

Community Name: _____ Date Visited: _____

Services/Features	Community Highlights/Notes
<input type="checkbox"/> Dementia Care	
<input type="checkbox"/> Parkinson's Care	
<input type="checkbox"/> Qualified Management Team	
<input type="checkbox"/> Therapy/Rehab Program	
<input type="checkbox"/> Wellness Program	

Additional Notes: _____






Comparing Senior Living Communities



Use the worksheets inside to take notes as you research and visit senior living communities.

If you have questions regarding which options are most appropriate for your family member, please feel free to contact Certified Senior Advisor, Jodie Daniels at 610-473-8066 or jdaniels@chestnutknoll.com for complimentary advice.

Community Name: Chestnut Knoll Date Visited: _____

Services/Features	Community Highlights/Notes	
<div> Dementia Care</div>	<ul style="list-style-type: none">• Managed by a Memory Care Director with 25+ years of experience• Ongoing education and training to all staff by certified healthcare professionals in conjunction with the Alzheimer’s Association and Teepa Snow’s Positive Approach to Care• Highly structured routine• Specially engineered figure 8 environment which is secure, success oriented, and promotes independence	
<div> Parkinson’s Care</div>	<ul style="list-style-type: none">• Expert clinicians on site who are LSVT BIG & LOUD certified• Individualized nutrition program• Specialized training for care staff• Parkinson’s specific group exercise classes• Ongoing support groups and informational sessions	
<div> Qualified Management Team</div>	<ul style="list-style-type: none">• Executive Director: 18 years as acting Executive Director• Assistant Executive Director: Certified Senior Advisor• Director of Staff Development and Resident Care: Certified Dementia “Positive Approach to Care”• Memory Care Director: Over 25 years experience in Social Work services• Rehab Director: Board Certified Geriatric Clinical Specialist	
<div> Therapy/Rehab Program</div>	<div>Fox Optimal Living Program<ul style="list-style-type: none">• Evidence-based wellness continuum provided to all residents• Baseline and quarterly functional assessments• Modified diet evaluation and monitoring</div>	<div><ul style="list-style-type: none">• Off-site assessments of potential new move-ins as well as all hospitalized residents</div>
	<div>Comprehensive Full Time/In House Rehabilitation Team<ul style="list-style-type: none">• Physical Therapist: Doctor of Physical Therapy• Certified Dementia Practitioner, Certified Parkinson’s LSVT Big• Exercise Physiologist: Certified Dementia Practitioner</div>	<div><ul style="list-style-type: none">• Speech Language Pathologist: Certified Parkinson’s LSVT Loud• Occupational Therapist• Physical Therapy Assistant</div>
<div> Wellness Program</div>	<ul style="list-style-type: none">• Functional assessments upon move-in and quarterly to track progress, proactively address decline, and initiate immediate plan of care• Group-based exercise and cognitive classes led by certified Exercise Physiologist—5 days per week• Ongoing 1 on 1 wellness services to all residents as needed• Monthly health topic presentation	

Additional Notes: _____

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