

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2019

Mountain View Cottages - Assisted Living Plus

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|--|---|---|--|---|--|--|
| <p>9:45 Morning Stretch 10:30 Hymn-Sing w/ Eldersong 1:30 Dance Works 2:15 Balloon Volleyball 3:00 Superbowl Pre-Game Party! 3:30 SuperBowl LIII</p> | <p>9:45 Stretch & Flex 10:30 Balloon Volleyball 11:00 Trivia 1:30 Sewing Valentine Hearts 2:30 Music Bingo 3:15 LCR Dice Game</p> | <p>9:30 JOYRIDE 1:30 Collaging 2:00 Bingo 3:00 Sing Fit 3:30 Stretch & Flex</p> <p style="text-align: center;"><small>Chinese New Year</small></p> | <p>9:45 Stretch & Flex 10:30 Sing Fit 1:30 Valentines Craft 2:30 Ice Cream Social 3:00 Reminisce</p> | <p>9:45 Sing Along 10:15 Boxing w/ Gary 1:30 Happy Hour 2:00 Entertainment with Bob Houle 3:00 Bocce Ball 3:30 Yahtzee</p> | <p>9:45 Morning Stretch 10:00 Balloon Volleyball 1:30 Courtyard Chat w/ Chaplain Mark 2:30 Discovery Painting 3:30 Famous Faces Bingo 6:30 Music w/ String Trio</p> | <p>9:45 Sing Along 10:00 Saddleback Church Service 1:30 Bingo 2:30 Hot Cocoa Social 3:00 Reminisce/Trivia</p> <p style="text-align: center;"><small>Groundhog Day</small></p> |
| <p>9:45 Morning Stretch 10:30 Hymn-Sing w/ Eldersong 1:30 Dance Works 2:15 Balloon Volleyball 3:00 Superbowl Pre-Game Party! 3:30 SuperBowl LIII</p> | <p>9:45 Stretch & Flex 10:30 Balloon Volleyball 11:00 Trivia 1:30 Sewing Valentine Hearts 2:30 Music Bingo 3:15 LCR Dice Game</p> | <p>9:30 JOYRIDE 1:30 Collaging 2:00 Bingo 3:00 Sing Fit 3:30 Stretch & Flex</p> <p style="text-align: center;"><small>Chinese New Year</small></p> | <p>9:45 Stretch & Flex 10:30 Sing Fit 1:30 Valentines Craft 2:30 Ice Cream Social 3:00 Reminisce</p> | <p>9:45 Sing Along 10:15 Boxing w/ Gary 1:30 Happy Hour 2:00 Entertainment with Bob Houle 3:00 Bocce Ball 3:30 Yahtzee</p> | <p>9:45 Morning Stretch 10:00 Preschoolers w/ Valentine's Day Cards 10:30 Sing A Long 1:30 Happy Hour 2:00 Friday Movie 3:30 Reminisce 5:00 Music w/ Amber</p> | <p>9:45 Sing Along 10:00 Saddleback Church Service 10:30 Paws Pet Therapy 1:30 Balloon Ball 2:30 Putting 3:00 Trivia/Reminisce</p> |
| <p>9:45 Morning Stretch 10:30 Sing Fit 1:30 Afternoon Walk 2:00 Upbeat Music w/ Tom 3:00 Music w/ Gianna</p> | <p>9:45 Cardio & Bands 10:30 Sing Along/Balloon Ball 1:30 Hearts Snack Bar 2:30 <i>Word Card Games</i> 3:00 Music Bingo</p> | <p>9:30 JOYRIDE 1:30 Baking Valentine's Treats 2:00 Valentine's Craft 3:00 Shake Loose A Memory 3:30 Strength & Weights</p> | <p>9:45 Cardio & Bands 10:30 Sing Fit 1:30 Watercolor Painting 2:30 Snack & Chat 3:00 Balloon Volleyball</p> | <p>9:45 Sing A Long 10:15 Boxing w/ Gary 1:30 Valentine's Fun Facts 2:00 Valentine's Snack Cupid-Kissed Wafers 3:00 Picture Bingo</p> <p style="text-align: center;"><small>Valentine's Day</small></p> | <p>9:45 Morning Stretch 10:00 Balloon Volleyball/ Commons 1:30 Courtyard Chat w/ Chaplain Mark 2:30 Valentines cookies 3:30 Music Bingo 4:30 Music w/ String Trio</p> | <p>9:45 Sing Along 10:00 Saddleback Church Service 1:30 Happy Hour 2:00 Music Entert. w/ Karaoke King Roy 3:00 Floor Scrabble</p> |
| <p>9:45 Morning Stretch 10:30 Hymn-Sing w/ Eldersong 1:30 Afternoon Walk 2:00 Word Game 3:00 Name That Tune</p> | <p>9:45 Stretch & Flex 10:30 Balloon Volleyball 1:30 Memories in the Making 2:30 Music Bingo 3:15 LCR Dice Game</p> <p style="text-align: center;"><small>Presidents' Day (US)</small></p> | <p>9:30 JOYRIDE 1:30 Baking Strawberry Dump Cake 2:00 Card Bingo 3:00 Balloon Ball 3:30 Stretch & Flex</p> | <p>9:45 Stretch & Flex 10:30 Sing Fit 1:30 Learn to Draw 2:30 Snack & Chat 3:00 Reminisce</p> | <p>9:45 Sing Along 10:15 Boxing w/ Gary 1:30 Happy Hour 2:00 Entertainment with Cal Coker 3:00 Bean Bag Twister 3:30 February Trivia</p> | <p>9:45 Morning Stretch 10:00 Balloon Volleyball/Commons 1:30 Happy Hour 2:30 Movie Matinee 3:30 Movie Trivia 5:00 Music w/ Amber</p> | <p>9:45 Sing Along 10:00 Saddleback Church Service 1:30 Creative Art 2:30 Hot Cocoa Social 3:00 Trivia/Reminisce</p> |
| <p>9:45 Morning Stretch 10:30 Sing Fit 1:30 February Collaging 2:30 Reminisce-"I Love You Truly" 3:00 Music w/ Gianna</p> | <p>9:45 Cardio & Bands 10:30 Sing Along/Balloon Ball 1:30 Courtyard Walk/Chat & Refreshment 2:30 Putting 3:15 Yahtzee</p> | <p>9:30 JOYRIDE 1:30 Resident Birthday Party 2:00 Bingo 3:00 Sing Fit 3:30 Stretch & Flex</p> | <p>9:45 Cardio & Bands 10:30 Sing Fit 1:30 Bingo 2:30 Snack & Chat 3:00 Balloon Volleyball</p> | <p>9:45 Sing Along 10:15 Boxing w/ Gary 1:30 Picture Bingo 2:30 Bocce Ball 3:00 Shake Loose A Memory</p> | <p><i>Happy Valentine's Day</i></p> | |