

March 2019

In The Moment – Memory Support

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|---|--|--|--|
| <p>March cont'd 31</p> <p>7:30 LL Morning Music 9:30 PE Fitness Fun 10:30 AE Beautiful You 2:00 LL Music with Alexa (Favorite Hits) 4:00 CE Simple Sunday Trivia 6:00 LL Classic Movie</p> | <p>Symphony at Valley Farms <small>Personal Care & Memory Care</small></p> | <p>10201 Valley Farms Drive Louisville, KY 40272 502-937-3028</p> | <p>AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support</p> | <p>Healthy Snacks & Hydration offered throughout each day!</p> | <p>1</p> <p>7:30 LL Morning Music 9:30 PE Movin' & Groovin' 10:30 AE Crafty Club [AR] 2:30 LL Friday Mocktails 4:00 CE Fun with Alexa 6:00 LL Bingo</p> | <p>2</p> <p>7:30 LL Morning Music 9:30 PE Fitness Fun 10:30 LL Puzzles & Games 1:30 LL Puzzles & Games with Valley View Youth Group [AR] 4:00 LL Friendly Chat 6:00 AE Sing Along with Alexa</p> |
| <p>3</p> <p>7:30 LL Morning Music 9:30 PE Fitness Fun 10:30 AE Beautiful You 2:00 LL Music with Alexa (Favorite Hits) 4:00 CE Simple Sunday Trivia 6:00 LL Classic Movie</p> | <p>4</p> <p>7:30 LL Morning Music 9:30 PE Movin' & Groovin' 10:30 CE Fun with Words 2:00 CC March Birthday Party [AR] 3:00 SS Piano & Praise [MDR] 6:00 LL Game of Resident's Choice</p> | <p>Mardi Gras 5</p> <p>7:30 LL Morning Music 9:30 PE Fitness Fun 10:30 PE Bean Bags and Balloons 2:00 AE Colorful Creations 3:30 AE Primp & Pamper 6:00 CE Tuesday Trivia</p> | <p>6</p> <p>7:30 LL Morning Music 9:30 PE Movin' & Groovin' 10:30 SS Rosary [MR] 11:30 LL Lunch Outing 3:30 CC Welcome To The Neighborhood Party [AR] 6:00 LL Reminisce with Friends</p> | <p>7</p> <p>7:30 LL Morning Music 9:30 PE Fitness Fun 10:30 AE Chit Chat Club 1:30 CC Make Dog Biscuits for Rescue Shelter [AR] 4:00 PE Moving to Music with Alexa 6:30 LL Movie & Popcorn</p> | <p>8</p> <p>7:30 LL Morning Music 9:30 PE Movin' & Groovin' 10:30 LL Music with Tari Martin [MDR] 2:30 LL Friday Mocktails 4:00 CE Fun with Alexa 6:00 LL Bingo</p> | <p>9</p> <p>7:30 LL Morning Music 9:30 PE Fitness Fun 10:30 LL Puzzles & Games 2:00 LL Music with Allen Hilbert 4:00 LL Friendly Chat 6:00 AE Sing Along with Alexa</p> |
| <p>Daylight Saving Time Begins 10</p> <p>7:30 LL Morning Music 9:30 PE Fitness Fun 10:30 AE Beautiful You 2:00 LL Music with Alexa (Favorite Hits) 4:00 CE Simple Sunday Trivia 6:00 LL Classic Movie</p> | <p>11</p> <p>7:30 LL Morning Music 9:30 PE Movin' & Groovin' 10:30 CE Fun with Words 1:30 CC Recipes with Family & Friends [AR] 3:00 CC Healing Hearts Blanket Club 6:00 LL Game of Resident's Choice</p> | <p>12</p> <p>7:30 LL Morning Music 9:30 PE Fitness Fun 10:30 PE Bean Bags and Balloons 12:00 LL TACO TUESDAY [MDR] 2:00 AE Colorful Creations 3:30 AE Primp & Pamper 6:00 CE Tuesday Trivia</p> | <p>13</p> <p>7:30 LL Morning Music 9:30 PE Movin' & Groovin' 10:30 SS Rosary [MR] 2:00 LL Scenic Drive 4:00 PE Busy Hands 7:00 LL Fairdale Baptist Church [MDR]</p> | <p>14</p> <p>7:30 LL Morning Music 9:30 PE Fitness Fun 10:30 AE Chit Chat Club 1:30 CC Make Dog Biscuits for Rescue Shelter [AR] 2:30 LL Music with Bernie Schweikart [MDR] 4:00 PE Moving to Music with Alexa 6:30 LL Movie & Popcorn</p> | <p>15</p> <p>7:30 LL Morning Music 9:30 PE Movin' & Groovin' 10:30 AE Crafty Club [AR] 2:00 LL Friday Mocktails 3:00 LL Music With Gil Kaelin [MDR] 4:00 CE Fun with Alexa 6:00 LL Bingo</p> | <p>16</p> <p>7:30 LL Morning Music 9:30 PE Fitness Fun 10:30 LL Puzzles & Games 2:00 AE Busy Hands 3:00 CC Music with Doug Pinson [MDR] 6:00 AE Sing Along with Alexa</p> |
| <p>St. Patrick's Day 17</p> <p>7:30 LL Morning Music 9:30 PE Fitness Fun 10:30 AE Beautiful You 2:00 LL Music with Alexa (Favorite Hits) 4:00 CE Simple Sunday Trivia 6:00 LL Classic Movie</p> | <p>18</p> <p>7:30 LL Morning Music 9:30 PE Movin' & Groovin' 10:30 LL Music with David Goddard [MDR] 1:30 CC Recipes with Family & Friends [AR] 3:00 SS Piano & Praise [MDR] 6:00 LL Game of Resident's Choice</p> | <p>19</p> <p>7:30 LL Morning Music 9:30 PE Fitness Fun 10:30 PE Bean Bags and Balloons 12:00 LL Soup and Salad Bar [MDR] 2:00 AE Colorful Creations 3:30 AE Primp & Pamper 6:00 CE Tuesday Trivia</p> | <p>20</p> <p>7:30 LL Morning Music 9:30 PE Movin' & Groovin' 10:30 SS Rosary [MR] 11:30 LL Lunch Outing 3:00 LL Music With Dianna Fiourucci [MDR] 4:00 PE Busy Hands 6:00 LL Reminisce with Friends</p> | <p>21</p> <p>7:30 LL Morning Music 9:30 PE Fitness Fun 10:30 AE Chit Chat Club 2:00 LL Thursday Matinee [TR] 4:00 PE Moving to Music with Alexa 6:30 LL Movie & Popcorn</p> | <p>22</p> <p>7:30 LL Morning Music 9:30 PE Movin' & Groovin' 10:30 AE Crafty Club [AR] 2:30 LL Friday Mocktails 4:00 CE Fun with Alexa 6:00 LL Bingo</p> | <p>23</p> <p>7:30 LL Morning Music 9:30 PE Fitness Fun 11:00 SS Cathedral Church of Praise 2:00 AE Busy Hands 4:00 LL Friendly Chat 6:00 AE Sing Along with Alexa</p> |
| <p>24</p> <p>7:30 LL Morning Music 9:30 PE Fitness Fun 10:30 AE Beautiful You 2:00 LL Music with Alexa (Favorite Hits) 3:30 LL Maryville Baptist Church [MDR] 4:00 CE Simple Sunday Trivia 6:00 LL Classic Movie</p> | <p>25</p> <p>7:30 LL Morning Music 9:30 PE Movin' & Groovin' 10:30 CE Fun with Words 1:30 CC Recipes with Family & Friends [AR] 3:00 CC Healing Hearts Blanket Club 6:00 LL Game of Resident's Choice</p> | <p>26</p> <p>7:30 LL Morning Music 9:30 PE Fitness Fun 10:00 SS Mass [MR] 10:30 PE Bean Bags and Balloons 2:00 AE Colorful Creations 3:30 AE Primp & Pamper 6:00 CE Tuesday Trivia</p> | <p>27</p> <p>7:30 LL Morning Music 8:00 LL Waffle Wednesday [DR] 9:30 PE Movin' & Groovin' 10:30 LL Games & Puzzles 2:00 LL Scenic Drive 4:00 PE Busy Hands 7:00 LL Fairdale Baptist Church [MDR]</p> | <p>28</p> <p>7:30 LL Morning Music 9:30 PE Fitness Fun 10:30 AE Chit Chat Club 2:00 LL Thursday Matinee [TR] 2:30 CE Taste And Tell [AR] 4:00 PE Moving to Music with Alexa 6:30 LL Movie & Popcorn</p> | <p>29</p> <p>7:30 LL Morning Music 9:30 PE Movin' & Groovin' 10:30 AE Crafty Club [AR] 2:00 LL Friday Mocktails 3:00 LL Music with David Hunt [MDR] 4:00 CE Fun with Alexa 6:00 LL Bingo</p> | <p>30</p> <p>7:30 LL Morning Music 9:30 PE Fitness Fun 10:30 LL Puzzles & Games 2:00 AE Busy Hands 4:00 LL Friendly Chat 6:00 AE Sing Along with Alexa</p> |