

Week at a Glance

2019 February 10 - March 16
Week 1

SUNDAY, 2/10/2019		MONDAY, 2/11/2019		TUESDAY, 2/12/2019		WEDNESDAY, 2/13/2019		THURSDAY, 2/14/2019		FRIDAY, 2/15/2019		SATURDAY, 2/16/2019	
Breakfast 8:00	Buttermilk Pancakes Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	Cheese Omelet Toast Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	Belgian Waffle Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	Breakfast Biscuit Sandwich Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	Country Style Scrambled Eggs Toast Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	French Toast Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	Choice of Egg Coffee Cake Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf
	Herb Rubbed Turkey Breast Cornbread Dressing Green Bean Casserole Bread or Roll & Butter or Margarine												
Lunch 12:00	Banana Pineapple Dessert Choice of Beverage	Braised Pork Chop Glazed Acorn Squash Broccoli and Cauliflower Bread or Roll & Butter or Margarine	Beef Stroganoff Egg Noodles Roasted Parsnips and Carrots Bread or Roll & Butter or Margarine	Smothered Steak with Mushroom Gravy Potatoes O'Brien Country Cabbage Bread or Roll & Butter or Margarine	Garlic Lemon Pork Roast Spinach Rice Bake Corn Medley Bread or Roll & Butter or Margarine	Sour Cream Dill Baked Fish Caramelized Onion Mashed Potatoes Broccoli Florets Bread or Roll & Butter or Margarine	Pot Roast Harvest Roasted Vegetables Peas and Mushrooms Bread or Roll & Butter or Margarine	Bread Pudding with Vanilla Sauce Choice of Beverage	Raspberry Swirl Cake Choice of Beverage	Chocolate Cream Pie Choice of Beverage	Choice of Beverage	Choice of Beverage	Choice of Beverage
	Ravioli with Garlic Cream Sauce Basil Zucchini Saute Chopped Salad Garlic French Bread												
Dinner 5:00	Gingersnap Cookie Milk Coffee/Tea/Decaf	Roast Beef Pan Gravy Red Bliss Potatoes Spinach Au Gratin Bread or Roll & Butter or Margarine	Baked Ham with Raisin Sauce Seasoned Yams Savory Peas Bread or Roll & Butter or Margarine	Cornmeal Fish Fillet Lentils and Vegetables Stewed Tomatoes Bread or Roll & Butter or Margarine	Corned Beef Brisket Boiled White Potatoes Seasoned Baby Carrots Bread or Roll & Butter or Margarine	Crispy Chicken Tenders Dipping Sauce Spiced Sweet Potato Spears Marinated Green Beans Bread or Roll & Butter or Margarine	Sweet and Sour Pork Steamed White Rice Oriental Blend Vegetables Mini Egg Rolls	Mock Pecan Pie Milk Coffee/Tea/Decaf	Heavenly Fruit Salad Milk Coffee/Tea/Decaf	Lemon Square Milk Coffee/Tea/Decaf	Choice of Beverage	Choice of Beverage	Choice of Beverage
	Assorted Snack Juice												
HS Snack	Assorted Snack Juice	Assorted Snack Juice	Assorted Snack Juice	Assorted Snack Juice	Assorted Snack Juice	Assorted Snack Juice	Assorted Snack Juice	Assorted Snack Juice	Assorted Snack Juice	Assorted Snack Juice	Assorted Snack Juice	Assorted Snack Juice	Assorted Snack Juice

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2019 February 10 - March 16
Week 2

SUNDAY, 2/17/2019		MONDAY, 2/18/2019	TUESDAY, 2/19/2019	WEDNESDAY, 2/20/2019	THURSDAY, 2/21/2019	FRIDAY, 2/22/2019	SATURDAY, 2/23/2019
Breakfast 8:00	Buttermilk Pancakes Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	Vegetable Baked Omelet Toast Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	Waffles Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	Choice of Egg Hash Browns Toast Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	"Fried" Egg and Cheese Sandwich Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	French Toast Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	Choice of Egg Biscuit Country Gravy Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal
	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf
Lunch 12:00	Southern Fried Chicken Creamy Potato Casserole Brussels Sprouts with Bacon Bread or Roll & Butter or Margarine Iced Pumpkin Cake Choice of Beverage	Beef with Mushroom Sauce Baked Potato Dilled Green Beans Bread or Roll & Butter or Margarine Pear Custard Bar Choice of Beverage	Pork Cutlet with Onion Gravy Roasted Butternut Squash Peas with Red Peppers Bread or Roll & Butter or Margarine Frosted Gingerbread Choice of Beverage	Lemon Herb Chicken Orzo with Vegetables Pesto Cauliflower Bread or Roll & Butter or Margarine Cranberry Chiffon Pie Choice of Beverage	Roast Turkey Garlic Mashed Potatoes Sautéed Fresh Carrots Bread or Roll & Butter or Margarine Strawberry Cheesecake Choice of Beverage	Batter Dipped Fish Yellow Rice with Peas Creamed Spinach Bread or Roll & Butter or Margarine Brown Butter Blondie Choice of Beverage	Tomato Swiss Steak Onion Souffle Seasoned Vegetables Bread or Roll & Butter or Margarine Chocolate Mousse Pudding Choice of Beverage
	Turkey Pot Pie Garden Salad Bread or Roll & Butter or Margarine Coconut Macaroon Milk Coffee/Tea/Decaf	Chicken a la King over Puff Pastry Roasted Carrots and Zucchini Bread or Roll & Butter or Margarine Cinnamon Roll Fruit Cobbler Milk Coffee/Tea/Decaf	Beef Soft Taco Spanish Rice Fiesta Corn Tortilla Chips & Salsa Creamy Gelatin Milk Coffee/Tea/Decaf	Oven Fried Fish and Chips Creamy Coleslaw Bread or Roll & Butter or Margarine Fudgy Brownie Milk Coffee/Tea/Decaf	Pork Chop Cajun Rice Mixed Vegetables Bread or Roll & Butter or Margarine Oatmeal Raisin Cookie Milk Coffee/Tea/Decaf	Macaroni and Cheese Whole Green Beans Lettuce and Tomato Salad Bread or Roll & Butter or Margarine Blueberry Pie Milk Coffee/Tea/Decaf	Krab Cake Yukon Gold Potato Wedges Beets with Orange Bread or Roll & Butter or Margarine Praline Cake Milk Coffee/Tea/Decaf
HS Snack	Assorted Snack Juice	Assorted Snack Juice	Assorted Snack Juice	Assorted Snack Juice	Assorted Snack Juice	Assorted Snack Juice	Assorted Snack Juice

Week at a Glance

2019 February 10 - March 16

Week 3

SUNDAY, 2/24/2019		MONDAY, 2/25/2019	TUESDAY, 2/26/2019	WEDNESDAY, 2/27/2019	THURSDAY, 2/28/2019	FRIDAY, 3/1/2019	SATURDAY, 3/2/2019
Breakfast 8:00	Pancakes with Fresh Strawberries Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	Ham & Cheese Omelet Toast Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	Waffles with Blueberry Topping Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	Breakfast Sandwich Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	Eggs O'Brien Toast Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	French Toast Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	Choice of Egg Cinnamon Roll Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal
	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf	Choice of Juice Milk Coffee/Tea/Decaf
Lunch 12:00	Dijon Pork Chop Scalloped Potatoes Seasoned Peas Bread or Roll & Butter or Margarine	Stir Fried Chicken Herbed Rice Capri Blend Vegetables Bread or Roll & Butter or Margarine	Country-Style Steak with Sautéed Onion Gravy Buttermilk Mashed Potatoes Seasoned Spinach Bread or Roll & Butter or Margarine	Roasted Turkey Breast Crispy Yam Casserole Seasoned Brussels Sprouts Bread or Roll & Butter or Margarine	Herb and Honey Glazed Chicken Wild Rice Blend Sautéed Zucchini with Onions Bread or Roll & Butter or Margarine	Baked Pork Chop Seasoned Red Potatoes Parslied Baby Carrots Bread or Roll & Butter or Margarine	Baked Ham with Cider Glaze Buttermilk Mashed Potatoes Broccoli Florets Bread or Roll & Butter or Margarine
	Dutch Apple Pie Choice of Beverage	Chocolate Caramel Bread Pudding Choice of Beverage	Warm Winter Lemon Cake Choice of Beverage	Boston Cream Pie Choice of Beverage	Gingerbread with Crème Choice of Beverage	Banana Sour Cream Bar Choice of Beverage	Gelatin Parfait Choice of Beverage
Dinner 5:00	Beef Lasagna Roasted Fresh Cauliflower Garlic Bread	Pork Scallopini Au Gratin Potatoes Buttered Green Beans Bread or Roll & Butter or Margarine	Tuna Macaroni Casserole Confetti Corn Bread or Roll & Butter or Margarine	BBQ Beef Brisket Macaroni and Cheese Bread or Roll & Butter or Margarine	Chili Con Carne Parmesan Potato Wedges House Salad Cornbread & Butter or Margarine	Chicken and Noodle Dumplings Roasted Tomatoes Bread or Roll & Butter or Margarine	Southern Style Roast with Root Vegetables Seasoned Rice Skillet Green Beans Bread or Roll & Butter or Margarine
	Abracadabra Bar Milk Coffee/Tea/Decaf	Peanut Butter Cookie Milk Coffee/Tea/Decaf	Almond Peaches Milk Coffee/Tea/Decaf	Orange Mandarin Dessert Milk Coffee/Tea/Decaf	Chocolate Drop Cookie Milk Coffee/Tea/Decaf	Rice Pudding with Topping Milk Coffee/Tea/Decaf	Red Velvet Cake Milk Coffee/Tea/Decaf
HS Snack	Assorted Snack Juice	Assorted Snack Juice	Assorted Snack Juice	Assorted Snack Juice	Assorted Snack Juice	Assorted Snack Juice	Assorted Snack Juice

Week at a Glance

2019 February 10 - March 16

Week 4

SUNDAY, 3/3/2019		MONDAY, 3/4/2019	TUESDAY, 3/5/2019	WEDNESDAY, 3/6/2019	THURSDAY, 3/7/2019	FRIDAY, 3/8/2019	SATURDAY, 3/9/2019
Breakfast 8:00	Cinnamon Pancakes Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal Choice of Juice Milk Coffee/Tea/Decaf	Bacon and Cheese Omelet Toast Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal Choice of Juice Milk Coffee/Tea/Decaf	Belgian Waffle Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal Choice of Juice Milk Coffee/Tea/Decaf	Sausage Egg Bake Toast Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal Choice of Juice Milk Coffee/Tea/Decaf	Scrambled Eggs Hash Browns Toast Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal Choice of Juice Milk Coffee/Tea/Decaf	French Toast with Berries Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal Choice of Juice Milk Coffee/Tea/Decaf	Choice of Egg Blueberry Bran Muffin Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal Choice of Juice Milk Coffee/Tea/Decaf
	Chicken Cacciatore Spaghetti Noodles Peas and Pearl Onions Bread or Roll & Butter or Margarine Cheesecake with Fruit Sauce Choice of Beverage	Braised Turkey Breast with Potatoes Maple Brussels Sprouts Bread or Roll & Butter or Margarine Harvest Baked Apple Choice of Beverage	Crispy Pork Cutlet Cream Gravy Dill Potatoes Buttered Carrots Bread or Roll & Butter or Margarine Banana Cream Pie Choice of Beverage	Beef Stew with Vegetables Garlic Roasted Fresh Cauliflower Biscuit & Honey Butter Black Forest Cake Choice of Beverage	Dry Rub Seasoned Chicken Macaroni and Cheese Buttered Beets Bread or Roll & Butter or Margarine Peanut Butter Blondie Choice of Beverage	Dijon Crusted Fish Lyonnais Potatoes Seasoned Vegetables Bread or Roll & Butter or Margarine Strawberry Cheese Dessert Choice of Beverage	Baked Chicken Parslied Red Potatoes Herbed Whole Green Beans Bread or Roll & Butter or Margarine Frosted Marble Cake Choice of Beverage
Dinner 5:00	Kielbasa Country Potatoes Zucchini Medley Bread or Roll & Butter or Margarine Macadamia Nut Cookie Milk Coffee/Tea/Decaf	Roast Beef Au Jus Baked Butternut Squash Green Beans Almondine Bread or Roll & Butter or Margarine Frosted Brownie Milk Coffee/Tea/Decaf	BBQ Chicken Baked Beans Creamy Coleslaw Bread or Roll & Butter or Margarine Pear Cranberry Cobbler Milk Coffee/Tea/Decaf	Crunchy Oven Fry Fish Garden Rice Scalloped Tomatoes Bread or Roll & Butter or Margarine Orange Pineapple Ambrosia Milk Coffee/Tea/Decaf	Salisbury Steak Mashed Sweet Potatoes Seasoned Peas Bread or Roll & Butter or Margarine Peach Pie Milk Coffee/Tea/Decaf	Turkey and Dressing Casserole Candied Carrots Bread or Roll & Butter or Margarine Soft Molasses Cookie Milk Coffee/Tea/Decaf	Ravioli with Rose Sauce Spinach with Garlic Breadstick Tapioca Pudding with Topping Milk Coffee/Tea/Decaf
	HS Snack Assorted Snack Juice	Assorted Snack Juice	Assorted Snack Juice	Assorted Snack Juice	Assorted Snack Juice	Assorted Snack Juice	Assorted Snack Juice

Week at a Glance

2019 February 10 - March 16
Week 5

SUNDAY, 3/10/2019		MONDAY, 3/11/2019	TUESDAY, 3/12/2019	WEDNESDAY, 3/13/2019	THURSDAY, 3/14/2019	FRIDAY, 3/15/2019	SATURDAY, 3/16/2019
Breakfast 8:00	Bagel Half with Cream Cheese Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal Choice of Juice Milk Coffee/Tea/Decaf	Scrambled Eggs with Turkey Ham Toast Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal Choice of Juice Milk Coffee/Tea/Decaf	French Waffles Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal Choice of Juice Milk Coffee/Tea/Decaf	Fried Egg and Cheese Sandwich Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal Choice of Juice Milk Coffee/Tea/Decaf	Blueberry Bran Muffin & Butter Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal Choice of Juice Milk Coffee/Tea/Decaf	Cinnamon French Toast Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal Choice of Juice Milk Coffee/Tea/Decaf	Choice of Egg Biscuit Sausage Gravy Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal Choice of Juice Milk Coffee/Tea/Decaf
	Grilled Pork Cutlet Yukon Gold Mashed Potatoes Seasoned Brussels Sprouts Bread or Roll & Butter or Margarine Lemon Meringue Pie Choice of Beverage	Pesto Chicken Tomato Orzo Capri Blend Vegetables Bread or Roll & Butter or Margarine Sour Cream Coffee Cake Choice of Beverage	Herb Roasted Beef Roasted Root Vegetables Buttered Peas Bread or Roll & Butter or Margarine Fruit Crisp Choice of Beverage	Hickory Smoked Turkey Scalloped Corn Broccoli Polonaise Bread or Roll & Butter or Margarine Pumpkin Pie with Topping Choice of Beverage	Spaghetti with Meat Sauce Whole Green Beans Breadstick Pound Cake with Strawberry Topping Choice of Beverage	Beef Stroganoff Seasoned Spinach Bread or Roll & Butter or Margarine Pineapple Whipped Cheesecake Choice of Beverage	Cider Braised Beef Brisket Baked Sweet Potato Mixed Vegetables Bread or Roll & Butter or Margarine Glazed Buttermilk Cake Choice of Beverage
Dinner 5:00	Scalloped Turkey with Mushrooms Rice Pilaf Harvard Beets Bread or Roll & Butter or Margarine Cherry Orchard Bar Milk Coffee/Tea/Decaf	Beef Chili Herb Roasted Potato Wedges House Salad Cornbread & Honey Butter Fudge Crinkle Cookie Milk Coffee/Tea/Decaf	Spiral Baked Ham Garlic Cheddar Mashed Potatoes Confetti Corn Bread or Roll & Butter or Margarine Citrus Angel Food Cake Milk Coffee/Tea/Decaf	Crispy Baked Fillet of Fish Paprika Potatoes Creamy Coleslaw Bread or Roll & Butter or Margarine Ginger Molasses Bar Milk Coffee/Tea/Decaf	Chicken Pot Pie Zucchini with Red Peppers Bread or Roll & Butter or Margarine Poached Pears Milk Coffee/Tea/Decaf	Chicken Salad Stuffed Peppers Whipped Potatoes Dill Fresh Carrots Bread or Roll & Butter or Margarine Peanut Butter and Jelly Cookie Milk Coffee/Tea/Decaf	Country Fried Steak Garlic Cheddar Mashed Potatoes Crunchy Vegetable Salad Bread or Roll & Butter or Margarine Turtle Brownie Milk Coffee/Tea/Decaf
	HS Snack Assorted Snack Juice	Assorted Snack Juice	Assorted Snack Juice	Assorted Snack Juice	Assorted Snack Juice	Assorted Snack Juice	Assorted Snack Juice