

Weekly Menu

Pinole Senior Village



| | Sun 02-10-2019 | Mon 02-11-2019 | Tue 02-12-2019 | Wed 02-13-2019 | Thu 02-14-2019 | Fri 02-15-2019 | Sat 02-16-2019 |
|-------------|--|--|---|--|--|--|---|
| B R K | Hot Cereal Breakfast Sausage Casserole Fresh Fruit 100% Juice Whole Grain Toast | Hot Cereal Bacon Fresh Fruit 100% Juice | Hot Cereal Egg of Choice Fresh Fruit 100% Juice Whole Grain Toast | Hot Cereal Egg of Choice Fresh Fruit 100% Juice | Hot Cereal Sausage Link Fresh Fruit 100% Juice | Hot Cereal Pancakes Scrambled Egg Fresh Fruit 100% Juice Whole Grain Toast | Hot Cereal Breakfast Ham Fresh Fruit 100% Juice Whole Grain Toast |
| L U N | Green Salad Baked Salmon/Lemon Dill Sauce Garlic Mashed Potatoes Baby Carrots Baked Roll Homemade Peach Pie | Berry Cottage Salad Veal/Mushroom Sauce <i>or</i> Veal/Mushroom Sauce Lemon Rice Steamed Sugar Snap Peas Baked Roll Cranberry Apple Crisp | Green Salad Country Fried Steak/Gravy Fresh Mashed Potatoes Herbed Corn Baked Roll Glazed Pumpkin Cake | Fruited Jello Salad Spaghetti/Meat Marinara Sauce Mixed Vegetables Baked Roll Pudding Tart | Valentine's Day Lunch Potato Leek Soup Crab Cake sandwich with Remoulade Sauce Cole Slaw Chocolate Eclair | Corn Pepper Salad Pan Fried Shrimp Savory Mexican Rice Green Beans Almondine Baked Roll Orange Cake | Classic Waldorf Salad Meatloaf with Mozzarella Fresh Mashed Potatoes Peas and Pearl Onions Baked Roll Cherry Crisp |
| D I N | Soup Du Jour Scalloped Turkey Green Pea Salad Jello & Whip Cups | Soup Du Jour Cheese Tortellini/Basil Cream Sauce California Blend Orange Glazed Bars | Cream of Cauliflower Soup Grilled Chicken with Cilantro Sauce Fresh Cooked Carrots Fresh Coconut Cream Pie | Creamy Tomato Bisque Shrimp Salad/Croissant Monterrey Pasta Salad Blueberry Crumb Bar | Vegetable Sausage Soup Beef Patty Melt Chef's Steamed Vegetable Cookie Dough Cheesecake Bars | Potato Spinach Soup Cheesy Chicken Sandwich Cucumber Tomato Salad Chocolate Caramel Bars | Chicken Wild Rice Soup Pork and Sausage Jambalaya Caribbean Blend Baked Roll Sugar Cookie w/Frosting |
| | Milk offered at every meal | | | | | | Week 3 |

Dietitian's Signature: *Diane Jager* RDN #610128
2-1-2019