

As the cold weather retreats in preparation for spring, the month of March makes itself known with the blooming of flowers and the budding of leaves. You might even come across a four-leaf clover - reminding you that Saint Patrick's Day is just around the corner. If you're already green with excitement and looking for ways to get involved in the Irish holiday, here are some Life Enrichment programs we offer that are sure to get you in the spirit.

#### Get Inspired with Inspirations!

When it first began in the 17th century, Saint Patrick's Day was a time for Irish-Christian families to celebrate the arrival of Christianity in Ireland. Today, the holiday has

branched out all across the globe; encouraging everyone to partake in a day of embracing Irish culture. If you're someone who is interested in the spiritual side of Saint Patrick's Day, you'll love our *Inspirations* programs. Offered on a weekly basis, we encourage our community to attend worship services, Bible studies, meditations, tranquility programs, sing hymns, share life stories, and more. Much like Saint Patrick's Day, regardless of your religious background, there's something here for everyone to enjoy.

#### Celebrate with a Happy Hour!

If you've ever been to a Saint Paddy's Day parade, you know that people come for the party as much as they do

the floats. At our campus, you can celebrate the holiday in style during our *Happy Hour*! Every Friday afternoon between 3:00 and 5:00 p.m., you can sip on your favorite beverage, enjoy snacks, and mingle with friends. It's the perfect way to celebrate Saint Patrick's Day, and an even better way to end a week.

#### Get crafting!

Create pieces of art to match the beauty of Ireland with our *Artisans* program! We'll provide all the supplies you'll need to craft anything from popsicle stick leprechaun magnets to crepe paper shamrocks. The only thing you'll need to bring is a creative mind!

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## Happy Birthday!

#### Assisted Living

Dorothy G. March 29

#### Health Center

Catherine O. March 04
Shirley M. March 09
Edna B. March 13
Emma S. March 16
Charles M. March 22
Dorcas M. March 26
Ruth W. March 28

## Did You Know...?

Happy Hour is offered every Friday at 3pm. Feel free to join us for hors d'oeuvres and drinks (alcoholic and non-alcoholic).

Families are invited to join us for brunch on the second Sunday of each month at 11 AM

## **ART TIME**

It has been a cold winter, so one of the resident's favorite thing to do inside is, art. We made some snowflake canvas, sock snowmen, heart canvas, etc. It gives the residents time to express themselves and share some stories with eachother.





## Executive Director Corner

Greetings from Amber Manor! March promises to be

another month full of exciting opportunities for our residents, and we can't wait for them to see what we have in store. In honor of St. Patrick's Day, I'd like to personally invite you to any of our Friday Happy Hours, or to simply unwind by participating with your loved one in any of our other Life Enrichment programs. Here at Amber Manor, we do our best to make sure that no two days are ever quite the same, and each one is more special than the last.

Of course, none of this would be possible without our dedicated team. Our staff is second to none, and we want to make sure that we give them the recognition they deserve. Kicking off this month is Employee Appreciation Day, and we couldn't have more to be thankful for.

This past winter, our team went the extra mile to make our facility a home fit for the holidays. Whether it was one of our chefs preparing a warm, home-cooked meal, or a CNA helping a resident put the star on top of their Christmas tree, every member of our staff spent the giving season by giving their best effort. But this doesn't stop just because the weather gets warmer - their attention to detail and compassionate spirit is something you can count on year round.

I hope March is as wonderful to you as our team has been to us! Yours in Service,

Cindi Lents
Executive Director





Connie painting Ellen made a snowman Artwork fun

## TASTE OF TOWN

China Wok was the Taste of Town this month and it sure did make the residents happy. Who doesn't enjoy trying our local restaurants in our county? The Chinese decorations added a nice touch to what they would be seeing if they would eat inside China Wok.



Connie reading her fortune from her cookie



Norma ready to eat some China Wok

The Janes are having some fun at the new year party



Ellen ready for New Years Party

## NEW YEARS FUN

Some games, music, food and drinks made a good start of the New Year. We had a New Year's Eve party to celebrate 2018 being a great year and to get excited for all the fun coming in 2019.



New Years fun!

# Shake Your Groove Thing

One of our favorite things to do here at Amber Manor is dancing. We love to start our mornings off with some good music and some dance moves. Our staff loves to join in with the residents. Life is too short not to dance silly!



Thomas and Sarah dancing with Norma



Ron and Connie enjoying the music



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Angela Woodfork Director of Food Services

> Nicky Roy MDS Coordinator

Cindy Johns Medical Records

Myra Boger HR and Accounts Payables

### Stay in the Loop 💆 f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.
Our Department Leaders are here to solve any concerns you may have.
In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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## 'St. Paddy's Day'

These are just a few ways you can get ready for Saint Patrick's Day, but the options are limitless. Dress up as a leprechaun and join your friends for a party. Play a themed version of bingo or have your grandkids search for gold with a scavenger hunt. If you have a special way you would like to celebrate the holiday, let us know, and we'll do our best to make it happen. When you chose to live with us, you chose a lifestyle of fun and fulfillment - and we couldn't be luckier to have you!



## Word Gearch

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ARTISANS	GREEN	IRISH	SAINT
CLOVER	HAPPY HOUR	LEPRECHAUN	SEVENTEEN
CRAFTS	INSPIRATIONS	LUCKY	SHAMROCK
GOLD	IRELAND	MARCH	STORIES