March 2019
Memory Support

created with Sagely

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March cont'd 31 9:30 SS The Church of Jesus Christ of Latter Day Saints 10:00 Daily Devotional and Snack 10:15 Continuing Education 1:00 Discovering Nature 2:15 Marvelous Manicures 3:30 Trivia Time Social 5:00 Music with Nancy Bjornn	The Wentworth at The Meadows Assisted Living & Memory Care 950 South 400 East St. George, UT 84770 435-628-0090		AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support	Healthy Snacks & Hydration offered throughout each day!	1 9:30 Boxing for Exercise (in Chair) 9:30 Simply Stretch 10:00 Daily Devotional and Snack 10:30 Concert W/ The Boys 1:00 Music & Massage 3:00 CE Field Trip to AL for Pamela Music and Trivia 5:30 Night at the Movies	2 8:30 CC Making Games for Switch Point 9:30 Noodle ball 10:00 Daily Devotional and Snack 10:30 Choir Practice 12:30 Prize Winning Carrot Cookie Bake 2:30 PE Stars and Stripes Fitness 3:30 Bingo 6:00 Larwence Welk Show
3 9:30 SS The Church of Jesus Christ of Latter Day Saints 10:00 Daily Devotional and Snack 10:15 Continuing Education 1:00 Discovering Nature 2:15 Marvelous Manicures 3:30 Trivia Time Social 5:00 Music with Nancy Bjornn	4 9:30 Stretches and Exercises 10:00 Daily Devotional and Snack 1:30 LL Scenic Drive 2:30 Snack Time Trivia w/June 3:00 Games with June 5:30 Old Time TV	5 9:30 Chair Dancing Through the Decades 10:00 Daily Devotional and Snack 10:30 Bible Stories w/Rachel 12:30 Pet Therapy with Conner 1:30 Crafters Corner 3:00 Mardi Gras Parade	6 9:30 Chair Yoga 10:00 Daily Devotional and Snack 10:30 Where In The World Is Potala Palace Tibet China 1:00 Matinee Movie & Popcorn 2:30 Read Discover and Explore Ash Wednesday 3:00 Bean Bag Challenge 5:30 Family Night	7 9:00 Pet Therapy with Cathy and Zoe 9:30 Volleyball/Bean Bag Toss 10:00 Daily Devotional and Snack 10:30 AE Painting w/Harold 12:45 Carol Larsen Entertainment 2:30 Sit and Tone 3:30 Poetry& Book Club	8 9:30 Boxing for Exercise (in Chair) 9:30 Simply Stretch 10:00 Daily Devotional and Snack 10:30 Crafters Corner Sample Making 1:00 Virtual Vacation to Washington DC 3:00 CE Field Trip to AL for Pamela Music and Trivia 5:30 Night at the Movies	9 8:30 CC Making Games for Switch Point 9:30 Noodle ball 10:00 Field Trip to Art Show 1:00 Music Concert 2:30 PE Stars and Stripes Fitness 3:30 Bingo 6:00 Larwence Welk Show
10 9:30 SS The Church of Jesus Christ of Latter Day Saints 10:00 Daily Devotional and Snack 10:15 Continuing Education 1:00 Discovering Nature 2:15 Marvelous Manicures 3:30 Trivia Time Social 5:00 Music with Nancy Bjornn	11 9:30 Stretches and Exercises 10:00 Daily Devotional and Snack 10:45 Can-Do Concert 1:30 LL Scenic Drive 2:30 Snack Time Trivia w/June 3:00 Games with June 5:30 Old Time TV	12 9:30 Chair Dancing Through the Decades 10:00 Daily Devotional and Snack 10:30 Bible Stories w/Rachel 12:45 Karaoke in the Theater 1:30 Strange Science 3:00 Concert W/Hal	13 9:30 Chair Yoga 10:00 Daily Devotional and Snack 10:30 Where In The World Is Ring of Kerry Scenic Drive in Ireland 1:00 Matinee Movie & Popcorn 1:30 Read Discover and Explore William Shakespeare 3:00 Bean Bag Challenge 3:30 Wild Bill and Paula Concert 5:30 Family Night	14 9:00 Pet Therapy with Cathy and Zoe 9:30 Volleyball/Bean Bag Toss 10:00 Daily Devotional and Snack 10:30 AE Painting w/Harold 12:45 Carol Larsen Entertainment 1:45 Taste and Tell W/Chef Jeff 3:30 Sit and Tone	15 9:30 Boxing for Exercise (in Chair) 9:30 Simply Stretch 10:00 Daily Devotional and Snack 10:30 Crafters Corner Sample Making 1:00 Visiting Smithsonian Natural History Museum 3:00 CE Field Trip to AL for Pamela Music and Trivia 5:30 Night at the Movies	16 8:30 Making Chocolate Mint Brownies 9:30 Noodle ball 10:00 Daily Devotional and Snack 10:30 CC Concert by Lyndy 12:30 PE Stars and Stripes Fitness 2:00 Rockin' Shamrock Party/Your Shamrock Name 3:30 Bingo 6:00 Larwence Welk Show
17 9:30 SS The Church of Jesus Christ of Latter Day Saints 10:00 Daily Devotional and Snack 10:15 Continuing Education 1:00 Discovering Nature 2:15 Marvelous Manicures 3:30 Trivia Time Social 5:00 Music with Nancy Bjornn	18 9:30 Stretches and Exercises 10:00 Daily Devotional and Snack 1:30 LL Scenic Drive 2:30 Snack Time Trivia w/June 3:00 Games with June 5:30 Old Time TV	19 3:00 Games at the Table 9:30 Chair Dancing Through the Decades 10:00 Daily Devotional and Snack 10:30 Bible Stories w/Rachel 12:30 Pet Therapy with Conner 1:30 Crafters Corner 3:30 Games at the Table	20 9:30 Chair Yoga 10:00 Daily Devotional and Snack 10:30 Where In The World Is Blarney Castle 1:00 Matinee Movie & Popcorn 2:30 Read Discover and Explore Norman Rockwell 3:00 Bean Bag Challenge 3:30 Wild Bill and Paula Concert 5:30 Family Night	21 **Happy Birthday Darwin & Wally** 9:00 Pet Therapy with Cathy and Zoe 9:30 Volleyball/Bean Bag Toss 10:00 Daily Devotional and Snack 10:30 AE Painting w/ Jackie 12:00 March Birthday Bash 12:45 Carol Larsen Entertainment 2:30 Sit and Tone 3:30 Poetry & Book Club	22 9:30 Boxing for Exercise (in Chair) 9:30 Simply Stretch 10:00 Daily Devotional and Snack 10:30 Crafters Corner Sample Making 1:00 Visiting Air and Space Museum in Washington DC 3:00 CE Field Trip to AL for Pamela Music and Trivia 5:30 Night at the Movies	23 8:30 CC Making Dog Cookies for Shelter 9:30 Noodle ball 10:00 Daily Devotional and Snack 10:30 Choir Practice 1:00 Bingo 2:30 PE Stars and Stripes Fitness 3:30 Bingo 6:00 Larwence Welk Show
24 9:30 SS The Church of Jesus Christ of Latter Day Saints 10:00 Daily Devotional and Snack 10:15 Continuing Education 1:00 Discovering Nature 2:15 Marvelous Manicures 3:30 Trivia Time Social 5:00 Music with Nancy Bjornn	25 9:30 Stretches and Exercises 10:00 Daily Devotional and Snack 10:45 Can-Do Concert 1:30 LL Scenic Drive 2:30 Snack Time Trivia w/June 3:00 Games with June 5:30 Old Time TV	26 **Happy Birthday Lucy!** 9:30 Chair Dancing Through the Decades 10:00 Daily Devotional and Snack 10:30 Bible Stories w/Rachel 12:30 Pet Therapy with Conner 1:30 Crafters Corner 3:00 Cooking Club (Quick Breads)	27 12:00 Read Discover and Explore What Am I? 9:30 Chair Yoga 10:00 Daily Devotional and Snack 10:30 Where In The World Is Scotland 1:00 Western Matinee Movie & Popcorn 3:00 Shooting Challenge 3:30 Wild Bill and Paula Concert 5:30 Family Night	28 9:00 Pet Therapy with Cathy and Zoe 9:30 Volleyball/Bean Bag Toss 10:00 Daily Devotional and Snack 10:30 AE Painting w/Harold 12:45 Carol Larsen Entertainment 2:30 Sit and Tone 3:30 Poetry & Book Club	29 9:30 Boxing for Exercise (in Chair) 9:30 Simply Stretch 10:00 Daily Devotional and Snack 10:30 Crafters Corner Sample Making 1:00 Virtual Visit to Washington Spy Museum & Wax Museum 3:00 CE Field Trip to AL for Pamela Music and Trivia 5:30 Night at the Movies	30 8:30 CC Making Games for Switch Point 9:30 Noodle ball 10:00 Daily Devotional and Snack 10:30 Choir Practice 1:00 Mya and Jeffrey Concert 2:30 PE Stars and Stripes Fitness 3:30 Bingo 6:00 Larwence Welk Show Continued at top