



27	28	29	30	31	Feb 1	2
					Caesar Salad Seasoned Baked Tilapia <i>or</i> Spanish Cubed Steak Parmesan Pasta Lemon Pepper Green Beans Carrot Cake	Fresh Fruit Salad Turkey A La King <i>or</i> Beef Jardineiere Fresh Mashed Potatoes/Gravy Chef's Steamed Vegetable Autumn Spice Cake
3	4	5	6	7	8	9
Cucumber Pepper Salad Brown Sugar Ham <i>or</i> Oven Pot Roast Fresh Mashed Potatoes/Gravy Sauteed Carrots Cinnamon Coffee Cake	Marinated Green Bean Salad Garlic Ranch Chicken <i>or</i> Hawaiian Meatballs Lemon Rice Corn O'Brien Coconut Cake	Green Salad Turkey Cutlet/Garlic Tomato Sauce <i>or</i> Orange Apricot Glazed Pork Best Noodles Buttered Squash Lemon Lush Pudding	Green Salad Asian Pork <i>or</i> Beef and Broccoli Fried Brown Rice Sesame Green Beans Mixed Berry Crisp	Layered Fruit Salad Hamburger Steak/Onions <i>or</i> Chicken Parmesan Sour Cream Potatoes Capri Blend Orange Cake	Creamy Coleslaw Cheddar Crumb Cod <i>or</i> Sweet and Sour Pork Mushroom Rice Seasoned Peas Blueberry Parfait	Light Caesar Salad Lime Tarragon Turkey Cutlet <i>or</i> Beef Burgundy Cornbread Dressing Mixed Vegetables Pineapple Cake
10	11	12	13	14	15	16
Green Salad Baked Salmon/Lemon Dill Sauce <i>or</i> Garlic Herb Pork Roast Garlic Mashed Potatoes Baby Carrots German Chocolate Cake	Easy Fruit Salad Marinated Drum Sticks <i>or</i> Veal/Mushroom Sauce Lemon Rice Chef's Steamed Vegetable Banana Cream Pudding	Cucumber Onion Salad Grilled Pork Cutlet <i>or</i> Swiss Steak/Tomatoes Baked Yams Herbed Corn Boston Cream Pie	Caesar Salad Spaghetti/Meat Marinara Sauce <i>or</i> Turkey Roast/Stuffing Candied Yams Mixed Vegetables Graham Streusel Cake	Green Salad Rosemary Lemon Chicken <i>or</i> BBQ Saint Louis Beef Ribs Seasoned Brown Rice Capri Blend Blueberry Parfait	Coleslaw Crunch-Topped Fish <i>or</i> Country Fried Steak/Gravy Fresh Mashed Potatoes/Gravy Green Beans Almondine Carrot Cake	Four Bean Salad Meatloaf with Mozzarella <i>or</i> Turkey Cutlets/Pan Gravy O'Brien Potatoes Peas and Pearl Onions Cherry Crisp
17	18	19	20	21	22	23
Carrot Raisin Salad Oriental Chicken <i>or</i> Pepper Smothered Cube Steak Herb Mashed Potatoes Oven Roasted Broccoli Pumpkin Cheesecake	Green Salad Oven Roasted Pork <i>or</i> Classic Lasagna Glazed Sweet Potatoes Green Beans Italian Carrot Cake	Broccoli Raisin Salad Beef Patty/Mushroom Sauce <i>or</i> Breaded Catfish Parmesan Peas Chocolate Cake	Caesar Salad Crispy Pork Chops <i>or</i> Rosemary Roasted Turkey Cornbread Dressing Roasted Squash Blueberry Cobbler	Ambrosia Ham Roast <i>or</i> Bacon Ranch Chicken Parsley Rice Mixed Vegetables Autumn Spice Cake	French Onion Soup Honey Glazed Meatballs <i>or</i> Cod/Garlic Herb Sauce Rice Lemon Buttered Broccoli Pecan Pie	Green Salad Mushroom and Swiss Chicken <i>or</i> Corned Beef Brisket Steamed Red Potatoes Garlic Carrots Fruit Crisp
24	25	26	27	28	Mar 1	2
Cucumber Tomato Salad Hamburger Steak/Gravy <i>or</i> Chicken Cordon Bleu Fried Potatoes/Onions California Normandy Blend Crescent Cream Bars	Green Salad Rosemary Roasted Turkey <i>or</i> Meatloaf Fresh Mashed Potatoes Green Beans Cinnamon Coffee Cake	Fall Fruit Salad Melt In Your Mouth Chicken <i>or</i> Sausage and Peppers Penne Pasta Mixed Vegetables Assorted Desserts	Light Caesar Salad Cranberry Glazed Ham <i>or</i> Adobo Chicken Brown Rice Parsley Carrots Angel Food Cake	Green Salad Beef Parmesan Patty <i>or</i> Lemon Oregano Turkey Best Noodles Sauteed Zucchini Cheesecake/Fruit Topping		