



Heatherwood Retirement Community

24	25	26	27	28	Mar 1	2
					Coleslaw Apple Cider Pork Chops <i>or</i> Sour Cream Cheddar Sole Rice Pasta Pilaf Stewed Tomatoes <i>and</i> Chef's Steamed Vegetable Baked Roll Assorted Cookies	Salad Bar BBQ Saint Louis Pork Ribs <i>or</i> Turkey Scallopini Ranch Potato Bake Parmesan Creamed Corn <i>and</i> Chef's Steamed Vegetable Baked Roll Cream Cheese Brownies
3	4	5	6	7	8	9
Salad Bar Beef Pot Roast <i>or</i> Bacon Ranch Chicken Fresh Mashed Potatoes/Gravy Stewed Tomatoes Baked Roll Pumpkin Pie	Asian Cabbage Salad Chicken Pasta Casserole <i>or</i> Cod/Garlic Butter Sauce Baked Sweet Potato Broccoli Baked Roll Swirled Apple Sour Cream Cake	Green Salad Almond Crusted Pork Cutlet <i>or</i> Turkey Piccata Pasta Primavera Braised Celery Baked Roll Black Forest Mousse	Fresh Fruit Salad Beef Medallions <i>or</i> Green Chili Chicken Enchilada Spanish Rice Corn O'Brien Baked Roll Mounds Bar	Fresh Spinach Cheese Salad Chicken Thigh Bake <i>or</i> Braised Pork Baked Macaroni Cheese Beets Baked Roll Pear Crisp	Ambrosia Seasoned Baked Tilapia <i>or</i> Beef Cabbage Casserole Potato Wedges Lemon Pepper Green Beans Baked Roll Texas Sheet Cake	Salad Bar Turkey A La King <i>or</i> Classic Stuffed Bell Pepper Fresh Mashed Potatoes/Gravy Chef's Steamed Vegetable Baked Roll Banana Chocolate Split Dessert
10	11	12	13	14	15	16
Salad Bar Baked Ham/Mustard Sauce <i>or</i> Vegetarian Four Bean Chili Cheesy Scalloped Potatoes Broccoli Buttermilk Cornbread Strawberry Rhubarb Pie	Sunshine Jello Salad Parmesan Fish Fillets <i>or</i> Chili Lime Chicken Rice Garlic Zucchini Saute Baked Roll Coconut Cake	Salad Bar Swedish Meatballs <i>or</i> Homestyle Turkey Best Noodles Cheesy Spinach Bake Baked Roll Fresh Lemon Bars	Light Caesar Salad Glazed Pork Chops <i>or</i> Deep Dish Spinach Quiche Parmesan Roasted Potatoes Fresh Green Beans Baked Roll Mixed Berry Crisp	Carrot Raisin Salad Hamburger Steak/Onions <i>or</i> Chicken/Caper Cream Sauce Favorite Baked Beans Capri Blend Baked Roll Vanilla Cream Pie	Creamy Coleslaw Cheddar Crumb Cod <i>or</i> Sweet and Sour Pork Hawaiian Macaroni Salad Seasoned Peas Baked Roll Lime Pound Cake	Salad Bar Beef Burgundy <i>or</i> Adobo Chicken Mashed Potato Casserole Mixed Vegetables Baked Roll Fruit Cobbler
17	18	19	20	21	22	23
Salad Bar Yankee Pot Roast <i>or</i> Baked Haddock/Dill Sauce Garlic Mashed Potatoes Baby Carrots Fresh Biscuits Ice Cream	Marinated Pepper Salad Marinated Drum Sticks <i>or</i> Veal/Mushroom Sauce Rice Pilaf Ratatouille Baked Roll Banana Pudding Poke Cake	Fruity Green Salad Braised Short Ribs <i>or</i> Classic Spaghetti Meat Sauce Baked Yams Asparagus Casserole Baked Roll Assorted Desserts	Fruited Jello Salad Bacon Wrapped Patty <i>or</i> Turkey Fricassee Yummy Potatoes Carrot Souffle Baked Roll Pudding Tart	Salad Bar Seasoned Steak <i>or</i> Baked Salmon Baked Potato Mixed Vegetable Casserole Baked Roll Chocolate Love Cake	Coleslaw Crab Imperial <i>or</i> Red Potatoes and Ham Macaroni and Cheese Bacon Sauteed Lima Beans Fresh Biscuits Pina Colada Pie	Salad Bar Meatloaf with Mozzarella <i>or</i> Artichoke Chicken O'Brien Potatoes Harvard Beets Baked Roll Cherry Crisp

<p style="text-align: right;">24</p> <p>Salad Bar Herb Roasted Turkey with Gravy <i>or</i> Crispy Pork Chops Herb Mashed Potatoes Chef's Steamed Vegetable <i>and</i> Orange Glazed Carrots Baked Roll Strawberry 'n Cream Pie</p>	<p style="text-align: right;">25</p> <p>7-Up Salad Three Cheese Ravioli <i>or</i> Grilled Sole/Aioli Sauce Hash Brown Bake Chef's Sauteed Vegetable <i>and</i> Creamed Spinach Garlic Breadsticks Assorted Cookies</p>	<p style="text-align: right;">26</p> <p>Salad Bar Ham and Yams <i>or</i> Pepper Steak Delicious Rice Chef's Steamed Vegetable <i>and</i> Scalloped Tomatoes Baked Roll Homemade Carrot Cake</p>	<p style="text-align: right;">27</p> <p>Broccoli Salad Honey Mustard/Rosemary Pork <i>or</i> Pasta in Savory Meat Sauce Sweet Potato Gratin Chef's Steamed Vegetable <i>and</i> Cream Peas Baked Roll Blueberry Cobbler</p>	<p style="text-align: right;">28</p> <p>Salad Bar Ham Loaf <i>or</i> Buttermilk Baked Chicken Cranberry Sage Dressing Chef's Sauteed Vegetable <i>and</i> Zucchini Casserole Cornbread Muffin Butterscotch Cream Pie</p>	<p style="text-align: right;">29</p> <p>Coleslaw Tilapia/Roasted Vegetables <i>or</i> Honey Glazed Meatballs Sauteed Orzo Chef's Steamed Vegetable <i>and</i> Classic Lima Beans Baked Roll Blueberry Coffee Cake</p>	<p style="text-align: right;">30</p> <p>Salad Bar Corned Beef Brisket <i>or</i> Eggplant Parmesan and Marinara Steamed Red Potatoes Skillet Cabbage <i>and</i> Green Bean Casserole Baked Roll Brownies</p>
<p style="text-align: right;">31</p> <p>Salad Bar Herbed Roast/Vegetables <i>or</i> Chicken Alfredo with Shells Baked Sweet Potato Spinach Souffle <i>and</i> Chef's Steamed Vegetable Baked Roll Spice Cake</p>	<p style="text-align: right;">Apr 1</p>	<p style="text-align: right;">2</p>	<p style="text-align: right;">3</p>	<p style="text-align: right;">4</p>	<p style="text-align: right;">5</p>	<p style="text-align: right;">6</p>