director of Social Service

John Craig
Plant Operations Director

Keith Bradley
Environmental Services Director

Lisa VanTassell
Community Services Representative

Kenny Verrill
Business Office Manager

Joel Hickman
Dining Services Director

Chantel Sidara
Therapy Program Director

Erica Atwell
Legacy Lane Coordinator

Stay in the Loop

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.

Our Department Leaders are here to solve any concerns you may have.

In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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'St. Paddy's Day'

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These are just a few ways you can get ready for Saint Patrick's Day, but the options are limitless.

Dress up as a leprechaun and join your friends for a party.

Play a themed version of bingo or have your grandkids search for gold with a scavenger hunt.

If you have a special way you would like to celebrate the holiday, let us know, and we'll do our best to make it happen.

When you chose to live with us, you chose a lifestyle of fun and fulfillment - and we couldn't be luckier to have you!



Word Search

P	Q	L	L	W	N	K	M	C	C	L	O	V	E	R	X	A	Y	O
Q	F	G	S	N	F	U	I	R	R	F	O	A	P	Y	J	H	B	W
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ARTISANS
CLOVER
CRAFTS
GOLD

GREEN
HAPPY HOUR
INSPIRATIONS
IRELAND

IRISH
LEPRECHAUN
LUCKY
MARCH

SAINT
SEVENTEEN
SHAMROCK
STORIES