




2019 March 2019

Doak Walker House



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location Key CL Community Life Room GR Great Room B Bistro CAC Creative Arts Center BP Back Porch G Grove *Activities are located in the Creekside room of Doak, unless otherwise marked.	Daily/Weekly Calendar Changes, Pet Visits, Spontaneous Activities, Mail Delivery & Reading, Leisure materials, 1:1 Visits, Walks Outdoors & Back Porch weather dependent				1 Doak Salon Visits \$ Neighborhood Morning News 10:00 Sing-a-long with GK's 1:30 Poker Letter Delivery & Reading 2:30 Sit & Fit Exercise 3:30 Music w/ Gerry on Guitar 6:30 Evening Movie (CL)	2 9:00 Aviary Fun 10:00 Saturday Movie (CL) 10:30 Mardi Gras Mask Craft Letter Delivery & Reading 1:30 Poker (G) 6:30 Evening Movie (CL)
3 Morning Communion 10:00 Dance & Movement 12:30 Bridge w/ vol Tanna (B) 1:30 Casey's Pond First Baptist Service (CL) 6:30 Evening Movie (CL)	4 Neighborhood Morning News 10:30 Art Workshop (CAC) 10:30 Tread of Pioneers Book Club (G) 12:00 Pondsides Lunch w/ GKs 1:45 Keno 3:30 Library Outreach w/ Alison 4:00 Sit & Fit Exercise 6:00 Golden Cue Pool Club (B)	5 Neighborhood Morning News 9:30 Resident/Staff Mardi Gras Parade and Goodies! 10:00 Bingo 11:00 Steamboat Christian Center Connect Group (B) Letter Delivery & Reading 6:30 Evening Movie (CL) Mardi Gras Day	6 Neighborhood Morning News 10:00 Balloon Volleyball 1:30 Scrabble (B) Letter Delivery & Reading 3:00 Ecumenical Lenten Ashes Service (CL) 3:30 Bible Study (G) 3:45 Birthday Social w/ GKs 4:00 Sit & Fit Exercise 6:00 Sing-a-Long DVD	7 Neighborhood Morning News 10:45 Activities with GrandKids (CL) 1:30 Crossword Group with volunteer Jean Letter Delivery & Reading 6:30 Evening Movie (CL)	8 Doak Salon Visits \$ Neighborhood Morning News 9:45 MIM Art Program (CAC) 1:30 Poker Letter Delivery & Reading 2:30 Sit & Fit Exercise 3:30 Music with John Fisher 6:30 Evening Movie (CL)	9 10:00 Saturday Movie (CL) 10:00 Quilting Project with the Delectable Mountain Quilters Guild (GR) Letter Delivery & Reading 1:30 Poker (G) 6:30 Evening Movie (CL)
10 Morning Communion 10:00 Dance & Movement 12:30 Bridge w/ vol Tanna (B) 1:30 Casey's Pond Steamboat Christian Center Service (CL) 6:30 Evening Movie (CL) <i>Spring Forward - Daylight Saving Time Begins</i>	11 Neighborhood Morning News 10:30 1950s Intergenerational Learning (CL) 1:45 Keno Letter Delivery & Reading 3:45 Activities with GKs (GR) 4:00 Sit & Fit Exercise 6:00 Golden Cue Pool Club (B)	12 Neighborhood Morning News 10:00 Bingo 11:00 SCC Connect Group (B) 1:30 Shamrock Shakes from McDonalds with Scenic Drive 2:15 Monthly Wellness Talk with Nutritionist Amber (GR) 3:00 Daffodil Flower Arranging for our Neighbors 6:30 Evening Movie (CL)	13 Neighborhood Morning News 10:00 Balloon Volleyball 10:30 Food Forum w/ Morrison 1:30 Pinochle w/ vol Roger 1:30 Scrabble (B) Letter Delivery & Reading 3:00 Ice Cream Cart Visits 3:30 Bible Study (G) 4:00 Sit & Fit Exercise 6:00 Sing-a-Long DVD	14 Neighborhood Morning News 10:30 Resident Council Meeting 1:30 Crossword Group with volunteer Jean 3:00 ArmChair Travel (CL) Letter Delivery & Reading 6:30 Evening Movie (CL)	15 Doak Salon Visits \$ Neighborhood Morning News 10:00 Sing-a-long with GK's 1:30 Poker Letter Delivery & Reading 2:30 Sit & Fit Exercise 3:30 Music with Jim on Guitar 6:30 Evening Movie (CL)	16 10:00 Saturday Movie (CL) 10:30 St. Patrick's Day Reminisce and Trivia Letter Delivery & Reading 1:30 Poker (G) 6:30 Evening Movie (CL)
17 Morning Communion 10:00 Dance & Movement 12:30 Bridge w/ vol Tanna (B) 1:00 Casey's Pond United Methodist Service (CL) 6:30 Evening Movie (CL) Happy St. Patrick's Day	18 Neighborhood Morning News 10:30 Art Workshop (CAC) 12:00 Pondsides Lunch w/ GKs 1:45 Keno Letter Delivery & Reading 4:00 Sit & Fit Exercise 6:00 Golden Cue Pool Club (B)	19 Neighborhood Morning News 10:00 Bingo 11:00 Steamboat Christian Center Connect Group (B) Letter Delivery & Reading 3:00 Successful Aging & Your Brain Video (CL) 6:30 Evening Movie (CL)	20 Neighborhood Morning News 10:00 Balloon Volleyball 10:30 Hospitality Cart and April Calendar Chat 2:30 Opera Steamboat, "The Impresario" by Mozart (GR) 3:30 Bible Study (G) 4:00 Sit & Fit Exercise 6:00 Sing-a-Long DVD First Day of Spring	21 Neighborhood Morning News 10:30 Cowgirl Coffee (B) 1:30 Crossword Group with volunteer Jean Letter Delivery & Reading 2:00 Mindful Movement (CL) 6:30 Evening Movie (CL)	22 Doak Salon Visits \$ Neighborhood Morning News 9:45 MIM Art Program 1:30 Poker Letter Delivery & Reading 2:15 Sun Social at Fire pit 2:30 Sit & Fit Exercise 3:30 Music w/ Gene Sanders 6:30 Evening Movie (CL)	23 10:00 Saturday Movie (CL) 10:30 Gentle Seated Yoga Letter Delivery & Reading 1:30 Poker (G) 6:30 Evening Movie (CL)
24/31 Morning Communion 10:00 Dance & Movement 12:30 Bridge w/ vol Tanna (B) 1:00 Casey's Pond Episcopal Service (CL) 6:30 Evening Movie (CL)	25 Neighborhood Morning News 10:30 Art Workshop (CAC) 1:45 Keno Letter Delivery & Reading 2:45 Healing Hands 4:00 Sit & Fit Exercise 6:00 Golden Cue Pool Club (B)	26 Neighborhood Morning News 10:00 Bingo 11:00 Steamboat Christian Center Connect Group (B) 1:30 Scenic Drive 3:00 Laughter Yoga 6:30 Evening Movie (CL)	27 Neighborhood Morning News 10:00 Balloon Volleyball 10:30 Cleaning House 1:30 Tea & Letter Writing (CAC) 1:30 Pinochle w/ vol Roger 3:45 Balloon Toss w/ GKs (CL) 3:30 Bible Study (G) 4:00 Sit & Fit Exercise 6:00 Sing-a-Long DVD	28 Neighborhood Morning News 10:30 Cowboy Coffee (B) 1:30 Crossword Group with volunteer Jean Letter Delivery & Reading 3:00 Poetry Club (CL) 6:30 Evening Movie (CL)	29 Neighborhood Morning News 9:45 MIM Art Program 1:30 Poker Letter Delivery & Reading 2:30 Sit & Fit Exercise 3:30 Music w/ Ron's Jazz Group 6:30 Evening Movie (CL)	30 10:00 Saturday Movie (CL) 10:30 Coffee and Coloring Letter Delivery & Reading 1:30 Poker (G) 6:30 Evening Movie (CL)