



Savannah Court of Bastrop

February 2019

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

Locations Activity Room, AR Savannah Cottage, SCott. Dining Room, DR Savannah Court, SC Living Room, LR Wellness Room, WR Movie Room, MR		Events are subject to change daily. • Salon days for the Court are Fridays. • Salon days for the Cottage are Thursdays. • Days for transportation are Tuesday and Thursday only (refer to handbook). • Shopping days are Fridays.		Dining Hours Court: Cottage: Breakfast — 8 a.m. Breakfast — 7:30 a.m. Lunch — 12 p.m. Lunch — 11:30 a.m. Supper — 5 p.m. Supper — 4:30 p.m.		1 8:00 National Wear Red Day, SC 9:00 Power Walk, SC 9:30 Salon, SC 10:00 Current Events, SCott. 10:00 Shopping Day	2 GROUNDHOG DAY 9:00 Sip and Chat, SCott. 9:00 Power Walk, AR 10:00 Groundhog Day 1:30 Chess and Checker Games, AR
3 9:00 Devotional Words, SCott. 9:00 Power Walk 2:00 Super Bowl Sunday 4:30 Saint John Baptist Church, LR	4 9:00 Power Walk, AR 9:30 Sip and Chat, AR 10:00 Balloon Ball 2:00 Movie & Popcorn, AR	5 8:30 Walking Group, AR 9:00 Sip and Chat, SCott. 10:00 Stretch and Workout 11:00 BINGO w/Judy, AR 2:00 Darts, AR	6 9:00 Power Walk, AR 10:00 Arts & Crafts, AR 1:30 Music Yoga w/ Cheryl, AR 2:00 Yoga w/Cheryl of Stat, SCott.	7 8:30 Power Walk, AR 9:30 Salon, SCott. 9:30 Coffee and Donuts, AR 2:00 Darts, AR	8 9:00 Power Walk, SC 9:30 Salon, SC 10:00 Current Events, SCott. 10:00 Shopping Day	9 9:00 Sip and Chat, SCott. 9:00 Power Walk, AR 10:00 Cards, AR 1:30 Chess and Checker Games, AR	
10 9:00 Devotional Words, SCott. 9:00 Power Walk 10:00 Gospel, AR 2:00 Cards, AR	11 9:00 Power Walk, AR 9:30 Sip & Chat, AR 10:00 Balloon Ball 2:00 Movie & Popcorn, AR	12 8:30 Walking Group, AR 9:00 Sip and Chat, SCott. 10:00 Workout w/ Hanna, SCott. 10:00 Stretch and Workout 2:00 Bingo, AR	13 9:00 Power Walk, AR 10:00 Arts & Crafts, AR 1:30 Music Yoga w/ Cheryl, AR 2:00 Yoga w/Cheryl of Stat, SCott.	14 VALENTINE’S DAY 8:30 Power Walk, AR 9:30 Salon, SCott. 10:00 Stretch and Workout, AR 1:00 Decorate for Valentine’s Day Party, AR 2:00 Valentine’s Day Party	15 9:00 Power Walk, SC 9:30 Salon, SC 10:00 Current Events, SCott. 10:00 Shopping Day	16 9:00 Sip and Chat, SCott. 9:00 Power Walk, AR 10:30 Devotional Words, SCott. 1:30 Chess and Checker Games, AR	
17 9:00 Devotional Words, SCott. 9:00 Power Walk 10:00 Gospel, AR 2:00 Darts, AR	18 PRESIDENTS DAY 9:00 Power Walk, AR 10:00 Balloon Ball 2:00 Movie & Popcorn, AR 6:00 Singing w/Linda, DR	19 8:30 Walking Group, AR 9:00 Sip and Chat, SCott. 10:00 Workout w/ Hanna, SCott. 10:00 Stretch and Workout 2:00 Darts, AR	20 9:00 Power Walk, AR 10:00 Arts & Crafts, AR 1:30 Music Yoga w/ Cheryl, AR 2:00 Yoga w/Cheryl of Stat, SCott.	21 8:30 Power Walk, AR 9:30 Salon, SCott. 10:00 Bingo w/Denise & Paige, AR 2:30 Clara and Friends, AR	22 9:00 Power Walk, SC 9:30 Salon, SC 10:00 Current Events, SCott. 10:00 Shopping Day	23 9:00 Sip and Chat, SCott. 9:00 Power Walk, AR 1:30 Chess and Checker Games, AR 2:00 Dominoes, AR	
24 9:00 Devotional Words, SCott. 9:00 Power Walk 10:00 Gospel, AR 2:00 Cards	25 9:00 Power Walk, AR 9:30 Sip & Chat, AR 10:00 Balloon Ball 2:00 Movie & Popcorn, AR	26 8:30 Walking Group, AR 9:00 Sip and Chat, SCott. 10:00 Stretch and Workout 2:00 Darts, AR 3:00 Skills Challenge Workout, SCott.	27 9:00 Power Walk, AR 10:00 Arts & Crafts, AR 1:30 Music Yoga w/ Cheryl, AR 2:00 Yoga w/Cheryl of Stat, SCott.	28 8:30 Power Walk, AR 9:30 Salon, SCott. 10:00 Stretch and Workout, AR 2:00 Arts & Crafts, AR			