

SUNDAY, 3/3/2019	MONDAY, 3/4/2019	TUESDAY, 3/5/2019	WEDNESDAY, 3/6/2019	THURSDAY, 3/7/2019	FRIDAY, 3/8/2019	SATURDAY, 3/9/2019
Pancakes Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	Cheese Omelet Toast Seasonal Fruit Hot or Cold Cereal	Waffles Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	Eggs O'Brien Toast Seasonal Fruit Hot or Cold Cereal	Baked Egg Casserole Toast Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	French Toast Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	Choice of Egg Cinnamon Roll Seasonal Fruit Hot or Cold Cereal
Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf
Cran-Pear Roast Pork Whipped Potatoes Whole Green Beans Bread or Roll & Butter or Margarine	Apricot Dijon Chicken Wild Rice Blend Brussels Sprouts with Bacon Bread or Roll & Butter or Margarine	Baked Ham Scalloped Potatoes Green Bean Casserole Bread or Roll & Butter or Margarine	Lemon Pepper Roasted Turkey Breast Cornbread Dressing Seasoned Fresh Broccoli Bread or Roll & Butter or Margarine	Spaghetti with Meat Sauce Chopped Salad Garlic Bread Stick	Catch of the Day Rice Pilaf Dill Fresh Carrots Bread or Roll & Butter or Margarine	Salisbury Steak Garlic Mashed Potatoes Seasoned Vegetables Bread or Roll & Butter or Margarine
Assorted Pies Choice of Beverage	Sour Cream Coffee Cake Choice of Beverage	Apple Pie Choice of Beverage	Glazed Pumpkin Cake Choice of Beverage	Ambrosia Choice of Beverage	Angel Food Cake Choice of Beverage	Ice Cream Cup Choice of Beverage
Deli Sandwich Egg Salad Sandwich Grilled Cheese Sandwich Hamburger Soup of the Day	Deli Sandwich Egg Salad Sandwich Grilled Cheese Sandwich Hamburger Soup of the Day	Deli Sandwich Egg Salad Sandwich Grilled Cheese Sandwich Hamburger Soup of the Day	Deli Sandwich Egg Salad Sandwich Grilled Cheese Sandwich Hamburger Soup of the Day	Deli Sandwich Egg Salad Sandwich Grilled Cheese Sandwich Hamburger Soup of the Day	Deli Sandwich Egg Salad Sandwich Grilled Cheese Sandwich Hamburger Soup of the Day	Deli Sandwich Egg Salad Sandwich Grilled Cheese Sandwich Hamburger Soup of the Day
Braised Turkey over Noodles Farlic Roasted Fresh Cauliflower Bread or Roll & Butter or Margarine Assorted Cookie Milk	Cornbread & Butter or Margarine Baked Apples Milk	Deli Sandwich Vegetable Soup Creamy Coleslaw Blushing Pears Milk	Hot Dog Bun Cucumber Tomato Salad Bread or Roll & Butter or Margarine Chocolate Chip Cookie Milk	Chef's Choice Pizza Herbed Green Beans Mixed Salad Greens Bread or Roll & Butter or Margarine Lemon Meringue Pie Milk	Beef Stroganoff Parslied Noodles Savory Peas Bread or Roll & Butter or Margarine Fruit Crisp Milk	BBQ Country Style Spare Ribs Baked Potato Three Bean Salad Bread or Roll & Butter or Margarine Fruited Gelatin with Topping Milk Coffee/Tea/Decaf
M		lilk Milk	lilk Milk Milk	lilk Milk Milk Milk	d Cookie Baked Apples Blushing Pears Chocolate Chip Cookie Lemon Meringue Pie liik Milk Milk Milk Milk	d Cookie Baked Apples Blushing Pears Chocolate Chip Cookie Lemon Meringue Pie Fruit Crisp Milk Milk Milk Milk Milk Milk



	SUNDAY, 3/10/2019	MONDAY, 3/11/2019	TUESDAY, 3/12/2019	WEDNESDAY, 3/13/2019	THURSDAY, 3/14/2019	FRIDAY, 3/15/2019	SATURDAY, 3/16/2019
B r e a k f	Banana Oatmeal Buttermilk Pancakes Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	Choice of Egg Toast Hash Browns Seasonal Fruit Hot or Cold Cereal	Belgian Waffle Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	Cheese Omelet Toast Seasonal Fruit Hot or Cold Cereal	Choice of Egg Biscuit Seasonal Fruit Hot or Cold Cereal	French Toast Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	Choice of Egg Coffee Cake Seasonal Fruit Hot or Cold Cereal
s t	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf
L u n c h	Roasted Turkey Breast with Maple Mustard Glaze Red Bliss Potatoes Broccoli Polonaise Bread or Roll & Butter or Margarine	Barbecued Pork Cutlet Parmesan Noodles Dilled Green Beans Bread or Roll & Butter or Margarine	Pan Seared Chicken Wild Rice and Cranberries Seasoned Zucchini Bread or Roll & Butter or Margarine	BBQ Meat Loaf Mashed Sweet Potatoes Peas and Cauliflower Bread or Roll & Butter or Margarine	Braised Pork Chop Spinach Rice Bake Seasoned Succotash Bread or Roll & Butter or Margarine	Potato Crunch Fish Orzo with Vegetables Parslied Fresh Baby Carrots Bread or Roll & Butter or Margarine	Roast Beef Au Jus Scalloped Potatoes Buttered Peas Bread or Roll & Butter or Margarine
	Assorted Pies Choice of Beverage	Rice Krispie Bar Choice of Beverage	Brownie Choice of Beverage	Pineapple Upside-down Cake Choice of Beverage	Blueberry Pear Cobbler Choice of Beverage	Oatmeal Raisin Cookie Choice of Beverage	Pudding with Topping Choice of Beverage
Always Available	Deli Sandwich Egg Salad Sandwich Grilled Cheese Sandwich Hamburger Soup of the Day	Deli Sandwich Egg Salad Sandwich Grilled Cheese Sandwich Hamburger Soup of the Day	Deli Sandwich Egg Salad Sandwich Grilled Cheese Sandwich Hamburger Soup of the Day	Deli Sandwich Egg Salad Sandwich Grilled Cheese Sandwich Hamburger Soup of the Day	Deli Sandwich Egg Salad Sandwich Grilled Cheese Sandwich Hamburger Soup of the Day	Deli Sandwich Egg Salad Sandwich Grilled Cheese Sandwich Hamburger Soup of the Day	Deli Sandwich Egg Salad Sandwich Grilled Cheese Sandwich Hamburger Soup of the Day
E v e n i n	Beef Lasagna French Green Bean Medley Garlic Bread	Hearty Beef Stew House Salad Bread or Roll & Butter or Margarine	Beef Tater Tot Casserole Pasta Salad Bread or Roll & Butter or Margarine	Cream of Tomato Soup Grilled Cheese Sandwich Potato Chips	Pot Roast with Vegetables Baked Potato Broccoli Florets Bread or Roll & Butter or Margarine	Crispy Chicken Tenders Dipping Sauce Herb Roasted Potato Wedges Creamy Coleslaw Bread or Roll & Butter or Margarine	Autumn Pork Loin Harvest Roasted Vegetables Savory Green Beans Bread or Roll & Butter or Margarine
g	Lemon Pudding with Whip Topping Milk Coffee/Tea/Decaf	Strawberry Shortcake Milk Coffee/Tea/Decaf	Fruit Cup Milk Coffee/Tea/Decaf	Peanut Butter Cookie Milk Coffee/Tea/Decaf	Pumpkin Bar Milk Coffee/Tea/Decaf	Peach Melba Shortcake Milk Coffee/Tea/Decaf	Dutch Apple Pie Milk Coffee/Tea/Decaf

Approved By: ______ February 27, 2019

Registered Dietitian



	SUNDAY, 3/17/2019	MONDAY, 3/18/2019	TUESDAY, 3/19/2019	WEDNESDAY, 3/20/2019	THURSDAY, 3/21/2019	FRIDAY, 3/22/2019	SATURDAY, 3/23/2019
B r e a k f	Pancakes with Fruit Topping Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	Cheese Omelet Toast Seasonal Fruit Hot or Cold Cereal	Waffles Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	Choice of Egg Toast Seasonal Fruit Hot or Cold Cereal	Country Style Scrambled Eggs Toast Seasonal Fruit Hot or Cold Cereal	Cinnamon French Toast Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	Choice of Egg Biscuit Sausage Gravy Seasonal Fruit Hot or Cold Cereal
s t	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf
L u n c h	Oven Fried Chicken Roasted Sweet Potatoes Country Cabbage Bread or Roll & Butter or Margarine Angel Food Cake Choice of Beverage	Herb Roasted Beef Scalloped Corn Broccoli Spears Bread or Roll & Butter or Margarine Ice Cream Sandwich Choice of Beverage	Pork Roast with Sauerkraut Oven Roasted Red Potatoes Skillet Green Beans Bread or Roll & Butter or Margarine Assorted Pies Choice of Beverage	Honey Dijon Chicken Lyonnaise Potatoes Seasoned Fresh Spinach Bread or Roll & Butter or Margarine Caramel Cheesecake Choice of Beverage	Roast Turkey Buttermilk Mashed Potatoes Mixed Vegetables Bread or Roll & Butter or Margarine Lemon Cake Choice of Beverage	Crunchy Fish Fillet Rice with Mushrooms Peas and Pearl Onions Bread or Roll & Butter or Margarine Custard with Caramel Sauce Choice of Beverage	Tomato Swiss Steak Buttermilk Mashed Potatoes Herbed Whole Green Beans Bread or Roll & Butter or Margarine Chocolate Mousse Pudding Choice of Beverage
Always Available	Deli Sandwich Egg Salad Sandwich Grilled Cheese Sandwich Hamburger Soup of the Day	Deli Sandwich Egg Salad Sandwich Grilled Cheese Sandwich Hamburger Soup of the Day	Deli Sandwich Egg Salad Sandwich Grilled Cheese Sandwich Hamburger Soup of the Day	Deli Sandwich Egg Salad Sandwich Grilled Cheese Sandwich Hamburger Soup of the Day	Deli Sandwich Egg Salad Sandwich Grilled Cheese Sandwich Hamburger Soup of the Day	Deli Sandwich Egg Salad Sandwich Grilled Cheese Sandwich Hamburger Soup of the Day	Deli Sandwich Egg Salad Sandwich Grilled Cheese Sandwich Hamburger Soup of the Day
E v e n i n g	Spaghetti with Meat Sauce Buttered Corn Garlic Bread Sugar Cookie Milk Coffee/Tea/Decaf	Chicken and Dumplings California Blend Vegetables Bread or Roll & Butter or Margarine Heavenly Fruit Salad Milk Coffee/Tea/Decaf	Pizza Casserole Mixed Salad Greens with Creamy Tarragon Dressing Bread or Roll & Butter or Margarine Red Velvet Cake Milk Coffee/Tea/Decaf	Vegetable Beef Soup Egg Salad Sandwich Potato Chips Fudgy Brownie Milk Coffee/Tea/Decaf	Cheese Omelet Breakfast Meat of Choice Toast Fresh Banana Milk Coffee/Tea/Decaf	Chili Con Carne Sweet Potato Wedges Cucumber Red Onion Salad Cornbread Peaches Milk Coffee/Tea/Decaf	Baked Ham Scalloped Potatoes Seasoned Fresh Broccoli Bread or Roll & Butter or Margarine Glazed White Sheet Cake Milk Coffee/Tea/Decaf



	SUNDAY, 3/24/2019	MONDAY, 3/25/2019	TUESDAY, 3/26/2019	WEDNESDAY, 3/27/2019	THURSDAY, 3/28/2019	FRIDAY, 3/29/2019	SATURDAY, 3/30/2019
B r e a k f a s t	Pancakes Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	Choice of Egg Toast Hash Browns Seasonal Fruit Hot or Cold Cereal	Waffles with Fruit Topping Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	Fried Egg Toast Seasonal Fruit Hot or Cold Cereal	Choice of Egg Cinnamon Roll Seasonal Fruit Hot or Cold Cereal	French Toast Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	Choice of Egg Banana Bread Seasonal Fruit Hot or Cold Cereal
	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf
L u n c h	Crispy Pork Cutlet Home Fried Potatoes Parslied Carrots Bread or Roll & Butter or Margarine	Baked Rosemary Chicken Roasted Sweet Potatoes Buttered Zucchini Bread or Roll & Butter or Margarine	Slow Cooked Shredded Beef Roast Seasoned New Potatoes Green and Gold Beans Bread or Roll & Butter or Margarine	Roasted Turkey Breast Pan Gravy Cornbread Stuffing Mashed Potatoes Seasoned Baby Carrots Bread or Roll & Butter or Margarine	Lemon Herb Chicken Confetti Rice Sautéed Mixed Squash Bread or Roll & Butter or Margarine	Crunchy Fish Fillet Au Gratin Potatoes Buttered Green Beans Bread or Roll & Butter or Margarine	Pork Loin with Glazed Apples Baked Potato Peas with Red Peppers Bread or Roll & Butter or Margarine
	Assorted Pies Choice of Beverage	Banana Cream Cheesecake Choice of Beverage	Raspberry Custard Cake Choice of Beverage	Pumpkin Pie with Topping Choice of Beverage	Chocolate Chip Cookie Choice of Beverage	Frosted Cake Choice of Beverage	Canned Fruit of Choice Choice of Beverage
Always Available	Deli Sandwich Egg Salad Sandwich Grilled Cheese Sandwich Hamburger Soup of the Day	Deli Sandwich Egg Salad Sandwich Grilled Cheese Sandwich Hamburger Soup of the Day	Deli Sandwich Egg Salad Sandwich Grilled Cheese Sandwich Hamburger Soup of the Day	Deli Sandwich Egg Salad Sandwich Grilled Cheese Sandwich Hamburger Soup of the Day	Deli Sandwich Egg Salad Sandwich Grilled Cheese Sandwich Hamburger Soup of the Day	Deli Sandwich Egg Salad Sandwich Grilled Cheese Sandwich Hamburger Soup of the Day	Deli Sandwich Egg Salad Sandwich Grilled Cheese Sandwich Hamburger Soup of the Day
E v e n i n g	Ravioli with Tomato Sauce Parslied Cauliflower Breadstick	Bean with Bacon Soup Chicken Salad Sandwich Green Pea Salad Bread or Roll & Butter or Margarine	Hamburger Baked Beans Potato Chips	Braised Country Style Ribs Potato Wedges Buttered Broccoli Bread or Roll & Butter or Margarine	Hot Dog on a Bun Herb Roasted Potato Wedges Creamy Cucumber Salad	Hearty Beef Stew Marinated Tomatoes and Onions Cornbread & Butter or Margarine	Philly Style Chopped Steak Home Fried Potatoes Confetti Corn Bread or Roll & Butter or Margarine
	Lemon Shortbread Bar Milk Coffee/Tea/Decaf	Ice Cream Cup Milk Coffee/Tea/Decaf	Gelatin Parfait Milk Coffee/Tea/Decaf	Tapioca Pudding with Topping Milk Coffee/Tea/Decaf	Pound Cake Milk Coffee/Tea/Decaf	Peaches and Cream Dessert Milk Coffee/Tea/Decaf	Cherry Pie Milk Coffee/Tea/Decaf



	SUNDAY, 3/31/2019	MONDAY, 4/1/2019	TUESDAY, 4/2/2019	WEDNESDAY, 4/3/2019	THURSDAY, 4/4/2019	FRIDAY, 4/5/2019	SATURDAY, 4/6/2019
B r e a k f a	Buttermilk Pancakes Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	Ham & Cheese Omelet Toast Seasonal Fruit Hot or Cold Cereal	Belgian Waffle Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	Choice of Egg Sausage Patty Toast Seasonal Fruit Hot or Cold Cereal	Scrambled Eggs with Cheese Toast Seasonal Fruit Hot or Cold Cereal	French Toast Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	Choice of Egg Biscuit Country Gravy Seasonal Fruit Hot or Cold Cereal
s t	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf
L u n c	Breaded Italian Chicken Spaghetti & Marinara Sauce Garlic Lemon Cauliflower Bread or Roll & Butter or Margarine	Cranberry Glazed Turkey Baked Sweet Potato Green Bean Casserole Bread or Roll & Butter or Margarine	Smothered Pork Chop Country Potatoes Seasoned Baby Carrots Bread or Roll & Butter or Margarine	Chopped Steak with Gravy Caramelized Onion Mashed Potatoes Broccoli Spears Bread or Roll & Butter or Margarine	Citrus BBQ Chicken Roasted Root Vegetables Buttered Green Beans Bread or Roll & Butter or Margarine	Cream of Tomato Soup Grilled Cheese Sandwich Potato Chips	Beef with Mushroom Sauce Baked Potato Capri Blend Vegetables Bread or Roll & Butter or Margarine
	No-Bake Strawberry Cheesecake Choice of Beverage	Frosted Cinnamon Brownie Choice of Beverage	Assorted Pies Choice of Beverage	Black Forest Cake Choice of Beverage	Baked Apples Choice of Beverage	Ambrosia Choice of Beverage	Glazed Buttermilk Cake Choice of Beverage
Always Available	Deli Sandwich Egg Salad Sandwich Grilled Cheese Sandwich Hamburger Soup of the Day	Deli Sandwich Egg Salad Sandwich Grilled Cheese Sandwich Hamburger Soup of the Day	Deli Sandwich Egg Salad Sandwich Grilled Cheese Sandwich Hamburger Soup of the Day	Deli Sandwich Egg Salad Sandwich Grilled Cheese Sandwich Hamburger Soup of the Day	Deli Sandwich Egg Salad Sandwich Grilled Cheese Sandwich Hamburger Soup of the Day	Deli Sandwich Egg Salad Sandwich Grilled Cheese Sandwich Hamburger Soup of the Day	Deli Sandwich Egg Salad Sandwich Grilled Cheese Sandwich Hamburger Soup of the Day
E v e n i n	Scalloped Potatoes with Ham Baby Lima Beans Bread or Roll & Butter or Margarine	Sloppy Joe on a Bun Pickle Spear Steak Fries	Beef Lasagna Garden Salad Breadstick	Potato Crunch Fish Tomato Herb Rice Mixed Vegetables Bread or Roll & Butter or Margarine	Meatball Parmesan Orzo Pilaf Zucchini and Yellow Squash Garlic French Bread	Open-faced Roast Turkey Sandwich with Gravy Mashed Potatoes Corn Medley Bread or Roll & Butter or Margarine	Chicken, Broccoli and Rice Casserole Parslied Carrots Bread or Roll & Butter or Margarine
g	Pudding with Topping Milk Coffee/Tea/Decaf	Poached Pears Milk Coffee/Tea/Decaf	Banana Pudding with Whipped Topping Milk Coffee/Tea/Decaf	Fruited Gelatin Salad Milk Coffee/Tea/Decaf	Coconut Custard Pie Milk Coffee/Tea/Decaf	Orange Pumpkin Mousse Dessert Milk Coffee/Tea/Decaf	Assorted Cookie Milk Coffee/Tea/Decaf