

March 2019

Heritage Pointe



SUN MON TUE WED THU FRI SAT

Room Key
 AR=Activity Room
 C=Chapel
 CS=Coffee Shop
 CM=Comm. Room
 C=Courtyard
 D=Dining Room
 TR=Theatre
 WR=Wellness Room
 BN=Bird's Nest on 2
 G=Game Room
 2L=Lobby on 2

March Birthdays



March 1– Rita L.	March 9-Viola S.	March 20-Gene D.
March 3– Irma S.	March 11-Bernie S.	March 20-Don K.
March 5—Jane O.	March 12-Dorothy S.	March 22– Christine B.
March 6– Diane E.	March 15– Nina J.	March 24-Betty C.
March 6- Pat K.	March 19—Mary G.	March 27–Shirley W..
		March 29– Diana C.

1
 10:00-11:00 Store Open
 11:00 Lunch at LaCasa's
 1:00 (TR) Travel Video: Ireland
 2:30 (WR) Afternoon Stretch
 3:00 (AR) UNO Cards
 6:00 (CS) Rummy



2
 9:30 (WR) Fitness
 10:30(AR) Manicures (Sign Up)
 1:30 (AR) Pen Pal Club
 2:30 (AR) Mind Joggers
 6:00 (G) Shuffle-board

3
 9:15 (C) Church Service w/ Dick Sladky
 10:30 (TR) Catholic Mass on TV
 10:45 (TR) Catholic Communion
 1:00 (L) Walk Club
 2:00 (CM) BINGO
 3:15(AR) Lime Sherbet Ice Cream
 6:00 (P) Chinese Checkers


4
 9:30 (WR) Strength & Stretch Exercise
 10:15 (BN) Book Club
 11:00-12:00 Store Open
 1:00 Walgreens Shopping
 2:00 (AR) Mexican Dominoes
 6:00-(CM) BUNCO



5
 9:30 (WR) Exercise
 10:15 (C) Devotions
 10:30 (C) Bible Study
 2:30 (TR) Karaoke Sing-along w/ Bob Furr
 6:00 (L) Sing-A-Long

6 Ash Wednesday
 9:30 (WR) Mind & Body Exercise
 10:15 (CS) Coffee Talk
 11:00-12:00 (CM) Store Open
 1:00 (AR) Manicures
 3:00 (AR) Scattergories Brain Game
 6:00 (CS) Cards & Coffee



7
 8:30 (CM) Health Maintenance Clinic
 9:30(WR) Mind & Body Exercise
 10:15 (C) Devotional
 10:45 (CS) Time Slips
 2:00 (CM) BINGO
 3:15 (C) Catholic Mass
 6:30 (T) Wheel of Fortune TV Group Challenge

8
 10:00-11:00 (CM) Store Open
 11:00 Lunch at Runza's
 1:00 (AR) Left, Center, Right Dice Game
 2:30 (WR) Afternoon Stretch
 3:00 (AR) St. Patrick's Theme Craft
 6:00-(G) Yahtzee


9
 9:30 (WR) Fitness Fun
 10:30 (AR) Manicures (Sign Up)
 1:30 (AR) Group Crossword Puzzle
 2:30 (AR) Table Talk Conversations
 6:00 (CM) Rummy Card Game

10 Daylight Savings Time
 9:15 (C) Church Service w/ Dick Sladky
 10:30 (TR) Catholic Mass on TV
 10:45 (TR) Catholic Communion
 1:00 Trip to Gretna-Army Band Concert
 2:00 (CM) BINGO
 3:15 (AR) Irish Coffee Social


11 Lent Begins
 9:30 (WR) Strength & Stretch Exercise
 10:15 (BN) Book Club
 11:00-12:00 Store Open
 1:00 Kohl's Shopping
 1:00 (CM) Custom Hearing Solutions
 2:00 (AR) Mexican Dominoes
 6:30 Midland's Pet Therapy in the Lobby

12
 9:30 (WR) Tai Chi
 10:00 Massage Therapist Here Today **Sign Up-Front Desk!
 10:15 (C) Devotions
 10:30 (C) Bible Study
 1:30 (T) Movie Matinee
 3:00 (AR) Meaningful Activities
 6:00 (L) Sing-Along



13
 9:30 (WR) Mind & Body Exercise
 10:15 (CS) Coffee Talk
 11:00-12:00 Store Open
 1:00 (AR) Manicures
 2:00 (TR) Fontenelle Forest: "Songbirds"
 3:00 (CM) Happy Hour
 6:00 (CS) Sorry! Board Game




14
 9:30 (WR) Mind & Body Exercise
 10:15 (C) Devotional
 10:45 (CS) Spring Stories
 2:00 (CM) BINGO
 3:00 (CM) Town Hall Meeting
 3:45-4:30 (L) Music w/ Pianist Holly in Lobby
 6:30 (T) Wheel of Fortune on TV



15
 9:30 (WR) Morning Stretch
 10:00-11:00 (CM) Store Open
 1:00 (AR) St. Pat's Word Puzzle
 2:00 (CM) March Birthday Party w/ BILLY TROY
 6:00 (CS) Scrabble






16
 9:30 (WR) Fitness Fun
 10:30 (AR) Manicures (Sign Up)
 1:30 (AR) – Irish Jokes (bring a joke)
 2:30 (AR) St. Patrick's Trivia
 6:00 (P) Chinese Checkers in Pub





17 St. Patrick's Day
 9:15 (C) Church Service w/ Dick Sladky
 10:30 (TR) Catholic Mass on TV
 10:45 (TR) Catholic Communion
 11-1 (D) St. Patrick's Day Lunch
 1:00 (L) Walk Club
 2:00 (CM) BINGO
 3:15 (AR) Shamrock Shakes


18
 9:30 (WR) Exercise
 10:15 (BN) Book Club
 11:00-12:00 (CM) Store Open
 11:00 Lunch at LaMesa's
 2:30 (CM) St. Pat's Day Party w/ Kim Eames –Wear Green
 6:00 (CM) Quarter Bingo Night

19
 9:30 (WR) Tai Chi
 10:15 (C) Devotions
 10:30 (C) Bible Study
 1:30 (T) Movie Matinee
 3:00 (CM) Balloon Volleyball
 6:00 (L) Sing-A-Long





20 Spring Begins
 9:30 (WR) Mind & Body Exercise
 10:15 (CS) Coffee Talk
 11:00-12:00 (CM) Store Open
 1:00 (AR) Manicures
 3:00 (AR) Spring Words Hangman
 6:00 (G) Shuffleboard




21
 9:30 (WR) Exercise
 10:15 (C) Devotional
 10:45 (CS) Name that Flower
 11:00-1:00 (L) Timeless Apparel Clothing Sale
 1:00 (CM) Dining Council
 2:00 (CM) BINGO
 3:00 (P) Men's Club-Happy Hour w/ Ray
 4:30 (D) Beer & Pizza

22
 10:00-11:00 Store Open
 1:00 Dollar Store Trip
 1:00 (AR) Table Talk Conversations
 2:30 (WR) Afternoon Stretch
 3:00 (C) Hymn Sing w/ NanciMae
 6:00-(CS) Rummy




23
 9:30 (WR) Fitness Fun
 10:30 (AR) Manicures (Sign Up)
 1:30 (AR) Brain Drain
 2:30 (AR) Root Beer Floats
 6:00 (CS) Cards & Coffee




24/31
 9:15 (C) Church Service w/ Dick Sladky
 10:30 (TR) Catholic Mass on TV
 10:45 (TR) Catholic Communion
 1:00 (L) Walk Club
 2:00 (CM) BINGO
 3:15 (AR) Snack Social
 6:00(CS) Sorry! Game

25
 9:30 (WR) Exercise
 10:15 (BN) Book Club
 11:00-12:00 Store Open
 11:00 Lunch at Village Inn
 2:00 (AR) Mexican Dominoes
 6:00 Glenn Miller Music & Treats in the Lobby



26
 9:30 (WR) Tai Chi
 10:00 Massage Therapist Here Today **Sign Up at the Front Desk!
 10:15 (C) Devotions
 10:30 (C) Bible Study
 2:00-2:30 (CM) OnCare Lecture on CHF
 3:00 (CM) Chair Volleyball
 6:00 (L) Sing-A-Long

27
 9:30 (WR) Mind & Body Exercise
 10:15 (CS) Coffee Talk
 11:00-12:00 Store Open
 1:00 (AR) Manicures
 3:00 (CM) Academy Award Music & Happy Hour w/ Michael Lyon
 6:00(CS) UNO Cards



28
 9:30 (WR) Exercise
 10:15 (C) Devotional
 10:45(CS) Current Events
 2:00 (CM) BINGO
 3:15(C) Catholic Communion
 4:30 Men's Night Out At Heritage Ridge
 6:30 (T) TV Game Show

29
 10:00-11:00 Store Open
 10:00 Target Shopping
 1:00 Target Shopping
 1:30 (CS) Coloring & Word Puzzle
 2:30 (WR) Afternoon Stretch
 3:15 (AR) Activity Suggestion Meeting
 6:00-(G) Yahtzee

30
 9:30 (WR) Fitness Fun
 10:30-(AR) Manicures (Sign Up)
 1:30 (AR) Group Crossword Puzzle
 2:30 (AR) I Hear Memories!
 6:00 (CS) Phase 10 Card Game