


March 2019
In The Moment – Memory Support

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>March cont'd</div> <div>31</div> <div>10:00 SS Hymns of Praise</div> <div>11:00 SS Episcopal Church Service</div> <div>11:45 LL Men of Symphony</div> <div>2:00 PE Fitness Time</div> <div>3:00 CE Around the World</div> <div>4:15 LL Name That Song</div> <div>6:30 LL Nostalgic Game Shows</div>	<div></div> <div>4900 SE Willoughby Blvd Stuart, FL 34997 772-618-1565</div>	<div>AE Artistic Expression</div> <div>CC Community Connections</div> <div>CE Continuing Education</div> <div>LL Lifestyle & Leisure</div> <div>PE Physical Engagement</div> <div>SS Spiritual Support</div> <div>Healthy Snacks & Hydration offered throughout each day!</div>	<div>10:00 PE Strength Work Out</div> <div>10:45 CE This Day in History</div> <div>1:30 LL Volunteer Project: Making Horse Treats</div> <div>3:00 LL Live Music with Jim Breen</div> <div>4:15 CE Joggin' your Noggin'</div> <div>6:30 LL Nostalgic Movie</div>	<div>10:00 PE Sit & Be Fit</div> <div>10:45 LL At the Movies</div> <div>1:30 AE Creative Workshop</div> <div>3:00 SS First United Methodist Church Service</div> <div>4:15 CE Engage Your Brain</div> <div>6:30 CE Good Evening News</div>		
<div>10:00 SS Hymns of Praise</div> <div>11:00 SS Episcopal Church Service</div> <div>11:45 LL Men of Symphony</div> <div>2:00 PE Fitness Time</div> <div>3:00 CE Around the World</div> <div>4:15 LL Name That Song</div> <div>6:30 LL Nostalgic Game Shows</div>	<div>10:00 LL Horse Therapy with Healing Hooves</div> <div>10:30 SS Holy Communion</div> <div>11:00 AE Live: Mind & Melody</div> <div>2:00 PE Let's Move It!</div> <div>3:00 CE Geography Trivia</div> <div>4:15 SS Spritual Corner</div> <div>6:30 CE Travel TV</div>	<div>10:00 PE Morning Stroll</div> <div>10:30 LL Live:Tap Dancing Rehearsal</div> <div>11:00 CC Out & About: Small Cakes Cupcakery</div> <div>2:00 PE Toss & Talk</div> <div>3:00 CE History of Mardi Gras</div> <div>4:00 AE Piano Music With Annie</div> <div>6:30 CE Reading Roundtable</div>	<div>9:30 SS Ashes & Communion Service</div> <div>10:00 PE Chair Zumba</div> <div>10:00 SS Spritual Corner</div> <div>10:45 CE Engage Your Brain</div> <div>11:30 CE Destination Discovery</div> <div>2:00 PE Fitness Time</div> <div>3:00 AE Music Trivia</div> <div>4:15 AE Creative Art</div> <div>6:30 LL Nostalgic TV Show</div>	<div>10:00 PE Low Impact Aerobics</div> <div>10:45 CC At the Movies</div> <div>2:00 PE Toss It!</div> <div>3:00 AE Musical Moments</div> <div>4:15 CE Brain Work Out</div> <div>6:30 CE All About Animals</div>	<div>10:00 PE Strength Work Out</div> <div>10:45 CE This Day in History</div> <div>2:00 AE Artistic Moments</div> <div>3:00 AE Live Music: Don & Annette</div> <div>4:15 CE Joggin' your Noggin'</div> <div>6:30 LL Nostalgic Movie</div>	<div>10:00 PE Sit & Be Fit</div> <div>10:45 LL At the Movies</div> <div>1:30 AE Creative Workshop</div> <div>3:00 SS First United Methodist Church Service</div> <div>4:15 CE Engage Your Brain</div> <div>6:30 CE Good Evening News</div>
<div>Daylight Saving Time Begins</div> <div>10</div> <div>10:00 SS Hymns of Praise</div> <div>11:00 SS Episcopal Church Service</div> <div>11:45 LL Men of Symphony</div> <div>2:00 PE Fitness Time</div> <div>3:00 CE Around the World</div> <div>4:15 LL Name That Song</div> <div>6:30 LL Nostalgic Game Shows</div>	<div>10:00 PE Chair Yoga</div> <div>10:00 PE Stretch & Flex</div> <div>10:30 SS Holy Communion</div> <div>11:00 LL Live: Mind & Melody</div> <div>2:00 PE Let's Move It!</div> <div>3:00 CE Geography Trivia</div> <div>4:15 SS Spritual Corner</div> <div>6:30 CE Travel TV</div>	<div>9:30 CC Out & About: Hopes, Dreams & Horses</div> <div>10:00 PE Morning Stroll</div> <div>10:30 LL Live:Tap Dancing Rehearsal</div> <div>2:00 PE Toss & Talk</div> <div>3:00 AE Musical Moments</div> <div>4:15 CE Good News</div> <div>6:30 CE Reading Roundtable</div>	<div>10:00 PE Chair Zumba</div> <div>10:00 SS Spritual Corner</div> <div>10:45 CE Engage Your Brain</div> <div>11:30 CE Destination Discovery</div> <div>2:00 PE Fitness Time</div> <div>3:00 AE Live Music with Jack</div> <div>4:15 AE Creative Art</div> <div>6:30 LL Nostalgic TV Show</div>	<div>10:00 PE Low Impact Aerobics</div> <div>10:45 CC At the Movies</div> <div>2:00 PE Toss It!</div> <div>3:00 CE Taste & Tell</div> <div>4:15 CE Brain Work Out</div> <div>6:30 CE All About Animals</div>	<div>10:00 PE Strength Work Out</div> <div>11:15 SS Praise & Worship</div> <div>2:00 AE Artistic Moments</div> <div>3:00 AE Live Music with Laurie Adams</div> <div>4:15 CE Joggin' your Noggin'</div> <div>6:30 LL Nostalgic Movie</div>	<div>10:00 PE Sit & Be Fit</div> <div>10:45 LL At the Movies</div> <div>11:30 CC Visit from Nala's New Life Rescue</div> <div>1:30 AE Creative Workshop</div> <div>3:00 SS First United Methodist Church Service</div> <div>4:15 CE Engage Your Brain</div> <div>6:30 CE Good Evening News</div>
<div>St. Patrick's Day</div> <div>17</div> <div>0:00 SS Hymns of Praise</div> <div>1:00 SS Episcopal Church Service</div> <div>1:45 LL Men of Symphony</div> <div>1:00 CC Out to the Kane Center: Concert- The Wearing of the Green</div> <div>2:00 PE Fitness Time</div> <div>3:00 CE Around the World</div> <div>4:15 LL Name That Song</div> <div>6:30 LL Nostalgic Game Shows</div>	<div>10:00 PE Chair Yoga</div> <div>10:00 PE Stretch & Flex</div> <div>10:30 SS Holy Communion</div> <div>11:00 AE Live: Mind & Melody</div> <div>2:00 PE Let's Move It!</div> <div>3:00 AE Piano Music with Katherine</div> <div>4:15 SS Spritual Corner</div> <div>6:30 CE Travel TV</div>	<div>10:00 PE Morning Stroll</div> <div>10:30 LL Live:Tap Dancing Rehearsal</div> <div>11:00 CC Out & About: Chick fil a Lunch at Sandsprit Park</div> <div>2:00 PE Toss & Talk</div> <div>3:00 AE Musical Moments</div> <div>4:15 CE Good News</div> <div>6:30 CE Reading Roundtable</div>	<div>10:00 PE Chair Zumba</div> <div>10:00 SS Spritual Corner</div> <div>10:45 CE Engage Your Brain</div> <div>11:30 CE Destination Discovery</div> <div>2:00 PE Fitness Time</div> <div>3:00 CE Music Trivia</div> <div>4:15 AE Creative Art</div> <div>6:30 LL Nostalgic TV Show</div>	<div>10:00 PE Low Impact Aerobics</div> <div>10:45 CC At the Movies</div> <div>2:00 PE Toss It!</div> <div>2:00 LL Town Hall Meeting</div> <div>3:00 AE Musical Moments</div> <div>4:15 CE Brain Work Out</div> <div>6:30 CE All About Animals</div>	<div>10:00 PE Strength Work Out</div> <div>10:45 CE This Day in History</div> <div>2:00 AE Artistic Moments</div> <div>3:00 AE Piano Music with Melanie Steinke</div> <div>4:15 CE Joggin' your Noggin'</div> <div>6:30 LL Nostalgic Movie</div>	<div>10:00 PE Sit & Be Fit</div> <div>10:45 LL At the Movies</div> <div>1:30 AE Creative Workshop</div> <div>3:00 SS First United Methodist Church Service</div> <div>4:15 CE Engage Your Brain</div> <div>6:30 CE Good Evening News</div>
<div>10:00 SS Hymns of Praise</div> <div>11:00 SS Episcopal Church Service</div> <div>11:45 LL Men of Symphony</div> <div>2:00 PE Fitness Time</div> <div>3:00 CE Around the World</div> <div>4:15 LL Name That Song</div> <div>6:30 LL Nostalgic Game Shows</div>	<div>10:00 PE Chair Yoga</div> <div>10:00 PE Stretch & Flex</div> <div>10:30 SS Holy Communion</div> <div>11:00 LL Live: Mind & Melody</div> <div>2:00 PE Let's Move It!</div> <div>3:00 CE Geography Trivia</div> <div>4:15 SS Spritual Corner</div> <div>6:30 CE Travel TV</div>	<div>10:00 PE Morning Stroll</div> <div>10:30 LL Live:Tap Dancing Rehearsal</div> <div>11:00 CC Out & About: Stuart Bowling Lanes</div> <div>2:00 PE Toss & Talk</div> <div>3:00 AE Musical Moments</div> <div>4:15 CE Good News</div> <div>6:30 CE Reading Roundtable</div>	<div>10:00 PE Chair Zumba</div> <div>10:00 CC Creative Art with YMCA Preschoolers</div> <div>11:30 CE Destination Discovery</div> <div>2:00 PE Fitness Time</div> <div>3:00 AE Live: Drum Rhythm Therapy</div> <div>4:15 AE Creative Art</div> <div>6:30 LL Nostalgic TV Show</div>	<div>10:00 PE Low Impact Aerobics</div> <div>10:45 CC At the Movies</div> <div>2:00 PE Toss It!</div> <div>3:00 AE Musical Moments</div> <div>4:15 CE Brain Work Out</div> <div>6:30 CE All About Animals</div>	<div>8:30 CC Out to Redeemer Lutheran: School Musical</div> <div>10:00 PE Strength Work Out</div> <div>11:15 SS Praise & Worship</div> <div>2:30 LL March Birthday Celebration</div> <div>3:00 LL Live Music with Andrea Tesoro</div> <div>4:15 CE Joggin' your Noggin'</div> <div>6:30 LL Nostalgic Movie</div>	<div>10:00 PE Sit & Be Fit</div> <div>10:45 LL At the Movies</div> <div>11:15 CC Cruise Around Town</div> <div>1:30 AE Creative Workshop</div> <div>3:00 SS First United Methodist Church Service</div> <div>4:15 CE Engage Your Brain</div> <div>6:30 CE Good Evening News</div>

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