



Symphony at Valley Farms

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| 24 | 25 | 26 | 27 | 28 | Mar 1 | 2 |
| | | | | | Green Salad <i>or</i> Ham and Lentil Soup Grilled Chicken/Roasted Pepper Sauce <i>or</i> Glazed Salmon Rice Coleslaw <i>or</i> Green Beans Homemade Wheat Rolls Dump Cake | Cream of Celery Soup Garden Pasta Salad Dilled Pork Roast <i>or</i> Beef Stuffed Cabbage Parmesan Pasta Garlic Spinach <i>or</i> Corn Baked Roll Pears |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Bean Vegetable Soup <i>or</i> Cinnamon Fruit Cup Zesty Meatloaf <i>or</i> Bacon Ranch Chicken Onion Roasted Potatoes Stewed Tomatoes <i>or</i> Brussels Sprouts Baked Roll Maple Bar | New England Clam Chowder <i>or</i> Marinated Tomatoes Chicken/Dijon Sauce <i>or</i> Sour Cream Beef Patty Rice Pilaf Broccoli <i>or</i> Chef's Steamed Vegetable Whole Grain Bread Apple Cobbler | Soup Du Jour <i>or</i> Carrot Raisin Salad Herb Gravy Pork <i>or</i> Turkey/Mushroom Sauce <i>or</i> Sweet Potato Hash Braised Celery <i>or</i> Chef's Sautéed Vegetable Homemade Wheat Rolls Black Forest Mousse | Basil Tomato Soup <i>or</i> Zesty Cucumber Salad Ham Steak/Cider Sauce <i>or</i> Beef Medallions Garlic Pasta Sautéed Spinach <i>or</i> Parsley Carrots Baked Roll Fresh Banana Cream Pie | Turkey Vegetable Soup <i>or</i> Apple Coleslaw Chicken and Dumplings <i>or</i> Barbecue Beef Meatballs Lyonnaisé Potatoes Mixed Vegetables <i>or</i> Seasoned Cauliflower Baked Roll Black Forest Mousse | Cheddar Ham Soup <i>or</i> Fruit Cocktail Spanish Cubed Steak <i>or</i> Seasoned Baked Tilapia <i>or</i> White and Wild Rice Pilaf Lemon Pepper Green Beans <i>or</i> Buttery Carrots Baked Roll Texas Sheet Cake | Creamed Spinach Soup Pasta Salad Beef Sour Cream Noodle Bake <i>or</i> Surimi Crab Salad Glazed Sweet Potatoes Sautéed Zucchini <i>or</i> Winter Sunset Blend Whole Grain Bread Peaches |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| Soup Du Jour <i>or</i> Fall Fruit Salad Brown Sugar Ham <i>or</i> English Pub Steak Parsley Buttered Noodles Sautéed Carrots <i>or</i> Wax Beans Baked Roll Banana Pudding | Classic Minestrone Soup <i>or</i> Green Salad Garlic Ranch Chicken <i>or</i> Shrimp Style Scampi Potato Bacon Gratin Corn O'Brien <i>or</i> Capri Blend Baked Roll Almond Sugar Cookie | Soup Du Jour <i>or</i> Soft Fall Fruit Salad Homestyle Turkey <i>or</i> Marinated Pork Best Noodles Scandinavian Veg <i>or</i> Boiled Cabbage Whole Grain Bread Assorted Desserts | Garden Vegetable Soup <i>or</i> Green Salad Grilled Chicken Legs <i>or</i> BBQ Pulled Pork/Bun Parmesan Roasted Potatoes Green Beans <i>or</i> Mixed Vegetables Baked Roll Pumpkin Squares | Sausage Barley Soup <i>or</i> Cucumber Onion Salad Hamburger Steak/Onions <i>or</i> Chicken and Biscuits Sour Cream Potatoes Capri Blend <i>or</i> Sautéed Mushrooms Baked Roll Ice Cream | Cream of Celery Soup <i>or</i> Beet Salad Cheddar Crumb Cod <i>or</i> Sweet and Sour Pork Vegetable Egg Roll Seasoned Peas <i>or</i> Garlic Carrots Whole Grain Bread Assorted Desserts | Soup Du Jour Garden Pasta Salad Swiss Burger <i>or</i> Broccoli and Cheddar Stuffed Potato <i>or</i> Fresh Cooked Yams Mixed Vegetables Baked Roll Fruit |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| Home Chicken Noodle Soup <i>or</i> Garden Pasta Salad Shepherd's Pie <i>or</i> Crispy Fish Sandwich <i>or</i> Delicious Rice Baby Carrots Whole Grain Bread Assorted Desserts | Autumn Ham Soup <i>or</i> Green Salad Veal/Mushroom Sauce <i>or</i> Chicken and Broccoli Fresh Mashed Potatoes Chef's Steamed Vegetable Whole Grain Bread Banana Pudding Poke Cake | Cream of Cauliflower Soup <i>or</i> Apple Salad Grilled Pork Chop/Applesauce <i>or</i> Easy Fried Chicken Roasted Smashed Potatoes Herbed Corn <i>or</i> Roasted Cabbage Fresh Cornbread Assorted Desserts | Creamy Tomato Bisque <i>or</i> Green Salad Spaghetti/Meat Marinara Sauce <i>or</i> Easy Fried Chicken Onion Rings Grilled Zucchini <i>or</i> Corn on the Cob Baked Roll Chocolate Chip Cookie | Vegetable Macaroni Soup <i>or</i> Fruity Ginger Ale Jello Rosemary Lemon Chicken <i>or</i> Maple Marinated Pork Roast Mashed Yams Capri Blend Baked Roll Chocolate Pudding | Potato Spinach Soup <i>or</i> Coleslaw Vinaigrette Red Potatoes and Ham <i>or</i> Crunch-Topped Fish Green Beans Almondine <i>or</i> Peas and Carrots Baked Roll Fruit | Chicken Wild Rice Soup Green Salad Meatloaf with Mozzarella <i>or</i> Turkey Cutlets/Pan Gravy Fresh Mashed Potatoes Peas and Pearl Onions <i>or</i> Corn Whole Grain Bread Cherry Crisp |

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| <p style="text-align: right;">24</p> <p>Soup Du Jour <i>or</i> Amish Chicken and Waffles <i>or</i> Beef and Broccoli Stir-Fry Fried Brown Rice Oven Roasted Broccoli <i>or</i> Mixed Vegetables Baked Roll Jello & Whip Cups</p> | <p style="text-align: right;">25</p> <p>Turkey Noodle Soup <i>or</i> Green Salad Bacon Tomato Quiche <i>or</i> Baked Sliced Ham Hash Brown Bake Green Beans Italian Whole Grain Bread Ice Cream</p> | <p style="text-align: right;">26</p> <p>Plantation Harvest Soup <i>or</i> Fruit Cocktail Classic Lasagna <i>or</i> Beef Patty/Mushroom Sauce Roasted Potato Medley Parmesan Peas <i>or</i> Roasted Carrots Homemade Wheat Rolls Peanut Butter Brownie</p> | <p style="text-align: right;">27</p> <p>Toscana Soup <i>or</i> Green Salad Crispy Pork Chops <i>or</i> Beef Cabbage Rolls <i>or</i> Baked Macaroni Cheese Herbed Corn <i>or</i> Garlic Green Beans Baked Roll Fruit Cobbler</p> | <p style="text-align: right;">28</p> <p>Fruit Cup <i>or</i> Beef Barley Soup Chicken Riviera <i>or</i> Swedish Meatballs Garlic Pasta Seasoned Cauliflower <i>or</i> Mixed Vegetables Baked Roll Lemon Meringue Pie</p> | <p style="text-align: right;">29</p> <p>French Onion Soup <i>or</i> Beet Salad Cod AuGratin <i>or</i> Pork and Sauerkraut Roasted Rosemary Potatoes Lemon Buttered Broccoli Baked Roll Pineapple Chunks</p> | <p style="text-align: right;">30</p> <p>Homestyle Vegetable Soup Romaine Orange Salad Mushroom and Swiss Chicken <i>or</i> Salisbury Steak/Gravy Apple Sausage Stuffing Country Trio Medley <i>or</i> Garlic Carrots Baked Roll Ice Cream</p> |
| <p style="text-align: right;">31</p> <p>Soup Du Jour <i>or</i> Tomato Cucumber Salad Tamale Pie <i>or</i> Crab Alfredo/Linguine California Normandy Blend <i>or</i> Sauteed Yellow Squash Baked Roll Bread Pudding</p> | <p style="text-align: right;">Apr 1</p> | <p style="text-align: right;">2</p> | <p style="text-align: right;">3</p> | <p style="text-align: right;">4</p> | <p style="text-align: right;">5</p> | <p style="text-align: right;">6</p> |