



Haven at Springwood

24	25	26	27	28	Mar 1	2
					Green Salad Grilled Chicken/Roasted Pepper Sauce <i>or</i> Glazed Salmon Herb Roasted Red Potatoes Buttered Squash Pineapple Blueberry Crumble	Green Salad Italian Pork Roast <i>or</i> Meatballs/Marinara Sauce Parmesan Pasta Garlic Spinach Chef's Dessert
3	4	5	6	7	8	9
Green Salad Meatloaf/Gravy <i>or</i> Bacon Ranch Chicken Onion Roasted Potatoes Capri Blend Autumn Spice Cake	Green Salad Honey Curry Chicken Breast <i>or</i> Cod/Garlic Butter Sauce Rice Pilaf Broccoli Peach Cobbler	Green Salad Baked Pork Chops <i>or</i> Turkey/Mushroom Sauce Smashed Sweet Potatoes Corn Baked Roll Angel Food Cake	Green Salad Salisbury Steak <i>or</i> Ham with Raisin Sauce Baked Potato California Normandy Blend Baked Roll Fresh Banana Cream Pie	Green Salad Oven Roasted Chicken Breast <i>or</i> Hot Pork Gravy Lyonnaise Potatoes Mixed Vegetables Peach Crisp	Green Salad Seasoned Baked Flounder <i>or</i> Smothered Cube Steak Fresh Mashed Potatoes Lemon Pepper Green Beans Fresh Cornbread Assorted Fruit	Green Salad Traditional Lasagna <i>or</i> Herb Roasted Turkey Vegetable Medley Crusty Garlic Bread German Chocolate Cake
10	11	12	13	14	15	16
Green Salad Brown Sugar Ham <i>or</i> Sirloin Steak Roasted Yams Baked Lima Beans Baked Roll Homemade Cherry Pie	Green Salad Garlic Ranch Chicken <i>or</i> Shrimp Style Scampi Potato Bacon Gratin Corn O'Brien Baked Roll Assorted Fruit	Green Salad Swedish Meatballs <i>or</i> Homestyle Turkey Best Noodles Scandinavian Veg Baked Roll Chocolate Chip Cake	Green Salad Herb Crusted Pork Roast <i>or</i> Deep Dish Spinach Quiche Parmesan Roasted Potatoes Seasoned Cauliflower Baked Roll Mixed Berry Crisp	Green Salad Hamburger Steak/Onions <i>or</i> Tomato Basil Chicken Sour Cream Potatoes Capri Blend Baked Roll Maple Bread Pudding	Green Salad Cheddar Crumb Cod <i>or</i> Sweet and Sour Pork Rice Orzo Pilaf Creamy Coleslaw Chef's Dessert	Green Salad Cranberry Glazed Turkey Roast <i>or</i> Seasoned Steak Cornbread Dressing Roasted Parmesan Brussels Sprouts Pineapple Cake
17	18	19	20	21	22	23
Green Salad Yankee Pot Roast <i>or</i> Baked Salmon/Lemon Dill Sauce Garlic Mashed Potatoes Baby Carrots Baked Roll Homemade Peach Pie	Green Salad Bread Crumb Chicken <i>or</i> Veal/Mushroom Sauce Lemon Rice Chef's Steamed Vegetable Baked Roll Cranberry Apple Crisp	Green Salad Grilled Pork Chop/Applesauce <i>or</i> Swiss Steak/Tomatoes Baked Yams Herbed Corn Baked Roll Glazed Pumpkin Cake	Green Salad Spaghetti/Meat Marinara Sauce <i>or</i> Turkey Roast/Stuffing Baked Potato Greens Baked Roll Chocolate Chip Cookie	Green Salad Rosemary Lemon Chicken <i>or</i> Maple Marinated Pork Roast Seasoned Brown Rice Capri Blend Baked Roll Pear Cobbler	Green Salad Crunch-Topped Fish <i>or</i> Ham/Pineapple Sauce Roasted Red Potatoes Coleslaw Baked Roll Orange Cake	Green Salad Meatloaf with Mozzarella <i>or</i> Turkey Cutlets/Pan Gravy O'Brien Potatoes Peas and Pearl Onions Baked Roll Cherry Crisp
24	25	26	27	28	29	30
Green Salad Parmesan Crusted Chicken <i>or</i> Tender Beef Roast Herb Mashed Potatoes Oven Roasted Broccoli Baked Roll Grandma's Apple Pie	Green Salad Oven Roasted Pork <i>or</i> Bacon Tomato Quiche Glazed Sweet Potatoes Green Beans Italian Baked Roll Homemade Carrot Cake	Green Salad Beef Patty/Mushroom Sauce <i>or</i> Grilled Catfish House Green Salad Pears	Green Salad Sliced Turkey Breast <i>or</i> Crispy Pork Chops Fresh Mashed Potatoes/Gravy Herbed Corn Baked Roll Blueberry Cobbler	Green Salad Ham Roast <i>or</i> Chicken Riviera Cream and Cheese Potatoes Seasoned Cauliflower Baked Roll Mandarin Oranges	Green Salad Honey Glazed Meatballs <i>or</i> Cod AuGratin Rice Snap Pea Vegetable Blend Baked Roll Spiced Pear Cake	Green Salad Cranberry Chicken <i>or</i> Corned Beef Brisket Steamed Red Potatoes Parsley Carrots Baked Roll Fruit

<p>31  Green Salad  Maple Crusted Pork  Roast  <i>or</i>  Hamburger  Steak/Gravy  Aloha Sweet Potatoes  California Normandy  Blend  Lemon Meringue Pie</p>	<p>Apr 1</p>	<p>2</p>	<p>3</p>	<p>4</p>	<p>5</p>	<p>6</p>
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