









2019 March 2019



Veranda Independent Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 KEY CASEY'S POND - campus-wide events CAC - Creative Arts Center (V306) CLR - Community Life Room GR - Great Room B - Bistro Lounge GROVE/DOAK - occurs in those neighborhoods					¹ 9:30 Core Strength & Balance - CLR 10:30 Shopping at CMP 3:00 Cribbage - B 4:30 Happy Hour w/ Gerry - GR 6:30 Award Winning Film - CLR	² 10:00 Resident Choice Film - CLR 10:30 Mardi Gras Masks - DOAK 1:30 Poker - GROVE 6:30 Evening Film - CLR
³ 12:30 Bridge - B 1:30 CASEY'S POND First Baptist Service - CLR <i>(Sunday Services are open to all)</i> 6:30 Sunday Night Movie - CLR	⁴ 9:30 Brain Boosters - CLR 10:30 Art Workshop - CAC 1:00 Balance Training - CLR 2:00 Arts & Culture Community Forum - CLR 3:30 Library Outreach - GR 6:00 Pool Club - B 6:30 Mystery Mondays - CLR	⁵ 9:30 Strength & Fitness - CLR 10:30 CASEY'S POND Resident-Staff Mardi Gras Parade & Goodies - GR 11:00 Steamboat Christian Center Connect - B 1:00 Farkle - B 6:30 Classic Movie Night - CLR	⁶ 9:30 Chair Yoga Stretch - CLR 10:30 Meet with Chef - CLR 1:30 Scrabble - B 3:00 Imposition of Ashes Ecumenical Lenten Service - CLR 3:30 Lectio Divina Bible Study GROVE 6:30 Feel Good Film - CLR	⁷ 9:30 Strength and Fitness - CLR 10:45 Visits with Grandkids - CLR 3:00 Great Courses: The American West - CLR 6:30 Comedy Movie Night - CLR	⁸ 9:30 Core Strength & Balance - CLR 10:30 Shopping at CMP 1:30 Tea Social - CAC 4:30 Happy Hour w/ John - GR 6:30 Award Winning Film - CLR	⁹ 10:00 Quilting Project with The Delectable Mountain Quilters Guild - GR 1:30 Poker - GROVE 6:30 Evening Film - CLR
¹⁰ 12:30 Bridge - B 1:30 CASEY'S POND CLR Steamboat Christian Center <i>(Sunday Services are open to all)</i> 6:30 Sunday Night Movie - CLR  <i>Spring Forward - Daylight Saving Time Begins</i>	¹¹ 9:30 Brain Boosters - CLR 10:30 Intergenerational Learning CLR 1:00 Balance Training - CLR 2:30 Catch up with Cathy - CLR 3:45 Activities w/ Grandkids - GR 6:00 Pool Club - B 6:30 Mystery Mondays - CLR	¹² 9:30 Strength & Fitness - CLR 11:00 Steamboat Christian Center Connect - B 1:00 Farkle - B 2:15 Monthly Wellness Talk with Nutritionist Amber - Dining Rm 3:00 SOAPRAH: 'Getting to Know You' - CLR 6:30 Classic Movie Night - CLR	¹³ 9:30 Chair Yoga Stretch - CLR 11:00 Meet Up with Brad - CLR 1:30 Scrabble - B 2:30 Daffodil Arranging - GROVE 3:30 Lectio Divina Bible Study GROVE 6:30 Feel Good Film - CLR	¹⁴ 9:30 Strength and Fitness - CLR 10:30 Great Courses: The American West - CLR 3:00 Armchair Travel - CLR 6:30 Comedy Movie Night - CLR	¹⁵ 9:30 Core Strength & Balance - CLR 10:30 Shopping at CMP 2:00 Afternoon Dance Class with Scott Goodhart - GR 3:00 Cribbage - B 4:30 Happy Hour w/ Jim Walters GR 6:30 Award Winning Film - CLR	¹⁶ 10:00 Resident Choice Film - CLR 10:30 St. Patrick's Day Reminisce & Trivia - DOAK 1:30 Poker - GROVE 6:30 Evening Film - CLR
¹⁷ 12:30 Bridge - B 1:00 CASEY'S POND CLR United Methodist Service <i>(Sunday Services are open to all)</i> 6:30 Sunday Night Movie - CLR Happy St. Patrick's Day	¹⁸ 9:30 Brain Boosters - CLR 10:30 Art Workshop - CAC 1:00 Balance Training - CLR 1:30 Scattogories w/ Volk Family Grove 2:45 Tablet Class - CLR 4:30 Music with Gerry - GR 6:00 Pool Club - B 6:30 Mystery Mondays - CLR	¹⁹ 9:30 Strength & Fitness - CLR 10:30 Community Life Mtg - CLR 11:00 Steamboat Christian Center Connect - B 1:00 Farkle - B 3:00 Successful Aging & Your Brain Video - CLR 6:30 Classic Movie Night - CLR	²⁰ 9:30 Chair Yoga Stretch - CLR 2:30 CASEY'S POND Opera Steamboat, "The Impresario" by Mozart - GR 3:30 Lectio Divina Bible Study GROVE 6:30 Feel Good Film - CLR 1st Day of Spring	²¹ 9:30 Strength and Fitness - CLR 10:30 Great Courses: The American West - CLR 2:00 Mindful Movement & Meditation w/ Val - CLR 3:00 Book Club - CLR 6:30 Comedy Movie Night - CLR	²² 9:30 Core Strength & Balance - CLR 10:30 Shopping at CMP 2:15 Resident-Staff Sun Social Fire Pit 4:30 Happy Hour w/ Bill Martin GR 6:30 Award Winning Film - CLR	²³ 10:00 Resident Choice Film - CLR 10:30 Gentle Seated Yoga - DOAK 1:30 Poker - GROVE 6:30 Evening Film - CLR
^{24/31} 12:30 Bridge - B 1:00 CASEY'S POND Episcopal Service - CLR <i>(Sunday Services are open to all)</i> 6:30 Sunday Night Movie - CLR	²⁵ 9:30 Brain Boosters - CLR 10:30 Art Workshop - CAC 1:00 Balance Training - CLR 1:30 Library Outing with Grove 6:00 Pool Club - B 6:30 Mystery Mondays - CLR	²⁶ 9:30 Strength & Fitness - CLR 11:00 Steamboat Christian Center Connect - B 1:00 Farkle - B 3:00 Laughter Yoga - CLR 6:30 Classic Movie Night - CLR	²⁷ 9:30 Chair Yoga Stretch - CLR 11:15 Lunch Outing to Rex's \$\$ 1:30 Tea Social and Letter Writing CAC 3:30 Lectio Divina Bible Study GROVE 3:45 Balloon Toss w/ Grandkids CLR 6:30 Victor Borge Film - CLR	²⁸ 9:30 Strength and Fitness - CLR 10:30 Great Courses: The American West - CLR 10:30 Cowboy Coffee Hour - B 1:30 Baby Gathering for Lifestyle Director Cathy Reese with Baby Jack - GR 3:00 Poetry Club - CLR 6:30 Comedy Movie Night - CLR	²⁹ 9:30 Core Strength & Balance - CLR 10:30 Shopping at CMP 3:00 Cribbage - B 4:30 Happy Hour w/ Blue Zones appetizers and Ron's Jazz Group - GR 6:30 Award Winning Film - CLR	³⁰ 10:00 Resident Choice Film - CLR 10:30 Coffee & Coloring - DOAK 1:30 Poker - GROVE 6:30 Evening Film - CLR