

The Birches Daybreak Calendar of Events February 2019

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

*I Loved you yesterday
I Love you still
I always have...
I always will.*



No amount of physical beauty will ever be as valuable as a beautiful heart.



1
10:00am Morning Greetings
10:30am Music Therapy with Ted Jordan
11:00am FOX Sit N Fit
1:15pm Read Aloud Circle
1:30pm The Phrase Game
2:00pm Sing a long with Connie and Carolyn.
3:00pm Pet Therapy with Jackson and Bob and Snack Time
3:15pm Fox Fitness
6:00pm Gentle Hand Massages

2 **Groundhog Day!**
10:00am Morning Greetings
10:30am Puzzles Galore!
11:00am Tambourines and Shakers! Makin' Music
1:30pm Numbers Game
3:00pm What's So Funny? Joke Book
3:30pm Snack Time Chat
4:00pm Sentimental Sing
6:30pm "Red Skelton"
7:00pm Evening Snacks

3
10:00am Morning Greetings
10:15am Trivia Challenge
11:00am Catholic Communion Rite
1:00pm Balloon Volleyball
2:00pm Dave Cornwall Piano Hymns (DBAR)
3:00pm Snack Time Fill In The Blank Trivia
4:00pm "The Golden Girls"
6:30pm Evening Movie
7:00pm Snack Time

4
10:00am Morning Greetings
10:30am Brain Games
11:00am FOX Sit N Fit
1:15pm Afternoon BINGO!
2:00pm Circle Kick Ball
2:30pm Letter of the Day
3:00pm Snack Time
3:45pm FOX Fitness
6:30pm Entertainment by Rosella Duo (PCLR)

5
10:00am Morning Greetings
10:30am Culinary Delights with Joann Gibson (B)
11:00am Fox Sit N Fit
1:15pm Mini Manis
2:30pm Balloon Volley
3:00pm Snack Time
3:45pm FOX Fitness
6:30pm I Love Lucy
7:00pm Evening Snack

6
10:00am Morning Greetings
10:00am Rosary Group (BDR)
11:00am FOX Sit N Fit
1:30pm Fill In The Blank Trivia
2:00pm Valentine Heart Marker Art
3:00pm Snack Time n Trivia
3:45pm FOX Fitness
6:00pm Bat The Balloon
7:00pm Evening Snack

7
10:00am Morning Greetings
10:15am Rhyming Words
11:00am FOX Sit N Fit
1:15pm Letter of the Day
2:00pm Magazine Collage Cut Out Craft
2:30pm Puzzles Galore
3:00pm Snack Time
3:45pm FOX Fitness
6:00pm Evening Movie & Popcorn Snack

8
10:00am Morning Greetings
10:15am Alphabet Game
11:00am FOX Sit N Fit
1:15pm Read Aloud Circle
1:30pm The Phrase Game
2:30pm Marker Art
3:00pm Pet Therapy with Jackson and Bob and Snack Time
3:15pm Fox Fitness
6:00pm Gentle Hand Massages & Aroma Therapy & Evening Snack

9
10:00am Morning Greetings
11:00am Tambourines & Shakers! Makin' Music
1:30pm Numbers Game
3:00pm Fill In The Blank
3:30pm Snack Time Chat
4:00pm Sentimental Sing
6:30pm "Red Skelton"
7:00pm Evening Snacks

10
10:00am Morning Greetings
10:15am Trivia Challenge
11:00am Catholic Communion Rite
1:00pm Renee's Reading Corner (DBAR)
1:30pm Balloon Volleyball
3:00pm Snack Time Chat
4:00pm "The Golden Girls"
6:30pm Evening Movie
7:00pm Snack Time

11
10:00am Morning Greetings
10:30am Brain Games
11:00am FOX Sit N Fit
1:15pm Afternoon BINGO!
2:00pm Circle Kick Ball
2:30pm Letter of the Day
3:00pm Snack Time
3:45pm FOX Fitness
6:30pm Entertainment by Jeff Dershin (Bistro)

12
10:00am Morning Greetings
10:30am Tricia Gallagher Stories For Seniors
11:00am Fox Sit N Fit
1:15pm Hot Potato Game
2:00pm Bean Bag Toss
3:00pm Snack Time
3:45pm FOX Fitness
6:30pm I Love Lucy DVD
7:00pm Evening Snack






13
10:00am Morning Greetings
10:00am Rosary Group (BDR)
10:30am Let's Talk Food and Cooking with Chef Dwight (Bistro)
11:00am FOX Sit N Fit
1:15pm Pass The Ball
2:00pm Alphabet Game
3:30pm Vintage Harmony (PCLR)
3:45pm FOX Fitness
6:00pm Bat the Balloon
7:00pm Evening Snack



14 Happy Valentine's Day
10:00am Morning Greetings
10:15am Rhyming Words
11:00am FOX Sit N Fit
1:15pm Letter of the Day
1:30pm Arts n Crafts
2:00pm Magazine Collage Cut Out Craft
2:30pm Valentine's Day Social with Entertainment by David Reggi (Bistro)
3:45pm FOX Fitness
6:00pm Evening Movie & Popcorn Snack

15
10:00am Morning Greetings
10:30am Music Therapy with Ted Jordan
11:00am FOX Sit N Fit
1:15pm Read Aloud Circle
1:30pm The Phrase Game
2:30pm Marker Art
3:00pm Pet Therapy with Jackson and Bob and Snack Time
3:15pm Fox Fitness
6:00pm Gentle Hand Massages & Aroma Therapy & Evening Snack

16
10:00am Morning Greetings
10:30am Puzzles Galore
11:00am Tambourines & Shakers! Makin' Music
1:30pm Entertainment by Scott Gurney (Bistro)
3:00pm Rhyming Words
3:30pm Snack Time Chat
4:00pm Sentimental Sing
6:30pm "Red Skelton"
7:00pm Evening Snack

The Birches Daybreak Calendar of Events February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>17 10:00am Morning Greetings 10:15am Trivia Challenge 11:00am Catholic Communion Rite  1:00pm Balloon Volleyball 2:00pm Words in a Word 3:00pm Music From <i>The Harp with Gloria Galante & Snack Time</i>  4:00pm The Golden Girls 6:30pm Evening Movie 7:00pm Evening Snack</p>	<p>18 Presidents Day 10:00am Morning Greetings 10:30am Brain Games 11:00am FOX Sit N Fit 1:15pm Afternoon BINGO! 2:00pm Circle Kick Ball  3:00pm Courtney Colletti and Tony Julliano (PCLR) 2:30pm Snack Time 3:45pm FOX Fitness 6:30pm Evening Snack</p>	<p>19 Full Moon 10:00am Morning Greetings  10:30am Culinary Delights with Joann Gibson (B) 1:15pm Mini Manis 1:30pm Hot Potato Toss 2:00pm Bean Bag Toss 3:00pm Snack Time Chat a While 4:00pm FOX Fitness 6:30pm I Love Lucy</p>	<p>20 10:00am Morning Greetings 10:00am Rosary Group (BDR)  10:30am Brain Games 11:00am FOX Sit n Fit 12:00pm Meal of the Month & February Birthday Celebration 3:45pm FOX Fitness 6:00pm Bat the Balloon 7:00pm Evening Snack <i>6pm-7pm Caregivers Support Group (Theater)</i></p>	<p>21 10:00am Morning Greetings 10:15am Rhyming Words 11:00am FOX Sit N Fit 1:15pm Letter of the Day 2:00pm Magazine Collage Cut Out Craft 2:30pm Puzzles Galore 3:00pm Snack Time 3:45pm FOX Fitness 6:30pm Evening Movie</p>	<p>22 10:00am Morning Greetings 10:15 Alphabet Game 11:00am FOX Sit N Fit 1:15pm Read Aloud Circle 1:30pm The Phrase Game 2:30pm Marker Art 3:15pm Fox Fitness 6:00pm Gentle Hand Massages & Aroma Therapy 7:00pm Evening Snack</p>	<p>23 10:00am Morning Greetings 10:30am Puzzles Galore! 11:00am Tambourines and Shakers! Makin' Music 1:30pm Numbers Game 3:30pm Snack Time Chat 4:00pm Sentimental Sing 6:30pm "Red Skelton" 7:00pm Evening Snacks</p>

<p>24 10:00am Morning Greetings 10:30am Trivia Challenge 11:00am Catholic Communion Rite  1:00pm Balloon Volleyball 2:00pm Words in a Word 3:00pm Snack Time Chat A While 4:00pm "The Golden Girls" 6:30pm Evening Movie 7:00pm Evening Snack</p>	<p>25 10:00am Morning Greetings 10:30am Brain Games 1:15pm Afternoon BINGO! 2:00pm Circle Kick Ball 2:30pm Letter of the Day 3:00pm Snack Time 3:45pm FOX Fitness  6:30pm Entertainment by Larry DiSalvi (PCLR)</p>	<p>26 10:00am Morning Greetings 10:15am Trivia Games 1:15pm Hot Potato Toss 2:00pm Bean Bag Toss 3:00pm Snack Time 4:00pm FOX Fitness 6:30pm I Love Lucy DVD 7:00pm Evening Snack</p>	<p>27 10:00am Morning Greetings  10:00am Rosary Group (BDR) 11:00am FOX Sit n Fit 1:15pm Pass The Ball 2:00pm Alphabet Game 3:30pm Meet n Greet our new Residents (B) 3:45pm FOX Fitness 6:00pm Bat the Balloon 7:00pm Evening Snacks</p>	<p>28 10:00am Morning Greetings 10:15am Rhyming Words 11:00am FOX Sit N Fit 1:15pm Letter of the Day 2:00pm Magazine Collage Cut Out Craft 2:30pm Puzzles Galore 3:00pm Snack Time 3:45pm FOX Fitness 6:00pm Evening Movie & Popcorn Snack</p>
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The Daybreak Weekly Sheet
 is posted in the Daybreak entry way
 and in on the Bulletin Boards
 in the Daybreak Activity Room
 Thank you.

DEMONSTRATE LOVE
 BY GIVING IT,
 UNCONDITIONALLY,
 TO YOURSELF.

AND AS YOU DO,
 YOU WILL ATTRACT
 OTHERS INTO YOUR LIFE
 WHO WILL LOVE YOU
 WITHOUT CONDITIONS.

February Birthdays
 Rose M. 1st
 Mary A. 8th
 Barbara Dem. 29th



Activity Location Key
 Daybreak Activity Room ~ DBAR
 Blue Dining Room - BDR
 PC Living Room ~ PCLR
 Private Dining Room ~ PDR
 Bistro ~ B
 Theater ~ T
 Lobby ~ L