

March 2019

In The Moment – Memory Support

created with  Sagely

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March cont'd 31 10:00 CE Gratitude Circle 10:30 Morning Stretches 11:00 LL Patio Reminisce & Refreshments 1:30 Baking Coffee Cake 2:30 Word Game / Trivia 3:00 Name That Tune 3:30 Tea & Coffee Social 6:00 Movie night	 4840 W. Atlantic Ave. Delray Beach, FL 33445	AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support		Healthy Snacks & Hydration offered throughout each day!	10:00 PE Morning Stroll 11:00 SS Communion Services 2:00 Scenic Bus Ride 3:00 Shabbat Services 3:30 PE Happy Hour 6:00 CE Engage Your Brain	10:30 Morning Stretches 11:00 LL Outside Trivia 1:30 Making Ice Cream 2:00 Movie Theater Time 6:00 Nostalgic TV Shows
10:00 CE Gratitude Circle 10:30 Morning Stretches 11:00 LL Patio Reminisce & Refreshments 1:30 LL Oatmeal Cookies 2:30 Word Game / Trivia 3:00 Name That Tune 3:30 Tea & Coffee Social 6:00 Movie night	10:00 PE Stretch & Flex 11:00 CE Around the World Trivia 1:00 Master Musicians 3:00 AE Creative Painting 4:00 LL Cluster Groups 6:00 Golden Girls	10:00 PE Morning Stroll 11:00 Ladies Spa Day 2:00 Lucky Dog 2:30 Health Focus 3:30 LL Happy Hour 6:00 Aroma Therapy & Relaxing Music	10:00 PE Chair Yoga 10:00 AE Expressive Art Class 11:00 Book on Tape Group 11:00 Spelling Bee 2:30 CE Word Games 4:00 Reminisce Group 6:00 Hand Massages	10:00 PE Sit & Be Fit 11:00 AE Music Circle 1:30 Follow The Sayings 2:30 St. Patrick Wreaths 3:30 Bean Bag Trivia 6:00 Travel Destinations	10:00 PE Morning Stroll 11:00 SS Communion Services 1:30 CC Trip to Girls Market 3:00 Shabbat Services 3:30 PE Happy Hour 6:00 CE Engage Your Brain	10:30 Morning Stretches 11:00 LL Outside Trivia 2:00 Movie Theater Time 2:30 Myles Sings 6:00 Dancing With The Stars
Daylight Saving Time Begins 10:00 CE Gratitude Circle 10:30 Morning Stretches 11:00 LL Patio Reminisce & Refreshments 1:30 Cake Pops 2:30 Word Game / Trivia 3:00 Name That Tune 3:30 Tea & Coffee Social 6:00 Movie night	10:00 Stretch and Flex 11:00 Balloon Volley 1:00 Master Musicians 3:00 AE Jewelry Making 4:00 LL Cluster Groups 6:00 Gene Kelly Dancing	10:00 PE Morning Stroll 11:00 Mens Club 11:30 Book on Tape Group 2:30 AE Nanci Suzanne Sings 3:30 LL Happy Hour 6:00 Aroma Therapy & Relaxing Music	10:00 PE Chair Yoga 10:00 AE Expressive Art Class 11:00 Book on Tape Group 2:30 CE Word Games 3:00 LL St. Patrick's Day Party 4:00 Reminisce Group 6:00 Hand Massages	10:00 PE Sit & Be Fit 11:00 LL Bowling Fun 2:00 AE Creative Flower Pots 3:00 PE What's in The Bag? 6:00 Travel Destinations	10:00 PE Morning Stroll 11:00 SS Communion Services 11:30 LL Trip to Doc's Hamburgers 3:00 Shabbat Services 3:30 PE Happy Hour 6:00 CE Engage Your Brain	10:30 Morning Stretches 11:00 LL Outside Trivia 1:30 Making Ice Cream 2:00 Movie Theater Time 6:00 America's Got Talent
St. Patrick's Day 10:00 CE Gratitude Circle 10:30 Morning Stretches 11:00 LL Patio Reminisce & Refreshments 2:00 Baking Irish Soda Bread 2:30 Word Game / Trivia 3:00 Name That Tune 3:30 Tea & Coffee Social 6:00 Movie night	10:00 Stretch and Flex 11:00 Coupon Clipping for Soldiers 1:00 Master Musicians 2:30 Lucky Dog 3:00 AE Soap Designs 4:00 LL Cluster Groups 6:00 I Love Lucy	10:00 PE Morning Stroll 11:00 Scrabble Group 2:30 Trivia with Jackie 3:30 LL Happy Hour 6:00 Aroma Therapy & Relaxing Music	10:00 PE Chair Yoga 10:00 AE Expressive Art Class 11:00 Book on Tape Group 2:30 CE Word Games 4:00 Reminisce Group 6:00 Hand Massages	10:00 PE Sit & Be Fit 11:00 AE 9 Block Words 2:00 Taste and Tell 3:30 AE Bingo 6:00 Travel Destinations	10:00 PE Morning Stroll 11:00 SS Communion Services 11:00 Picnic in The Park Trip 3:00 Shabbat Services 3:30 PE Happy Hour 6:00 CE Engage Your Brain	10:30 Morning Stretches 11:00 LL Outside Trivia 1:30 Making Ice Cream 2:00 Movie Theater Time 6:00 Wheel of Fortune
10:00 CE Gratitude Circle 10:30 Morning Stretches 11:00 LL Patio Reminisce & Refreshments 1:30 Baking Banana Bread 2:30 Word Game / Trivia 3:00 Name That Tune 3:30 Tea & Coffee Social 6:00 Movie night	10:00 Stretch and Flex 11:00 CC Coupon Clipping For Soldiers 1:00 Master Musicians 3:00 AE Jewelry Making 4:00 LL Cluster Groups 6:00 Shirley Temple	10:00 PE Morning Stroll 11:00 Can You Guess The Smell? 2:30 Health Focus 3:30 LL Happy Hour 6:00 Aroma Therapy & Relaxing Music	10:00 PE Chair Yoga 10:00 AE Expressive Art Class 11:00 Book on Tape Group 2:30 LL Ron Dagon Performs 4:00 Reminisce Group 6:00 Family Night	10:00 PE Sit & Be Fit 11:00 LL Flip It 2:00 Art Show Decorating 3:00 AE Art Show 6:00 Travel Destinations	10:00 PE Morning Stroll 11:00 SS Communion Services 2:00 Scenic Bus Ride 3:00 Shabbat Services 3:30 PE Happy Hour 6:00 CE Engage Your Brain	10:30 Morning Stretches 11:00 LL Outside Trivia 1:30 Making Ice Cream 1:30 PE Making Ice Cream Cones 2:00 Movie Theater Time 6:00 America's Funniest Video

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