

# March 2019

The Heritage  
at Sterling Ridge

Assisted/  
Independent  
Living

SUN	MON	TUE	WED	THU	FRI	SAT
<p><b>Corner Store Hours</b> (Located behind the front desk)</p> <p><b>Tuesday/Thursday</b> 10-11 a.m. <b>Friday</b> 4- 5p.m. <b>Saturday</b> 1-3 p.m.</p>	<p>(AC) Activity Center (CR) Community Rm (GR) Game Room (LA) Library Area (P) Pub (B) Balcony (TR) Theatre Room (CS) Coffee Shop (PD) Private Dining (CY) Courtyard (L) Lobby (DR) Dining Room</p>	<p><b>RED:</b> RSVP in Lobby</p> <p><b>BLUE:</b> Creative Time</p> <p><b>Green:</b> Entertainer</p> <p><b>PURPLE:</b> Educational</p> <p><b>PINK:</b> Party</p> <p><b>Orange:</b> Weekday Religious</p>	<p><i>Our Special Tea Shop will be hosting a 1940s Tea Party on Monday, March 11th at 2PM Here at Sterling Ridge- Cost is \$16 Includes tea, desserts, and a trip down memory lane. RSVP- you won't want to miss out!</i></p>		<p><b>1</b> 9:30(CR) Exercise 10:30(CS) Scatter Joy Acres Animal Visit 1:30(TR) Documentary: World's Most Extraordinary Homes: Spain <b>3:00(P) Happy Hour in Honor of Sally- Margaritas</b> 4:00-5:00 Store Open 6:30(TR) New Movie: American Renegades [PG-13]</p>	<p><b>2</b> 9:30(CR) Exercise 10:30(AC) Manicures &amp; Ironing 1:00-3:00 Store Open 1:00(CS) Mind Benders and Brain Teasers 2:30(TR) Movie Matinee: The Gay Divorcee</p>
<p><b>3</b> 8:30(TR) Westside Church on TV 9:00(P) Catholic Communion <b>10:30 Mass: St.Robert's</b> 10:30(TR) Catholic Mass on TV 3:30(CS) Ice Cream Social- Mint Chip Ice Cream</p>	<p><b>4</b> 9:30(CR) Exercise 10:30(CS) Monday Morning Fun Facts 1:00(P) Fruit Carving - With Chef Joseph 2:00(P) New Resident Reception <b>3:00(TR) Episcopal Communion Service</b> <b>3:30(CR) March Birthday Celebration</b> 3:30(CR) Wayne Miller</p> 	<p><b>5</b> <b>Mardis Gras</b> 9:30(CR) Exercise 10:00-11:00 Store Open 10:30(CS) Coffee &amp; Biscotti <b>1:00 Walgreens- Sr Discount Day</b> 3:30(AC) Manicures &amp; Ironing 6:00(P) Mardis Gras Masquerade Party &amp; Trivia</p> 	<p><b>6</b> <b>Ash Wednesday</b> 9:30(CR) Exercise <b>10:30(CR) Worship w/ Pastor Berger</b> 1:00(AC) Bridge Group 1:30(B) Canasta Group <b>1:00-3:00(CR) Vitals Clinic</b> 4:00(TR) Catholic Rosary and Communion</p>	<p><b>7</b> 9:30(CR) Exercise 10:00-11:00 Store Open 10:30(CS) Way Back When... <b>1:00 Shop at HyVee</b> 3:30(CR) Bingo: Mystery Prizes</p>  <p>6:30(TR) Name that Tune &amp; Sing Along</p>	<p><b>8</b> 9:30(CR) Exercise 1:30(TR) Documentary: World's Most Extraordinary Homes: India <b>3:00(P) Pub &amp; Grub: Long Island Ice Teas</b> <b>4:30(CR) Shabbat w/ Nancy Rips</b> 4:00-5:00 Store Open 6:30(TR) New Movie: Instant Family [PG-13]</p>	<p><b>9</b> 9:30(CR) Exercise 10:30(AC) Manicures &amp; Ironing 1:00-3:00 Store Open 1:00(CS) Mind Benders and Brain Teasers 2:30(TR) Movie Matinee: Swing Time</p>
<p><b>10</b> <b>Spring Ahead</b> 8:30(TR) Westside Church on TV 9:00(P) Catholic Communion <b>10:30 Mass: St.Robert's</b> 10:30(TR) Catholic Mass on TV 3:30(CS) Ice Cream Social: Butterscotch</p> 	<p><b>11</b> 9:30(CR) Exercise 10:30(CS) Monday Morning Fun Facts <b>1:00(CS) Quick Crafts - St. Patrick's Day Necklaces</b> <b>2:00(CR) Our Special Tea- Traditional Ladies Tea</b> 3:30(CR) Wii Bowling League</p> 	<p><b>12</b> 9:30(CR) Exercise 10:00-11:00 Store Open 10:30(CS) Coffee &amp; Biscotti <b>1:30(TR) Reducing Fall Risk w/ OnCare</b> 3:30(AC) Manicures &amp; Ironing 6:30(TR) Gameshow Fun: This is Jeopardy!- Come win!</p>	<p><b>13</b> 9:30(CR) Tai Chi 10:00(TR) Bible Study <b>2:00(TR) Christian Worship w/ Chaplain Bunn</b> 1:00(AC) Bridge Group 1:30(B) Canasta Group <b>4:00(TR) Catholic Mass w/ Msgr. Gilg</b></p>	<p><b>14</b> 9:30(CR) Exercise 10:00-11:00 Store Open 10:30(CS) Way Back When... <b>1:00 Shop at Walmart</b> 3:00(CR) Bingo: Candy Bar*** NOTE TIME <b>4:30(CR) Ladies Night - Luck O' The Irish</b></p>	<p><b>15</b> 9:30(CR) Exercise 11:30-1:30(P) 50 Cent Greeting Cards by Kathy 1:30(TR) Documentary: World's Most Extraordinary Homes: Norway <b>3:00(P) Pub &amp; Grub: Irish Happy Hour</b> 3:15(TR) Music by Chris Moluf 4:00-5:00 Store Open 6:30(TR) New Movie: Robin Hood [PG-13]</p>	<p><b>16</b> 9:30(CR) Exercise 10:30(AC) Manicures &amp; Ironing 1:00-3:00 Store Open 1:00(CS) Mind Benders and Brain Teasers 2:30(TR) Movie Matinee: Top Hat</p>
<p><b>17</b> 8:30(TR) Westside Church on TV 9:00(P) Catholic Communion <b>10:30 Mass: St. Robert's</b> 10:30(TR) Catholic Mass on TV 2:00(CR) Lucky Irish Bingo 3:30(CS) Pot O' Gold Sundaes</p> 	<p><b>18</b> 9:30(CR) Exercise 10:30(CS) Monday Morning Fun Facts <b>1:30(CR) When Swing Was King</b> <b>2:30(CR) Men's March Madness Social Hour</b> <b>3:00(TR) Episcopal Communion Service</b></p> 	<p><b>19</b> 9:30(CR) Exercise 10:00-11:00 Store Open 10:30(CS) Coffee &amp; Biscotti <b>1:00 Shop at Dollar Tree</b> 3:30(AC) Manicures &amp; Ironing <b>5:00(TR) Pizza and Movie Night-Limit 25</b></p> 	<p><b>20</b> <b>Purim</b> 9:30(CR) Tai Chi <b>10:00 Luck O' The Irish Senior Luncheon &amp; Bingo- \$10</b> 10:30(CR) Worship w/ Pastor Berger 2:00(P) Beth El Chesed Group 1:00(AC) Bridge Group 1:30(B) Canasta Group 3:00(TR) Cookies &amp; Conversation w/ Fr. McKercher <b>4:00(TR) Rosary Group &amp; Communion</b></p>	<p><b>21</b> <b>Purim</b> 9:30(CR) Exercise 10:00-11:00 Store Open 10:30(CS) Way Back When... <b>12:45 Tour of KANEKO Art Gallery</b> 3:30(CR) Bingo: Quarter <b>3:00-4:00(PD) Custom Hearing Solutions</b> 4:30-6:30(DR) Wine &amp; Dine- Your Choice of Wine or Soda w/ Dinner</p>	<p><b>22</b> 9:30(CR) Exercise 11:00(TR) Trinity Classical Academy Students Program 1:30(TR) Documentary: World's Most Extraordinary Homes: Israel <b>3:00(P) Pub &amp; Grub: Mudslide</b> <b>4:00(L) Piano w/ Holly</b> 4:00-5:00 Store Open 6:30(TR) New Movie: Can You Ever Forgive Me [PG-13]</p>	<p><b>23</b> 9:30(CR) Exercise 10:30(AC) Manicures &amp; Ironing 1:00-3:00 Store Open 1:30(CS) Mind Benders and Brain Teasers 2:30(CR) Movie Matinee: Shall We Dance</p>
<p><b>24</b> 8:30(TR) Westside Church on TV 9:00(P) Catholic Communion <b>10:30 Mass: St. Robert's</b> 10:30(TR) Catholic Mass on TV 2:00(CR) Bingo 3:30(CS) Ice Cream Social- Oreo Sundaes</p>	<p><b>25</b> 9:30(CR) Exercise 10:30(CS) Monday Morning Fun Facts <b>1:00 Guided Tour of Boystown</b> <b>2:30(AC) Craft Corner- Springtime Door Décor</b> 3:30(CR) Wii Bowling League</p> 	<p><b>26</b> 9:30(CR) Exercise 10:00-11:00 Store Open 10:30(CS) Coffee &amp; Biscotti <b>1:00 Mystery Bus Ride</b> 3:30(AC) Manicures &amp; Ironing <b>4:30 Leave for dinner at Malaria's</b></p> 	<p><b>27</b> 9:30(CR) Tai Chi 10:00(TR) Bible Study 1:00(AC) Bridge Group 1:30(B) Canasta Group <b>2:00(CR) Christian Communion Service w/ Chaplain Bunn</b> 4:00(TR) Catholic Mass with Fr. Scheiblhofer</p> 	<p><b>28</b> 9:30(WR) Exercise 10:00-11:00 Store Open 10:30(CS) Way Back When... 11:00-1:00(LA) Timeless Apparel Clothing Boutique <b>1:00 Shop at HyVee</b> 3:30(CR) Bingo: Dollar <b>4:30 Leave for Men's Night at Heritage Ridge</b></p>	<p><b>29</b> 9:30(CR) Exercise <b>10:30(CR) Town Hall</b> 1:30(TR) Documentary: World's Most Extraordinary Homes: USA <b>3:00(P) Pub &amp; Grub: Strawberry Daiquiris</b> 4:00-5:00 Store Open 6:30(TR) New Movie: Free Solo [PG-13]</p>	<p><b>30</b> 9:30(CR) Exercise 10:30(AC) Manicures &amp; Ironing 1:00-3:00 Store Open 1:30(CS) Mind Benders and Brain Teasers 2:30(CR) Movie Matinee: Royal Wedding</p>
<p><b>31</b> 8:30(TR) Westside Church on TV 9:00(P) Catholic Communion <b>10:30 Mass: St. Robert's</b> 10:30(TR) Catholic Mass on TV <b>1:00 Leave for Comedy Show at JCC- Scott Novotony</b> 3:30(CS) Ice Cream Social- Strawberry Sundaes</p>	<p><b>Luck O' The Irish Senior Luncheon</b> Hosted by our very own Lisa from Life Enrichment! Wednesday, March 20th 10:30AM till 1:00 PM Bingo, Prizes, Lunch catered by HyVee, Live Celtic Music by Jeff Sheppard and Lois Rood \$10- Cash or Check Made Out to The Heritage at Sterling Ridge <b>SIGN UP!!!</b></p>		<p><b>Happy Birthday!</b></p> <p>Rose Davis 11th Cathy Burgess 12th Dory Tschantz 18th Ginny Chick 20th Rose Wise 21st Betty Meysenburg 24th</p> <p>Al Menghini 27th Ed Malaschock 27th LaDonna Choquette 29th Gerry Dibelka 30th Dee Brueggeman 30th Pat Menghini 31st</p>			