March 2019 Assisted Living Lifestyle & Leisure



Assisted Living Life	style & Leisure					with USEIG
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 SS Church Outing . 9:30 Wild Walkers 10:00 PE Tai Chi with Kimiko 11:00 SS Chicken Soup for the Soul [MPR] 1:30 III Bingo Fun [MPR] 3:00 Root Beer Floats Social! [CC] 6:00 III Sunday Movie [T] 6:15 III Table Games [MPR]	SAGE MOUNTAIN SENIOR LIVING Caring · Inspiring · Rewarding	3499 Grande Vista Drive Thousand Oaks, California 91320 (805)375-0695	AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support	Location Keys ACTIVITY ROOM AR CONEJO CAFE CC COURT YARD CY DINING ROOM DR LIVING ROOM LR MULTI-PURPOSE ROOM MPR THEATRE T	9:30 PE Sunshine Walk 10:00 PE Sit & Stretch [MPR] 11:00 PE Rummikub Club [MPR] 1:30 PE Sit & Stretch [MPR] 1:30 PE Sunshine Walk 10:00 PE Sit & Stretch 10:00 P	9:30 PE Walking Club 10:00 PE Weekend Workout [MPR] 10:50 Scenic Drive 11:00 SS Good Morning Devotions [MPR] 1:15 Movie Matinee [T] 1:30 Double Bingo [MPR] 3:00 GHappy Hour Live Entertainment. The Show of David! [LR] 6:00 Table Games [AR] 6:15 Movie Night [T]
9:00 SS Church Outing . 9:30 Wild Walkers 10:00 PE Tai Chi with Kimiko 11:00 SS Chicken Soup for the Soul [MPR] 1:30 E Spanish Loteria! [MPR] 3:00 PE Floor Basketball Tournament [MPR] 6:00 L Sunday Movie [T] 6:15 Table Games [MPR]	9:30 PE Sunshine Walk 10:00 PE Yoga Class [MPR] 10:30 III Garden Club 11:00 GE Poetry Circle [MPR] 1:30 AE Creative Arts [AR] 3:00 GE Senior Matters (Hip & Knee Issues) [MPR] 6:00 PE Pool Time! [AR] 6:15 III Movie & Popcorn [T]	9:30 PE Walking Club 10:00 PE Fitness Fun [MPR] 11:00 LL Rummikub Club [MPR] 1:30 Bingo! 3:00 The Stu & Laurie Variety Hour! [AR] 6:00 LL Table Games [MPR] 6:15 SS Evening Movie [T]	9:30 PE Sunshine Walk 10:00 PE Sit & Be Fit [MPR] 11:00 Penny Card Game! [MPR] 1:15 Target Shopping 1:30 Black Jack [MPR] 3:00 Banana Split Party Meet your Neighbors! [AR] 6:00 AE Movie of your Choice! [T] 6:15 PE Sundown Walk 6:20 Table Games [MPR]	9:30 PE Wild Walkers 10:00 PE Fitness with Catherine! [MPR] 11:00 III Dominoes Fun! [AR] 11:30 Out to Lunch! *Wood Ranch 1:30 III Sweet Bingo! [MPR] 3:00 AE Sing Along, Let's Dance! with Irby G [LR] 6:00 III Table Games! [MPR] 6:15 III Sage Puzzle Club! [MPR]	9:30 PE Sunshine Walk 10:00 PE Sit & Stretch [MPR] 11:00 III Rummikub Club [MPR] 1:30 III Table Games 3:00 Resident Council Meeting [LR] 4:00 Pool Game with John! 4:00 SS Shabbat Services 6:00 III Dealer's Choice [AR] 6:15 III Comedy Movie & Popcorn	9:30 PE Walking Club 10:00 PE Weekend Workout [MPR] 10:50 Scenic Drive 11:00 SS Good Morning Devotions [MPR] 1:15 II Movie Matinee [T] 1:30 II Double Bingo [MPR] 3:00 GO Happy Hour Let's sing with Joe! [LR] 6:00 III Table Games [AR] 6:15 II Movie Night [T]
Daylight Saving Time Begins 9:00 SS Church Outing . 9:30 Wild Walkers 10:00 PE Tai Chi with Kimiko 11:00 SS Chicken Soup for the Soul [MPR] 1:30 LL Bingo Fun [MPR] 3:00 PE Word Game ! [AR] 6:00 LL Sunday Movie [T] 6:15 LL Table Games [MPR]	9:30 PE Sunshine Walk 10:00 PE Yoga Class [MPR] 10:30 III Garden Club 11:00 GE Current Events [MPR] 1:30 III Black Jack [AR] 3:00 AE Creative Arts Class [MPR] 6:00 PE Pool Time! [AR] 6:15 III Movie & Popcorn [T]	9:30 PE Walking Club 10:00 PE Fitness Fun [MPR] 11:00 III Rummikub Club [MPR] 1:30 Bingo! 3:00 III Happy Hour Music By Phil Mallory! [AR] 6:00 III Table Games [MPR] 6:15 SS Evening Movie [T]	9:30 PE Sunshine Walk 10:00 PE Sit & Be Fit [MPR] 11:00 III Penny Card Game! [MPR] 12:00 Men's Club! [DR] 1:15 Walmart Shopping 1:30 III Bunco Game [MPR] 3:00 PE Ring Toss Game! [AR] 6:00 AE Movie of your Choice! [T] 6:15 PE Sundown Walk 6:20 III Table Games [MPR]	National Pi Day 9:30 PE Wild Walkers 10:00 PE Fitness with Catherine! [MPR] 11:00 III Dominoes Fun! [AR] 11:30 GE Picnic at The Park 1:30 III Pie Festival Contest! [CC] 3:00 AE Sing Along, with the Gemini! [LR] 6:00 III Table Games! [MPR] 6:15 III Sage Puzzle Club! [MPR]	[MPR]	9:30 PE Walking Club 10:00 PE Weekend Workout [MPR] 10:50 Scenic Drive 11:00 SS Good Morning Devotions [MPR] 1:15 Movie Matinee [T] 1:30 Double Bingo [MPR] 3:00 O Happy Hour Live Entertainment with Bob & Bernie! [LR] 6:00 Table Games [AR] 6:15 Movie Night [T]
St. Patrick's Day 9:00 SS Church Outing . 9:30 Wild Walkers 10:00 PE Tai Chi with Kimiko 11:00 SS Chicken Soup for the Soul [MPR] 1:30 CE Spanish Loteria! [MPR] 3:00 St Patrick's Day Celebration! [LR] 6:00 LL Sunday Movie [T] 6:15 LTable Games [MPR]	9:30 PE Sunshine Walk 10:00 PE Yoga Class [MPR] 10:30 III Garden Club 11:00 GE Poetry Circle [MPR] 1:30 III Black Jack [AR] 3:00 AE Creative Arts Class [MPR] 6:00 PE Pool Time! [AR] 6:15 III Movie & Popcorn [T]	9:30 PE Walking Club 10:00 PE Fitness Fun [MPR] 11:00 III Rummikub Club [MPR] 1:30 Bingo! 3:00 Ladies Tea Party at the Court Yard! [CY] 6:00 III Table Games [MPR] 6:15 SS Evening Movie [T]	11:00 LL Penny Card Game ! [MPR]	9:30 PE Wild Walkers 10:00 PE Fitness with Catherine! [MPR] 11:00 LL Dominoes Fun! [AR] 11:00 CE Getty Museum Trip! *Malibu 1:30 LL Sweet Bingo! [MPR] 3:00 AE Sing Along, Let's Dance! [LR] 6:00 LL Table Games! [MPR] 6:15 LL Sage Puzzle Club! [MPR]	9:30 PE Sunshine Walk 10:00 PE Sit & Stretch [MPR] 11:00 PE Rummikub Club [MPR] 1:30 PE Sunshine Walk 10:00 PE Sit & Stretch [MPR] 1:30 PE Sunshine Walk 10:00 PE Sit & Stretch 10:00 P	9:30 PE Walking Club 10:00 PE Weekend Workout [MPR] 10:50 Scenic Drive 11:00 SS Good Morning Devotions [MPR] 1:15 Movie Matinee [T] 1:30 Double Bingo [MPR] 3:00 G Happy Hour Live Entertainment By Jerry! [LR] 6:00 Table Games [AR] 6:15 Movie Night [T]
9:00 SS Church Outing 24 9:30 Wild Walkers 10:00 PE Tai Chi with Kimiko 11:00 CE March Trivia! [MPR] 1:30 LL Bingo Fun [MPR] 3:00 CE Word Game [MPR] 6:00 LL Sunday Movie [T] 6:15 LL Table Games [MPR]	9:30 PE Sunshine Walk 10:00 PE Yoga Class [MPR] 10:30 III Garden Club 11:00 GE Current Events [MPR] 1:30 III Black Jack [AR] 3:00 AE Creative Arts Class [MPR] 6:00 PE Pool Time! [AR] 6:15 III Movie & Popcorn [T]	9:30 PE Walking Club 10:00 PE Fitness Fun [MPR] 11:00 SS Book Club! [MPR] 1:30 Bingo! 3:00 III Happy Hour let's Dance with Chard! [AR] 6:00 III Table Games [MPR] 6:15 SS Evening Movie [T]	9:30 PE Sunshine Walk 10:00 PE Sit & Be Fit [MPR] 11:00 Penny Card Game ! [MPR] 1:15 Trader Joe's Shopping 1:30 Bunco Game [MPR] 3:00 CC Getting to Know You! [AR] 6:00 AE Movie of your Choice! [T] 6:15 PE Sundown Walk 6:20 Table Games [MPR]	9:30 PE Wild Walkers 10:00 PE Fitness with Catherine! [MPR] 11:00 Dominoes Fun! [AR] 11:00 Scenic Drive 1:30 Sweet Bingo! [MPR] 3:00 March B-Day Celebration! [LR] 6:00 Table Games! [MPR] 6:15 Sage Puzzle Club! [MPR]	9:30 PE Sunshine Walk 10:00 PE Sit & Stretch [MPR] 11:00 PE Rummikub Club [MPR] 1:30 PE Sit & Stretch [MPR] 1:30 PE Sit & Stretch [MPR] 1:30 PE Sunshine Walk 29 1:40 PE Sit & Stretch 1:40 PE Sit & S	9:30 PE Walking Club 10:00 PE Weekend Workout [MPR] 10:50 Scenic Drive 11:00 SS Good Morning Devotions [MPR] 1:15 III Movie Matinee [T] 1:30 III Double Bingo [MPR] 3:00 GG Happy Hour Live Entertainment! [LR] 3:00 GG Tatjana One Lady Show! [LR] 6:00 III Table Games [AR] 6:15 III Movie Night [T]