



ARLINGTON PLACE

HEALTH CAMPUS

*A Trilogy Senior Living Community*

Press

March 2019



## Planning Your St. Paddy's Day

As the cold weather retreats in preparation for spring, the month of March makes itself known with the blooming of flowers and the budding of leaves. You might even come across a four-leaf clover - reminding you that Saint Patrick's Day is just around the corner. If you're already green with excitement and looking for ways to get involved in the Irish holiday, here are some Life Enrichment programs we offer that are sure to get you in the spirit.

### **Get Inspired with Inspirations!**

When it first began in the 17th century, Saint Patrick's Day was a time for Irish-Christian families to celebrate the arrival of Christianity in Ireland. Today, the holiday has

branched out all across the globe; encouraging everyone to partake in a day of embracing Irish culture. If you're someone who is interested in the spiritual side of Saint Patrick's Day, you'll love our *Inspirations* programs. Offered on a weekly basis, we encourage our community to attend worship services, Bible studies, meditations, tranquility programs, sing hymns, share life stories, and more. Much like Saint Patrick's Day, regardless of your religious background, there's something here for everyone to enjoy.

### **Celebrate with a Happy Hour!**

If you've ever been to a Saint Paddy's Day parade, you know that people come for the party as much as they do

the floats. At our campus, you can celebrate the holiday in style during our *Happy Hour!* Every Friday afternoon between 3:00 and 5:00 p.m., you can sip on your favorite beverage, enjoy snacks, and mingle with friends. It's the perfect way to celebrate Saint Patrick's Day, and an even better way to end a week.

### **Get crafting!**

Create pieces of art to match the beauty of Ireland with our *Artisans* program! We'll provide all the supplies you'll need to craft anything from popsicle stick leprechaun magnets to crepe paper shamrocks. The only thing you'll need to bring is a creative mind!

*...continued on back page*

# Happy Birthday!

## Residents

|            |      |
|------------|------|
| Sylvia B.  | 3/03 |
| Mary F.    | 3/06 |
| John E.    | 3/04 |
| Martha W.  | 3/08 |
| Anthony W. | 3/08 |
| Doris R.   | 3/08 |
| Sandra T.  | 3/15 |
| Linda K.   | 3/24 |

## Staff

|            |      |
|------------|------|
| Eugene T.  | 3/02 |
| Phyllis B. | 3/02 |
| Dana M.    | 3/19 |
| Pamela S.  | 3/8  |
| Monique L. | 3/16 |
| Amber C.   | 3/29 |
| Latonea C. | 3/30 |
| Kameron B. | 3/31 |

## Out and About

Arlington Place offers two outings a week, please see a Life Enrichment Associate to reserve your spot.

## Family Night

Spring Bling March 21, 2019  
at 6:00pm. All are welcome!

## Taste of Town

Dairy Queen

## Theme Dinner

We would be exploring the windy city Chicago - Speak Easy for our next Theme Dinner



## Executive Director Corner

Greetings! March promises to be another month full of

exciting opportunities for our residents, and we can't wait for them to see what we have in store. I'd like to personally invite you to any of our Friday Happy Hours, or to simply unwind by participating with your loved one in any of our other Life Enrichment programs. We do our best to make sure that no two days are ever quite the same, and each one is more special than the last.

Of course, none of this would be possible without our dedicated team. Our staff is second to none, and we want to make sure that we give them the recognition they deserve. Kicking off this month

is Employee Appreciation Day, and we couldn't have more to be thankful for.

This past winter, our team went the extra mile to make our facility a home fit for the holidays. Whether it was one of our chefs preparing a warm, home-cooked meal, or a CNA helping a resident put the star on top of their Christmas tree, every member of our staff spent the giving season by giving their best effort. But this doesn't stop just because the weather gets warmer – their attention to detail and compassionate spirit is something you can count on year round.

I hope March is as wonderful to you as our team has been to us!

Yours in Service,

*Roland Mann*

Executive Director

## Photo Highlights







## More Photo Highlights

### Sunday Brunch

Sunday Brunch is March 10, from 11:00am-1:00pm. All are welcome. Two guests per resident are invited to dine with us free of charge, any additional guests/family members are welcomed for only \$10 per person. Please plan to join us!

### Volunteer News

Arlington Place welcomes all volunteers please see LED for more info.

### Live A Dream

Do You Know of a Dream? Please share it with the Life Enrichment team. Who knows, maybe it could happen!

### Did You Know...?

The monthly newsletter is available on-line in addition to the printed copy? Please follow our campus link at [www.arlingtonplacehc.com](http://www.arlingtonplacehc.com)

Scroll down the page and click on download newsletter.

The Private Dining Room can be reserved contact life enrichment director.

Happy Hour is weekly at 3:00-4:00pm on Friday with Greg Bacon, Lynn Cherri, DJ Skipp.





# ARLINGTON PLACE

HEALTH CAMPUS

*A Trilogy Senior Living Community*

1635 N. Arlington Ave  
Indianapolis, IN 46218

317-353-6000

arlingtonplacehc.com |

*Roland Mann*  
Executive Director

*Sophon Thompson*  
Director of Health Services

*Ashley Wildman*  
Customer Service Specialist

*Brianna Dean*  
Business Office Manager

*Regina Hopkins*  
Life Enrichment Director

*Marquel Harper*  
Director of Plant Operations

*Marquel Harper*  
Director of Dining Services

*Dexter Allen*  
Environmental Services Director

*Daisy Marrs*  
Medical Records Clerk

*Nicole Menton*  
Social Services Director

*Fran Andrews*  
AP/Payroll Coordinator

## Stay in the Loop

Keep up with latest campus news  
and happenings by following  
us on your favorite social networks!

*We strive to provide the best customer  
service and quality care for our residents.*

*Our Department Leaders are here  
to solve any concerns you may have.*

*In the event that you need further  
assistance with any unresolved concerns,  
we encourage you to call or email  
our Compliance Hotline: 800-908-8618,  
ext. 2800; or comply@trilogyhs.com*

*Newsletter Production by PorterOneDesign.com*

# 'St. Paddy's Day'

*...continued from cover*

These are just a few ways you can  
get ready for Saint Patrick's Day,  
but the options are limitless.

Dress up as a leprechaun and

join your friends for a party.

Play a themed version of bingo

or have your grandkids search

for gold with a scavenger hunt.

If you have a special way you

would like to celebrate the

holiday, let us know, and we'll

do our best to make it happen.

When you chose to live with us,

you chose a lifestyle of fun and

fulfillment - and we couldn't

be luckier to have you!



## Word Search

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
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| E | Z | X | Z | H | O | E | R | A | V | Q | Z | F | Y | A | W | C | D | W |
| S | S | A | R | C | Z | T | I | F | J | P | G | S | V | B | Y | A | J | L |
| M | Z | P | N | T | F | R | S | T | Z | E | C | D | I | S | P | D | E | W |
| W | X | X | V | J | C | B | H | S | X | J | S | H | A | M | R | O | C | K |
| U | M | T | J | E | J | G | C | D | K | N | A | H | A | A | U | R | G | N |
| G | X | N | W | I | R | E | L | A | N | D | L | C | Q | S | W | L | H | J |
| N | L | J | W | Y | A | R | T | I | S | A | N | S | E | S | Z | U | U | N |
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| B | Z | E | F | W | C | C | Z | A | N | P | W | O | W | S | F | D | O | K |
| M | K | X | M | A | R | C | H | E | X | P | U | E | D | A | J | G | L | T |
| Y | W | W | R | R | J | F | V | A | U | K | A | C | M | I | Y | G | D | Q |
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| I | F | Y | W | O | S | U | Y | F | M | L | P | S | T | O | R | I | E | S |

ARTISANS  
CLOVER  
CRAFTS  
GOLD

GREEN  
HAPPY HOUR  
INSPIRATIONS  
IRELAND

IRISH  
LEPRECHAUN  
LUCKY  
MARCH

SAINT  
SEVENTEEN  
SHAMROCK  
STORIES