Maple Ridge

Gracious Retirement Living

1531 Juliette Way • Cedar Park, TX 78613 • Phone (512) 425-0053 • www.seniorlivinginstyle.com

JANUARY 2019

MAPLE RIDGE STAFF

Managers.....HERSCHEL & DONNA STAUFFER
Assistant Managers ....JOE & DORA SUMMERS
Assistant Managers ..... MIKE & ANGELA SANSONE
Executive Chef.....JASON HUTCHERSON
Marketing.....BECKY LEAF
Activity Coordinator .....EMILY ORGUSAAR
Maintenance .....THAD WINGATE
Bus Driver .....TRUMAN TREKELL

TRANSPORTATION

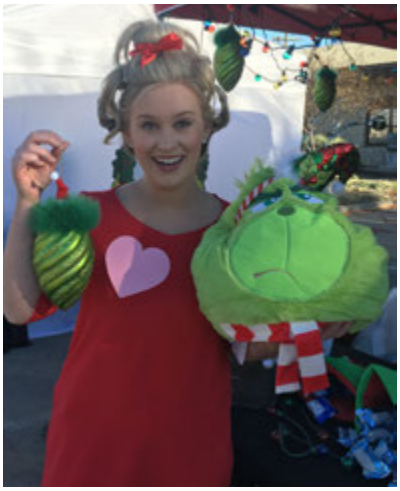
Monday, 9 a.m. to 2 p.m.: Shopping
Tuesday, 9 a.m. to 3 p.m.: Appointments
Wednesday, TBD: Outings
Thursday, 9 a.m. to 3 p.m.: Appointments
Friday, 9 a.m. to 2 p.m.: Shopping

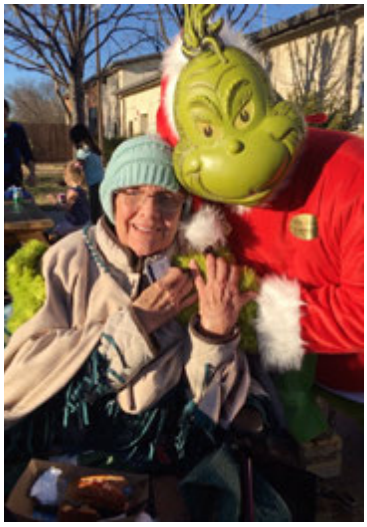
We Are Open!

For many months now, the Maple Ridge team has been anxiously waiting for construction to be finished. The space in the trailer was very limited and for a short amount of time, we had to work out of the back of a U-Haul. Only joking, but we were so excited to finally take another step forward and move out of the trailer and into our beautiful new community. The journey was long, but well worth the wait. We are beside ourselves with happiness that we can finally say we are open and can start to build a community that is one of a kind.

The Grinch Visits The Leander Old Town Festival

The smell of candied cinnamon from freshly roasted nuts danced from nose to nose, awakening the spirit of Christmas cheer. Everyone from the crowd had smiles alike -- their hearts beat as one, knowing Christmas has come. There was so much to do, no one quite knew where to begin. Should you buy Grandma a jar of local honey or homemade jam? On the other hand, maybe start off with a powdery funnel cake and sing along to some Christmas carols. No matter where you started, there was still so much to do, but excitement filled the air when the long anticipated Grinch made a special appearance. Whether they were one or 100, everyone was waiting to get the chance to meet with the quite delightful Grinch, played out by Herschel, and his right-hand gal, Cindy Lou Who, played by the Activity Coordinator Emily. Spectators would giggle at the Grinch's silly banter: "Who has my presents?" he would chuckle from his belly. We even had goodies and handmade ornaments to hand out at our booth. The Maple Ridge team altogether spread much joy at the Leander Old Town Christmas Festival.





The Hawthorn Express

Full Steam Ahead! Beginning the week of January 21st through February 8th, Maple Ridge will be boarding a high-speed, luxury train — the Hawthorn Express! The Hawthorn Express will be transporting its passengers to these amazing destinations:

- Germany
- France
- Italy

As we make our scheduled stops at each destination, we will be experiencing the food, history and culture of each of these beautiful countries. Be sure to attend the Kick-Off Party on January 14th to get your Eurail Pass and Travel Itinerary. If you have any additional questions like what to pack or weather conditions, be sure to check in with your Hawthorn Express conductor Emily for all the details!

THE HAWTHORN EXPRESS

ALL ABOARD!

JANUARY 2019

Locations

Activity Room, AR
Billiards Room, BR
Bus, B
Chapel, CH
Computer Center, CC
Dining Room, DR
Dining Room Alcove, DRA
Front Lobby, Lobby
Gym, G
Kitchen, K
Library, L
Movie Theater, MT
Patio, P
TV Room, TV

"I hope that in this year to come, you make mistakes. Because if you are making mistakes, then you are making new things, trying new things, learning, living, pushing yourself, changing yourself, changing your world. You're doing things you've never done before, and more importantly, you're doing something."

— Neil Gaiman

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		NEW YEAR'S DAY 1 9:30 Strength Class, AR 11:00 Bingo: Nickle a Game with Rachel, AR 2:00 Bean Bag Baseball, AR 6:45 Movie and Popcorn, MT	2 9:30 Wander Wednesday: Take a Walk with Emily, AR 2:00 Wednesday Movie Matinee, MT 3:00 Rummikub and Dominoes, BR 6:45 Movie and Popcorn, MT	3 *9:00 Blood Pressure Check with Texas Home Health, AR* 9:30 Drum to the Beat, AR 11:00 Cooking Class, K **2:00 Big Stakes Bingo, AR** 6:45 Movie and Popcorn, MT	4 9:30 Zumba, AR 10:45 Craft Corner, AR **12:15 Wear Red and Pledge, DR** **3:30 Music with JJ Rapscallion, AR** 6:45 New Arrival Movies, MT	5 11:00 Bingo: Nickle a Game, AR 2:00 Open Game Time, AR 6:45 Movie and Popcorn, MT
6 11:00 Church Services, CH 1:45 Movie Matinee, MT 3:00 Scrabble, AR 6:45 Movie and Popcorn, MT	7 9:30 Stretch Class, AR **2:00 Be Well MD Clinic, AR** 6:15 Monday Movie Night, MT 6:45 Movie and Popcorn, MT	8 9:30 Strength Class, AR 11:00 Bingo: Nickle a Game with Rachel, AR 2:00 Chair Volleyball, AR 6:45 Movie and Popcorn, MT	9 9:30 Wander Wednesday: Take a Walk with Emily, AR 2:00 Wednesday Movie Matinee, MT 3:00 Rummikub and Dominoes, BR 6:45 Movie and Popcorn, MT	10 *9:00 Blood Pressure Check with Texas Home Health, AR* 9:30 Drum to the Beat, AR 11:00 Cooking Class, K 3:30 Bingo: Win a Prize with Imani, AR 6:45 Movie and Popcorn, MT	11 9:30 Zumba, AR 10:45 Craft Corner, AR **12:15 Wear Red and Pledge, DR** **3:30 We Might As Well Laugh! with Larry Ratliff, AR** 6:45 New Arrival Movies, MT	12 11:00 Bingo: Nickle a Game, AR 2:00 Open Game Time, AR 4:00 John Hays Music, AR 6:45 Movie and Popcorn, MT
13 11:00 Church Services, CH 1:45 Movie Matinee, MT 3:00 Brain Teasers, AR 6:45 Movie and Popcorn, MT	14 9:30 Stretch Class, AR **2:00 Be Well MD Clinic, AR** 3:00 Full Steam Ahead Party with Johnny Young Blood, AR 6:15 Monday Movie Night, MT 6:45 Movie and Popcorn, MT	15 9:30 Strength Class, AR 11:00 Bingo: Nickle a Game with Rachel, AR 2:00 Bean Bag Baseball, AR **3:30 Technical Workshop with Amada, AR** 6:45 Movie and Popcorn, MT	16 9:30 Wander Wednesday: Take a Walk with Emily, AR 2:00 Wednesday Movie Matinee, MT 3:00 Rummikub and Dominoes, BR 6:45 Movie and Popcorn, MT	17 *9:00 Blood Pressure Check with Texas Home Health, AR* 9:30 Drum to the Beat, AR 11:00 Cooking Class, K 3:30 Bingo: Win a Prize with Imani, AR 6:45 Movie and Popcorn, MT	18 9:30 Zumba, AR 10:45 Craft Corner, AR **12:15 Wear Red and Pledge, DR** **2:00 Hoedown with the Singing Cowboy, AR** 6:45 New Arrival Movies, MT	19 11:00 Bingo: Nickle a Game, AR 2:00 Open Game Time, AR 6:45 Movie and Popcorn, MT
20 11:00 Church Services, CH 1:45 Movie Matinee, MT 3:00 Scrabble, AR 6:45 Movie and Popcorn, MT	**MARTIN LUTHER KING JR. DAY** 21 9:30 Stretch Class, AR **2:00 Be Well MD Clinic, AR** **3:00 Welcome to Germany: Let's Have a Feier, AR** 6:15 Monday Movie Night, MT 6:45 Movie and Popcorn, MT	22 9:30 Strength Class, AR 11:00 Bingo: Nickle a Game with Rachel, AR 2:00 Chair Volleyball, AR 6:45 Movie and Popcorn, MT	23 9:30 Wander Wednesday: Take a Walk with Emily, AR 2:00 Wednesday Movie Matinee, MT 3:00 Rummikub and Dominoes, BR 6:45 Movie and Popcorn, MT	24 *9:00 Blood Pressure Check with Texas Home Health, AR* 9:30 Drum to the Beat, AR 11:00 How to Make Lebkuchen, K **2:00 Good Health Talk, AR** 3:30 Bingo: Win a Prize with Imani, AR 6:45 Movie and Popcorn, MT	25 9:30 Zumba, AR 10:45 Make Your Own Alpine Hat, AR **12:15 Wear Red and Pledge, DR** 6:45 New Arrival Movies, MT	26 11:00 Bingo: Nickle a Game, AR 2:00 Open Game Time, AR 6:45 Movie and Popcorn, MT
27 11:00 Church Services, CH 1:45 Movie Matinee, MT 3:00 Brain Teasers, AR 6:45 Movie and Popcorn, MT	28 9:30 Stretch Class, AR **2:00 Be Well MD Clinic, AR** 3:00 Bonjour France: Come to Our Soiree, AR 6:15 Monday Movie Night, MT 6:45 Movie and Popcorn, MT	29 9:30 Strength Class, AR **10:00 Downsizing Made Easy with Kim Stanley, AR** 11:00 Bingo: Nickle a Game with Rachel, AR 6:45 Movie and Popcorn, MT	30 9:30 Wander Wednesday: Take a Walk with Emily, AR 2:00 Wednesday Movie Matinee, MT 3:00 Rummikub and Dominoes, BR 6:45 Movie and Popcorn, MT	31 *9:00 Blood Pressure Check with Texas Home Health, AR* 9:30 Drum to the Beat, AR 11:00 Let's Make a Quiche, K 3:30 Birthday Party, AR 6:45 Movie and Popcorn, MT		

Ring Out, Wild Bells

Ring out, wild bells, to the wild sky,
The flying cloud, the frosty light:
The year is dying in the night;
Ring out, wild bells, and let him die.

Ring out the old, ring in the new,
Ring, happy bells, across the snow:
The year is going, let him go;
Ring out the false, ring in the true.

Ring out the grief that saps the mind
For those that here we see no more;
Ring out the feud of rich and poor,
Ring in redress to all mankind.

Ring out a slowly dying cause,
And ancient forms of party strife;

Ring in the nobler modes of life,
With sweeter manners, purer laws.

Ring out the want, the care, the sin,
The faithless coldness of the times;
Ring out, ring out my
mournful rhymes
But ring the fuller minstrel in.

Ring out false pride in place
and blood,
The civic slander and the spite;
Ring in the love of truth and right,
Ring in the common love of good.

Ring out old shapes of foul disease;
Ring out the narrowing lust of gold;
Ring out the thousand wars of old,
Ring in the thousand years of peace.

Ring in the valiant man and free
The larger heart, the kindlier hand;
Ring out the darkness of the land,
Ring in the Christ that is to be.

Written By: Alfred Lord Tennyson

How the World Celebrates the New Year

In the U.S., the New Year is often ushered in with parties, fireworks and a midnight kiss. The rest of the world revels in a variety of traditions.

Spain — At the stroke of midnight, people in Spain eat 12 grapes, one for each month of the year ahead, for good luck.

Russia — In the country's region of Siberia, divers plunge into icy lakes to place a New Year tree, or "yolka," beneath the water's surface, symbolizing a new beginning.

Germany — Germans give a sweet greeting to January 1st by eating the jelly doughnut known as a "Berliner," "Pfannkuchen" or "Krapfen."

Japan — All across this Asian nation, the sound of cities ringing in the New Year can be heard at midnight, when bells chime 108 times as a cleansing ritual.

Colombia — Those hoping for travel adventures in the coming year will carry an empty suitcase with them, a custom in Colombia and other Latin American countries.

Greece — Symbolizing renewal, onions are hung on doorways as a good luck token.

Brazil — To bring prosperity and good luck, Brazilians wear white on New Year's Eve and toss white flowers and candles into the ocean.

Turkey — At midnight, people here sprinkle salt on their doorsteps, which is believed to bring peace and good fortune.

Finland — A crafty custom in Finland is to melt down some tin and then pour it into cold water. When the metal hardens, the shape it forms gives a prediction for the year to come.

Romania — For protection in the new year, many dress up as bears and perform a dance to scare away bad luck.

Beautiful Sights of Germany

The first leg of our trip begins in Germany. Along with a great culture and great food, Germany has a beautiful countryside filled with mystical castles, snowy mountaintops and lush green plains. Many of these breathtaking views can be seen right from the window of the train. The route from Cologne to Mainz awaits you with the promise of breathtaking views of the Rhine Valley. From the window of your train, enjoy views of the Rhine flanked by steep cliffs and with ships bobbing in the horizon. The route is punctuated with picture-postcard towns and hills crowned by ancient castles, making it one of the most romantic train rides in the country. The memorable train ride from the picturesque Konstanz by Lake Constance to the land of Hansel and Gretel, the Black Forest, will leave you in awe. Soon after leaving Konstanz, you will see mesmerizing views of pine forests, which will gradually give way to vistas of the impenetrably dense Black Forest, lush green meadows, and quaint hamlets. The train meanders over the Hornberg viaduct and the beautiful town of Triberg on its course. Neuschwanstein Castle, the most spectacular castle in the world, can be reached by a 91-kilometer-long scenic train ride from Munich in two hours.

Journeying across the Bavarian countryside from Munich to Füssen is equivalent to traveling through a postcard. Expect to see endless green meadows, rolling hills, and tiny villages. No matter how well-prepared you are, we bet you can't stop your heart from skipping a beat at the first sight of Neuschwanstein Castle set against the majestic Bavarian Alps. To catch a perfect view of the castle from the train, remember to sit on the left side.

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EQUAL HOUSING OPPORTUNITY

Leave Your Winter Worries Behind

Enjoy the winter season by joining us for hot chocolate and homemade treats around a warm and cozy fire. You can count on things really "heating up" with our packed winter activities calendar. Please call for more information on any of the activities you'd like to participate in, or stop by for a complimentary meal and tour.

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512-425-0053