



## Celebrating Birthdays in March

4<sup>th</sup>- Frank Boes

7<sup>th</sup>- Jack Phillips

16<sup>th</sup>- Russell Halsted

25<sup>th</sup>- Katherine Hester



## CHEF'S ACTION STATIONS

07

A trio of Asian dumplings will be hand wrapped and cooked in the Magnolia Dining Room!

20

House made taco bar will include hand pressed fresh tortillas served with your choice of barbacoa or carnitas.

14

Poached pears in a cinnamon simple syrup served with french vanilla ice cream and shaved chocolate. How perfectly pleasing!

26

Enjoy a Taste of Waltonwood during our Spring Fare Open House!

## CHEF'S SIGNATURE RECIPE

Old-Fashioned Buttermilk Pie

### Ingredients

- 3 eggs
- 1-1/2 cups sugar
- 1/2 cup butter melted and cooled
- 3 tablespoons flour
- 1 cup buttermilk
- 1 tablespoon lemon juice
- 1 teaspoon vanilla extract
- 1/8 teaspoon ground nutmeg
- pinch of salt
- 1 9-inch pie crust, unbaked

### Instructions

1. In a large bowl, whisk together eggs and sugar.
2. Whisk in remaining ingredients until smooth.
3. Pour into prepared pie crust.
4. Bake at 400 for 10 minutes.
5. Reduce heat to 350 degrees and continue baking for 40 to 45 minutes.

*-Chef Bryan Minton, Culinary Services Manager*



FRIENDS & FAMILY REFERRAL PROGRAM!

**\$1,000 RESIDENT REFERRAL BONUS**

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

# LAKE BOONE CONNECT

MARCH 2019



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## COMMUNITY MANAGEMENT

**Allison O'Shea**  
Executive Director

**Katie MacGilvray**  
Business Office Manager

**Bryan Minton**  
Culinary Services Manager

**John Carr**  
Environmental Services Manager

**Lauren Higdon**  
Independent Living Manager

**Shelly Levin**  
Life Enrichment Manager

**Richard Hiatt**  
Marketing Manager

**Gail Honeycutt**  
Marketing Manager

**Ellen Jones**  
Resident Care Manager



## March Marketing Madness

The month for basketball's March Madness is upon us! Soon, teams will be hustling to win games that will lead them to an eventual National Championship. Let's go, ACC!

At Waltonwood Lake Boone, our Marketing and sales teams have been hustling! Wearing their winning professional wear, they huddle in the mornings and discuss their game plans. They assign subs who can be called in when they're busy with a prospective resident- therefore, the marketing and sales never stop simply because one of the key players is occupied. They work as a team, led by their fearless coach and Executive Director. Fielding countless calls from

Waltonwood fans, leading an average of 25 tours weekly around the community, and signing on more members to join the Lake Boone league are among their team goals.

By the end of this March Marketing Madness, you will welcome at least 8 new members to the family, occupying 5 more apartments. And with the way this Marketing team hustles, you can expect more and more growth from these champions! Thank you for your support of our team. Our community is beautiful to look at, but what really makes it shine to prospects are the people inside- and we thank you for that. Let's go, Lake Boone!



MARCH 2019

## ASSOCIATE SPOTLIGHT

The smiling face of Server to the stars Veronica Uwabor can be found in the Café and Magnolia Dining Room. She's a mom of 3 beautiful daughters, ages 13, 14, and 15. Before joining our Waltonwood Lake Boone team, Veronica was a server at a country club in Cary. She is grateful to be at our community, and says her ultimate goal is to make a difference in people's lives. "God put me here to help people. It is my pleasure to help and put a smile on people's faces."

Veronica is focused on resident satisfaction, and not only when it comes to dining experiences. She truly cares about the residents' overall well-being, and if she can make you happy with food, conversation, a smile, or a hug, then that's what you're getting!

We are beyond grateful to have Veronica as a member of our team. She is kindness, hard work, dedication, and love all wrapped up into one smiling, caring person!



## FEBRUARY HIGHLIGHTS

07

Performer Ye Ning sang with her beautiful voice during Happy Hour in honor of Chinese New Year.

13

A winged fairy stylist added shining strands of glam in our hair!

12

Anything is good dipped in chocolate. We enjoyed our Chocolate Dipping Decadence experience!

14

A Valentine's Day performance by the Carolina Quartet!



## WHAT IS THE ROLE OF THE INDEPENDENT LIVING MANAGER?

The Independent Living (IL) Manager can be a difficult role to define. I know I have struggled to describe it succinctly because the responsibilities are multi-faceted and integrated into every department and resident relationship. In case there is lingering doubt about what I do here, I'd like to try and clarify. First and foremost, I am here as your advocate. Your well-being is absolutely my top priority! This includes not only emotional well-being, but also your physical, mental, and spiritual well-being. If I can't optimize your well-being on my own, I work together with you to rally any support services you want and/or need.

I am your friend and your point person for **any** concerns or questions. No concerns are too big or too small! I am the mediator and liaison between you and the departments within our community. A large part of my role is to ensure we are all working together to keep you satisfied. This is your home, after all.

You will see me building our relationships by visiting in your home, joining you in the Dining Room, and attending activities. My office door is always open. Please know that I am always here to help.

**-Lauren Higdon, Independent Living Manager**

## TRANSPORTATION INFORMATION

March will include numerous exciting experiences outside of the community! In addition to the excursions listed below, please remember weekly grocery shopping trips are included as well. Please take a look at the Outings binder located with the Concierge so you can sign up to attend and see what else is in store for you!

**Friday, March 8<sup>th</sup>:** Broadway By Request Symphony

**Tuesday, March 19<sup>th</sup>:** Celtic Woman Concert

**Thursday, March 21<sup>st</sup>:** Annual "Spring in Bloom" at the NCMA

**Sunday, March 24<sup>th</sup>:** "The King and I"

## MARCH SPECIAL EVENTS

*Forever Fitness will be hosting a Switzerland themed Scavenger hunt in the community throughout this month! Stay tuned for more!*

01

Create your own fashionable Mardi Gras masks and necklaces!

07

Spring Fling! Update your wardrobes with new jewelry!

05

Dine on a delicious Mardi Gras dinner with amazing piano entertainment from a New Orleans native!

20

Antique Road Show! Find out what your antiques are worth and be ready for the Reveal on the 27<sup>th</sup>!



## EXECUTIVE DIRECTOR CORNER

Welcome Spring! My favorite time of year...hearing the birds chirping in the morning and feeling the temperature warming up are resonate of new beginnings. Waltonwood Lake Boone is also experiencing new beginnings of Spring as we prepare for our first residents to move into our Assisted Living and Memory Care! Just as we prepared for our Independent Living to open back in the fall, we are very busy making sure our Assisted Living and Memory Care is ready for residents. Our Resident Care department has been busy hiring team members and will spend the month of March training and team building. Our Culinary Department is also busy ensuring we have our menus and systems set to provide meals to two new groups of residents. As the Executive Director, I have been the communicator to all families who have reserved apartments just as I did with many of you before you moved into Waltonwood Lake Boone. In the weeks ahead we will be conducting group tours for our IL residents to view our long-awaited AL/MC. We are proud of how it turned out and look forward to adding to our Waltonwood family!

**-Allison O'Shea, Executive Director**