

March 2019  
In The Moment – Memory Support



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>March cont'd</p> <p><b>31</b></p> <p>10:00 <b>PE</b> <u>move it, move it</u></p> <p>11:00 <b>SS</b> LDS Church Svc</p> <p>1:30 <b>PE</b> Balloon Toss</p> <p>3:30 <b>PE</b> Take a Stroll</p>	<p><b>The Wentworth</b> at Willow Creek Assisted Living &amp; Memory Care</p>	<p>8325 South Highland Drive Sandy, UT 84093 801-733-6363</p>	<p><b>AE</b> Artistic Expression <b>CC</b> Community Connections <b>CE</b> Continuing Education <b>LL</b> Lifestyle &amp; Leisure <b>PE</b> Physical Engagement <b>SS</b> Spiritual Support</p>	<p>Healthy Snacks &amp; Hydration offered throughout each day!</p>	<p>10:00 <b>PE</b> Exercise-Assisted living <b>1</b></p> <p>10:30 <b>PE</b> Hand Massages</p> <p>12:00 <b>CE</b> Saying of the Day</p> <p>1:00 <b>CE</b> Discovering the World</p> <p>1:00 <b>CE</b> Reading Circle</p> <p>2:00 <b>LL</b> Crafty Creation/Journal</p> <p>3:00 <b>CE</b> Cooking Club</p>	<p>10:30 <b>CC</b> <u>Music: Hillcrest High</u> <b>2</b></p> <p>11:15 <b>CE</b> Name that Tune</p> <p>12:00 <b>CE</b> Saying of the Day</p> <p>1:00 <b>CE</b> Discovering the World</p> <p>1:30 <b>CE</b> Did You Know Game</p> <p>3:00 <b>LL</b> Ball Toss</p>
<p><b>3</b></p> <p>10:00 <b>PE</b> <u>move it, move it</u></p> <p>11:00 <b>SS</b> LDS Church Svc</p> <p>1:30 <b>PE</b> Balloon Toss</p> <p>3:30 <b>PE</b> Take a Stroll</p>	<p><b>Happy Birthday Charles</b> <b>4</b></p> <p>10:00 <b>LL</b> Manicure Moment</p> <p>11:00 <b>LL</b> Hand Massages</p> <p>12:00 <b>CE</b> Saying of the Day</p> <p>1:00 <b>CE</b> Discovering the World</p> <p>1:30 <b>CC</b> <u>Scenic Drive</u></p> <p>3:30 <b>LL</b> Matinee Moment</p> <p>3:30 <b>LL</b> Puzzles &amp; Pondering</p>	<p>9:00 Podiatry Clinic <b>5</b></p> <p>10:00 <b>PE</b> Chair Yoga</p> <p>11:00 <b>PE</b> Lets Bowl</p> <p>12:00 <b>CE</b> Saying of the Day</p> <p>1:00 <b>CE</b> Discovering the World</p> <p>1:30 <b>AE</b> Flower Arranging</p> <p>3:00 <b>PE</b> BINGO</p>	<p>10:00 <b>LL</b> Exercise-Assisted living <b>6</b></p> <p>12:00 <b>CE</b> Saying of the Day</p> <p>1:00 <b>CE</b> Discovering the World</p> <p>2:30 <b>CE</b> <u>Craft Club</u></p> <p>3:30 <b>PE</b> Bean Bag Toss</p> <p>6:30 <b>SS</b> Relief Soc &amp; Priesthood</p>	<p>10:30 <b>SS</b> Bible Study with Cathy <b>7</b></p> <p>12:00 <b>CE</b> Saying of the Day</p> <p>1:00 <b>CE</b> Discovering the World</p> <p>1:00 <b>CE</b> Discovering the World</p> <p>2:00 <b>LL</b> Entertainment AL</p> <p>3:00 <b>AE</b> Sing A-Longs</p> <p>6:30 <b>LL</b> Nostalgic Television</p>	<p>10:00 <b>PE</b> Exercise-Assisted living <b>8</b></p> <p>10:30 <b>PE</b> Hand Massages</p> <p>12:00 <b>CE</b> Saying of the Day</p> <p>1:00 <b>CE</b> Discovering the World</p> <p>2:00 <b>AE</b> <u>Crafty Creation/Journal</u></p> <p>3:00 <b>CE</b> Cooking Club</p>	<p>11:15 <b>CE</b> Name that Tune <b>9</b></p> <p>12:00 <b>CE</b> Saying of the Day</p> <p>1:00 <b>CE</b> Discovering the World</p> <p>1:30 <b>CE</b> Did You Know Game</p> <p>3:00 <b>LL</b> Ball Toss</p>
<p><b>Daylight Saving Time Begins</b> <b>10</b></p> <p>10:00 <b>PE</b> <u>move it, move it</u></p> <p>11:00 <b>SS</b> LDS Church Svc</p> <p>1:30 <b>PE</b> Balloon Toss</p> <p>3:30 <b>PE</b> Take a Stroll</p>	<p>10:00 <b>LL</b> Fancy Nails <b>11</b></p> <p>10:00 <b>LL</b> Manicure Moment</p> <p>11:00 <b>LL</b> Hand Massages</p> <p>12:00 <b>CE</b> Saying of the Day</p> <p>1:00 <b>CE</b> Discovering the World</p> <p>1:30 <b>CC</b> <u>Scenic Drive</u></p> <p>3:30 <b>LL</b> Matinee Moment</p>	<p>10:00 <b>PE</b> Chair Yoga <b>12</b></p> <p>10:30 <b>LL</b> Joke of the Day</p> <p>12:00 <b>CE</b> Saying of the Day</p> <p>1:00 <b>CE</b> Discovering the World</p> <p>1:30 <b>AE</b> Flower Arranging</p> <p>1:30 <b>CE</b> Taste n Tell</p> <p>3:00 <b>PE</b> BINGO</p>	<p>10:00 <b>LL</b> Exercise-Assisted living <b>13</b></p> <p>12:00 <b>CE</b> Saying of the Day</p> <p>1:00 <b>CE</b> Discovering the World</p> <p>3:30 <b>PE</b> Bean Bag Toss</p> <p>6:30 <b>SS</b> Relief Soc &amp; Priesthood</p>	<p>10:30 <b>SS</b> Bible Study with Cathy <b>14</b></p> <p>12:00 <b>CE</b> Saying of the Day</p> <p>1:00 <b>CE</b> Discovering the World</p> <p>1:30 <b>LL</b> BINGO</p> <p>3:00 <b>AE</b> Sing A-Longs</p> <p>6:30 <b>LL</b> Nostalgic Television</p>	<p><b>Happy Birthday Pam</b> <b>15</b></p> <p>10:00 <b>PE</b> Exercise-Assisted living</p> <p>10:30 <b>PE</b> Hand Massages</p> <p>11:00 <b>CC</b> <u>Lunch Bunch</u></p> <p>12:00 <b>CE</b> Saying of the Day</p> <p>1:00 <b>CE</b> Discovering the World</p> <p>1:00 <b>CE</b> Reading Circle</p> <p>2:00 <b>AE</b> <u>Crafty Creation/Journal</u></p> <p>3:00 <b>LL</b> St. Patrick's Day Party</p>	<p>11:15 <b>CE</b> Name that Tune <b>16</b></p> <p>12:00 <b>CE</b> Saying of the Day</p> <p>1:00 <b>CE</b> Discovering the World</p> <p>1:30 <b>CE</b> Did You Know Game</p> <p>2:15 Letters to Family</p> <p>3:00 <b>LL</b> Ball Toss</p>
<p><b>St. Patrick's Day</b> <b>17</b></p> <p>10:00 <b>PE</b> <u>move it, move it</u></p> <p>11:00 <b>SS</b> LDS Church Svc</p> <p>1:30 <b>PE</b> Balloon Toss</p> <p>3:30 <b>PE</b> Take a Stroll</p>	<p>10:00 <b>LL</b> Fancy Nails <b>18</b></p> <p>10:00 <b>LL</b> Manicure Moment</p> <p>11:00 <b>LL</b> Hand Massages</p> <p>12:00 <b>CE</b> Saying of the Day</p> <p>1:00 <b>CE</b> Discovering the World</p> <p>1:30 <b>CC</b> <u>Scenic Drive</u></p> <p>3:30 <b>LL</b> Matinee Moment</p> <p>3:30 <b>LL</b> Puzzles &amp; Pondering</p>	<p>10:00 <b>PE</b> Chair Yoga <b>19</b></p> <p>12:00 <b>CE</b> Saying of the Day</p> <p>1:00 <b>CE</b> Discovering the World</p> <p>1:30 <b>AE</b> Flower Arranging</p> <p>3:00 <b>PE</b> BINGO</p>	<p><b>Happy Birthday Ruby</b> <b>20</b></p> <p>10:00 <b>LL</b> Exercise-Assisted living</p> <p>12:00 <b>CE</b> Saying of the Day</p> <p>1:00 <b>CE</b> Discovering the World</p> <p>2:30 <b>CE</b> <u>Craft Club</u></p> <p>3:00 Entertainment AL</p> <p>3:30 <b>PE</b> Bean Bag Toss</p> <p>6:30 <b>SS</b> Relief Soc &amp; Priesthood</p>	<p>10:30 <b>SS</b> Bible Study with Cathy <b>21</b></p> <p>12:00 <b>CE</b> Saying of the Day</p> <p>1:00 <b>CE</b> Discovering the World</p> <p>1:30 <b>LL</b> BINGO</p> <p>3:00 <b>LL</b> Entertainment AL</p> <p>6:30 <b>LL</b> Nostalgic Television</p>	<p>10:00 <b>PE</b> Exercise-Assisted living <b>22</b></p> <p>10:30 <b>PE</b> Hand Massages</p> <p>10:45 <b>CE</b> Morning Match Up</p> <p>12:00 <b>CE</b> Saying of the Day</p> <p>1:00 <b>CE</b> Discovering the World</p> <p>2:00 <b>AE</b> <u>Crafty Creation/Journal</u></p> <p>3:00 <b>CE</b> Taste N` Tell</p>	<p>11:15 <b>CE</b> Name that Tune <b>23</b></p> <p>12:00 <b>CE</b> Saying of the Day</p> <p>1:00 <b>CE</b> Discovering the World</p> <p>1:30 <b>CE</b> Did You Know Game</p> <p>3:00 <b>LL</b> Ball Toss</p>
<p><b>24</b></p> <p>10:00 <b>PE</b> <u>move it, move it</u></p> <p>11:00 <b>SS</b> LDS Church Svc</p> <p>1:30 <b>PE</b> Balloon Toss</p> <p>3:30 <b>PE</b> Take a Stroll</p>	<p><b>Happy Birthday Mary V.</b> <b>25</b></p> <p>10:00 <b>LL</b> Fancy Nails</p> <p>10:00 <b>LL</b> Manicure Moment</p> <p>10:45 Tossing Game</p> <p>11:00 <b>LL</b> Hand Massages</p> <p>12:00 <b>CE</b> Saying of the Day</p> <p>1:00 <b>CE</b> Discovering the World</p> <p>1:30 <b>CC</b> <u>Scenic Drive</u></p> <p>3:30 <b>LL</b> Matinee Moment</p>	<p>10:00 <b>PE</b> Chair Yoga <b>26</b></p> <p>10:30 <b>LL</b> Joke of the Day</p> <p>12:00 <b>CE</b> Saying of the Day</p> <p>1:00 <b>CE</b> Discovering the World</p> <p>1:30 <b>AE</b> Flower Arranging</p> <p>1:30 <b>CE</b> Taste n Tell</p> <p>3:00 <b>PE</b> BINGO</p>	<p>10:00 <b>LL</b> Exercise-Assisted living <b>27</b></p> <p>11:15 <b>CE</b> Science Made Fun</p> <p>12:00 <b>CE</b> Saying of the Day</p> <p>1:00 <b>CE</b> Discovering the World</p> <p>3:30 <b>PE</b> Bean Bag Toss</p> <p>6:30 <b>SS</b> Relief Soc &amp; Priesthood</p>	<p>10:30 <b>SS</b> Bible Study with Cathy <b>28</b></p> <p>12:00 <b>CE</b> Saying of the Day</p> <p>1:00 <b>CE</b> Discovering the World</p> <p>1:30 <b>LL</b> BINGO</p> <p>3:00 <b>AE</b> Sing A-Longs</p> <p>6:30 <b>LL</b> Nostalgic Television</p>	<p>10:00 <b>PE</b> Exercise-Assisted living <b>29</b></p> <p>10:30 <b>PE</b> Hand Massages</p> <p>11:15 <b>LL</b> Roll the Dice</p> <p>12:00 <b>CE</b> Saying of the Day</p> <p>1:00 <b>CE</b> Discovering the World</p> <p>1:00 <b>CE</b> Reading Circle</p> <p>2:00 <b>AE</b> <u>Crafty Creation/Journal</u></p> <p>3:00 <b>CE</b> Cooking Club</p>	<p>10:30 <b>CC</b> <u>Music: Hillcrest High</u> <b>30</b></p> <p>11:15 <b>CE</b> Name that Tune</p> <p>12:00 <b>CE</b> Saying of the Day</p> <p>1:00 <b>CE</b> Discovering the World</p> <p>1:30 <b>CE</b> Did You Know Game</p> <p>3:00 <b>LL</b> Ball Toss</p>

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