

Weekly Menu

Oceanview



	Sun 03-10-2019	Mon 03-11-2019	Tue 03-12-2019	Wed 03-13-2019	Thu 03-14-2019	Fri 03-15-2019	Sat 03-16-2019
B R K	Hot Cereal <i>or</i> Caramel Roll Mandarin Oranges 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Egg Mushroom Scramble 100% Juice Whole Grain Toast	Bacon and Egg Casserole Fresh Fruit 100% Juice English Muffin	Hot Cereal <i>or</i> Sausage Country Gravy/Biscuits Applesauce 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Egg and Ham Wrap Pineapple Chunks 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Cheesy Scrambled Eggs Hash Browns Fruit Cocktail 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Pancakes Sausage Link Peaches 100% Juice Whole Grain Toast
L U N	Cucumber Pepper Salad Brown Sugar Ham <i>or</i> Roast Beef with Mustard Sauce Fresh Mashed Potatoes Sauteed Carrots Baked Roll Pear Parfait	Classic Minestrone Soup Parmesan Fish Fillets <i>or</i> Garlic Ranch Chicken Potato Bacon Gratin Garlic Zucchini Saute Baked Roll Coconut Cake	Soup Du Jour Swedish Meatballs <i>or</i> Homestyle Turkey Best Noodles Scandinavian Veg Baked Roll Chocolate Chip Cake	Garden Vegetable Soup Herb Crusted Pork Roast <i>or</i> Deep Dish Spinach Quiche Parmesan Roasted Potatoes Seasoned Cauliflower Baked Roll Mixed Berry Crisp	Green Salad Braised Beef Brisket <i>or</i> Chicken Marengo Garlic Pasta Capri Blend Baked Roll Maple Bread Pudding	Homemade Clam Chowder Sweet and Sour Pork <i>or</i> Baked Cod Fillet Dill New Potatoes Seasoned Broccoli Baked Roll Lime Pound Cake	Soup Du Jour Beef Burgundy <i>or</i> Bacon Wrapped Pork Tenderloin Fresh Mashed Potatoes Roasted Parmesan Brussels Sprouts Baked Roll Fruit Cobbler
D I N	Soup Du Jour Turkey Pot Pie <i>or</i> Pulled Pork BBQ/Bun California Blend Cornbread Muffin Cowboy Cookies	Classic Minestrone Soup Manicotti/Cheese Sauce <i>or</i> Bacon Cheeseburger Marinated Green Bean Salad Brownies	Soup Du Jour Ham and Cheese Roll Ups <i>or</i> Teriyaki Chicken Sandwich Chef's Steamed Vegetable Sugar Drop Cookie	Garden Vegetable Soup Beef BBQ Sandwich <i>or</i> Tuna Sandwich Pickled Beets Tapioca Pudding	Lentil Soup Italian Sausage Poor Boy <i>or</i> Bacon Tomato Quiche Carrot Raisin Salad Peanut Butter Cookie	Homemade Clam Chowder Old Fashion Stew <i>or</i> Apricot Maple Ham Chef's Steamed Vegetable Apple Streusel Bread	Soup Du Jour Grilled 3 Cheese Sandwich <i>or</i> Turkey Enchiladas Marinated Tomatoes Cheesy Rice Soft Oatmeal Cookies
	Week 2						

Dietitian's Signature: *Diane Jager* RDN #610128
2-1-2019