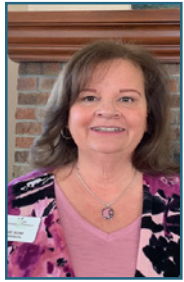




LETTER FROM THE ADMINISTRATOR



Let's all welcome March!! After the craziest February weather that we've had to deal with, I'm sure that I'm not alone wanting more spring like weather

March is National Women's History Month. Some of the women recognized, Pocahontas, She saved the life of Captain John Smith at the hands of her father, Chief Powhatan. Elizabeth Blackwell, The first woman physician in the U.S. (MD, Geneva College, 1849). She opened a slum infirmary and trained women in medicine. Rosa Parks refusal to give up her seat on a segregated bus in Montgomery, Alabama on December 1, 1955, sparked the modern civil rights movement. Sandra Day O'Connor, She became the first woman justice on the U.S. Supreme Court. She felt the court's role was to interpret the law, no legislate it. Maya Angelou, A poet, historian, author, civil rights activist, producer and director, she composed and read a verse at the Clinton inauguration in 1993.

Mardi Gras is March 5th, also known as Carnival or Fat Tuesday. These festivities are plentiful in the USA, but most especially in New Orleans. New Orleans holds the biggest and most popular celebration before Lent. On the Tuesday before Ash Wednesday, which marks the official beginning of Lent, Christians celebrate and party before a 40 day solemn period.

For those of you that follow March madness, I hope you have your brackets picked and are ready for the final four. For those of you that don't know what it is here is a summary.

It is one of the biggest, most exciting and most fun events in all of sports. It has been played annually since 1939. The NCAA Division 1 men's basketball tournament is a single-elimination tournament of 68 teams that compete in seven rounds for the national championship. The penultimate round is known as the Final Four, when only the final four teams are left. Good Luck.

Mary Rush

ADMINISTRATOR

Dates to Remember

Boulder City Library Mobile Service

Friday March 1st at 12:30 in the Library

Meet The Local Author:

Saturday March 2nd Alan Livingston at 3:00pm

Caregiver Support Group

Tuesday March 19th at 2:00pm

Lunch Bunch

(outside the community)

Begins on Friday March 1st

Breakfast at the Eldorado

Saturday March 30th

Michael's Angel Paws

Friday March 15th at 2:00pm

Don't Forget Sunday March

10th is Daylight Savings

Day Spring foreword;

move clocks ahead 1 hour



Happy Birthday

RESIDENT BIRTHDAYS

Paul G. Teri R.

Musetta N. Eleanor B.

STAFF BIRTHDAYS

Josephine N. Amber R.

Ashley M.

What's New in the Kitchen

Greetings from the Kitchen!

Happy March, Hope everyone had a great Valentine's Day and enjoyed the prom. Our topic this month will be on Fruits and Vegetables in season.

The daily recommended intake is 1 ½ cups-2 cups of fruit and 2-2 ½ cups of vegetables.

Fruit that is in season: bananas, grapefruit, lemons, oranges, passion fruit, pineapple and strawberries. Vegetables in season: Mushrooms, spinach, broccoli and asparagus

See you at Food for Thought!

Positive Quote:

"When you can't find the sunshine, be the sunshine."

MARKETING CORNER

Happy St. Patrick's Day! We are also celebrating "National Write a Letter Day" on the 7th of March and "National Write a Letter of Appreciation Day" on the 21st.

A Word from Infinity Hospice

Dee Williams, Spiritual Counselor for Infinity Hospice Care, has been proving support to patients, families, and caregivers for over 10 years with the company. DeMark Scott, Admission Counselor for Infinity Hospice Care, has been with the company for over 5 years. He also represent Nevada Care Connect, the doctors house calls/transitional care group. We'd like to thank you for all your time and appreciate every moment with you all.

Health Services

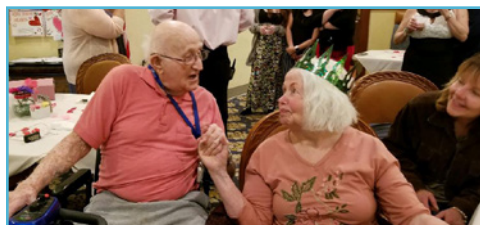
Happy March from your Health Services team!

This month we would like to impress upon you the importance of daily exercise. The fact is that daily exercise helps you to look and feel younger and stays active longer. Regular physical activity also lowers your risk for a variety of conditions, including Alzheimer's and dementia, heart disease, diabetes, high blood pressure and obesity. Here at Lakeview Terrace we offer Sit and be Fit Exercise every Wednesday-Saturday at 9:30 and Tuesdays at 10:30 (after Prayer Service) So please do yourself a favor and participate in Sit and be Fit, it will do your body good!

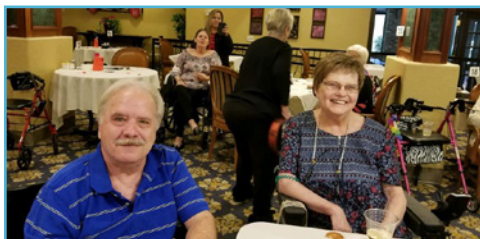
Photo Highlights



Lakeview Terrace February Birthdays



Cupid Strikes again!



Residents are enjoying happy hour!



Dorothy B with Michael Angel Paws pet therapy dogs



Tea Party!



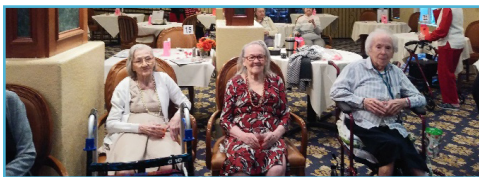


Putting the Spotlight on Our Featured Resident: Bob S.

Some of you might remember Bob S., he used to live here for a short time, just about 1 year ago. Bob was born June 1st 1932 in San Francisco. Beginning about 4 years old Bobs

family life took a turn of events and Bob ended up in Foster care. He really does not like talking much about his childhood, for that very same reason. He has 4 daughters, 3 are living in California and 1 is in Georgia. Bob is a proud Grandfather to 5 Grandchildren and a very happy Great Grandfather of one great grandson. Bob served in the US Army for 3 years where he was given the role of Army Policeman, out of those 3 years he was an MP for 1 year in Germany. He worked as a Civil Engineer for Bectel Corporation for 9 ½ years and then naturally after his experience with the Army, he held several security positions. Bob loves Las Vegas and enjoys living here at Lakeview Terrace. He likes to play Bingo, Poker, and Blackjack. Be sure to take a minute and get to know Bob anytime other than during BINGO!?

Photo Highlights... continued



Valentine's day party!



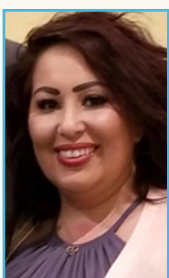
Howard was the winner of the "count the candy heart" contest. His guessed was 514, and the actual count was 519!! Congrats Howard



Thank you Lend A Hand



Lakeview Terrace amazing team at our 1st annual King and Queen Ball



Employee of the Month

Ester is our Residents Care Coordinator. Lately, she has gone above and beyond the call of duty by working any shift that is needed, even if that means staying here through the night. We appreciate all her hard work and dedication and would like Ester to be recognized as our Employee of the month. Be certain

to express your gratitude to Ester throughout the month of March!

ACTIVITIES UPDATE

We are bringing back an old favorite for your family and friends at Lakeview Terrace playing "You be the Judge."

We are starting Pinochle, Phase 10, Kings in the Corner, Hand and Foot, and Canasta. We will continue playing Blackjack everyday at 2:00pm (except Tuesdays) and Poker on Wednesdays.

The Boulder City Library will be here on March 1st with a variety of books for you to check out. If you don't have a library card, you will be able to get one at that time

Beginning in March we will be doing a variety of activities outside our community. Our Lunch Club will begin going out of the community in March. I have picked Giuseppe's for our first outing, and we will decide the rest at our Activities planning meeting either on the 7th of March or the one at the end of February. Scenic drives will start again this month and will be announced ahead of time.



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www.LVTerrace.com

Your Team

ADMINISTRATOR
Mary Rush

HEALTH SERVICES
DIRECTOR
Pamela Schmidt, LPN

RESIDENT CARE
COORDINATOR
Ester Negrete

BUSINESS
OFFICE MANAGER
Rodina Savet

SALES AND MARKETING
DIRECTOR
Sherry Hoffeld

DINING SERVICES
DIRECTOR
Jason Hollida

MAINTENANCE DIRECTOR
Shawn Turner

ACTIVITY DIRECTOR
Sharon Kilian



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Maintenance

Happy March! Here are some riddles for you:

- What goes up but does not move? Stairs
- Where do you find an ocean and no water? A map
- What is white when dirty and black when it's clean? A chalkboard
- What is the easiest way to double your money?
Put it in front of a mirror
- What word becomes shorter when you add 2 letters to it? Short

JIW JOY INDEPENDENCE & WELLNESS TEAM

We are promoting "teamwork" and "Spirit" for our employees by hosting a Pajama Day on Wednesday March 13th. Please make certain that they are work appropriate Pajama's. We take pride at Lakeview Terrace and respect our fellow co-workers, through a positive and productive work environment that is committed to the mission of joy, independence, and wellness.