



27	28	29	30	31	Feb 1	2
					Cheddar Ham Soup <i>or</i> Fruit Cocktail Spanish Cubed Steak <i>or</i> Seasoned Baked Tilapia <i>or</i> White and Wild Rice Pilaf Lemon Pepper Green Beans <i>or</i> Buttery Carrots Baked Roll Texas Sheet Cake	Creamed Spinach Soup Pasta Salad Turkey A La King <i>or</i> Beef Sour Cream Noodle Bake Glazed Sweet Potatoes Sauteed Zucchini <i>or</i> Winter Sunset Blend Whole Grain Bread Pears
3	4	5	6	7	8	9
Soup Du Jour <i>or</i> Fall Fruit Salad Scalloped Ham/Potatoes <i>or</i> English Pub Steak Parsley Buttered Noodles Sauteed Carrots <i>or</i> Wax Beans Baked Roll Banana Pudding	Classic Minestrone Soup <i>or</i> Apple Berry Salad Garlic Ranch Chicken <i>or</i> Crab Salad/Rolls Potato Bacon Gratin Corn O'Brien <i>or</i> Capri Blend Baked Roll Coconut Cake	Soup Du Jour <i>or</i> Soft Fall Fruit Salad Homestyle Turkey <i>or</i> Marinated Pork Best Noodles Cheesy Spinach Bake <i>or</i> Boiled Cabbage Fresh Cornbread Assorted Desserts	Garden Vegetable Soup <i>or</i> Green Salad Grilled Chicken Legs <i>or</i> Pulled Pork BBQ/Bun Parmesan Roasted Potatoes Green Beans <i>or</i> Mixed Vegetables Baked Roll Pumpkin Squares	Sausage Barley Soup <i>or</i> Cucumber Onion Salad Hamburger Steak/Onions <i>or</i> Chicken and Biscuits Sour Cream Potatoes Capri Blend <i>or</i> Sauteed Mushrooms Baked Roll Maple Bread Pudding	Cream of Celery Soup <i>or</i> Sweet Spinach Salad Cheddar Crumb Cod <i>or</i> Sweet and Sour Pork Vegetable Egg Roll Creamy Coleslaw <i>or</i> Seasoned Peas Whole Grain Bread Fruited Jello Salad	Soup Du Jour Cinnamon Fruit Cup Beef Burgundy <i>or</i> Broccoli and Cheddar Stuffed Potato <i>or</i> Noodles Mixed Vegetables Baked Roll Ice Cream
10	11	12	13	14	15	16
Home Chicken Noodle Soup <i>or</i> Garden Pasta Salad Yankee Pot Roast <i>or</i> Shepherds Pie <i>or</i> Red Potatoes Winter Squash <i>or</i> Chef's Steamed Vegetable Whole Grain Bread Assorted Desserts	Autumn Ham Soup <i>or</i> Green Salad Marinated Drum Sticks <i>or</i> Baked Pork Chops Sugar Topped Sweet Potatoes Chef's Steamed Vegetable <i>or</i> Fresh Cooked Carrots Whole Grain Bread Cranberry Apple Crisp	Cream of Cauliflower Soup <i>or</i> Apple Salad Grilled Pork Chop/Applesauce <i>or</i> Swiss Steak/Tomatoes Roasted Smashed Potatoes Herbed Corn <i>or</i> Roasted Cabbage Fresh Cornbread Assorted Desserts	Creamy Tomato Bisque <i>or</i> Green Salad Spaghetti/Meat Marinara Sauce <i>or</i> Chicken Cordon Bleu Mixed Vegetables <i>or</i> Brussels Sprouts Baked Roll Chocolate Chip Cookie	Vegetable Macaroni Soup <i>or</i> Fruity Ginger Ale Jello Rosemary Lemon Chicken <i>or</i> Maple Marinated Pork Roast Mashed Yams Capri Blend Baked Roll Chocolate Pudding	Potato Spinach Soup <i>or</i> Coleslaw Vinaigrette Red Potatoes and Ham <i>or</i> Tuna Bun Melt Green Beans Almondine <i>or</i> Peas and Carrots Baked Roll Fruit	Chicken Wild Rice Soup Green Salad Meatloaf with Mozzarella <i>or</i> Turkey Cutlets/Pan Gravy Fresh Mashed Potatoes Harvard Beets <i>or</i> Corn Whole Grain Bread Cherry Crisp

17	18	19	20	21	22	23
Ham Potato Cabbage Soup <i>or</i> Tomato Cucumber Salad Parmesan Crusted Chicken <i>or</i> Tender Beef Roast Fresh Mashed Potatoes Oven Roasted Broccoli <i>or</i> Greens Baked Roll Jello & Whip Cups	Turkey Noodle Soup <i>or</i> BLT Pasta Salad Bacon Tomato Quiche <i>or</i> Baked Sliced Ham Hash Brown Bake Green Beans Italian Whole Grain Bread 7-Up Salad	Plantation Harvest Soup <i>or</i> Fruit Cocktail Classic Lasagna <i>or</i> Beef Patty/Mushroom Sauce Roasted Potato Medley Parmesan Peas <i>or</i> Roasted Carrots Homemade Wheat Rolls Peanut Butter Brownie	Toscana Soup <i>or</i> Green Salad Sliced Turkey Breast <i>or</i> Pork Paprikash Cornbread Dressing Herbed Corn <i>or</i> Spinach Polonaise Baked Roll Fruit Cobbler	Fruit Cup <i>or</i> Beef Barley Soup Buttermilk Baked Chicken <i>or</i> Baked Meatballs/Gravy Garlic Pasta Seasoned Cauliflower <i>or</i> Mixed Vegetables Baked Roll Cranberry Cake	French Onion Soup <i>or</i> Beet Salad Tilapia/Roasted Vegetables <i>or</i> Pork and Sauerkraut Roasted Rosemary Potatoes Lemon Buttered Broccoli Baked Roll Angel Food Cake	Homestyle Vegetable Soup Romaine Orange Salad Mushroom and Swiss Chicken <i>or</i> Corned Beef Brisket Steamed Red Potatoes Country Trio Medley <i>or</i> Boiled Cabbage Baked Roll Caramel Apple Crisp
24	25	26	27	28	Mar 1	2
Creamy Carrot Soup <i>or</i> Tomato Cucumber Salad Hamburger Steak/Gravy <i>or</i> Crab Alfredo/Linguine Fried Potatoes/Onions California Normandy Blend <i>or</i> Sauteed Yellow Squash Baked Roll Bread Pudding	Tomato Florentine Soup <i>or</i> Fruit Cocktail Meatloaf <i>or</i> Rosemary Roasted Turkey Noodles Green Beans <i>or</i> Brussels Sprouts/Lemon Sauce Baked Roll Chocolate Love Cake	Green Salad Sausage and Peppers <i>or</i> Eggplant Parmesan and Marinara Penne Pasta Mixed Vegetables <i>or</i> Sauteed Zucchini Baked Roll Banana Split Dessert	Vegetable Medley Soup <i>or</i> Pasta Salad Cranberry Glazed Ham <i>or</i> Chicken and Noodles Scalloped Potatoes Parsley Carrots <i>or</i> Greens Baked Roll Ice Cream	Chicken Rice Soup <i>or</i> Green Pea Salad Turkey Scallopini <i>or</i> Rotini with Sausage and Peppers Candied Yams Sauteed Zucchini <i>or</i> Chef's Steamed Vegetable Whole Grain Bread Peach Yogurt Salad		